

Contact and information

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An initiative of the nutritionDay team with support of



ESPEN



AKE
ARBEITSGEMEINSCHAFT
KLINISCHE ERNÄHRUNG



Europäische Gesellschaft
für klinische Ernährung und
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Nutrition makes the difference **nutritionDay** in nursing homes

7th November 2013



Take part!

Register!



nutritionDay
WORLDWIDE



Background

Nursing home residents are often elderly people who have an increased need for care. Furthermore many nursing homes have limited personnel resources and therefore providing comprehensive care for all residents is difficult. This situation in nursing homes may also lead to less time for nutritional care for residents.

In 2007 for the first time **nutritionDay** was successfully performed in nursing homes. Its overall aim is to evaluate the current state of the nutritional status of nursing home residents using easy to complete questionnaires.

Since the first conduction of **nutritionDay** in Austria and Germany the project has been well established in nursing homes around the world. Up to now more than 500 nursing homes with over 22,000 residents from 17 countries have joined the project.

Your profit

Quality safety

Participating in **nutritionDay** with your nursing home will provide valuable information on the nutritional status of residents in your facility. Information received can be used for quality safety and quality improvement purposes.

Benchmarking:

Your nutritionDay report compares the nutritional situation of your nursing home residents with all other participating nursing homes and therewith provides specific benchmarking of your facility. Annual participation in nutritionDay gives an opportunity to monitor potentials and weaknesses of your institution over the years.

Certification:

For successful participation you will receive a **nutritionDay** certificate. Data entry can be easily performed online over the nutritionDay website: www.nutritionday.org



Methods

nutritionDay's three main characteristics are...

On one day: The nutritional situation is assessed on one defined day. This year **nutritionDay** will be on the **7th of November 2013**

Easy: Participation is easy. On **nutritionDay** you have to complete three questionnaires which do not require special skills and knowledge or extra devices and personnel resources.

Anonymous: Name and details of your nursing home are encoded and anonymous. This guarantees anonymous handling and analysis of all participating units by the **nutritionDay** coordination centre.

Results of a participating nursing home will only be forwarded to the participating facility itself. This analysis also compares your individual nursing home results to all nursing homes participating in the same year and thus provides a worldwide benchmarking of your facility.

Your nutritionDay participation -

- promotes good nutritional care in your institution
- increases awareness for malnutrition in your facility
- monitors the development of the nutritional situation of residents in your nursing home over years
- provides an anonymous comparison of your nursing home to other nursing homes worldwide
- opens doors for an active partnership of nursing home residents, nurses and physicians of your institution
- may improve the nutritional situation and quality of life of your nursing home residents