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Welcome...

Welcome to your new look e-newsletter – keeping you up-to-date with all things BAPEN related.

Within this issue you will find information relating to the forthcoming BAPEN Annual Conference – Malnutrition Matters – an event not to be missed! You will also find a comprehensive diary dates section, along with a brief update on Nutrition Screening Week 08.

We hope you enjoy this issue and if you have any comments or want to include any information within BAPEN News or In-Touch, please email: Vera.Todorovic@dbh.nhs.uk

*Best wishes,
The Editorial Team*

BAPEN Annual Conference – Malnutrition Matters



Malnutrition Matters – you know it does!
Let's make sure many more health & care professionals know that too!
Spread the word about BAPEN 2008 'Malnutrition Matters' Conference - the Networking & Learning Event for all professionals involved in and committed to improving nutritional policy, care & treatment in community, care & hospital settings.

BAPEN Conference 2008 – 4th/5th November 2008 – Harrogate International Centre

Full Registration details & Conference Information now available at www.bapen.org.uk

- *Registration fees held at 2007 prices!*
- *Early bird registration until Friday 26th September 2008*

Key sessions:

- Hello with BAPEN Medical – a great start to BAPEN 2008 (3rd November)
- Nutrition Action Plan – update on implementation
- Results of BAPEN's Nutrition Screening Week 2008 measuring prevalence of malnutrition on admission into hospital and care
- Lost in Transit: can nutritional care survive the primary/secondary care journey?'
- It MUST Happen – are we making the most of 'MUST'?
- Feeding Size Zero – Science & Challenges
- Competencies and training in nutrition support
- Adolescents and artificial nutrition
- Goodbye with the Great Gut Debate!

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More information at www.bapen.org.uk

Nutrition Screening Week



Watch out for activity in your Hospital or Care Home next week (1-3 July) as BAPEN's second Nutrition Screening Week (NSW08) gets underway. Results will be presented at BAPEN 2008. Will there be seasonal variations in the prevalence – that's one of the questions to be considered. Full details at www.bapen.org.uk

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The Nightingale Trust for Nutritional Support

The Nightingale Trust for Nutritional support was formed in 2005 in Leicester by patients who had been treated there. Pamela Harris was the main driving force. It is named both after Florence Nightingale who recognised that starvation was common in hospitals and also after Dr Jeremy Nightingale a Gastroenterologist with a special interest in nutritional support. It is an independent charity that primarily aims to help with the nutritional care of seriously ill and malnourished patients in the United Kingdom.

Its objectives are:

1. To raise money for the nutritional care of seriously ill and malnourished patients.
2. To help the detection, prevention and treatment of malnutrition.
3. To support the education of healthcare workers, patients and carers.
4. To help with the purchase of essential equipment and educational tools.
5. To support research into issues relating to nutritional support

These fund raising events that have and will be arranged include concerts, fetes, art exhibitions, coffee mornings etc. Money will be allocated after requests have been received and evaluated by the trustees who meet 2-4 times a year and include BAPEN members. Obviously the amount that can be given depends upon the money raised. We encourage you both to donate to the trust and also to seek from us appropriate financial support to help with the nutritional care of seriously ill and malnourished patients.

For further details or to make a donation please contact:

**Mrs Pamela Harris
3 Ashfields,
Deeping St James Road,
Deeping Gate,
Peterborough PE6 9AL**

Tel: 01778 344300

Email: [pijh1@tiscali.co.uk](mailto:pjih1@tiscali.co.uk)



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Diary Dates

- **The South Region BAPEN Nutrition Day on 7th July 2008 is now fully subscribed**

The organisers regret that they cannot accept any further applications for people to attend. Please sign up early for the next South Region day next year!

- **North Thames Regional BAPEN Meeting**

Date: 7th July 2008

Venue: Education Centre, Queens Hospital, Romford

Programme:

15:00 Tea and coffee

15:25 Welcome

*Dr Jeremy Nightingale MD FRCP, Consultant
Gastroenterologist, St Mark's Hospital*

15:30 Challenges of providing nutritional support within a hospital and beyond - *Dr Rodney Burnham MD FRCP, Consultant Gastroenterologist, Queens Hospital*

16:00 Nutrition Screening Week

*Andrea Cartwright SRN, Nutrition Nurse Specialist,
Basildon Hospital*

16:20 What can safely be put through an enteral feeding tube (NPSA guidelines)

Sarah Zeraschi, Pharmacist, Basildon Hospital

16:40 Patient perspectives

PINNT

17:00 Multidisciplinary Case presentations

*Prof Alastair Forbes MD FRCP, Consultant
Gastroenterologist, University College Hospital*

18:00 Current developments in hospital nutritional support *Prof Jeremy Powell-Tuck MD FRCP, Royal London Hospital*

18:30 Annual meeting – Aims of Group, AOB etc
Dr Jeremy Nightingale MD FRCP

19:00 Supper

Cost: £20.00

For further information about this event, or future events:

Sheena Vishram - sheena.visram@hcahealthcare.co.uk

Dr Jeremy Nightingale - Jeremy.Nightingale@nwlh.nhs.uk

- **Pen Group Summer Meeting**

- **Nutritional Support at the Extremes**

- Date: **4th August 2008**

- Venue: London House, Mecklenburgh Square, Bloomsbury, London WC1N 2AB

- Speakers: Yet to be confirmed but the day will include lectures and debates on nutritional support in obesity, very low weight patients, elderly and palliative care.

- Further information:

- Judith Beeston

- Tel: 01909 502923/502773

- Website: <http://www.peng.org.uk/>

- **30th ESPEN Congress**

- **Nutrition Renaissance from Care to Cure**

- Date: **13th – 16th September 2008**

- Venue: FLORENCE

- For further information:

- Website: <http://www.espen.org/>

- **Nutrition NoW**

- The North West and North Wales Branch of the BDA (NWNW) 4th Nutritional Exhibition has over 50 Departments and Companies taking part. We have secured speakers on Cardiovascular Disease and BAPEN to provide the educational element of the day.

- Date: **17th September 2008**

- Venue: JJB Stadium, Wigan

- For further information:

- Email: nadia.aslam@elht.nhs.uk

- **South West Regional BAPEN Meeting**

- Date: **24th September 2008**

- Venue: Lyngford House Conference Centre, Taunton

- Themes: Nutrition in pancreatitis/ critical illness and difficult enteral feeding

- Topics include:

- Pathophysiology and treatment of pancreatitis
 - Nutrition in acute and chronic pancreatitis
 - Nutrition in critical illness
 - Ethics of feeding and dementia
 - Setting up a nasal bridge service
 - Complications of RIG tubes

- **Case discussions included**

ALL WELCOME – whether members of BAPEN or not

- Dietitians
- Nurses
- Nutrition nurses
- Doctors – Physicians and surgeons
- Pharmacists
- Any clinician with an interest in Nutritional support
- Trainees of all disciplines are particularly welcome

Registration (to include coffee, tea and lunch): £47.00 (inclusive of VAT) for BAPEN members and £52.50 (inclusive of VAT) for all others.

For further information contact:

Email: jodie.painton@tst.nhs.uk

Tel: 01823 342126

Fax: 01823 344612

- **Wales Regional Intestinal Failure Workshop**

Date: **3rd October 2008**

Venue: All Nations Centre, Cardiff

For further information:

Tel: 02920746393

Email: Winnie.magambo@cardiffandvale.wales.nhs.uk

- **AuSPEN Annual Scientific Meeting for 2008**

Held as part of the Asia Pacific Critical Care 2008 Congress

Date: **30th October – 2nd November 2008**

Venue: Sydney

For further information:

Website: www.auspen.org.au/

- **BAPEN Medical Teaching Day**

Nutrition and inflammatory bowel disease – everything you need to know

In conjunction with ESPEN Life-long learning

Date: 3rd November 2008 (10am start)

Venue: Harrogate

Topics to be covered:

- What is the ESPEN Life-long learning programme?
- IBD and nutritional status
- Nutrition support in uncomplicated patients
- Primary nutritional therapies
- Perioperative nutrition
- Physiology in relation to short bowel syndrome
- Management of short bowel syndrome
- Case studies to include fistula management
- Quiz

It will be possible to complete the Life-long learning compromised gut module and secure 3 credits for the ESPEN European Diploma in Clinical Nutrition if the quiz is completed successfully and an evaluation form is filled in.

ALL WELCOME

- Members of BAPEN medical
- Members of BAPEN
- Any clinician or healthcare professional with an interest in nutritional support
- Surgeons
- Trainees of all disciplines in particular are welcome

Registration (including coffee, tea and lunch): £23.50 (inclusive of VAT) for BAPEN Medical/BAPEN members and £47 (inclusive of VAT) for all others.

For further information:

Dr Emma Greig (Honorary Secretary BAPEN Medical)

Email: Emma.Greig@tst.nhs.uk

Tel: 01823 342126

Fax: 01823 344612

• **ASPEN**

Clinical Nutrition Week 2009

Date: **1st – 4th February 2009**

Venue: New Orleans

For further information:

Website: <http://www.nutritioncare.org/>

• **First Announcement – Midlands BAPEN meeting**

Date: **Tuesday 10th February 2009**

Venue: Holywell Park Conference Centre (near Junction 23, M1, Loughborough,

www.welcometoimago.com/venues/holywell-park/)

Cost: Day delegate fee £50

Covering: National Patient Safety Agency; Mental Capacity Act; Management of intestinal dysmotility; ERAS (Enhanced Recovery After Surgery)

For further information:

Melanie Baker – melanie.baker@uhl-tr.nhs.uk

Alison Fairhurst – Alison.Fairhurst@dgoh.nhs.uk

Sue Merrick – Sue.Merrick@rwh-tr.nhs.uk

Applications will be available via www.bapen.org.uk/ from August 2008

• **FIRST ANNOUNCEMENT - BAPEN North East Regional Meeting**

Date: **30th April 2009**

Venue: Northern Skills Centre, Hexham General Hospital,
Northumberland

For further information:

Email: Barbara.Davidson@nuth.nhs.uk



Intestinal Failure, Rehabilitation & HPN

From Hospital to Home

8-9th October 2008



A new 2 day course incorporating our IF study day and HPN workshop

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Email: stmarks@imperial.ac.uk

Web: www.stmarkshospital.org.uk

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£200 (2 days)

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Regional Reps.

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North West	Dr Simon Lal Consultant Gastroenterologist	University Hospital Aintree, Lower Lane, Liverpool, L9 7AL	Tel: 0151 529 8387 Email: simon.lal@ainteree.nhs.uk
North East	Barbara Davidson Senior Dietitian	Newcastle University Trust Hospitals	Tel: 0191 2448358 Email: Barbara.Davidson@nuth.nhs.uk
Trent	Melanie Baker Senior Specialist Dietitian	Leicester Royal Infirmary Leicestershire Nutrition & Dietetic Service	Tel: 0116 258 6988 Email: melanie.baker@uhl-tr.nhs.uk

West Midlands	Alison Fairhurst (joint rep) Nutrition Support Dietitian	Nutrition and Dietetics Department, Russells Hall Hospital, Dudley, DY1 2HQ	Tel: 01384 244017 Fax: 01384 244017 Email: alison.fairhurst@dgo.h.nhs.uk
	Sue Merrick (joint rep) Dietitian & Team Leader for Nutrition Support	Dept. Nutrition and Dietetics New Cross Hospital, Wolverhampton, WV10 0QP	Tel: 01902 695335 Fax: 01902 695335 Email: Sue.Merrick@rwh-tr.nhs.uk
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South Thames	Mr Rick Wilson Director Dietetics & Nutrition	King's College Hospital London, SE5 9RS	Tel: 020 3299 9000 x2811 Fax: as telephone Email: rick.wilson@kch.nhs.uk
South West	Dr Emma Greig Consultant Gastroenterologist	Taunton & Somerset Hospital, Musgrove Park, Taunton, Somerset, TA1 5DA	Tel: 01823 342126 Email: Emma.greig@tst.nhs.uk
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Published by:
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