



Membership Information



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BAPEN –

*Putting patients at the centre
of good nutritional care*



Welcome to the BAPEN membership information booklet

What is BAPEN?

BAPEN is a Charitable Association that raises awareness of malnutrition and works to advance the nutritional care of patients and those at risk from malnutrition in the wider community.

BAPEN brings together the strengths of its Core Groups to raise awareness and understanding of malnutrition in all settings and provides education, advice and resources to optimise care.

BAPEN's Core Groups include:

- **BAPEN Medical**
- **The British Pharmaceutical Nutrition Group (BPNG)**
- **The British Society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN)**
- **The National Nurses Nutrition Group (NNG)**
- **The Parenteral and Enteral Nutrition Group (PENG)**
- **Patients on Intravenous and Naso-gastric Nutrition Treatment (PINNT)**

BAPEN works with all stakeholders, including patients and professionals, healthcare commissioners and providers at local, regional and national levels, and industry to deliver the nutritional agenda.

In this booklet you will find details on how to join BAPEN, highlights of some of our key achievements to date, education and training resources, information about our Core Groups, forthcoming activities and details of membership benefits.



Joining BAPEN

A full list of our rates, downloadable application forms and other information is available on our website www.bapen.org.uk or simply scan the QR code below with your mobile phone or contact the BAPEN office on **01527 457 850** or email: bapen@bapen.org.uk



Why become a member?

Your membership is important to us because **together** we can make a difference.

At BAPEN we are dedicated to working with patients and their carers, healthcare professionals (HCPs) across all disciplines, purchasers and providers of social care and governing health bodies throughout the UK to improve standards of nutritional care.

Malnutrition is a sizeable problem in the UK. The 2011 Nutritional Screening Week Survey found that 1 in 4 adults on admission to hospital, care homes and mental health units were at risk of malnutrition; thereby impacting on many patients and requiring engagement from many stakeholders, including healthcare professionals and patients.

How do I join?

Most BAPEN members are also usually members of one of the BAPEN Core Groups, however other professionals who are not members of any of these other organisations, can also join BAPEN.

As is evident from the array of publications, resources and lobbying, BAPEN is collectively a powerful resource effecting change, however we actively encourage new members to bring in new ideas and viewpoints.

Becoming a member is very easy and our rates are extremely competitive with annual membership costing from as little as £10.00.



BAPEN achievements – the highlights

BAPEN was founded in 1992 to bring together dietitians, doctors, nurses, patients and pharmacists into an integrated and effective organisation dedicated to improving nutritional care.

Over the years, through the work of our membership, BAPEN has made great strides to improve nutritional care in the UK. There is, however, still much to achieve so we hope you will consider joining this dynamic organisation and help contribute to our ongoing success. A few of our key highlights include:

BANS – The British Artificial Nutrition Survey has been collecting data on patients on artificial nutrition in hospital and in the community since 1996. These data are then analysed and reported, both by region and nationally. A report is published annually to ensure the findings are widely disseminated. Data collection and processing has recently been revolutionised through electronic data collection. This has enhanced the quality of data and can aid reporters to capture local data and benchmark against other geographical areas, map

national or regional trends and benchmark their own services and outcomes with others.

Nutritional Screening Weeks

– BAPEN's 1st Nutritional Screening Week (NSW) was established in 2007 to collect data on malnutrition risk in adults on admission to hospitals, mental health trusts and care homes across the UK. The aim of the NSW is to establish the prevalence of malnutrition in adults on admission to care across the UK. Since 2007 four screening weeks have taken place. BAPEN Reports have



been produced for each NSW. In 2014, the amalgamated data from the four NSWs undertaken between 2007-2011 were published in five new Reports (England, Northern Ireland, Scotland, Wales and UK), presenting a more comprehensive picture of malnutrition in the UK and ROI. These robust data have provided ongoing evidence to illustrate the size of the problem, the need for action and resources. As such they have and continue to be used at high levels for lobbying for services and drawing attention of government, commissioners and managers to address a sizeable problem, but we need members to engage in such projects to continue campaigning.

Health economics analysis and consequential costs of malnutrition – BAPEN's Health Economic Report in 2005 was a wake-up call for all involved in nutritional care – the estimated cost of malnutrition of £7.3 billion being far greater than the costs associated with obesity. These data are frequently cited and act as a persuasive aid for investment and action.

The Health Economic Report was followed in 2008 by BAPEN's "Combating Malnutrition" Report, which estimated that public expenditure on disease-related malnutrition in the UK in 2007 was more than **£13 billion a year.**

Working with national governments to get nutrition on the health agenda – for example, Scotland's National Nutritional Care Advisory Board includes strong BAPEN representation; All Wales Nutritional and Catering Standards have been strongly supported by BAPEN members in Wales, to ensure that a uniform high standard of nutrition is achieved in all Welsh hospitals; Nutrition is now included in two of the five domains of the Department of Health outcomes framework and, BAPEN, working with the Department of Health, has been instrumental in developing and delivering a national quality improvement strategy and implementation programme to ensure safe nutritional care is delivered for patients in England.

Education and training resources



BAPEN produces a wide range of educational and training resources designed to help healthcare professionals in all settings understand the issues relating to malnutrition, screen effectively and put protocols in place to improve current outcomes.

A summary of some of our key resources is outlined below. More information can be found on our website and we are constantly developing new initiatives and refining our existing tools to meet the evolving needs of patients and HCPs.

> **'MUST'**

BAPEN launched the 'Malnutrition Universal Screening Tool' ('MUST') in 2003 to help identify adults who are underweight and at risk of malnutrition, as well as those who are obese. The tool underwent rigorous evaluation in hospital and community settings and was found to be easy to perform and reliable. 'MUST' has been widely adopted and is now the most widely used nutritional screening tool in the UK. It is also commonly used in other countries worldwide, and has been translated into five different languages.

In 2013 NICE recommended the use of 'MUST' for staff working in hospitals, primary care and care homes to aid implementation of the new NICE Quality Standard for Nutritional Support of Adults - www.guidance.nice.org.uk/QS24.

All three 'MUST' e-learning modules are SCORM compliant and are available free of charge to all NHS employees, which enables NHS organisations to demonstrate that they meet the standards for training in nutritional care.

A 'MUST' Self-Screening Tool will be launched at the end of 2014.



> **Commissioning Toolkit**

The BAPEN Toolkit enables commissioners and providers in local authorities, primary care organisations, hospital trusts and foundation hospitals to include best nutritional care when commissioning / redesigning all care services in all health and care settings. It helps service providers to include nutritional care in the development of new business cases and support them in collecting the data needed to prove they meet nutritional quality standards and recommendations. It also assists commissioners to set appropriate and achievable key performance indicators (KPIs) and to effectively contract and monitor services against an appropriate quality specification.

> **BAPEN Principles of Good Nutritional Practice**

As part of BAPEN's on-going commitment to improve levels of care for

those at risk of malnutrition in the UK we have introduced a new Decision Tree resource. The Decision Trees (BAPEN Principles of Good Nutritional Practice) have been produced by the members of BAPEN's Education and Training Committee in collaboration with BAPEN's Core Groups and associate organisations: BAPEN Medical, BPNG, BSPGHAN, NNGG, PENG, and PINNT, and offer pragmatic and effective tools to assist in the care of those at risk of malnutrition and its consequences.

The BAPEN Principles of Good Nutritional Practice have been devised to draw together existing guidelines and evidence base, together with best practice where no research is possible, to produce Decision Trees to help guide all levels of health care professionals through the pathway of care of those with malnutrition. At present these are available on the BAPEN website, but work is underway to develop



an App for both Apple and Android devices to enable easy access whenever and wherever this is needed.

There are currently eight Decision Trees available to download with other topics under development. Members have exclusive access to the latest Decision Trees launched on the subjects of: *Management of enteral feeding related diarrhoea* and *Managing abnormal liver function tests among those receiving Home Parenteral Nutrition*.

> **e-Learning Modules**

A wide range of interactive e-Learning modules, designed for doctors and other health and social care workers, have been developed and are accessible through the BAPEN e-Learning Portal. These currently include three modules covering malnutrition and nutritional support and three interactive SCORM compliant modules on nutritional screening using 'MUST' available free

for all BAPEN members and all those working in the NHS. BAPEN has also developed a learning management system for the 'MUST' e-learning modules which will support training in non-NHS settings and provide income to enable us to invest in further educational modules. These resources will help support BAPEN members in educating their colleagues about the importance of nutrition to patient care.

BAPEN members have exclusive access to e-learning modules based on presentations from BAPEN's Annual Conference with multiple choice questions and PDFs of presentation materials and are able to undertake online assessment and have the ability to print off certificates of achievement following completion of the modules. Additional modules will be developed and added to the e-Learning Portal in the future.



> **Annual Conference**

BAPEN holds an Annual Conference that covers all aspects of nutritional care. Renowned for its vibrant and interactive atmosphere, the Conference allows networking and dissemination of best practice in nutritional care facilitated by all members including those engaged in education and research.

Each of BAPEN's Core Groups contribute to the content of the Annual Conference but may also hold their own Annual Conference, maximising the opportunity for education and networking.

> **Regional Study Days**

We have a number of Regional Representatives who are your local contact with BAPEN. You can use them to gain information or pass comments and/or queries to BAPEN. They are also instrumental in organising Regional Study Days in your area which you may want to get involved with in both planning and delivery.

> **Digestive Disorders Federation (DDF)**

Every three years in collaboration with four other Societies and Associations, BAPEN's Annual Conference is replaced with participation at DDF, a combined meeting of The BSG, BASL, AUGIS, ACPGIB and BAPEN.

BAPEN was part of the first DDF in the UK in 2012 and was delighted with the level of interest nutrition generated. DDF is a truly multi-disciplinary event relevant for dietitians, nutritionists, pharmacists, nurses, researchers, students and trainees.

We are working as one of the partner organisations to ensure that nutrition is high on the agenda and to ensure the success of this joint venture.



Membership benefits

BAPEN Members benefit from the following:

- > Support for personal development through exclusive access to online educational resources via the BAPEN e-Learning Portal
- > Access to a wide range of exclusive, practical, downloadable Tools, Publications and Resources to support members improve patient outcomes and drive change
- > Access to regional networks which enable valuable networking, sharing best practice and practical support in the workplace, plus the opportunity to get actively involved regionally and nationally via BAPEN's Regional network
- > Substantial registration discounts for members to attend BAPEN Annual Conference and Regional Study Days
- > Reduced membership fee to join ESPEN (The European Society for Clinical Nutrition and Metabolism) which includes a subscription to Clinical Nutrition and access to e-ESPEN
- > Member only Discussion forums on the website
- > Regular membership publications and newsletters such as *InTouch* and *BAPEN News*, which keep members up to date with the latest news, issues, resource launches and events

Calendar of events

Please visit www.bapen.org.uk for a full list of BAPEN's forthcoming events.

Be part of an organisation that really makes a difference

Join BAPEN today and help us to advance the nutritional care of patients and those at risk from malnutrition in the wider community.



BAPEN

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BAPEN Core Groups



BAPEN Medical is primarily aimed at doctors but is open to all those with an interest in clinical nutrition. Its aims are: education and training of clinicians at all levels; to encourage research and development and to foster collaborations between members' research groups; to foster inter-disciplinary links and collaboration between medical specialties; to foster multi-professional links and collaboration between health professionals. www.bapen.org.uk



British Pharmaceutical
Nutrition Group

The **British Pharmaceutical Nutrition Group (BPNG)** is a specialist group primarily for pharmacists and scientists, but open to all with an interest in clinical nutrition. The group was founded in 1988 following growing concerns about the stability of parenteral nutrition feeds. BPNG has published position statements on 'multichamber bags', in-line filtration of PN and calcium phosphate stability. Education is now a focus for the group which runs multidisciplinary 'fundamental parenteral nutrition' and 'advanced' nutrition courses. Publications include the 'Handbook for drug administration via enteral feeding tubes' and a competency framework for pharmacists working within clinical nutrition. www.bpng.co.uk



The **British Society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN)** provides professional leadership and promotes standards of care for children with nutritional, gastrointestinal and hepatological disorders. Its membership includes consultants and specialist trainees in paediatric gastroenterology, hepatology and nutrition as well as specialist dietitians, nurses and nutrition pharmacists. The society supports research, training and education for members and the development of standards of care for children with nutritional disorders; it also gives advice and support to implement child-centred strategies to deliver nutrition assessment and nutrition support through the Nutrition & Intestinal Failure Working Group. www.bspghan.org.uk



The National Nurses Nutrition Group (NNNG) The NNNG was established in 1986. It is a registered charity which aims to promote education and the nursing role in nutrition and related subjects for the nursing profession, for the benefit of patients in hospital and community environments. Over recent years the focus of the group has widened to reflect the increasing profile of nutrition: from screening strategies and mealtimes to the complex nature of artificial feeding. www.nnng.org.uk



The Parenteral and Enteral Nutrition Group (PENG) is a specialist group of the British Dietetic Association. The PENG strives to train, educate, support and represent dietitians working in oral, enteral and parenteral nutrition support in all care settings. The group acts as the professional voice on matters pertaining to nutritional support and is a founder group of BAPEN. Members are registered dietitians who aim to ensure that nutritional support for patients is safe and clinically effective both in hospital and at home.



Patients on Intravenous and Naso-gastric Nutrition Treatment (PINNT) is the UK support group for patients on home enteral or parenteral nutrition. PINNT has grown into a community that provides genuine understanding to help individuals and carers deal with the many challenges faced on artificial feeding at home. They also work closely with healthcare professionals, suppliers and manufacturers in order to enhance the patient journey. The PINNT network provides a unique and united voice to campaign for a better, flexible and safer service. www.pinnt.com





Calendar of events

Please visit
www.bapen.org.uk
for a full list
of BAPEN's
forthcoming events.



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