



BAPEN

Advancing Clinical Nutrition

British Association for Parenteral and Enteral Nutrition

A multi-professional association and registered charity established in 1992. Its membership is drawn from doctors, dietitians, nutritionists, nurses, patients, pharmacists, and from the health policy, industry, public health and research sectors.

Principal Functions

Enhance understanding and management of malnutrition.

Establish a clinical governance framework to underpin the nutritional management of all patients.

Enhance knowledge and skills in clinical nutrition through education and training.

Communicate the benefits of clinical and cost-effective optimal nutritional care to all healthcare professionals, policy makers and the public.

Fund a multi-professional research programme to enhance understanding of malnutrition and its treatment.

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BAPEN Annual Report 2005-2006

Chairman's Report: reflections on 2005



Many of the BAPEN activities that took place in 2005 have already been highlighted in previous issues of In Touch. In this issue, I reflect on some of these activities, which can be divided into two categories: changes in organisational infrastructure, and other non-organisational activities.

From when it was first established in 1992, BAPEN has enjoyed excellent relationships with Industry. BAPEN welcomed Industry as part of the multidisciplinary team, especially since various companies had already been facilitating the growth of home artificial nutrition, and training and delivering feeds and accessories to patients requiring home enteral and parenteral nutrition. Indeed, without the organisational and core financial support provided by Industry, BAPEN would probably not have grown to the status that it currently enjoys.

However, there was an external perception that BAPEN was operating to Industry's specific agenda. This is certainly not true, but perceptions can be powerful. They probably had some detrimental effects on BAPEN's image as an Independent Association. In view of this and other Industrial plans, the new Executive Committee put forward a new proposal that would hopefully satisfy the needs of both Industry and BAPEN. In this plan, Industry would no longer retain its two seats on BAPEN Council. Instead, it would meet with the Executive Committee/Council once a year to discuss issues of mutual interest and concern. At the same time, a formula was developed that would allow companies to choose a level of financial support, which would provide more specific benefits than in the past, such as those relating to the Annual Conference. It was thought that the new proposals could potentially make BAPEN more vulnerable financially, but at the same time they could help it grow into a stronger, more independent and more respected Association.

By the end of 2005, plans for other organisational changes were taking place. The Nutrition Society had already abolished its Groups, including the Clinical Nutrition and Metabolism Group, which acted as a bridge between the Nutrition Society and BAPEN. The new Executive Committee, with support from Council, felt that it was time to rebuild the bridge and strengthen the links between BAPEN and the Nutrition Society. A series of high level discussions took place that aimed to not only maintain Nutrition Society representation on BAPEN Council (a position held by George Grimble in 2005), but also BAPEN representation in the Nutrition Society (which did not exist in 2005). In this way, interactions between the two organisations could develop and grow in a number of mutually beneficial ways. Formal approval of these proposals was expected to take place by the summer of 2006.

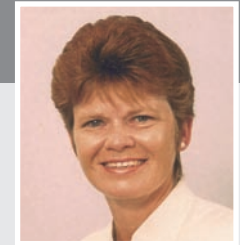
Another major organisation change involved the establishment of the new BAPEN Executive Committee, Professor Marinos Elia (Honorary Chairman), Christine Russell (Honorary Treasurer), Dr Penny Neild (Honorary Secretary) Dr Simon Gabe and Carolyn Wheatley. This experienced team took up the challenges with enthusiasm and confident expectation.

It is not possible to reflect on 2005 without making a tribute to the dedicated work of so many BAPEN members. The seemingly tireless efforts of Niall Bowen, our Treasurer, who was still in post by 2005, Dr Penny Neild, our Honorary Secretary, who took over from Pat Howard in November 2004, and of course Dr Alastair Forbes, the then Chairman, were greatly appreciated. The efforts of many other individuals were also appreciated, including the chairs of all the BAPEN committees and other members of Council, who have helped organise and participate in meetings and produce reports (e.g. The British Artificial Nutrition Survey report produced its annual report under the chairmanship of Barry Jones). 2005 was also noted by uniquely awarding two (not one) John Lennard-Jones medals to Christine Russell and Lynn Cologiovanni for outstanding work in clinical nutrition. I was grateful to Lynn for agreeing to stay on as chair of the Programme Committee for another year, so that we could utilise her experience during a time of major organisational change.

The year ahead promises interesting challenges and exciting opportunities.

Professor Marinos Elia
Honorary Chairman

Financial Report



Income and Expenditure

Unlike previous years, expenditure during 2005 exceeded income and resulted in an operating loss of £44,000. The balance in the reserve account was £182,400.

Total income

£317,000 (£170,000 excluding income from the Annual Conference) which was 4% less than in 2004. The Main Industry Group and the Organisational Affiliates contributed 38% of total income which was much the same as 2004. The success of the recruitment drive for individual affiliates was reflected in a contribution of £4013, an increase of 51% over 2004.

Total expenditure

This amounted to £361,000, an increase of 10%. As in previous years, the main cost drivers were Communications and Liaison Committee, the BAPEN Office and BANS. Expenditure on communications was £50,300, down by 4% compared to 2004 but expenditure on the BAPEN Office rose due to increased costs of providing administrative and secretarial support. Expenditure on BANS also increased and totalled £36,150, a rise of 12% compared with 2004.

Whilst the overall costs of the Annual Conference were expected to make only a small loss of £3,000, expenditure at the end of the year was £159,000 and a significant number of payments were

outstanding.

Industry Sponsorship

The transfer of the leading six clinical nutrition companies from the Main Industry Group to the Infant and Dietetic Foods Association, necessitated a complete renegotiation of the sponsorship model. From January 2006, all companies, whether previously members of the Main Industry Group or the Organisational Affiliates, will be able to opt for standard level membership or choose from bronze, silver or gold sponsorship packages at progressively higher prices. These opportunities for corporate membership will also be available to a much wider market.

Companies buying the predetermined packages will be encouraged to commit to periods of up to five years, at a discounted level, in order to apply greater certainty to our forward planning. It remains the case, however, that industry sourced funding may be significantly lower next year, which would prompt a critical review of activities to keep costs in line.

Treasurer

I was appointed Honorary Treasurer at the Annual General Meeting in November 2005 and, for the

first time since the birth of BAPEN, the treasurer is not a serving officer of a commercial sponsor. This should help reinforce the independence of BAPEN.

Looking forward to 2006

BAPEN's finances at the end of 2005 were less stable than in previous years and future income is uncertain. However, I am optimistic that the new arrangements for corporate membership to the association will enable BAPEN to move forward and meet the challenges and opportunities that lie ahead. Improvements to the website need to be made and BANS are currently investigating the concept of moving to electronic reporting. Whilst this may incur initial additional costs, running costs in the future should be considerably lower than at present. However, we will need to review activities and ways of working to guarantee our financial security.

Christine Russell, Honorary Treasurer

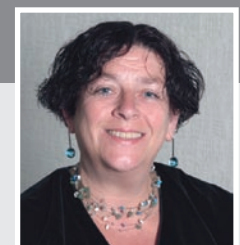
Advisory Faculty of BAPEN

The current Faculty of BAPEN is represented by several individuals of distinction, who have made outstanding contributions to clinical nutrition in the United Kingdom over many years. They play a continuing role in the governance and over-seeing of the Association and contribute to its strategic development. They also have a vital role to play in seeking to help raise funds to support the activities of the Association.

Current members of the Faculty (year ending 2005)

- Professor David Silk (Chairman)
- Professor Simon Allison
- Mr Ken Cottam
- Professor Ivan Johnson

Communications and Liaison Committee



Members of the Committee at end of 2005

Vera Todorovic (Chairman)
Carole Glencorse
Carolyn Wheatley (to November 2005)
Justine Bayes (from November 2005)
Allan Cosslett
Jane Fletcher (from November 2005)
Andrea Cartwright (to November 2005)
Rick Wilson
Rhonda Smith

Key objectives for the year

- To focus on delivering internal and external communications together with the media/PR Officer of BAPEN
- To continue to promote the BAPEN Newsletter and Website as principal sources of communication

Key outputs for the year

- There have been regular Committee meetings during the year and a variety of activities have been undertaken
- Both the newsletter and website have continued to develop over the year as a result of the many ideas generated by the Committee. There were 6 editions of the Newsletter and the website was undergoing a redesign

- Corporate Style Guidelines have been developed to help guide authors of BAPEN publications on their layout and design
- Committee members supported a workshop on 'MUST' in conjunction with MAG at the BAPEN Annual Meeting. The workshop was a networking opportunity for individuals using 'MUST' in their care settings

Objectives for 2006

- To develop a business action plan in line with the current priorities of BAPEN
- To launch and develop the new website
- Update the corporate image of BAPEN
- Develop new poster boards for the BAPEN Annual Conference 2006, including identified key clinical messages

I would like to extend a personal thank you to all the members of the Committee, past and present, who have worked so hard to make sure that our communication channels remain effective.

Vera Todorovic

Chair, Communications and Liaison Committee

PINNT Report

PINNT has continued to fulfil its core aim of supporting patients and carers in various ways. We have addressed many key issues over the year, and we would like to focus on some of these in this report.

Ambulatory pumps are considered vital to their quality of life by many patients. One of the most frequently used is the Baxter 6060, which is being withdrawn from the market. PINNT, in conjunction with LITRE, has been extensively involved in providing support and reassurance to patients who will be affected by this decision.

Travel insurance is always of great concern to our members. Many healthcare professionals also look to us for guidance. Changes in the market have meant that it is increasingly difficult for our members to obtain an insurance policy which covers their needs without having to pay an exorbitant price. Being able to define 'fact' from 'fiction' helps considerably in order to gain appropriate cover. To assist them we have up-dated our Travel Insurance leaflet and have compiled a 'Talking Points' leaflet for patients in conjunction with healthcare professionals which aims to ensure that all aspects of travelling are considered, especially 'fitness to travel' and its implications.

Although we are a small charity we are still required to have in place governing policies, and to this end we are in the process of 'policy-making'. We have completed our Child Protection, Fraud, Complaints Procedure, Finance Committee and Fund-raising policies, and are in the process of writing our Risk Assessment and Equal Opportunities policies.

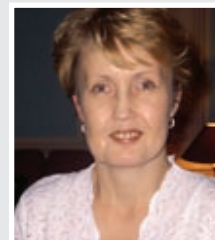
Our major fund-raising activity in 2005 was our PINNT Prize Pot (PPP), which has generated a steady income. Membership is open to all. We intend to continue the PPP as it is proving to be very popular.

Our website continues to be developed and can be accessed on www.pinnt.com – please visit the site for all the latest PINNT information.

Our key objectives and aims for 2006 will be:

- to continue to provide support and information for patients and carers, healthcare professionals and Industry
- be pro-active in the Baxter 6060 situation
- introduce full colour to our quarterly newsletter 'Online'
- introduce a membership fee for full members
- hold an 'enhanced' AGM, at a superior venue with presentations in addition to the required business element
- plan our 20th Anniversary celebration which will take place in July 2007
- aim to have representation at BAPEN Annual Meeting and at ESPEN

Justine Bayes
General Secretary, PINNT



Clinical Nutrition and Metabolism: Theme of the Nutrition Society

Key objectives for 2005

- To run a successful Symposium on behalf of the Nutrition Society at the BAPEN Annual Conference
- To work with colleagues in other BAPEN organisations through the Programmes Committee to achieve this.
- To determine the level of interest in Clinical Nutrition within the Nutrition Society and to mobilise this interest.

Key outputs for 2005

- Between 2004 and 2005, attendance at the Society's Symposia at BAPEN has been maintained. Last year, 100 people attended the Symposium and 120 at the Sir David Cuthbertson Medal Lecture. This is good by any standards and more work needs to be done to improve attendance at the oral communications session. The Society is taking more account of Clinical Nutrition, as recent Society textbook publications (e.g. Clinical Nutrition and Nutrition and Metabolism) and journal issues show.
- The Society continues to publish the BAPEN abstracts and symposium proceeding in the Proceedings of the Nutrition Society and the BAPEN Programmes Committee has worked hard to ensure that only abstracts which reflect good experimental design are published there.
- A recent survey of Nutrition Society members revealed that whilst three quarters viewed Public Health Nutrition as one of their main interests, more than half thought that Clinical Nutrition was also important. This bodes well for the future.
- The Theme Leader has been responsible for maintaining momentum within the Theme and this has mainly been articulated through the activities of the BAPEN Programmes Committee.

At the Nutrition Society Symposium at BAPEN 2005, Professor John Wyatt spoke about the "cold-cap" studies with head-injured children, whilst Dr Emma Baker from St George's Hospital gave a fascinating account of the diabetes of stress, particularly in relation to pulmonary hyperglycaemia and the risk of pulmonary infection. The Cuthbertson Medallist was Professor Gema Fruhbeck from the University of Navarra. Gema gave a holistic view of the metabolic and cytokine activity of adipose tissue and its importance in development of cardiovascular disease. For clinical nutritionists, it is a sobering thought that fat tissue provides impetus for the injury response.

Outline of intended work for 2006

Dr George Grimble resigned in 2005 as Theme Leader, after three years service. The new Theme Leader, Professor Gary Frost, from the University of Surrey, brings a wealth of enthusiasm and clinical experience to this post and a particular emphasis on the importance of insulin resistance.

For BAPEN 2006, the Nutrition Society Symposium will explore the phenomenon of disordered eating by hospitalised patients under the title "Eating, Illness and the Gut - Disorder in the House?". Professors Wolfgang Langhans and Susan Schiffman and Dr Isobel Davidson will explore the hormonal and metabolic signals which cause anorexia during illness. Of course, it is well known that taste-perceptions change and this will be discussed with a view to improving ingestive behaviour in the critically-ill.

Any other comments

Our vision for 2006 is to increase awareness of the problems of disease-related malnutrition amongst society members whilst playing a full part in BAPEN itself. In this way we hope to mobilise more nutrition science for this key clinical area.



*Dr George Grimble
Theme Leader for Clinical Nutrition,
a theme of the Nutrition Society*

BAPEN Media Report



Rhonda Smith as Media Co-ordinator for BAPEN, focused on her two key areas of work for the charity in 2005:

- To contribute to making BAPEN better known within policy and professional circles, so that the organisation is involved in discussion with government and professional agencies
- Raising awareness of BAPEN's own activities, products and initiatives among professional and public audiences

One channel for both these strands of work is the media – professional and media – via the issue of BAPEN's own media releases and the submission of BAPEN quotes in response to enquiries and other associated stories.

This area of work was maintained during 2005, with communications activity delivered around the BAPEN Conference, the publication of the BANS Report, responses to the draft NICE guidelines on nutrition support, contributions to the Trevor McDonald Tonight programme on malnutrition in care, responses to the Jamie Oliver campaign and to figures released mid-year, showing that 17.5 million hospital meals were thrown away during the previous year. The latter figures provided further impetus to the Better Hospital Food Programme and its work to ensure more in-patients are supported in actually eating their meals. During 2005, the Media Co-ordinator attended Council meetings, monthly Officers' meetings, Communications Committees and MAG meetings. Third party organisations were briefed and included Age Concern, Centre for Policy

on Ageing, European Nutrition for Health Alliance and International Longevity Centre.

During 2005, contributing ideas and material for BAPEN's In Touch, supporting BAPEN members in media opportunities and representing BAPEN at a number of professional organisation meetings, complete the picture of the year's work activity.

Concern about the nutritional status of residents in care homes, coupled with Jamie Oliver's high profile attack on the state of school meals, ensured that nutrition remained high on the media agenda throughout 2005.

With the publication of BAPEN's Health Economic Report on the cost of malnutrition, and of the NICE Guidance on Nutrition Support, the implementation of the Council of Europe resolutions on addressing malnutrition, BAPEN's partnership work on malnutrition in the community, and new arrangements announced for specialised commissioning, we look forward to an action and issue packed year in 2006!

Rhonda Smith, Media Co-ordinator
rhonda.smith1@btinternet.com

Education and Training Committee Report



Dr Ian Fellows

Chairman: Ian Fellows

Members: Ann Ashworth, Carole Glencorse, Helen Holder, Ruth McKee, Ruth Newton, Tim Sizer, Sara Smith, Peter Turner, Carolyn Wheatley

Key objectives for 2005:

- 1) To produce a multidisciplinary educational symposium at the BAPEN Annual Conference, Telford, November 2005.
- 2) To develop an education course for multidisciplinary clinical nutrition support teams.
- 3) To liaise with the British Society of Gastroenterology in producing a joint symposium at the BSG Annual meeting in March 2007.
- 4) To give BAPEN recognition to suitable submitted regional education courses and study days.

Key outputs for 2005:

- 1) A clinical case-based interactive symposium was held at the BAPEN Annual conference in Telford, November 2005, on the practical management of intravenous feeding in a patient with a small bowel fistula secondary to Crohn's disease. This covered feeding catheter management, prescription of intravenous feeds, management of catheter-related sepsis and blockage. Speakers from nursing, pharmacy and medical professions gave presentations.
- 2) It became clear during the year that financial constraints on NHS Trust study leave budgets, made it very difficult to run a residential two-day course in clinical nutrition. There was considerable expression of interest in the subject from nutrition teams, and so preliminary discussion took place to develop a regional and distance learning method of delivery of this course. This should reduce costs and facilitate attendance.
- 3) A meeting was held with members of the BSG to develop a symposium on the education of gastroenterology specialist registrars in clinical nutrition.
- 4) BAPEN recognition was granted to several regional study day meetings.

Outline of intended work for 2006:

- 1) To develop a multidisciplinary educational symposium at the BAPEN Annual Conference at Brighton, November 2006. The subject would be the management of water balance in injured patients.
- 2) To develop a regional and distance learning-based course in clinical nutrition for clinical nutrition support teams. The newly published NICE guidelines on nutrition would be used as a focus for the syllabus and to advertise the importance of this subject to NHS Trusts.
- 3) To plan further, a joint BSG/BAPEN symposium in 2007 on education of gastroenterology specialist registrars in clinical nutrition.
- 4) To join other BAPEN members in updating BAPEN publications on "The Organisation of Nutrition Support in Hospitals" and "Hospital Food as Treatment".

Dr Ian Fellows - Chairman

Research & Science Committee Report

The BAPEN Research & Science Committee will meet on 26th September. The Committee was involved in the selection of candidates for the BAPEN Nutricia Award. The successful candidate is:

Rebecca Hartley, 'The Impact of a bedside Computerised Information System, on the adequacy of Nutritional Support in Critically Ill Patients - A single prospective non-randomised study'.

The award will be presented at the next BAPEN meeting by the Medical Director of Nutricia, Dr Lucio Fumi and Professor Pierro, chairman of the Research & Science Committee.

A further note of the activities of this Committee will be issued after the next Research & Science Committee meeting.

Professor Agostino Pierro, Chairman

Hospital Food Report



An interesting year for hospital food

2006 has been a very interesting year for hospital food. The Better Hospital Food project in England came to an end in the autumn of 2005 and the National Patient Safety Agency took over the lead. QIS in Scotland, the Welsh Risk Pool and DHSSPI in Northern Ireland have all been taking an active interest in food services in the UK's hospitals. BAPEN has joined an initiative launched by the BDA (dietitians) and the HCA (caterers) to take the lead on improving food services. Working with various government agencies the Council of Europe Alliance is confident that our joint efforts will bear fruit and improve nutritional care in our hospitals.

Council of Europe Alliance

The Council of Europe Alliance held a workshop event on 18th May. At that meeting stakeholder organisations got the opportunity to feedback to the main group on the idea breaking down the recommendations of the resolution into manageable pieces for implementation. They also got the opportunity to take responsibility as the "lead organisation" for particular elements of the resolutions recommendations. It was a difficult day to manage, and a learning experience in terms of getting quite so many organisations together and beginning to get everyone singing from the same hymn sheet. The outcomes of the day have been disseminated and are being moulded into a proposed plan of action for all the stakeholder groups. The big learning outcome of the day was that nutrition is very topical and the improvement of patient nutrition is a priority for a wide range of Government and Non-government stakeholders - so we should be able to get somewhere if we can successfully marshal our resources. The group believe that there is great strength in numbers and that if all the key stakeholders represented in the Alliance work together on implementation then progress is assured.

National Patient Safety Agency stakeholder meeting 21st July 2006

BAPEN, amongst others, were stakeholders at this event, and the NPSA mapped out its vision of the way forward with regard to nutritional care in England. Caroline Lecko (nutrition lead) outlined work streams for the NPSA on nutrition, and these included:

1. Promoting protected mealtimes and undertaking a review of where this has worked or failed and the reasons why. A questionnaire to all Directors of Nursing is planned.
2. Pre-registration education of nurses - working with the NMC to include nutritional care as a fundamental part of nurse education.
3. Identify the issues and support needed to address nutrition patient safety issues e.g. dehydration, NBM regimens, older people's specific needs and swallowing problems.
4. Other projects include cost of malnutrition and the need to understand the facts and further work on pre-procedure fasting."

NPSA maintains the National Reporting and Learning System, a database of reported clinical errors or adverse incidents. The principal behind this system is that we can never learn from our mistakes if we keep them hidden and unreported. The hope is that errors with regard to food service and nutritional care will be reported - the system will be able to identify patterns and inform the development of improvement strategies. A missed or inappropriate meal could be just as harmful as a missed or inappropriate medicine.

Organisation of Nutritional Care in Hospitals

Jeremy Powell-Tuck and Rick Wilson have brought together a small working group to revise this BAPEN document; Jeremy invited Rick to join him in his initiative and suggested we include the revision of Hospital Food as Treatment in the same piece. Rick agreed that this made a great deal of sense and would give a more holistic view of nutritional care and support in hospitals. The working party has had a one day meeting and we are agreed that the new document will be an online publication, interactive and not paper. We think that this will make the resource more useful, more accessible and allow us to utilise links to other resources rather than re-invent them. The team have more or less scoped out the content of the work and we are now pulling it all together with the aim of having something useful to share at the November meeting and publishing six months or so after that.

Article in The Observer Food Monthly 24th September 2006

The food writer Jay Rayner has taken a critical look at the achievements of the Better Hospital Food project in England and raises awareness of the issues yet to be resolved. NB Claire Rayner is Jay Rayner's mum and was on the Better Hospital Food panel. The full text of the article can be found at <http://lifeandhealth.guardian.co.uk/health/story/0,,1876872,00.html>

Conclusion

Hospital food continues to be a hot topic and a very useful vehicle for getting messages across about the need to ensure that all patients have their nutritional needs met at all times.

Rick Wilson, Food Liaison Officer

Malnutrition Action Group Report



The Malnutrition Action Group (MAG) has continued to monitor the development of standards in nutritional care throughout the UK. In Scotland, every Health Board has now been visited regarding implementation of the NHS Quality Improvement Scotland Standard for Food, Fluid and Nutritional Care in Hospitals. There are many valuable lessons regarding the practicalities of implementing standards and guidance. In the rest of the UK there is continued interest in the 'MUST' screening tool, particularly with the publication of the NICE guidelines on Nutrition Support.

We have worked on BAPEN's behalf with Baroness Greengross and the International Longevity Centre-UK to highlight the problems of elderly people, both in hospital and the community, and along with Professor Marinos Elia, we attended the launch of the report 'Malnutrition Among Older People in the Community' in the House of Commons.

We have worked closely with Rhonda Smith to answer many press enquiries and we have also liaised with Rick Wilson and work on the recommendations of the Council of Europe.

In general it has been very difficult trying to keep track of the many initiatives currently underway at the moment, but we do see an increasing role for BAPEN, particularly in supporting standards and in providing educational resources to support them.

I would like to thank the other members of MAG - Vera Todorovic; Justine Bayes; Rhonda Smith; Linda Whincup and Christine Russell for their support.

Dr Alastair McKinlay, Chairman

ESPEN Report

ESPEN continues to consolidate its activities as well as to develop new areas of interest. 2005 has been a challenging year with many exciting initiatives coming to fruition. Notable among these have been;

Life Long learning – four modules were piloted at the ESPEN Congress in Brussels. These were well-attended and well-received. The programme is to be extended (volunteers to help with this will be greatly appreciated!) and the aim is to introduce a further four modules at the Istanbul Congress (October 2006).

NutritionDay – this has involved a tremendous amount of work and will result in a Europe-wide data set, comprising key aspects about the nutritional management of patients in hospital. It is hoped that initial results will be available during the summer of 2006 and the more detailed statistical analyses will be reported at the Istanbul Congress.

Nutrition Courses – these have again been successfully held. The advanced Course was held in Maastricht in April and the Clinical Nutrition Course was held during October. These courses have two valuable spin-offs, in that they provide “instant” networks for clinicians with the potential of exploring and sharing clinical practice. Secondly, the Course Faculties have pooled their expertise and the 3rd edition of the Handbook of Clinical Nutrition has been translated into several languages and is selling well throughout the world.

ESPEN Conference – this is the highlight of the ESPEN year and the Brussels meeting met the high expectations of the delegates. As usual, there were keynote speakers from around the world contributing to a wide range of symposia and satellite meetings. The conference also provides an occasion for the ESPEN Special Interest Groups to meet.

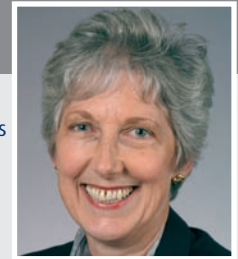
Clinical Nutrition – the ESPEN journal continues to attract high quality, peer reviewed articles. Discussions are being held to identify the potential for an on-line journal which will focus more specifically on clinical practice and educational matters.

ESPEN Guidelines for Enteral Nutrition – many individuals and groups throughout Europe are collaborating to produce an evidence-based set of guidelines, addressing all aspects of enteral nutrition in adult patients. The intention is for these to be published in Clinical Nutrition during 2006.

BAPEN – ESPEN Block Membership arrangements continue to be challenging, but a great deal of work is being done to ensure robust communication links between the different member countries, ESPEN and Elsevier (the publishers of Clinical Nutrition). You will be reminded when your subscriptions are due and hopefully, everything will run more smoothly in the future.

If you want to know any more about ESPEN, or have any comments about it, please get in touch with me or my successor. I have greatly enjoyed my term as your Liaison Officer with ESPEN and I have tried to build on the foundations which were firmly established by my predecessor, Professor Jeremy Powell-Tuck. The benefits of being associated with ESPEN are significant and I hope that two of the leading European organisations committed to clinical nutrition will continue to work ever more closely together in the future. I wish my successor (when he/she is elected) as enjoyable an appointment as I have had.

Pat Howard, ESPEN Liaison Officer



NNNG Update

NNNG committee

- | | |
|------------------------|--------------------|
| • Chairman | Lynne Colagiovanni |
| • Secretary | Andrea Cartwright |
| • Vice Chairman | Kate Pickering |
| • Treasurer | John Kennedy |
| • Membership Secretary | Jane Fletcher |
| • Newsletter Editor | Angie Davidson |

Both John Kennedy and Jane Fletcher were new to the committee in 2005

By the time you read this, 11 months of 2006 will have slipped through your fingers, and you'll be wondering where on earth the time goes. This can be said of the time on committee, as we plan the key objectives from one year to the next! Writing the Annual Report gives the committee time to reflect on the successes and failures of the year, and summon up the enthusiasm to make the next year bigger and better!

Key objectives for 2005

The membership of the NNNG has waned over recent years, so one of the key objectives of 2005 was to make the NNNG more attractive to members. To that end, we decided to re-launch the NNNG in 2004, and this was implemented fully in 2005. We designed a new look logo (in scarlet red) and we came up with a 'tie line' – Good Nutrition Needs Nurses. This is about valuing the contribution that nurses have to improve the nutritional care of patients, whether receiving help to eat or by providing high quality artificial nutrition support. Making it easier for members to access information is key to the continued existence of the NNNG. Our ultimate aim would be to have a stand alone website with links into BAPEN, and to have an electronic 'network', which allows members to question, converse, canvass, research and inform others.

Financial stability is another key objective for the NNNG. Although monies raised by fees and at conference are ploughed back into education, in order to make the NNNG financially stable, more income needs to be generated, to spend on investments in IT and communication. Changes to the NNNG constitution were proposed and voted on at the AGM in November 2005. These included diversifying the membership to allow students and non-nurses to become

associate members, and recognising the contribution that nurses who work for industry can make to the organisation. Constitutional changes take about a year to complete, so will be worked on through 2006.

Key outputs for 2005

The profile of the NNNG was raised when we were involved with the National Patient Safety Agency, through 2004 and 2005, to help produce the alert advice surrounding misplaced NG tubes. Thank you to Lynne Colagiovanni and Jamil Khair for their dedication. The NPSA has now asked for involvement in the 'wrong route administration' guidance, should come out in 2006 (thanks again to Lynne and to Kate Pickering).

Two of our members continue to be part of the NICE guidelines development group (Andrea Cartwright and Linda Ditchburn), published in early 2006.

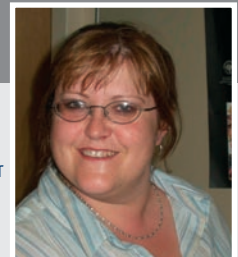
The NNNG wants to build on the success of the two day conference held in June 2005, and are currently planning the 2006 conference, which promised to be as good, if not better!

Outline of intended work for 2006

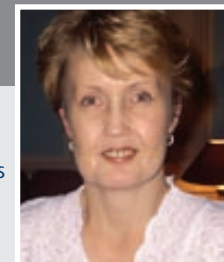
- Update the NNNG constitution
- Make plans for the NNNG 21st birthday in 2007
- Develop an electronic 'network' for members to chat
- Develop a stand alone NNNG website
- Unfortunately we also need to elect a new Chair, as Lynne Colagiovanni will be completing her 4 year term of office in December 2006 and standing down.

That completes the update for 2005, I only hope that we will be able to report as exciting and productive year in 2006.

Andrea Cartwright, NNNG Secretary



LITRE Report



To start the year we planned to have an open meeting in February, with the intention of welcoming representatives from all the founder groups, along with healthcare professionals, patients and Industry, to show what LITRE is about and how we have been involved in various joint projects to develop products and improve the patients quality of life. Due to a problem it was cancelled before the invitations went out and was re-scheduled for September. The initial response was excellent, but as the year progressed, a lot of those who had expressed a wish to attend were unable to as their work commitments or personal plans had changed, so it was reluctantly decided not to go ahead. We would like to thank those who wanted to support the meeting and those that expressed that they would like to attend one of our regular meetings at a later date.

The LITRE section on the BAPEN website has proved interesting, with a number of new contacts getting in touch. This will shortly be updated and changes to our Q & A section made. LITRE was authorised to purchase an exhibition stand so that we had a more visible presence at meetings. Our co-operation with the MHRA continues to be of mutual benefit. The pump questionnaire was well responded to and the information will be used in their bi-annual pump report.

The committee membership has seen some changes. We were joined in 2004 by Kavita Biggin, a community dietitian, and just as she was settling in she found she was expecting a baby and needed maternity leave. She introduced a colleague to stand in, so we welcomed Anne Hodgson. After many years with the committee, two members have stepped down: Martin Lee, our BPNG representative, who is succeeded by Professor Mike Allwood, and latterly Dr Jeremy Nightingale, who is succeeded by Dr Simon Gabe. Both Martin and Jeremy will be missed and we would like to take this opportunity to thank them for their past support.

Geoff had been chairman of LITRE for seven years until November 2005, and would like to say farewell with the following: "I have found it stimulating and interesting. I have had the opportunity of meeting and associating with many people from all the different sections of BAPEN, and the pleasure of seeing the work that LITRE has done make some difference to fellow patients. But it's time for a change, so from November 2005 I will be stepping down from LITRE. I am pleased to say I will be succeeded by Justine Bayes who has been with LITRE for two years and is keen to develop and take LITRE forward for the future. I would like to close by wishing Justine every success and thanking all the members of the committee for their support and help over the years, and wish them well for the future."

LITRE's objectives for 2006 have been dominated by two issues: its future and the replacement pumps for the Baxter 6060 portable parenteral nutrition pump. Our meetings this year have concentrated on these topics, and our findings on the four pumps that we have evaluated can be found on the BAPEN website. In the future we hope to be more responsive by meeting on an ad-hoc basis, rather than have quarterly meetings at set times of the year. We feel that this will be more in keeping with LITRE's remit.

Geoff Simmonett - Chairman to November 2005

Justine Bayes - current Chairman

BPNG Report



*Rebecca White
Chair, BPNG*

Now almost at the end of 2006, and looking forward to the challenges of 2007, it is difficult to recall the highs and lows of 2005, but it is important to reflect on past events as they influence our current position and future direction.

2005 was an ambitious year for educational events for the BPNG.

Our one-day study days held in September and April, were a success both educationally and financially. Meeting the educational needs of our diverse membership, whilst continuing to attract new members, remains a challenge. This is likely to become increasingly difficult as funding and study leave become restricted in the NHS.

The summer Symposium held last year in Leicester was both a positive and negative experience for the group, despite positive feedback on the educational content of the sessions, delegate numbers were significantly lower than expected, and therefore the group made a financial loss on this event. This was reflected in the accounts of the last year.

In 2005 the BPNG awarded their first research grants to support work in the field of clinical nutrition. Brief reports were presented by the recipients at this year's meeting.

The BPNG embarked on an ambitious programme of projects in 2004, which has been a challenge to maintain.

The patient information leaflet on parenteral nutrition was produced in response to requests from our membership and was developed in liaison with PINNT and has subsequently been endorsed by BAPEN.

The Handbook of Enteral Drug Administration and the 'Clog-Busters' project were progressing well. The handbook will be published at the end of November 2006 and the clog busters project group will be updating on progress in early 2007.

Two of our members were part of the NICE guidelines on nutrition development group (Vicky Bradnam and Bruce McElroy), and our input has been requested by the NPSA for the wrong route errors guidance.

Thanks are owed to our corporate members who continue to support the group and all the members of the BPNG executive committee and the BPNG secretariat for their continued hard work and support.

Following the successful satellite meeting at ESPEN, Gil Hardy resigned as Chairman of the BPNG to pursue professional interests on the other side of the globe.

On reflection, the achievements of 2005 were significant, I hope that reflecting on 2006 will be as positive.

BAPEN Council

Council Executive: **Honorary Chairman** - Professor Marinos Elia
• **Honorary Secretary** - Dr Penny Neild • **Honorary Treasurer** - Mrs Christine Russell.

Members: Dr Simon Gabe • Mrs Carolyn Wheatley.

Faculty: Professor David Silk • Professor Simon Allison • Mr Ken Cottam • Professor Ivan Johnson

Council Members: **Ms Justine Bayes** (LITRE) • **Ms Andrea Cartwright** (NNNG)
• **Ms Lynne Colagiovanni** (NNNG), Chairman: Programmes Committee • **Dr Mark Dalzell** (BSPGHAN)
• **Dr Ian Fellows** Chairman: Education & Training • **Dr Jeremy Nightingale** Chairman: Regional Representatives • **Professor Richard Griffiths** (ICS) • **Professor Gary Frost** (Nut Soc)
• **Mrs Pat Howard** (ESPEN) • **Dr Barry Jones** Chairman: BANS • **Dr Alastair McKinlay**, Chairman: MAG
• **Professor Agostino Pierro** Chairman: Research & Science Committee • **Professor Jeremy Powell-Tuck** (BAPEN Medical) • **Dr Mike Stroud** (SB & NS of BSG), NICE Liaison Officer • **Ms Vera Todorovic** (PEN Group), Chairman: Communications and Liaison Committee • **Mr Peter Turner** Chairman PEN Group
• **Mrs Carolyn Wheatley** (PINNT) • **Miss Rebecca White** (BPNG) • **Mr Rick Wilson** (Food Liaison Officer) • **Carole Ann McAtear** (Scottish Representative)



BAPEN council members (from left to right) Rebecca White, Dr Ian Fellows, Carolyn Wheatley, Professor Jeremy Powell-Tuck, Dr Barry Jones, Dr Mike Stroud, Christine Russell, Justine Bayes, Professor Marinos Elia, Peter Turner, Dr Alastair McKinlay, Lynne Colagiovanni, Professor Agostino Pierro, Rick Wilson, Andrea Cartwright, Dr Simon Gabe and Dr Penny Neild.

PEN Group Annual Report

PEN Group membership continues to be approximately 500 members, all automatically qualify for BAPEN membership. Two Members for the PEN Group committee sit on BAPEN council. In 2005 they were Carole-Anne McAtear and Vera Todorovic.



January 2005 saw the launch of the PEN clinical handbook which had been extensively revised, to include sections on the updated methods of calculating nutritional requirements and disease-specific guidelines for artificial nutritional support. For details of this and all other PEN group publications for sale, please see www.peng.org.uk. PEN Group also plan to continue to develop the material within the clinical handbook, to ensure that it remains an up to date, evidence-based reference document. In 2005, 3,500 copies were sold.

In June 2005 the PEN clinical update, a post graduate BDA validated course for dietitians working in nutrition support, successfully took place at Queen Margaret University College in Edinburgh, with an increase in the number of delegates participating this year to 93. Clare Soulsby was the course leader and can be contacted at c.t.soulsby@qmul.ac.uk re: 2005.

In August 2005 the PEN Group held its summer meeting, which was a 2 day event held at William Goodenough House, London. It attracted over 100 delegates. It was a very special event, as it celebrated 21 years since the PEN Group became a specialist interest group of the British Dietetic Association. The focus of the meeting was Nutrition Support – a vision for the future. There were very eminent speakers who promoted lively debate. Abstracts of the presentations can be found on the PEN group website: www.peng.org.uk.

In November 2005 the PEN Group held their AGM at the annual BAPEN conference at Telford. This included presentation of the PEN Group award, sponsored by Fresenius Kabi and Abbott Nutrition. The topic for the 2005 award was original contributions. Applicants had to submit an abstract and winners were asked to present their abstract. The 2005 winner, Rachel Vallis, was a final year student at King's College London and submitted an abstract 'An audit of fasting procedures prior to cardiac surgery'. At this meeting, Pete Turner took over the role of chair of the PEN Group committee. The committee otherwise remained unchanged. For details of the committee please refer to the PEN Group website www.peng.org.uk

PENlines, the PEN Group newsletter, continues to be sponsored by Nutricia Clinical Care. There were 2 editions in 2005, including a bumper summer issue, with all the details of our summer meeting. Back copies can be found on the website at www.peng.org.uk which also contains details of membership and contact details for PEN committee members.

Pete Turner, Chair of PEN Group
Carole Anne McAtear, Chair to November 2005

BAPEN Medical



• **Chair and members at December 2005**
Chair: Professor J Powell-Tuck, Honorary Secretary: Dr T Bowling.
Honorary Treasurer: Dr S Gabe.
Committee members: Dr M Colley, Dr E Greig, Dr D Lloyd.

• **Key objectives for the year** - Research meeting. Symposium at BAPEN annual conference.

• **Key outputs for the year**

Research meeting: Insulin resistance meets nutritional support, obesity, critical care, the liver, and surgery - 9th September 2005, Wingate Institute, Barts and the London NHS Trust - reported in full in In Touch issue no 39. Speakers: Simon Coppack, Marta Korbonits, Andrew Padkin, Jude Oben, Olle Ljungqvist.

BAPEN conference symposium: Glutamine and antioxidants in critical care; Speakers: Alison Avenell, Simon Eaton, Daren Heyland.

Clinical symposium at BAPEN Annual Meeting 2005: Patient journey – enterocutaneous fistula. Speakers; Gordon Carlson, Simon Gabe, David Lloyd, Tim Bowling, Angela Davison, Linda Murray, Lindsay Harper.

This was the first year of BAPEN Medical and by the end of it we had 65 members. We have sought to attract and to give a home to physicians and surgeons within BAPEN, and to all others with an expressed interest in medical aspects of nutritional support and metabolic management. We want to work with other groups and societies so that a medical and nutritional theme can be fostered. The research meeting (31 delegates) was well received, achieving its desired aim of bringing together gastroenterological, hepatological, surgical, intensive care and metabolic interests. The input into the annual conference combined both research interests (glutamine and selenium) with clinical problems (enterocutaneous fistula). A multicentre clinical trial in the context of enterocutaneous fistula has been promoted. At the AGM it was decided to hold an educational day in 2006 aimed at consultants and SpRs. It was decided to try to develop links with the Association of Surgeons and the Intensive Care Society in order to explore consensus on intravenous saline therapy.

Professor Jeremy Powell-Tuck - Chairman, BAPEN Medical

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Northern & Yorkshire

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