PROGRAMME

Tuesday 26th November 2013

08:30 – 09:30  Registration & Exhibition

09:30 – 09:45  BAPEN Welcome & Opening of Conference

Celebrating Success over 21 years
Dr Tim Bowling, Honorary Chairman, BAPEN

09:45  BAPEN’s response to Francis and Berwick: What can you do as BAPEN members to make a difference?

Setting the Scene
Dr Ailsa Brotherton, Honorary Secretary, BAPEN

Patients at the centre of care
Steve Brown, General Secretary, PINNT

Placing patients at the centre of care in Northern Ireland
Sarah-Jane Hughes, Clinical Lead Dietitian (Nutrition Support/Intestinal Failure), Belfast Health and Social Care Trust

A response to the Berwick Review
Pete Murphy, Deputy Director of Nursing, Governance and Quality, Salford Royal NHS Foundation Trust

Leadership in Scotland
Dr Alastair McKinlay, Consultant Gastroenterologist, NHS Grampian

A Nationwide look at measuring nutrition
Judyth Jenkins, Head of Nutrition & Dietetic Services, Cardiff and Vale University Health Board NHS Trust

‘If you can't measure it, you can't improve it’ – developing a national dashboard of measures for nutrition
Kate Cheema, Specialist Information Analyst, The Quality Observatory, Surrey

11:00 – 11:30  Coffee & Exhibition

11:30 – 13:15  Symposium 1 - Nutrition in Hostile Environments
This symposium will discuss the challenges of maintaining healthy nutrition in a variety of hostile environments including the Antarctic winter, a war zone and, closer to home, the challenging environment of a hospital ward. The speakers will consider the different nutrient requirements and the risks associated with delivery of nutrition in these three very different settings.

Chair
Dr Sheldon Cooper, Consultant Gastroenterologist and Nutrition Lead, The Dudley Group NHS Foundation Trust

11:30 – 12:00  Nutrition in the hostile environment of Afghanistan
Major Neil Hill, Army Medical Officer, registrar in General Medicine, Diabetes & Endocrinology, London

12:00 – 12:30  Nutrition and hydration in the extreme environment of the polar regions
Dr Mike Stroud, Consultant Gastroenterologist, Institute of Human Nutrition, University of Southampton

12:30 – 12:55  The challenges of nutrition and hydration on the NHS Ward
Andrea Cartwright, Consultant Nurse – Nutrition Support, Basildon and Thurrock University Hospital NHS Foundation Trust
12:55 – 13:05  
**Fistulcysis / distal bowel feeding is possible with committed staff and patients**  
Joe Colby, Clinical Nurse Specialist – Nutrition  
University Hospitals Coventry and Warwickshire NHS Trust

13:05 – 13:15  
**Drowning in too much brine: IV fluid prescribing practices and knowledge amongst medial staff in a district general hospital**  
AJ Palmer, S Morrison, J Bardgett, D Scott and S Lambie  
Acute Medicine & Nephrology, Raigmore Hospital, Inverness

11:30 – 13:15  
**Symposium 2 - A Rocky Ride Down the Gut**

This symposium will open with a presentation to discuss feeding in challenging situations, starting with the persistently vomiting patient, where oral feeding is problematic and tubes may be poorly tolerated. The next presentation will move to the small intestine where protein-losing enteropathy can lead to multiple nutritional deficiencies and malabsorption makes enteral feeding challenging. The final presentation will consider the nutritional challenges presented by chronic intestinal pseudo-obstruction, a condition that predominantly affects the colon but can also cause dysmotility of the rest of the gut. Close liaison between surgeons and nutrition teams is essential for managing these difficult patients and the choice of speakers will reflect this team-based approach.

Chair  
Joanne Sayer, Consultant Gastroenterologist, Doncaster & Bassetlaw Hospitals NHS Foundation Trust

11:30 – 12:00  
**The vomiting patient - gastroparesis**  
Dr Philip Bliss, Consultant Gastroenterologist, Aintree University Hospitals NHS Foundation Trust

12:00 – 12:30  
**Protein losing enteropathy**  
Dr Jon Shaffer, Emeritus Consultant Gastroenterologist, Hope Hospital, Salford

12:30 – 13:00  
**Chronic intestinal pseudo-obstruction**  
Prof Alastair Forbes, Professor of Gastroenterology, University College Hospital, London

13:00 – 13:15  
**Experience of home parenteral nutrition and the nutritional assessment of patients with systemic sclerosis**  
E Harrison¹, AL Herrick¹, J McLaughlin¹ and S Lal²  
¹Institute of Inflammation and Repair, FMHS, University of Manchester and ²Intestinal Failure Unit, Salford Royal NHS Foundation Trust

11:30 – 13:15  

Chair  
Jackie Eastwood, Pharmacy Manager, St. Mark’s Hospital, NWLH Trust

11:30 – 11:45  
**Why was this necessary and what was the process undertaken**  
Rebecca White, Pharmacy Team Manager – Surgical Specialities and Nutrition, Oxford Radcliff Hospitals NHS Trust

11:45 – 11:55  
**Initiation of a patient**  
Mia Small, Nurse Consultant Nutrition and Intestinal Failure, St Mark’s Hospital, NWLH Trust

11:55 – 12:05  
**What is available on the tender**  
Penny Deel Smith, Clinical Nutrition Nurse Specialist, Russell’s Hall Hospital, Dudley

12:05 – 12:15  
**Standardisation – home assessment / prescriptions / invoice**  
Jackie Eastwood, Pharmacy Manager, St. Mark’s Hospital, NWLH Trust

12:15 – 12:25  
**Invoicing**  
Jackie Eastwood

12:25 – 12:35  
**Key Performance Indicators**  
Jackie Eastwood
12:35 – 12:45  **Future Plans**  
Rebecca White

12:45 – 13:15  **Panel Q & A**  
Liz Payne, Category Manager – Homecare medicines and services, NHS Commercial Medicines Unit (CMU)

Carol Clark, Category Specialist – Homecare and Services Team, Commercial Medicines Unit (CMU)

Carolyn Wheatley, Chair PINNT and patient representative

13:15 – 14:15  **Lunch & Exhibition**  
BAPEN AGM  
Poster Presentations

14:15 – 16:00  **Symposium 3 - Innovations to Improve Quality**  
This quality improvement symposium will explore how QI methodology and working with Improvement Advisors can provide new approaches and innovative solutions to design reliable systems of care and delivery improved outcomes. This symposium will conclude with three oral communications that

Chair  
Dr Mike Stroud, Chair of BAPEN Quality Group

14:20 – 14:40  **What can QI methodology contribute to improving nutritional care?**  
Dr Emma Donaldson, Quality Improvement Research Fellow, SpR Gastroenterology & General Medicine, Salford Royal NHS Foundation Trust

14:40 – 15:00  **Can you assure your Trust Board that your nutritional care is highly reliable? Learning from the nutrition and hydration improvement project in Orthopaedics**  
Kirstine Farrer, Consultant Dietitian, Salford Royal NHS Foundation Trust

15:00 – 15:20  **Improving nutritional care through a Clinical Community approach; learning from the NHS QUEST network**  
Dr Ailsa Brotherton, Director for Clinical Engagement and Leadership

15:20 – 15:30  **Question Time**

15:30 – 15:40  **ORAL COMMUNICATIONS:**  
**Delivery of 'MUST' training by Community Dietitians**  
Aya McLellan, Community Dietitian, Nutrition and Dietetic Department, Ipswich Hospitals NHS Trust

15:40 – 15:50  **The virtually paper free Dietitian lead Coeliac Clinic**  
Emile Richman, Royal Liverpool University Hospital

15:50 – 16:00  **Quality of Service Development**  
Adrian Gilson, Community Nutrition Support Dietitian, Barts Health, Newham University Hospital

14:15 – 16:00  **Symposium 4 - Innovations in the Science of Clinical Nutrition**  
This symposium will consider innovations in research and clinical practice and their potential future impact. The topics range from new developments in nutritional screening, body composition, and safety issues in preparing parenteral nutrition formulations, as well as fundamental research into mechanisms of the stress response at the subcellular level. A general discussion that contextualises innovations in complete systems such as the NHS will follow the presentations.

Chair  
Prof Marinos Elia, Professor of Clinical Nutrition & Metabolism, Institute of Human Nutrition, University of Southampton

14:15 – 14:45  **New developments in self-screening; can anybody ‘MUST’?**  
Dr Paula McGurk, Diabetes Inpt Specialist Dietitian, University Hospital Southampton NHS Foundation Trust

14:45 – 14:55  **Quality assurance of Parenteral Nutrition - How safe is your PN?**
14:55 – 15:25
Karen Hamling, Managing Director, ITHPharma, London

New developments in bioelectrical impedance: overrated or underused?
Prof Marinos Elia, Professor of Clinical Nutrition & Metabolism, Institute of Human Nutrition, University of Southampton

15:25 – 15:35
OC4

The role of Endoplasmic Reticulum Stress in Intestinal Failure Associated Liver Disease.
LM Sharkey¹, SE Davies², A Kaser¹ and JM Woodward¹
Department of Gastroenterology¹ and Pathology², Cambridge University Hospitals NHS Foundation Trust

15:35 – 17:00
Innovations in context: general discussion

16:00 – 16:30
Tea & Exhibition

16:30 – 17:10
The Pennington Lecture
“Intestinal Failure – concept, realisation and dissemination”
Dr Jon Shaffer, Emeritus Consultant Gastroenterologist, Hope Hospital, Salford

17:10 – 17:30
BAPEN Nutricia Award & BAPEN Roll of Honour

17:30 – 18:30
BAPEN Medical Trainee Symposium: Inspiring Clinicians to Tackle Malnutrition

Welcome & Introduction
(including formal results of the 2013 BAPEN Medical trainee survey)
Dr Chris Mountford (Chair, BAPEN Medical Trainee Committee), SpR Gastroenterology, Freeman Hospital, Newcastle

Balloon Debate: ‘This house believes that nutrition support is best led by…’

A Gastroenterologist
Dr Simon Gabe, St. Mark’s Hospital

A Surgeon
Dr Ruth McKee, Glasgow Royal Infirmary

A Clinical Biochemist
Dr Michael Colley, Great Western Hospital

Discussion and vote

19:30
BAPEN Annual Dinner – The Majestic Hotel, Harrogate
## Symposium 5 - A Spoonful of Sugar: Glucose Control and Nutritional Support

There has been considerable debate in recent years over the importance of tight glucose control for patients in the intensive care setting, especially those who are critically ill and may be septic. The first talk will provide an update of current guidance regarding glucose management for parenterally and enterally fed patients in the intensive care setting. The second talk will discuss how to tailor the diabetic control according to the type and timing of feeding or combination of feeding methods in use. The symposium will then review care of patients with diabetes due to pancreatic disease and how to address their specific nutritional needs.

**Chair**
Dr Ruth McKee, Consultant Surgeon, Glasgow Royal Infirmary

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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker</th>
<th>Institution</th>
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<tr>
<td>09:00</td>
<td>Symposium 5</td>
<td><strong>Tight glucose control in the critically ill – where are we now?</strong></td>
<td>Prof Greet van den Berghe, University Hospital, Leuven</td>
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<td>09:35</td>
<td>The diabetic management of patients on enteral and parenteral nutrition</td>
<td><strong>The management of the endocrine and exocrine deficiency in pancreatic disease</strong></td>
<td>Dr Aled Roberts, Consultant Diabetologist, University Hospital of Wales</td>
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<td>10:10</td>
<td>Symposium 5</td>
<td><strong>The management of the endocrine and exocrine deficiency in pancreatic disease</strong></td>
<td>Julia Mayerle, Associate Professor of Gastroenterology, University of Greifswald, Germany</td>
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Symposium 7 - Liquidised Food and Feeding Tubes
There are a growing number of patients and carers who want to administer liquidised food through enteral feeding tubes. Although there are significant risks associated with this practice including infection, nutritional deficiencies and tube blockage, many wish to continue, providing convincing arguments of social and medical benefits. This symposium will review the history, research and expert opinion surrounding the subject to give health professionals the balance of knowledge required should they encounter the issue in practice.

Chair
Anne Holdoway, Chair of the PEN Group of the BDA

09:00 – 09:15
NG checks: validity and reliability of measurements by pH indicators
M Small and SM Gabe
Lennard-Jones Intestinal Failure Unit, St Mark’s Hospital, Harrow

09:15 – 09:35
Liquidised food versus enteral formula: past, present and future
Prof Kevin Whelan, Professor of Dietetics, King’s College London

09:35 – 09:55
Liquidised table food diet for children with life limiting neurological conditions: experience and implications
Dr Susie Lapwood, Head of Research, Education and professional Development and Senior Specialty Doctor, Helen and Douglas House Hospices for children and young adults, Oxford

09:55 - 10:10
Liquidised food – practical recommendations and PEN Guidance
Ailsa Kennedy, Home Enteral Feeding Dietitian, Liverpool Community Health

10:10 – 10:45
Ask the Liquidiser Experts: questions and panel discussion
Panellists include:
Prof Kevin Whelan
Dr Susie Lapwood
Ailsa Kennedy
Kelly Larmour, Principal Dietitian, Paediatric Gastroenterology, Great Ormond Street Hospital
for Children NHS Foundation Trust
Barbara Dovaston, Lead Clinical Nurse Specialist for Nutrition, Heart of England NHS Foundation Trust
Carolyn Wheatley, Chair, PINNT

10:45 – 11:15
Coffee & Exhibition
BAPEN Medical AGM
PENG AGM & Awards

Symposium 8 – Home Parenteral Nutrition across the four nations
This symposium will look at the delivery of HPN across the four nations. It will comprise of both clinical and commissioning aspects of HPN and some case studies. Proposed topics include PN procedures used in England and is there scope to standardise them, delivery of HPN in Ireland and use of subcutaneous magnesium in HPN patients, HPN service in Scotland post HPN Scottish network and the Wales HPN (WHPN) network and development of IF services

Chair
Winnie Magambo, Nutrition Nurse Specialist, Oxford University Hospital NHS Trust

11:15 – 11:35
The delivery of Home Parenteral Nutrition services in England
Mia Small, Nurse Consultant Nutrition and Intestinal Failure, St Mark’s Hospital, NWLH Trust

11:35 – 11:55
The delivery of Home Parenteral Nutrition services in Wales
Judyth Jenkins, Head of Nutrition & Dietetic Services, Cardiff and Vale University Health Board NHS Trust

11:55 – 12:15
The delivery of Home Parenteral Nutrition services in Scotland
Dr Janet Baxter, Improvement and Development Manager (Nutrition Support), Tayside Nutrition MCN, Dundee

12:15 – 12:35
The delivery of Home Parenteral Nutrition services in Ireland
Sarah-Jane Hughes, Clinical Lead Dietitian (Nutrition Support/Intestinal Failure), Belfast Health and Social Care Trust

12:35 – 12:45
Burden of care at night when living with a child on parenteral nutrition at home
A Hughes, V Evans, D Forbes-Penfold, J Koeglimeier, S Hill
Symposium 9 – Nutrition in the Neurologically Impaired

This symposium will focus on some of the difficult issues encountered when artificially feeding children with severe neurological abnormalities. Proposed topics include when and how to investigate children with feeding difficulties, review of nutritional requirements and assessment, the most appropriate type of food and liquid enteral feed e.g. is it ever appropriate to give pureed food via a gastrostomy? When should surgical procedures e.g. fundoplication, jejunostomy, ileostomy be considered? And finally, how to approach social and ethical issues and the difficulties encountered by families and professionals when patients transfer to adult services.

Chair
Dr Susan Hill, Consultant Paediatric Gastroenterologist, Great Ormond Street Hospital for Children, London

11:15 – 11:25
Paediatric e-BANS: how to report
Andrew Barclay, Project Lead/Consultant Paediatric Gastroenterologist, RHSC Glasgow

11:25 – 11:50
Feeding the neurologically impaired child: what to give and how to give it
Clare Skeets, Community Paediatric Dietitian, Dorset HealthCare University Foundation Trust

11:50 – 12:20
Investigation and Management of gastrointestinal problems in the neurologically impaired
Keith Lindley, Consultant Paediatric Gastroenterologist, Great Ormond Street Hospital NHS Foundation Trust, London

12:20 – 12:30
It starts to look like force feeding to me.
BJ Tighe¹, C Blackburn² and A Slowther²
¹Faculty of Health and Life Sciences, Coventry University and ²Warwick Medical School, University of Warwick

12:30 – 13:00
Transition to adult care in the neurologically impaired – common obstacles and ethical considerations
Dr Karen Horridge, Paediatrician (Disability, Sunderland Royal Hospital and Chair of North of England Collaborative Cerebral Palsy Survey and British Academy of Childhood Disability

13:00 – 14:00
Lunch & Exhibition
Poster Presentations

14:00 – 14:15
BANS Update
Dr Trevor Smith, Chair of British Artificial Nutrition Survey (BANS)

14:15 – 15:00
BAPEN Keynote Lecture - “Use of glutamin in the critically ill”
Prof Jan Wernerman, Professor of Anesthesia and Intensive Care Medicine, Karolinska Institute, Sweden

Original Communication and Poster Prize Presentations

15:00 – 16:00
Symposium 10 – Have I Got Fluid News for You!
This session will detail why fluid therapy and hydration is an aspect of patient care that must involve all health care professionals. A good knowledge of intravenous fluid therapy is vital for dietitians, nurses and pharmacists – not just doctors and Mike Stroud will outline the recommendations in the new NICE guidelines on this topic. Two teams of experts will then answer questions on all aspects of fluid therapy - from light hearted common myths and blunders to hydration at the end of life, giving fluids through enteral feeding tubes and fluids as vehicles for electrolyte supplementation in refeeding syndrome.

15:00 – 15:30
IV Fluids – time to take things seriously. NICE Guidance on IV Fluid Therapy
Dr Mike Stroud, Consultant Gastroenterologist, Institute of Human Nutrition, Southampton

15:30 – 16:00
Have I Got Fluid News for You
Expert teams answer questions on all aspects of fluid therapy fired at them by host Pete Turner