



BAPEN

Advancing Clinical Nutrition

British Association for Parenteral and Enteral Nutrition

A multi-professional association and registered charity established in 1992. Its membership is drawn from doctors, dietitians, nutritionists, nurses, patients, pharmacists, and from the health policy, industry, public health and research sectors.

Principal Functions

Enhance understanding and management of malnutrition.

Establish a clinical governance framework to underpin the nutritional management of all patients.

Enhance knowledge and skills in clinical nutrition through education and training.

Communicate the benefits of clinical and cost-effective optimal nutritional care to all healthcare professionals, policy makers and the public.

Fund a multi-professional research programme to enhance understanding of malnutrition and its treatment.

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BAPEN Annual Report 2006-2007

Chairman's Report: Reflections on 2006



This year's report is a summary of the first year since I took up the chair of BAPEN. It has been an active and enjoyable period.

Achievements and performance of BAPEN

As part of its long-term strategy to prevent and treat malnutrition in all care settings through an integrated health care system, BAPEN has reorganised itself by renewing its relationship with industry, has launched a number of new initiatives and has contributed to other collaborative national initiatives.

Operational infrastructure:

Relationship with Industry: In 2006 BAPEN implemented new agreed arrangements with Industry. For the first time since the formation of BAPEN in 1992, Industrial representatives were no longer part of BAPEN Council. Their activities would focus more on the annual meeting. Despite concerns about possible declining financial support, this has not proved to be the case. Additional income has been forthcoming from BAPEN initiatives, which included sales of BAPEN reports (mainly 'Malnutrition Universal Screening Tool' ('MUST') £50,000, and income from the membership fees of BAPEN Medical.

John Lennard-Jones medal: Since formal procedures for awarding the John Lennard-Jones medal were never established, it was agreed that the Faculty would establish such procedures for use in subsequent years.

Strengthening links with the Nutrition Society: Professor Gary Frost replaced Dr George Grimble as representative of the Nutrition Society and was welcomed to BAPEN Council and the Programme committee. This position, which was re-established following the dissolution of the Clinical Nutrition and Metabolism Group of the Nutrition Society, was made to strengthen links between the two Societies. Reciprocal arrangements by the Nutrition Society were still being explored at the end of the year.

Review of BAPEN's educational training activities: This was undertaken in an attempt to integrate the various initiatives operating within different committees of BAPEN.

Health Economic Report:

BAPEN's Health Economic report was launched and promoted in 2006. It emphasised that the cost of malnutrition was more than £7.3 billion in 2003, greater than that for obesity and disproportionately high (more than half of the total expenditure) for those aged 65 years and over, who account for about 15% of the general population. A cost analysis of randomised controlled studies of oral nutritional supplements also showed net financial benefits in favour of the intervention compared to the control groups (no supplementation), especially for patients undergoing surgery in hospital. The report has been widely cited and its conclusions carefully noted by the Department of Health.

Electronic BANS Report:

For the first year the annual BANS report was uploaded in its entirety onto the BAPEN website and made available for downloading free of charge. In previous years only the summary of the annual BANS report was available for downloading. The change would hopefully facilitate greater access and dissemination of the data. Among the special features in the year's report were dementia and home enteral tube feeding, and the provision of care as children receiving nutritional support become adults. Other data within the report allows a comparison to be made of local practice with the national picture.

Launch of new report 'Malnutrition among Older People in the Community':

Policy Recommendations for Change: This report, which emerged from a working group I chaired, was launched in the House of Commons in May 2006. It was produced by the European Nutrition for Health Alliance, BAPEN, and International Longevity Centre (UK), in collaboration with the Associate Parliamentary Food & Health. It involved collaboration between various agencies including parliamentary, governmental and professional organisations. It provided a visionary model of care, which was subsequently presented in Brussels and other European cities. The launch was high profile and took place in the House of Commons on May 17th 2006. The report can be downloaded from the BAPEN website.

Combating malnutrition:

BAPEN was very busy in 2006 implementing a strategy to increase awareness of nutrition and promoting the implementation of guidelines. Our strategy not only took advantage of the launch of our own reports, but also the NICE guidelines on Nutrition, which were launched in February 2006. The NICE committee, which developed the guidelines, was a multidisciplinary group of individuals, most of whom were also members of BAPEN.

Continued overleaf.

Successful annual BAPEN conference:

Our annual BAPEN conference was held in Brighton, where the participants were welcomed by the Mayor. The programme included topics that ranged from fundamental aspects of nutritional care, such as fluid management (Symposium: 'Managing Water') and modulation of gastrointestinal bacteria in an attempt to promote health (Symposium: 'Pre and Probiotics'), to problems associated with specialised forms of treatment, such as intestinal transplantation and home parenteral nutrition (Symposium: 'Managing Complications in Long-term Parenteral Nutrition'). The mechanisms by which disease and malnutrition develop are of course also very important (Symposia: 'Eating, Illness and the Gut and 'Inflammation Technology: Putting Theory into Practice'), but the organisational infrastructure for dealing with malnutrition in routine clinical practice is equally relevant (Symposia: 'Nutrition Policy, Governance, Safety and Inspection' and 'Malnutrition in the Community'). To address the audience were representatives of NICE, Health Care Commission, and National Patient Safety Agency. The feedback of the entire meeting was very positive.

Widening our influence and links:

We have extended our contacts, engagement and partnership activity e.g. with Age Concern, government (including ministers), National Patient Safety Agency, Council of Europe Alliance (UK), (with BAPEN as a stakeholder), and Emerging Role of Sheltered Housing.

Shared learning initiatives:

To encourage making national malnutrition guidelines a local reality, BAPEN considered using its website to promote examples of good practice, (e.g. those based on recommendations by the Council of Europe, NHS Quality Improvement Scotland, and NICE. Discussions began to take place with NICE about the possibility of also using the NICE website to promote this initiative (NICE-BAPEN shared learning).

Departure of key BAPEN members:

Lynne Colagiovanni, who chaired the programme committee for many years, and Pat Howard, who was a founding member and previous secretary of BAPEN and who represented BAPEN at ESPEN were sadly unable to continue their work at BAPEN. Both had undertaken sterling work and both were previous winners of the John Lennard-Jones medal. They were thanked for their commitment and all their contributions over the years.

Acknowledgement

The above activities and achievements could not have occurred without considerable effort from many individuals, usually working together in the multidisciplinary spirit of BAPEN. I would like to thank all such individuals, especially those who have chaired and participated in committee meetings, and those involved in organising our annual meeting.

Professor Marinos Elia

Chair of BAPEN and BAPEN Trustees

Financial Report

Income and Expenditure

It was a rather shaky start to the 2006 financial year. Following an operating loss at the end of 2005 and some outstanding payments that needed to be made from the Annual Conference, money had to be transferred from the reserve account into the current account to increase the balance. In addition, whilst the new arrangements for corporate membership of the Association had been agreed, likely revenue from industry remained uncertain. The Honorary Officers who are also the Trustees of the Association were therefore delighted that the response from industry was very positive and that BAPEN could once again move forward on a firm financial footing.

Expenditure during 2005 had exceeded income but during 2006 returned to the trend seen in previous years and was less than income resulting in an operating result of £28,580. The balance in the reserve account was £152,112. It continues to be our policy to maintain a strong position in unrestricted funds at a level that equates to 1.5 times annual expenditure.

Total income

Total income was £341,286 (£172,715 excluding income from the Annual Conference), which was 12% more than in 2005. Corporate membership contributed ~35% of the total income which was a slightly smaller proportion than in previous years. However income from Individual Affiliate membership was down and represented only ~1% of the total annual income. This is something that needs to be addressed next year. Income from publications and working party reports was considerably higher in 2006 than in previous years and came mainly from sales of 'MUST' materials and the Health Economic Report, which was published at the end of 2005.

Total expenditure

Total expenditure amounted to £317,041, a decrease of ~6% compared with 2005. The main cost drivers remain the Communications and Liaison Committee, the BANS Committee and the BAPEN Office. Expenditure on communications during 2006 increased by ~25%. One reason for this was that this year expenditure included the costs of printing reports and publications and improvements to the BAPEN website. Another reason was the increased expenditure on public affairs and media activities. The increasing awareness of the importance of nutrition within healthcare, government and the media resulted in increased media activities and increased costs for the services provided by Rhonda Smith, the media co-ordinator. Expenditure on BANS was contained this year due to reduced travel costs

and the decision to make the Annual BANS Report available electronically rather than as a printed document.

This year the costs of providing financial support and for bookkeeping transferred to the BAPEN Office thereby increasing running costs.

The 2006 Annual Conference was held in Brighton, a more expensive venue than recent years. However due to tight financial control, it managed to make a small surplus.

VAT

The Association has been in discussions with HM Revenue & Customs for some time regarding its VAT liability on educational activities. Agreement was reached in the early part of 2006 which resulted in the need to pay the output tax on conferences going back to 2003. BAPEN is now liable for VAT on all educational activities and the proportion of membership fees that relate to educational benefits. Whilst we are able to reclaim VAT on expenses incurred relating to educational activities, we have had to declare VAT on registration fees and a proportion of the membership fees.

Auditors

The 2006 accounts have been audited by Hale & Company, 14 Crauford Rise, Maidenhead, Berkshire SL6 7LX. The information given in this report is consistent with the financial statements in the audited accounts. Full copies of the accounts are

available on request from the BAPEN Office. 2006 has been a year of financial change and uncertainty and I would like to thank my fellow Executive Officers, Council members and Chairs of Committees for tightening the reins and seeking ways of working more cost-effectively.

Looking forward to 2007

It is hoped that next year a number of initiatives will be progressed to help reduce operational expenditure. Plans are in place to develop electronic reporting for BANS which whilst this will increase costs initially will result in reduced running costs once established. Similarly, we aim to reduce the number of printed issues of In Touch and introduce e-News; an electronic version of the newsletter. During discussions with our industry partners at the Annual Conference we were pleased to learn that they were happy with the new arrangements for sponsorship and membership of BAPEN and trust that they will support us to the same extent in 007. However we will need to address the issue of income from individual membership.

I should like to thank the BAPEN Office for the support they have given me during my first year as treasurer and apologise to the Officers and Council for my endless efforts to get them to understand VAT.

Christine Russell
Honorary Treasurer



Advisory Faculty of BAPEN Annual Report

Members

Professor David Silk, Chairman
Professor Simon Allison
Mr. Ken Cottam

Previously Professor Marinos Elia was a member of Faculty but has leave of absence during his Chairmanship of BAPEN.

Activities

The Faculty continues to oversee the activities of BAPEN. The Faculty continues to consider issues of independent research funding and provides any advice to the Officers and Council of BAPEN as required. Specifically the Faculty has advised BAPEN that it should consider submitting an application to host the 2012 ESPEN meeting in London. It is likely that an application will be placed by the year ending December 2007.

Professor David Silk
Chairman of Faculty

Trustees

The following were Trustees of BAPEN during the period:

Prof Marinos Elia
Dr Penny Neild
Mrs Christine Russell

Governing Council

The Governing Council of B.A.P.E.N during the period were:

Prof M Elia	Honorary Chairman
Dr P Neild	Honorary Secretary
Mrs C Russell	Honorary Treasurer
Dr S Gabe	Honorary Senior Officer & BAPEN Medical
Mrs C Wheatley	Honorary Senior Officer & PINNT

Ms J Bayes	PINNT & LITRE
Ms V Todorovic	PENG & Communications & Liaison
Mr P Turner	PENG
Ms A Cartwright	NNNG
Mrs L Colagiovanni	NNNG & Programmes (until 01/11/06)
Miss R White	BPNG

Ms J Eastwood	BPNG
Prof J Powell-Tuck	BAPEN Medical
Dr I Fellows	Education & Training
Dr B Jones	BANS & HPN Services
Dr A McKinlay	MAG & Scottish Representative
Dr J Nightingale	Regional Representatives
Prof A Pierro	Research & Science
Mrs P Howard	ESPEN Liaison Officer (until 01/11/06)
Dr J Schaffer	ESPEN Liaison Officer (w.e.f 01/11/06)
Dr M Stroud	SB&NS of BSG & NICE Liaison Officer, (Programmes w.e.f 01/11/06)
Dr G Grimble	Nutrition Society (until 01/11/06)
Prof G Frost	Nutrition Society (w.e.f 01/11/06)
Dr M Dalzell	BSPNG
Prof R Griffiths	ICS
Mr R Wilson	Food Liaison Officer

Place of principal office

BAPEN Office, Secure Hold Business Centre, Studley Road, Redditch, Worcestershire B98 7LG.

Committee Reports

BANS

Chair and members

Dr. Barry Jones (Chairman)
Ms. Christine Holden (Secretary)
Prof. Marinos Elia
Dr. Rebecca Stratton
Dr. Nigel Meadows
Mrs. Carolyn Wheatley
Ms. Carole Glencorse
Mrs. Ann Micklewright
Mr. Geoff Cooke
John Kennedy (replacing Angie Davidson)
Janet Baxter
Dr. Mark Dalzell
Lynn McCready
James Astrop
Lucy Thompson (replacing Jackie Eastwood)

Key objectives for the year

- To pilot electronic reporting
- To obtain Patient Information Advisory Group (PIAG) approval for the operation of BANS, particularly in regard to patient confidentiality and procedures for consent/assent in collection of data
- To consider pseudo-anonymisation via SUS (Secondary Uses Services, Connecting for Health)
- To develop information leaflets and consent forms for adults and children (parents/guardians) for HETF/HPN to support e-BANS
- To set up e-BANS website (www.e-bans.com)
- To publish 2006 report on 2005 data by Autumn 2006 in time for BAPEN conference
- To provide strategic postcode data to NSCAG to be analysed by new and old SHAs to demonstrate continuing inequity of access to Adult HPN
- To repeat previous year's data collection from commercial homecare companies as corroborative data to compare with BANS data

- To undertake intravenous catheter sepsis audit
- To encourage more reporters/reporting via e-BANS

Key outputs for the year

- Electronic publication of BANS report of 2000-2005 data prior to BAPEN Meeting November 2006
- Successful submission to PIAG giving provisional Section 60 support for one-year subject to review and progress towards consent or pseudo-anonymisation
- Audit of Catheter sepsis repeated with NNNG support. 101 responses. Data still to be analysed
- Savings on electronic publication instead of paper
- Successful anonymous data collection from commercial homecare companies via good offices of Janet Baxter. These indicate significant shortfalls in reporting nationally

Looking to 2007

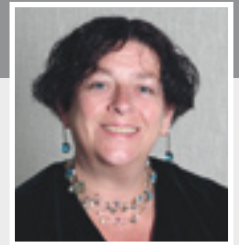
The extra work required to achieve PIAG recognition is considerable and detracts from other aspects of BANS. Christine Holden will be stepping down in November and we will need a paediatric nurse to replace her. Similarly, Mark Dalzell has come to the end of his stay. The need for paediatric input remains as strong as ever, particularly now that BIF has been launched by BSPGHAN. BANS will need guidance as to whether a paper publication can be afforded and whether it is regarded as necessary.

It is hoped that the introduction of an electronic system for reporting and data collection will facilitate processes for the large number of members up and down the country, whose hard work has contributed to the ongoing success of BANS.

Dr. Barry Jones
Chairman of BANS



Communications and Liaison Committee



Members of the Committee at end of 2006

Vera Todorovic (Chairman)
Carole Glencorse
Justine Bays
Allan Cosslett
Jane Fletcher
Rick Wilson
Rhonda Smith

Key objectives for the year

- To focus on delivering internal and external communications together with the media/PR Officer of BAPEN
- To continue to promote the BAPEN Newsletter and Website as principal sources of communication

Key outputs for the year

- There have been regular Committee meetings during the year and a variety of activities have been undertaken
- The newsletter has continued to develop over the year as a result of the many ideas generated by the Committee. There were 6 editions of the Newsletter
- The website has been redesigned to make site navigation easier and to include a members' section that will be the focus of future development

- Developing the BAPEN poster boards for the annual conference. The topics highlighted were BANS and health economics relating to malnutrition in the community
- Developing initial guidance on licensing the use of 'MUST' for non health and social care organisations

Objectives for 2007

- To revise the business action plan in line with the current priorities of BAPEN
- To continue to update the website and consider electronic payments for publications and the annual conference
- To develop and electronic version of InTouch to complement the hard copy version
- Update the corporate image of BAPEN
- Develop new poster boards for the BAPEN Annual Conference 2007 including identified key clinical messages

I would like to extend a personal thank you to all the members of the Committee, past and present who have worked so hard to make sure that our communication channels remain effective.

Vera Todorovic
Chair, Communications and Liaison Committee

Media

During 2006, Rhonda Smith's work as Media Co-ordinator for BAPEN was extended to devote extra time to the development of the charity with a number of key initiatives, such as the Annual Conference, as well as supporting the charity's external and media relations.

Whilst the additional aims of attracting extra recognition and funding have been key, the core aims of Rhonda's work have continued to be:

- To contribute to making BAPEN better known within policy and professional circles so that the organisation is involved in discussion with government and professional agencies
- Raising awareness of BAPEN's own activities, products and initiatives among professional and public audiences via the media, one-to-one briefings and attendance at external meetings where appropriate

Considerable success has been achieved in these areas with new Industry members joining and supporting BAPEN, a new Resource Centre established at the Annual Conference, new partnership working initiated with a wide range of stakeholders, and considerable media coverage achieved for BAPEN and on its key issues.

2006 was a very busy year again for nutrition in the media – but highly successful for BAPEN. Continued coverage of BAPEN's Health Economic Report started off the New Year, closely followed by the launch of the NICE Guidance on Nutrition Support for Adults in February when BAPEN statistics and BAPEN spokespeople were in great demand with the broadcast, national and specialist press.

Attention stayed focused on nutrition and malnutrition as BAPEN attended meetings with Paul Burstow MP and the Care Services Ministers, Liam Byrne

MP and Ivan Lewis MP. A Westminster Hall debate instigated by Paul Burstow kept up the pressure and the interest.

The launch of the BAPEN co-produced and developed 'Malnutrition among Older People in the Community' Policy Report with the ILC-UK followed in May. Held at the House of Commons, the launch attracted significant attention among policy-makers and continued to be influential as the year progressed.

The disbanding of the 'Better Hospital Food' campaign, the launch of Age Concern England's 'Hungry to be Heard' campaign and the results of Scotland's first inspection of food & fluid standards provided BAPEN with further opportunities to express its views and have its voice heard in public, professional and policy circles.

The 2006 BAPEN Conference in Brighton resulted in significant media interest and coverage of topics as far-reaching as nutrition education, malnutrition in the community, malnutrition and mortality (BBC TV coverage) and progress on the implementation of NICE guidance.

The development, partnership and media work in 2006 laid the foundations for many new initiatives in 2007 including BAPEN's own Nutrition Screening Week, and the Department of Health's Nutrition Action Plan and the '10 Key Characteristics of Good Nutritional Support in Hospital' by the Council of Europe UK Alliance. BAPEN is a key stakeholder in both these initiatives.

Rhonda Smith
Media Co-ordinator



Malnutrition Action Group

The Malnutrition Action Group (MAG) has been going through a period of re-evaluation. Most of our work has been around supporting a number of issues in malnutrition including the Department of Health working party on malnutrition in older people. Both Vera Todorovic and Alistair McKinlay attended the workshops held at the DOH which culminated in an action plan to be published shortly.

The Malnutrition Universal Screening Tool continues to be widely used throughout the UK and Europe and I am very grateful to Christine Russell, Vera Todorovic and Rhonda Smith for continuing to answer many enquiries relating to this.

At Council it was felt that the role of MAG needed to be reconsidered, particularly with the many initiatives currently underway nationally to address malnutrition, particularly in hospitals and care homes. The Council will consider whether a new group needs to be formed to deal with some of these issues. I have now demitted the office of Chairman and would like to thank all the members of the committee who have helped over the years.

Dr Alistair McKinlay
Chair of MAG (until November 2006)



Hospital Food

Members

Rick Wilson, British Dietetic Association (Chair)
Council of Europe Alliance (UK) Group - Government
Council of Europe Alliance (UK) Group - Non-Government
British Dietetic Association
Food Counts!
Hospital Caterers Association
Royal College of Nursing
Royal College of Physicians
Royal College of Speech & Language Therapy
National Association of Care Caterers
British Medical Association
British Association for Parenteral and Enteral Nutrition
Intercollegiate Group on Nutrition Education
Nutrition Society
National Patient Safety Agency
Department of Health
Scottish Executive – QIS
Welsh Assembly Government
Department of Health, Social Services and Public Safety NI

Key objectives for the year

Agreement on implementation 'Action Plan'

Key outputs for the year

'Action Plan' agreed with implementation plans in five major areas:

- Education
- Screening

- Protected Mealtimes
- Awareness raising
- Patient safety with regard to food and fluid

Work on improving hospital food has focused on the implementation of the Council of Europe Resolution on Nutritional Care this year. Across the UK problems related to food and beverage services and nutritional care in our hospitals continue to be of great public concern. In August 2006 Age Concern published a report called 'Hungry to be Heard'. The report highlighted the problems patients have getting the help and assistance they need to eat and drink. It also raised concerns from ward staff that they did not have sufficient time to provide the assistance needed.

The Patient and Public Involvement Forum also published a damning report in September on their impression of hospital food and beverage services.

The Alliance group is of the view that these problems can only be resolved if all the caring professions and the Government agencies concerned have a common vision for the service they would like to see. The Council of Europe's Resolution on this matter provides such a vision and the Alliance group will continue to work with Government, professional bodies and patient groups across the UK to get these recommendations implemented.

Rick Wilson

Hospital Food Liaison Officer



Regional Representatives

The Regional Representatives group has been restructured and now consists of a representative from each of 14 "regions" in the United Kingdom. There have been minor changes in the titles of some regions in England, which has 11 BAPEN regions. An industry representative (Carol Glencorse) is a new appointment to the group and a secretary from within the group has been appointed (Janet Baxter). The regional representatives meet twice a year for a short meeting at the BAPEN conference and for a full day's meeting in the spring. These meetings aim to update the regional representatives about BAPEN's activities and also cover other areas relevant to their roles.

A "terms of reference" document has been produced and summarises the aims of each regional representative. These are as follows:

- To improve the nutritional care of all patients within the region by providing a forum for education and training about malnutrition (its prevention, detection and treatment) in line with BAPEN's strategy and local needs
- To help raise awareness about the role of malnutrition in those health care workers who are largely unaware of its relevance to their practice
- To facilitate/advise any group within the region planning an educational event about nutritional care and be able to advise on suitable speakers
- To be a media contact point for any "breaking" stories and to inform healthcare workers within the region about current major issues relating to malnutrition. This will usually be under the guidance of BAPEN

- To keep a list of names/addresses of all those within the region with an interest in malnutrition and to keep a list of hospitals within the region that have nutritional support teams
- To promote BAPEN and its aims within the region, encourage people to join BAPEN and to generate surplus income to contribute to the charitable aims of BAPEN

A main role of each regional representative is to hold at least one annual multidisciplinary regional meeting. The most important information that every regional representative needs is a list of the names and contact details of everyone within the region who has an interest in the care of patients needing nutritional support. He/she can then email out plans for regional meetings/events and also invite comments. BAPEN itself is keen to help with the organisation and financial issues as summarised in "Terms of Reference".

To achieve these aims:

- We have asked "In Touch" to ask for all those interested in nutritional support to email their regional representative with their contact details
- All representatives are encouraged to use the BAPEN financial arrangements for their annual meeting. The process involved will be audited and improved at the Regional Representatives meetings
- A list of speakers and their topics will be compiled and circulated to Regional representatives so they may invite appropriate speakers from the UK

Dr Jeremy Nightingale

Chairman of Regional Representatives

Research and Science Committee

Members

Professor Agostino Pierro (Chair)
Professor Mike Allwood
Dr. Renny Leach
Professor Mike Lean
Professor Mike Rennie
Lin Perry
Professor Graham Sewell
Mr. Gordon L. Carlson

Professor Philip C. Calder
Dr. Jane Hawdon
Dr. Elizabeth Weekes
Dr. Lucio Fumi

Activities

- Liaison with the Programmes Committee with regard to suggested topics for Annual Conference
- Judging of awards (e.g. Nutricia award)
- Reviewing and judging of abstracts for Annual Conference

Education and Training Committee



Members

Dr. Ian Fellows (Chairman)
Ruth Newton
Ruth McKee
Carolyn Wheatley
Carole Glencorse
Tim Sizer
Kirstine Farrer

Key Objectives and outcomes

The Education and Training Committee held a meeting on June 1st, 2006. The outlined work for the year was largely fulfilled:

- Development of a multi-disciplinary education and training symposium at the BAPEN Annual Conference in Brighton, November 2006
- An interactive symposium on management of water balance in patients after injury was held at this meeting and was well attended with positive feedback. Dr's Andrew Webb and Tom Clutton-Brock, and Mr Dilip Lobo spoke at this session

- Development of a regional and distance-learning based course in clinical nutrition for nutrition support teams
- Further planning of a joint BSG/BAPEN symposium on the education of Gastroenterology specialist registrars in clinical nutrition, planned for March 2007
- Joint work with other BAPEN members on updating BAPEN publications on Practical Nutritional Support and Food in Hospitals
- The Chairman (IWF) joined the group led by Professor Jeremy Powell-Tuck in completing the update and fusion of these two BAPEN documents

Ian Fellows

Chairman, BAPEN Education and Training Committee

ESPEN

2006 was a busy year for ESPEN, including the eagerly anticipated appearance of the guidelines on enteral nutrition, which were published in Clinical Nutrition. These were very well received and promise to contribute a valuable and well-researched resource for use of practitioners in nutrition.

The annual conference was held in Istanbul, Turkey. It was, as always, well attended and included a wide range of symposia and satellite meetings with many keynote international speakers.

Three other issues to note include:

- Block membership: the proposed extension of ESPEN block membership at reduced rates (as per BAPEN) to societies in USA, Canada, South Africa, Australasia and Japan was regarded by many as an acknowledgement that ESPEN's is THE premier world-wide meeting of the year, although not all agreed with this analysis. BAPEN members and others contribute a great deal to the science and education of ESPEN, but the continued relative lack of UK members is disappointing. Some BAPEN colleagues have suggested that ESPEN is not relevant to their work or practice.

Any feedback regarding this, as well as any thoughts/suggestions would be gratefully received.

- ESPEN's Life-Long Learning (LLL) courses are getting off the ground, hoping to result in a university accredited degree (M.Sc.) More details are available for those interested members
- 2012 is OLYMPIC year in London – why not ESPEN year in London as well! BAPEN has submitted a letter of intent to bid for the conference. Watch this space!

Dr. John Shaffer

ESPEN liaison officer

Founder Groups Report

PENG

PENG membership continues to be approx 500 members.

PENG held their AGM at the annual BAPEN conference at Brighton in November. This included presentation of the PENG award, sponsored by Fresenius Kabi and Abbott Nutrition. The winner was Kirstine Farrer, a Consultant Dietitian from Hope Hospital Salford, who presented an abstract on intestinal failure at the conference.

PEN Group's summer meeting was a 2-day event held at William Goodenough House, London, and attracted over 100 delegates. The title of the meeting was "Beyond the Clinical Update – Current Controversies in Nutrition Support Practice". There were very eminent speakers who promoted lively debate.

The PENG clinical handbook has been extensively revised throughout 2006 and new sections on access routes, parenteral nutrition, screening and acid base balance are about to be launched. All current PENG members will be given a complimentary copy of the handbook with the new sections. For details of this and all other PEN group publications for sale please see www.peng.org.uk. PENG also plan to continue to develop the material within the clinical handbook to ensure that it remains an up-to-date, evidence-based reference document. The group also started to look at the possibility of electronic versions of the handbook for palm tops and PCs.

The subject of macronutrient requirements in illness remains a controversial subject and PENG started a large-scale project to produce scientifically validated energy expenditure formulae and stress factors. The project is being led by Clare Soulsby, who can be contacted at Clare.Soulsby@bartsandthelondon.nhs.uk

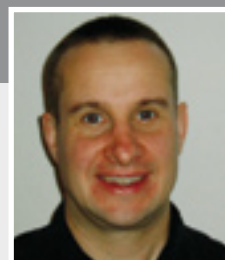
PENlines, the PENG newsletter, continues to be sponsored by Nutricia Clinical Care, with 2 editions in 2006. Back copies can be found on the website www.peng.org.uk which also contains details of membership and contact details for PEN committee members.

PENG played an active role in national conferences in 2006. This included organising and participating in a very successful and well-evaluated symposium at the BAPEN congress in Brighton entitled "Inflammation Technology – Putting Theory into Practice". The symposium prompted much debate on the subject of macronutrient requirements in the critically ill. In addition PENG ran a parallel session at the BDA conference in London on education and continuing professional development with particular respect to the PENG Clinical Update Course.

The PENG Clinical Update, a postgraduate BDA-validated course for dietitians working in nutrition support, successfully took place in Edinburgh during June 2006 with 69 delegates participating. Ailsa Kennedy took over as the current course leader - she can be contacted at Ailsa@geoffholdgate.wanadoo.co.uk regarding the 2007 course which will be held at Queen Margaret University College, Edinburgh in June 2007. The Group started looking into the possibility of taking the course to Masters level.

Pete Turner

Chair of Pen Group 2006



We are pleased to say that we have again been able to support our members with advice and information, and also work with those in the wider community of artificial nutrition.

In February 2006 we launched the new look of our quarterly newsletter for our members, 'Online'. Much effort was put into the design and feedback from members was very positive. The generosity of industry meant that each issue could be sponsored by a different company. We have been very grateful to the support given to us, in particular by Vygon, who have again chosen us to benefit from their Enteral Study Days.

PINNT was instrumental in helping the launch of a charity concerned with Pseudo-Obstruction called PORT (Pseudo-Obstruction Research Trust).

In June we held our AGM at Cambridge. We were honoured to have Dr Jeremy Woodward, Consultant Gastroenterologist at Addenbrookes, give the keynote lecture. Two of our members spoke about the challenges of living with a long-term illness, and the reality of being a parent and carer of a child with multiple disabilities who is on artificial nutrition. We were pleased that industry was able to come along and support us, in particular the pump companies, who gave presentations, which enabled patients to see at first-hand the possible replacements for the Baxter 6060.

A lot of our work was concerned with the withdrawal of the Baxter 6060 pump. Many of our members were very distressed about losing the pump, and

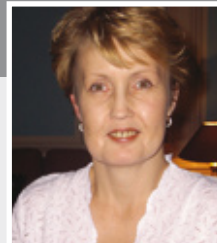
PINNT was very keen that patients were given plenty of support. PINNT worked with all the companies offering potential replacements: Hospira (Gemstar); Smiths Medical (CADD VIP); McKinley (Bodyguard 323); and Micrel (Rhythmic). The new pumps started to be issued to patients in September 2006 and from the beginning there were problems. Unfortunately pumps and their kit were issued whilst developments were still in progress, which meant that many patients faced difficulties which they should not have done. PINNT will continue to lobby the companies for the best quality product that meets the patient's needs.

PINNT is a member, along with BAPEN, of the Specialised Healthcare Alliance (SHCA), and we sent a letter as requested by the SHCA, in response to the 'Review of Commissioning Arrangements for Specialised Services'.

PINNT was able to send three delegates to the BAPEN Annual Meeting in Brighton.

We began to plan our 20th Anniversary Event, which is due to be held in June 2007.

Justine Bayes
General Secretary, PINNT



NNNG

I think writing this update will probably be my last job as chair of the NNNG - but then I keep saying that and something else keeps coming along - because as most of you know I actually stood down at BAPEN last year.

2006 was a year of ups and downs for the NNNG. After organizing two very successful 2-day conferences in past years, we decided to stick with a good thing and do the same again. Disappointingly, due to low delegate numbers we had to cancel the planned conference. I don't think this is a reflection of our programme, but rather the difficulties nurses face in trying to get study leave. However, undaunted we forged ahead with plans for 2007... but more of that in my successors' report next year!

This year saw the launch of the long-awaited NNNG website www.nnng.org, designed using a 'How to set up a website for beginners' book by Kate Pickering. Where she found the patience from I don't know! I'm pleased she did though because it's turned into a great resource, lifting our profile and making the Group accessible to those outside of the nutrition support world.

Our web-based chat group continues to go from strength to strength with members sharing practice and experiences. We get between 30-90 hits per month and this is growing all the time. It's a great way for the Committee to keep in touch with the membership.

Our representation on BAPEN working parties etc continues and we've also been working with the NPSA on a variety of topics. We were also delighted to be represented at the 'Nutrition Summit' chaired by Health Minister Ivan Lewis.

No Chairperson can work in isolation and I was extremely lucky to work with a group of committed and motivated colleagues, in particular my 'right hand man' Andrea Cartwright, who has taken over as Chair. I'd like to wish her and the new Committee all the best for the future.

Lynne Colagiovanni
Chair of NNNG

BPNG

Once again education was the main focus of the BPNG's activities. 2006 was a challenging year and despite the increasing restrictions on study leave and funding throughout the NHS, delegate numbers were sufficient to allow effective discussion. Thanks are owed to the BPNG corporate members and exhibitors.

The 'Fundamentals in Parenteral Nutrition' study day in April, held in Birmingham, was a great success with a record attendance and positive feedback from delegates. This study day programme is now a regular fixture in the BPNG educational programme and provides a comprehensive introduction to adult parenteral nutrition. The day covers all aspects, from indications for PN through to ethical considerations. The multiprofessional speakers are drawn from specialist centres throughout the UK.

The Summer Symposium, in June, focussed on paediatric nutrition and drug therapy in nutrition. The high-profile speakers from all professions added their expertise to the two-day programme,

with the Allwood-Hardy medal lecture being given by Professor David Cousins, Head of Safe Medicines Practice for the NPSA.

The BPNG/NNNG session at BAPEN focussed on complications of HPN and had excellent presentations by Dr Gabe, Dr Shaffer, Dr Middleton and Mrs Harper from the two Intestinal Failure Units at Manchester and St Mark's and the Intestinal Transplant Unit at Addenbrooke's.

Rather than competing with other pharmacy organisations for delegates, we decided to support our colleagues and ran a session at the UKCPA meeting in Leicester in November. This was an ideal opportunity to convey the role that every pharmacist can play in optimising nutrition therapy.

February 2006 saw the publication of the NICE guidance on nutrition. Two BPNG members, Vicky Bradnam and Bruce McElroy, provided input into the guidance.

During the year the BPNG were involved in the development of the NPSA guidance on wrong route errors.

BPNG committee members continue to be actively involved in all BAPENs standing committees.

The close of the year saw the publication of the BPNG Handbook of drug administration via enteral feeding tubes by Pharmaceutical Press. This long awaited publication has since been endorsed by the NPSA and added to the recommended texts to be held by hospital medicines information units.

Rebecca White
Chair of BPNG



Clinical Nutrition and Whole Body Metabolism Theme of the Nutrition Society

2006 has been a year of great structural re-organisation within the Nutrition Society, with the separation of the learned society from the professional and regulatory arm. It is hoped that the strong links with BAPEN previously enjoyed, will continue and flourish within the new organisational framework.

Key outputs for 2006

- The Nutrition Society Symposium at BAPEN conference. 'Eating, Illness and the Gut – disorder in the House' featured three international keynote speakers; Professor Langhans from the Institute of Animal Sciences, Switzerland ('Signals Which Generate Anorexia During Acute Illness'), Professor Susan Schiffman from Duke University Medical Centre, USA ('Critical Illness and Changes in Sensory Perception') and Dr. Isobel Davidson from Queen Margaret University College, Edinburgh ('Strategies to

Improve Ingestive Behaviour')

- The Sir David Cuthbertson Medal Lecture was delivered by Dr. Denise Robertson of the University of Surrey, entitled 'Metabolic Cross Talk Between the Colon and the Periphery: An Integrated Approach'
- The Nutrition Society continues to publish the BAPEN abstracts and symposium proceedings in the Proceedings of the Nutrition Society

Looking to 2007

Professor Gary Frost from the University of Surrey was appointed in 2006 as Theme leader and Liaison Officer between BAPEN and Nutrition Society with a seat on BAPEN Council. It is hoped that as the Nutrition Society settles into its new structure, links with BAPEN will be re-defined and strengthened, including plans for a BAPEN symposium within the Nutrition Society Summer meeting in due course.

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Medical

Chair and members

Professor Jeremy Powell-Tuck (Chair)
Dr Tim Bowling (Hon Sec)
Dr Simon Gabe (Hon Treasurer)
Dr Emma Greig
Dr Michael Colley
Dr David Lloyd (Junior Rep)
Dr Nicola Simmonds (Distance Learning)

Key objectives for the year

- Hold first BM teaching meeting
- Explore the development of a distance learning facility on Nutritional Support for Doctors
- Work with other groups towards a consensus approach to saline therapy
- Support a scientific session at the BAPEN Annual Conference

Key outputs for the year

- The first BM teaching meeting was held on Wednesday September 13th 2006 at QMUL, London. It attracted about 40 delegates and was well received in subsequent appraisal.
- A BAPEN Congress session on Pro-biotics was chaired by Professor Powell-Tuck. Talks included those given by Dr James Lindsay (Barts and the London) Pre and Pro-biotics in Inflammatory Bowel Disease: Progress Report, Dr Kevin Whelan (Kings): Enteral Tube Feeding Diarrhea, Probiotics and Prebiotics and Professor Glen Gibson (Reading) "Gut Health, Prebiotics and Probiotics: Fads, Facts, Fiction or Function. Two original presentations were also included in the session

Looking Forward to 2007

After extensive negotiation BAPEN Medical has now become firmly placed as an example within BAPEN of a Core Group whose membership includes not only the group but also formal individual affiliation to BAPEN itself. This means that BAPEN Medical membership directly financially benefits BAPEN. We believe this is a model which other founder groups should consider too. Terms of Reference for BM are being developed to co-ordinate with the BAPEN Constitution and should be completed in 2007.

We have plans for another teaching day in 2007, aiming to deliver it on the day before the BAPEN Annual Conference in order to make it easy for attendees to stay on for the Annual Conference. We plan to have an informal dinner that evening to cement relationships between members and newcomers to the group.

We plan to support two sessions in 2007 at the Annual Conference, in close liaison with the Nutrition Society. These will be on the broad theme of Nutrition and Cancer.

In response to requests at the AGM to develop distance learning in Nutritional Support, Dr Nicola Simmonds has joined the committee. Nicola has special expertise in distance learning and will be leading this project. She will be seeking to link the BAPEN Medical initiative with existing BAPEN plans co-ordinated through the BAPEN Education Committee, and will also have an eye towards the distance learning packages emerging from ESPEN.

BAPEN Medical has an objective to "reach out" beyond our own membership to other societies in order to foster improved nutritional support. Consistent with this has been our efforts to make our research meetings and conference symposia broad in appeal, bringing together specialties which include Gastroenterology, Gastro-intestinal surgery, Intensive Care, Hepatology, Endocrinology and Metabolism. We have come together with the Intensive Care Society, the Association of Surgeons, SARS, the Renal Association and others to work towards a consensus on optimising saline therapy in the post-operative period – a most important component of post-operative nutritional support. The first meeting of a steering committee was held in London on the 18th October 2006 under BAPEN Medical Chairmanship, and plans were laid for consensus development based upon a meeting to be held in March 2007. The consensus developed was to be extended by including this subject in sessions to be delivered at the Association of Surgeons meeting in Manchester 2007, and the Intensive Care Society in London 2007.

Professor Jeremy Powell-Tuck, Chair of BAPEN