



Issue 1, May 2007

Editorial

Welcome to the first edition of our electronic newsletter - BAPEN News. This year we are going to alternate electronic versions of BAPEN News with the normal printed version of InTouch. Later in the year we will be asking for your opinion on how useful or otherwise you have found them. We hope that by introducing an electronic version we can give greater scope to material that is sent in for publication and of course we are not limited to the quantity of information that we wish to highlight. We hope you enjoy the read.

Editorial team

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BAPEN Conference, Harrogate, 27/28 November 2007



Harrogate International Centre is the location for the 2007 BAPEN Annual Conference (27/28 November). The overriding theme, 'Malnutrition Matters', highlights the growing awareness of the impact of malnutrition on patient outcomes, and the

increasing importance placed on the instigation of appropriate care pathways across medical, care and community settings.

This Networking and Learning Event will cover key topics to support day-to-day 'best practice', develop clearer understanding of the policy & regulatory environment, provide a focus on patient safety, and updates on research in clinical nutrition.

Programme features already announced include:

- Feeding the older person at home;
- Pre-term infants fluid & nutritional support;
- Nutrition in liver disease;
- Enteral nutrition making it happen safely;
- Nutrition in cancer;
- Choosing sip and tube feeds the evidence base;
- Ethical & legal issues *including the impact of the Mental Health Capacity Act*

Abstracts related to the symposia subjects already identified in the First Announcement are particularly encouraged, as are those concerned with the implementation of Nutritional Guidelines and Standards, such as NICE.

Abstracts will be considered for oral, e-poster & static poster sessions. Log on to www.bapen.org.uk for full

details. *Submission deadline 22 June 2007*

[Click here](#) for full programme & registration details. *Early bird discounts apply until 19 October 2007. Student discount available.*



BAPEN's Conference is organised by Sovereign Conference
+44(0)1527 518777 association@sovereignconference.co.uk
Contact Sovereign for full details of Stand and Sponsorship opportunities.

Diary

South Region BAPEN Nutrition Day

Paulton's Park 9th July 2007

The programme for the day will cover nutritional screening and assessment, refeeding syndrome, biochemical monitoring, non medical prescribing and drug administration via enteral tubes. For further information see http://www.bapen.org.uk/abt_reps_swest.html

Midlands BAPEN Annual Meeting 5th July 2007

Leicester Marriot Hotel

Nutrition Support - making it work. The programme includes nutrition issues in the critical care unit, nutrition support teams. For further details see http://www.bapen.org.uk/abt_reps_trent.html

Nutrition Society Annual Summer Meeting 2007



Diet and chronic disease 16-19 July *Hosted by the Irish Section*
University of Ulster Coleraine, Northern Ireland.
For further information see <http://www.nutrition society.org>

PEN Group summer meeting Monday 6th August



Home Artificial Nutrition, Manchester

The programme will cover efficacy of ONS in the community, HEF and BANS, HPN, strategic management of a HEN's service, supported by case studies relating to the topics. For further information see www.peng.org.uk

Council News

The February Council meeting took place in the relatively glitzy surroundings of the Regus building in Victoria, a definite step up in the world from the 'Quality' Hotel of some previous meetings (but not significantly more expensive thanks to skilful negotiation by Carolyn Wheatley!).

Professor Marinos Elia began with his report. This included plans for BAPEN to strengthen links with related organisations, e.g The Nutrition Society, Intensive Care Society and British Society of Gastroenterology.

Progress continues with a number of educational and learning initiatives:

- The NICE/BAPEN shared learning experience gives BAPEN members the opportunity to disseminate examples of their own good practice and experience in relation to implementation of the NICE guidelines on nutritional support. Successful abstracts will be published both on the BAPEN and NICE website. The final version of this plan will be ratified at the next Council meeting so watch this space for further news on this exciting initiative.
- BAPEN are planning a Nutrition Screening Week in collaboration with the BDA and hopefully the RCN. Christine Russell is leading on this and it is planned provisionally for September 2007. More on this in the next issue!
- Nurses' education program, revised nutrition support team course, session on nutrition education and training at the BSG conference in Marchit's all happening!

In the Treasurer's report, Christine Russell was cautiously optimistic and was pleased to be able to announce that, despite being in an expensive venue and with little or no study leave or funding available to delegates, the Brighton conference had not resulted in a significant financial loss.

Plans for the 2007 Conference in Harrogate are proceeding apace with Mike Stroud at the helm of the Programmes Committee, and indeed discussions about the 2008 meeting are also well underway! 'M2-Malnutrition Matters' is the title and first announcements are imminent - looks like a great programme. Don't forget to put 27th and 28th November in your diaries! During the lunch break at the Council meeting Jeremy Powell-Tuck presented a draft web based package on 'Organisation of Nutrition Support in Hospital', which he has developed with a small group of co-workers to replace the previous 10-year-old BAPEN publication on the subject. This was generally agreed to be an excellent initiative and we look forward to an official launch at some time in the near future, once a final version is produced following feedback. It is anticipated that it will be linked to the BAPEN website.

The next BAPEN Council meeting will be the Think Tank meeting on 5th June 2007. I look forward to updating you in the next issue!

Dr Penny Neild, Hon Secretary

Updates

LITRE's Latest!

On 19th February LITRE met with three of the four companies who are prompting pumps to replace the Baxter 6060.

We were very encouraged with the commitment that the companies were showing in regard to the development of their product, and their willingness to listen to LITRE and incorporate our ideas.

An account of the latest on the pumps can be found on the BAPEN website at www.bapen.org.uk

*Justine Bayes
LITRE Chair*

What's in the media?

In January, Care Services Minister in the Department of Health Ivan Lewis captured the media's attention with a shameful admission that older people are effectively being starved and left undernourished in hospitals and care homes.

Lewis highlighted that some patients and residents were offered meals comprising of a single scoop of mashed potato, others forced to eat with plastic cutlery and others tortured with food left out of their reach and no help to eat it. Mr Lewis suggested creating a network of "local champions" of dignity alongside a willing group of volunteers raising awareness of dignity in care.

January 25th saw NutritionDay 2007 recording what was served, what was eaten and what was done for those at risk of malnutrition in hospital wards, intensive care units, rehabilitation centres, outpatient clinics and nursing homes. 'NutritionDay in Europe' is a large scale audit which collects information by interviewing patients directly about their nutritional care and is running annually from 2006-2008. Results for 2007 will be available in late autumn.

In February, NHS statistics in Scotland showed that a record number of NHS patients are suffering from malnutrition while in hospital. A fifth more patients were diagnosed last year compared to 2002. The majority of cases were in elderly patients. However, it is unclear whether the increase is actually due to better detection and screening rather than an increase in the condition itself.

March has seen a report in IBDigest by BAPEN on Home Parenteral Nutrition (HPN) services in England being brought on par with national counterparts and being given the increased recognition it deserves.

Availability of The British Artificial Nutrition Survey (BANS) Report 2006 online via www.bapen.org.uk has been reported widely, as has 2007 being the first year for electronic reporting - making it easier for reporters to submit and follow up data at any time. Further info on BANS and EBANS can be obtained from the BAPEN office bapen@sovereignconference.co.uk

Mid March 2007 has seen reports on action being promised by the Government to tackle the issue of malnutrition and older people. Care Services Minister Ivan Lewis has announced the development of a national action plan for malnutrition following a 'Summit' held with leading charities, clinicians, nutrition experts and care home representatives. BAPEN and many of its constituent members are involved in its development. For further details see the [What's New section](#).

BAPEN will be watching developments with great interest!

Rhonda Smith, PR Co-ordinator, BAPEN

Don't forget to let me know if you spot any items of interest that should be shared with the BAPEN family.

Email me with details rhonda@minervaprc.com

What's new?

Nutrition Screening Week 1st announcement

BAPEN is planning to undertake a national nutrition screening survey across both hospital and community care settings in September this year. We are delighted that the British Dietetic Association and the Royal College of Nursing have agreed to collaborate with us on this important initiative.

Why is a survey needed?

- The prevalence of malnutrition in the UK is based on data collected in studies undertaken over 10 years ago involving a limited number of institutions. It may not reflect the magnitude of the problem today.
- Different criteria were used to define malnutrition in these studies.
- The BAPEN Nutrition Screening Initiative will be the first prospective national survey of the prevalence of malnutrition in the UK.
- It will complement data collected as part of the European Nutrition Day audits, but the amount of paperwork that will need to be completed for the UK survey will be considerably less.
- It will be used to inform the Department of Health and other government departments, other organisations and the media of the current magnitude of the problem.
- Data from participating centres will be analysed and returned to reporters to enable local data to be compared with national figures.
- The results of the survey will also form the basis of launching or promoting other initiatives such as education and training of health professionals, including nurses, who usually undertake nutritional screening.

Further information will be available shortly and we hope that all members of BAPEN will support the event and help to establish the prevalence of malnutrition risk in the UK today.

To register an interest or a willingness to participate please contact Christine Russell (Hon Treasurer BAPEN) on 01327 830012 or email ca.russell@btinternet.com

New books available on enteral and parenteral nutrition

RPS Publishing which is the publishing organisation of the Royal Pharmaceutical Society have recently published 2 books that would be of interest to PENG and BAPEN members. They are ***Handbook of Drug Administration Via Enteral Feeding Tubes*** and ***Prescribing Adult Intravenous Nutrition***.

More information about of both these titles can be found at the links below:

- [Prescribing Adult Intravenous Nutrition](#)
- [Handbook of Drug Administration via Enteral Feeding Tubes](#)

These titles are being offered to PENG and BAPEN members with a 20% discount and this is valid until 31st May 2007.

To take advantage of the discount go to www.pharmpress.com and enter the code required when completing your purchase. The code required is available from your membership secretary.

Action promised to tackle malnutrition and older people

A national action plan to tackle the issue of older people and nutrition was announced on March 12th 2007 by Health Minister, Ivan Lewis.

Following a nutrition summit held recently and attended by leading charities, clinicians, nutrition experts and care home representatives, Mr Lewis said:

"In my view, there is no excuse for vulnerable, older people not receiving the food they require and the necessary help to eat that food."

"I have been impressed by the willingness and determination I have heard around the table today, and I am committed to producing an Action Plan which needs to be a genuine partnership between central government, NHS, local government, voluntary organisations and service users and their families."

Ivan Lewis said he believed that the Summit was a tipping point for these issues and that there were clear areas for development that now needed to be taken forward at the highest level. He was very clear that this plan needed to be worked up in close consultation with frontline workers.

The type of issues that were under discussion for the development of the Action Plan included:

- Raising awareness between nutrition and good health
- Nutritional standards
- Streamline guidance
- Prioritisation from leaders and managers from both health and social care
- Training for frontline staff and managers
- Clearer focus in inspections

These actions will be taken forward in close consultation with the organisations who attended the summit today with a view to the Action Plan being published in the summer.

<http://www.dh.gov.uk>

BAPEN Nutricia Research Fellowship Award 2007

An opportunity to win £15,000 to facilitate a research project. In addition there will be 2 runner-up awards of a funded place at the BAPEN 2007 annual conference (Harrogate, 27th-28th November).

The award is designed to encourage research in the area of adult and paediatric clinical nutrition and contribute to the evidence base. The award can be used to fund research or audit in a hospital, community or care setting. All Researchers and Healthcare Professionals actively involved in clinical nutrition are encouraged to apply. Closing date is May 31st 2007.

For further information see www.bapen.org.uk

RCN launches its Nutrition Campaign

The Royal College of Nursing (RCN) launched a new campaign on Wednesday 18th April 2007 to raise standards of patient nutrition in hospitals and the community.

The campaign is called "Nutrition Now" and it will give nurses the practical tools, support and evidence they need to make nutrition a priority in the area where they work.

The campaign also calls on the Government in Westminster and local employers to provide adequate funding for food, develop national standards for nutrition and ensure wards and community teams have sufficient staffing levels to ensure patients receive the right food at the right time with the right supervision and assistance.

To find out more about this campaign and to download the new 'Principles for Nutrition and Hydration', go to www.rcn.org.uk/nutritionnow

More about this in our next edition of InTouch.

Making National Malnutrition Guidelines a Local Reality

1. **IMPLEMENTING NICE GUIDELINES IN ADULTS
A NICE-BAPEN 'SHARED LEARNING' INITIATIVE**
2. **IMPLEMENTING OTHER GUIDELINES ON MALNUTRITION**

NHS QUALITY IMPROVEMENT SCOTLAND
Healthcare Commission (std 15),
COUNCIL OF EUROPE
OTHER NATIONAL GUIDELINES ON MALNUTRITION

1. IMPLEMENTING NICE GUIDELINES IN ADULTS A NICE-BAPEN 'SHARED LEARNING' INITIATIVE

BAPEN invites you to submit a summary of a project associated with implementation of NICE guidelines on malnutrition (**deadlines for submission: 30th June 2007, and 28th February and 30th June in subsequent years**). Successful summaries will be uploaded onto the BAPEN website, as examples of good practice. These successful summaries will also be forwarded to NICE for consideration for uploading onto their website. We hope that this will encourage and help others to follow your example in guideline implementation.

For further information see www.bapen.org.uk

The Georgian Society for Parenteral and Enteral Nutrition

This new PEN Society was established in Sept 2006 and as a country it wishes to improve the standards of

nutritional care of patients especially relating to provision of enteral and parenteral nutrition. They would appreciate standards and good practice to be shared with them as this is an undeveloped area of clinical practice in the country.

Vakhtang Surguladze is the chairman of the board and David Oshkhereli is the executive director. Email gespen@yahoo.com

Regional Representatives

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