

BAPEN

2007–2008

annual report



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British Association for Parenteral and Enteral Nutrition

A multi-professional association and registered charity established in 1992. Its membership is drawn from doctors, dietitians, nutritionists, nurses, patients, pharmacists, and from the health policy, industry, public health and research sectors.

Principal Functions

- Enhance understanding and management of malnutrition.
- Establish a clinical governance framework to underpin the nutrition management of all patients.
- Enhance knowledge and skills in clinical nutrition through education and training.
- Communicate the benefits of clinical and cost-effective optimal nutritional care to all healthcare professionals, policy makers and the public.
- Fund a multi-professional research programme to enhance understanding of malnutrition and its treatment.

BAPEN is a Registered Charity No: 1023927.

Chairman's Report

PROFESSOR MARINOS ELIA
CHAIR OF BAPEN AND TRUSTEES



In my second year as chairman of BAPEN, I am pleased to report that BAPEN has initiated some new national projects and established collaborations with governmental and non-governmental organisations in its continuing fight against malnutrition. It has also had a particularly successful annual meeting in Harrogate. BAPEN's achievements and performance in 2007 are summarised below.

Achievements and performance of BAPEN Nutrition Screening Week

BAPEN's Nutrition Screening Week in September 2007 was the first prospective UK survey examining the prevalence of malnutrition on admission to hospitals and mental health units, as well as residents admitted to care homes in the preceding six months. It was the result of an organised, coordinated effort by BAPEN in collaboration with the British Dietetic Association and the Royal College of Nursing. There was also endorsement and support from the National Patient Safety Agency, the Department of Health and Ivan Lewis, Care Services Minister, the Welsh Assembly Government, the Scottish Government and the Chief Nursing Officer of Northern Ireland. The results were analysed, briefly reported at the BAPEN annual conference, and plans were made to publish a report in 2008. Centres that participated in the survey had their results analysed individually with the view to providing feedback close to the time of publication of the main report, so that the local centres could benchmark their results against the national picture.

Meeting with Minister of Care Services

A private meeting was held between Professor Marinos Elia (facilitated by Rhonda Smith) and the Under Secretary of State Mr Ivan Lewis MP, Minister of Care Services, who was leading the Dignity of Care Campaign, to discuss the proposals of the Nutrition Action Plan. The meeting was also attended by Rachael Swallow who was drafting the document on behalf of the Department of Health. BAPEN's views on various issues were considered for inclusion in the report, which was expected to be published later in the year. There was support for BAPEN's Nutrition Screening Week, which was to be advertised and actively promoted on the Department of Health website.

National Nutrition Action Plan

The National Nutrition Action Plan was the result of a joint initiative between government and national organisations, of which BAPEN was prominent. The publication in October 2007 of Improving Nutritional Care: A joint Action Plan from the Department of Health and Nutrition Summit stakeholders, reflects the input of BAPEN.

BAPEN and BAPEN-NICE Shared Learning Initiative

To aid implementation of nutrition guidelines produced by NICE, NHS Quality Improvement Scotland, and Council of Europe BAPEN established a shared learning initiative. This involved encouraging all Trusts hospitals and wards to share their experience in implementing nutrition guideline. These would be judged by a BAPEN panel of experts. Successful applications would be uploaded onto the BAPEN website and also submitted to NICE for their independent evaluation and uploading onto their website. A successful application can be viewed on the BAPEN website: www.bapen.org.uk

BAPEN Annual Conference

This was generally considered to be a very successful annual meeting with the highest but one delegate attendance (727) in the history of BAPEN, and over 200 more than the previous year. Local Officials and VIPs from Harrogate, including the mayor of Harrogate, were there supporting our event. The programme included a blend of scientific and governmental presentations. One stand in the 'Resource Centre' in the exhibition hall was taken up by the Department of Health (Core Learning Unit). Sally Pickles, leading on the development of the Core Learning Unit's modules on clinical nutrition took advice on the educational needs of NHS staff who attended the meeting. The Resource Centre also included a demonstration of BAPEN's OFNoSH information package which had recently been launched (see below).

Educational Activities

In 2007, further re-evaluation of BAPEN's activities were undertaken in an attempt to streamline and increase the impact of various BAPEN educational initiatives. Dr Penny Neild, former secretary of BAPEN, was appointed as the Education and Training Co-ordinator to help develop BAPEN's educational strategy and integrate activities not only internally but also within external educational initiatives.

Organisation of Food and Nutritional Support in Hospital

On 31st October 2007, BAPEN launched its web-based information resource, aptly named OFNoSH. This resource, developed under the chairmanship of Professor Jeremy Powell-Tuck is intended

to support Hospital Trusts respond to the challenges laid down in the 10 key characteristics of good nutritional care based on the Council of Europe recommendations. It involves the establishment of an organisational infrastructure to combat malnutrition in the hospital setting.

Preparation of educational modules

BAPEN Medical, under the lead of Dr Nikki Symonds was busy preparing, educational material for doctors.net, and the Education and Training Committee was reviewing its material for nutrition support teams and developing it as distance learning modules. Discussions also began between BAPEN and Glasgow and Clyde NHS Trust (via Professor Rosemary Richardson) about collaborative venture of an interactive e-learning module for implementation of 'MUST' in hospitals and care homes. Professor Marinos Elia was recruited as advisor to the educational modules that were being developed by the Core Learning Unit (Department of Health).

Research and Science

The Research and Science Committee once again judged the Nutricia-BAPEN award, which was presented at the BAPEN annual meeting.

Professor Agostino Pierro, chair of the Research and Science Committee, informed us towards the end of the year of his intention to step down as chair of the Committee, a position he has held for many years. He was thanked for all his work and invitations for the new post were announced.

BANS

BAPEN continued to undertake the British Artificial Nutrition Survey, a national audit of nutritional care in the UK, under the chairmanship of Dr Barry Jones and work commenced on the development of e-bans and electronic reporting system. The procedure for obtaining data from individual patients according to post-codes was discussed with Patient Information Advisory Group (PIAG), which is concerned with confidentiality issues. The issues were being addressed by Dr Barry Jones. Apart from publishing its annual report, BANS data were conveyed to the DoH to help plan a national strategy for Home

Intestinal Failure Network (HIFNET). A policy report was expected to be launched in 2008.

'MUST'

The growing interest in the 'Malnutrition Universal Screening Tool' ('MUST'), led to discussions between members of BAPEN and the Department of Health (Connecting for Health), who expressed an interest in incorporating 'MUST' into its software (NHS National Programme for IT (NP6)). These aimed to establish a contract between BAPEN and the Minister of State for Health in 2008. Interest in 'MUST' was also expressed by a steady stream of requests for copyright permission to reproduce 'MUST' in a range of publications and continued sales of 'MUST' documents and other educational material to aid implementation of 'MUST'. It became clear that BAPEN needed to protect its intellectual property relating to 'MUST' and issue a licence for use of 'MUST' for commercial gain.

Home Parenteral Nutrition Network (UKHPN Group)

A Home Parenteral Nutrition (HPN) Network in the UK (led by Professor Jeremy Powell-Tuck) was established and discussions took place about forming a Special Interest Group within BAPEN in 2008. The network would share experience, and establish standards of care where appropriate.

Industry

All Industry members of BAPEN renewed their membership in 2007. Their suggestions about the future directions of BAPEN were warmly welcomed.

It was agreed to review membership subscriptions and introduce a scale of fees from Jan 2008. These would include a discounted rate for members of BAPEN's founder groups who currently are not obliged to pay an individual subscription. A new database was developed incorporating discreet sections for the founder groups – aimed at improving communication with our members and BAPEN data management

Overall, BAPEN has been active in 2007 in a number of fronts and this made it likely that an equally busy, if not busier period, would follow in 2008.



Treasurer's Report

CHRISTINE A RUSSELL, HON TREASURER

2007 was a successful year for BAPEN. All our industry partners renewed their support for the association for a further year providing a sound financial platform on which to progress our planned activities.

Whilst expenditure during the year exceeded that during 2006, income was higher also resulting in a positive operating result of £35,563. The total amount of unrestricted funds at the end of December 2007 was £248,721, the balance in the reserve account being £192,127.

Income

Total income for 2007 was £370,803 (£157,514 excluding income from the annual conference), representing a 9% increase compared with the total income for 2006. Corporate membership contributed ~32% of the total income which once again was slightly lower than in previous years but income from individual membership remained at only ~1%. It was agreed by Council that arrangements and fees for membership of the association should be reviewed and changed with effect from January 2008, with the aim not only of increasing funds from individual membership but also engendering a greater sense of belonging and commitment to BAPEN by its members. A scale of membership fees and associated benefits would be introduced, including a discounted rate for members of the Founder Groups of BAPEN, who currently are automatically members of the association but are not obliged to join as individual members.

The 2007 annual conference was held in Harrogate and attracted a record number of delegates and a net profit of £68,119. An increase in the cost of insurance was required to provide adequate cover for the number of delegates attending the

conference. Following the conference there were a considerable number of unpaid registration fees and other outstanding payments owing. This is unacceptable and arrangements to ensure that payments are received prior to attendance at conference will be in place for conference in 2008.

A number of BAPEN Regional Representatives organised successful local meetings during the year, each meeting generating a small surplus. Unfortunately this was offset by a large cancellation fee being charged by a venue when one regional meeting had to be cancelled at very short notice.

A steady income from sales of BAPEN publications was received throughout the year, due once again mainly to orders for 'MUST' materials though no very large orders were received as in 2006. However, as uptake and use of 'MUST' continued to increase in both the NHS and private sector many requests were received for permission to reproduce 'MUST' in external publications and educational resources. Council agreed that where 'MUST' was to be used for commercial gain a licence to use 'MUST' would be required and a fee should be charged. Legal advice was sought and a licence agreement drawn up and introduced in the latter half of the year.

Expenditure

Total expenditure amounted to £333,115 an increase of ~5% compared with 2006. As in previous years the main cost drivers were the Communications and Liaison Committee, BANS and the BAPEN Office. Costs for the media coordinator, the

production of In Touch the BAPEN newsletter and the management of the BAPEN website are all included in the overall expenses of the Communications and Liaison Committee, and costs for BANS increased in 2007 as work started on the development of e-BANS. The increased costs for the Office were mainly due to the development of a new membership database for the association. Despite efforts to control travel expenses, these increased by ~17% reflecting both the national trend and also a very active year for BAPEN.

Looking forward to 2008

We hope that the new arrangements for individual membership of the association will be well received and result in an increased proportion of our income from our members. A number of organisations have already requested permission to use 'MUST' in such a way as to require a licence and/or BAPEN endorsement of their materials and income from fees levied will enable us to reinvest in activities around nutritional screening and 'MUST'. I should like to thank my fellow Executive Officers, Council Members and Chairs of Committees for striving to use BAPEN's resources wisely and for helping to make 2007 a successful financial year.

The figures contained in this report are from the un-audited accounts for 2007. The accounts are being audited by Hale & Company, 14 Craufurd Rise, Maidenhead, Berkshire, SL6 7LX. Full copies of the audited accounts will be available on request from the BAPEN Office in due course.

Faculty

PROFESSOR DAVID SILK, CHAIR FACULTY

The BAPEN Faculty continue to be present to advise the Officers and Members of Council. Issues that have concerned us this year have largely focused around organising our application to hold the 2012 ESPEN meeting in the UK.

This seemed an ideal opportunity to back up on the 2012 Olympics and to hold evidence-based sessions and symposia on Sports Physiology and Nutrition. Thanks largely to the efforts of Ken Cottam, Liverpool was identified as the most ideal

venue. Unfortunately, at the time of writing this report, ESPEN Council has apparently had second thoughts. They appear to have put finance before science, and are hoping that the 2012 meeting will be held in a southern

European centre, which apparently attracts more delegates than the northern European centres. We continue to vigorously argue our case. The Faculty members look forward very much to attending the BAPEN Annual Meeting.



Committee Group Reports

Communications and Liaison Committee

VERA TODOROVIC, CHAIR COMMUNICATIONS AND LIAISON COMMITTEE

Chair and members:

- Chair - Vera Todorovic
- Carole Glencorse
- Justine Bayes
- Allan Cosslett
- Jane Fletcher
- Rick Wilson
- Rhonda Smith



Key objectives for the year

- To focus on delivering internal and external communications together with the media/PR Officer of BAPEN
- To continue to promote the BAPEN Newsletter and Website as principal sources of communication

Key outputs for the year

- There have been regular Committee meetings during the year and a variety of activities have been undertaken
- The newsletter has continued to develop over the year as a result of the many ideas generated by the Committee. There were six editions of the Newsletter. E-news was launched and there were four printed editions and two electronic versions
- Developing the BAPEN poster boards for the annual conference. The topic highlighted for 2007 was the first national nutrition screening week and key results from this important piece of work

- Continuing to work on the guidance for licenses to use 'MUST' for non health and social care organisations.

Objectives for 2008

- To develop the members section of the website to make a substantial number of resources including clinical resources available solely for the use of members
- To continue to develop the newsletter with a view to increasing the number of e-News
- To continue to update the website and develop a system for electronic payments for publications and the annual conference
- Develop new poster boards for the BAPEN Annual Conference 2008 including identified key clinical messages.

I would like to extend a personal thank you to all the members of the Committee, past and present who have worked so hard to make sure that our communication channels remain effective.

Education and Training Committee

RUTH NEWTON, CHAIR EDUCATION AND TRAINING COMMITTEE



Chair and members:

- Chair - Ruth Newton • Winnie Magambo, Clinical Nurse Specialist • Ruth McKee, Consultant Surgeon
- Nicola Turing, Consultant Gastroenterologist • Kirstine Farrer, Chief Dietitian • Rachel Broughton (Industry Rep) • Tim Sizer, Pharmacist • Carolyn Wheatley (PINNT Rep) • Ian Fellows, Consultant (ex Chair)

The Education and Training Committee held three meetings in 2007.

The outlined work for the year was as follows:

- 1) Development of a multi-disciplinary education and training symposium at the BAPEN Annual Conference in Harrogate, November, 2007.

An interactive symposium on the management of acute pancreatitis was well-attended with positive feed-back. An interactive rolling case was used with specialist talks.

- 2) Development of a regional and distance-

learning based course in clinical nutrition for nutrition support teams.

The course was due to be launched in August but had to be cancelled at the last minute due to lack of interest. Work on this large project is near completion in its current format. Discussions now need to take place with Council as to how this course is taken forward. The committee has put a significant amount of work into this project, for which thanks has been recorded.

- 3) To aid the implementation of web based

training modules, e.g. Doctors.net

- 4) Updating the recognition and accreditation tool for BAPEN. This work has only just begun and requires further attention in 2008.

- 5) Joint work with other BAPEN members on updating BAPEN publications on Practical Nutritional Support and Food in Hospitals.

I would like to take the opportunity to thank the rest of the committee for all their hard work.

Regional Representatives Committee

JEREMY NIGHTINGALE, CHAIR REGIONAL REPRESENTATIVES COMMITTEE



The aims of the 14 regional UK BAPEN representatives has been finalised and essentially relate to five areas relating to nutritional support within each region: keeping a list of names of those interested, raising awareness, facilitating meetings, being a media contact point and promoting BAPEN.

The representatives consist of seven dietitians (one community based), five gastroenterologists, one nurse and one pharmacist, and they all meet twice a year for an hour at BAPEN and for a day meeting in the spring. Four of the regions held meetings and all were BAPEN branded meetings with BAPEN recognition. BAPEN branded means that BAPEN deals with all the financial issues involved in paying for the venue, food, speakers, etc., and collects the money from sponsorship and attendance fees. The region may use 50% of its profits for education, research or audit activities that must be approved by BAPEN (Chair of Regional Representatives and BAPEN Treasurer).

The meeting of the regional representatives on 26th April 2007 was held in New Bridge

Street House, London in spring 2007, courtesy of Rhonda Smith. BAPEN issues including finance, ESPEN membership, Council of Europe Alliance and Hospital Food were discussed by Jeremy Nightingale, Christine Russell, Jon Shaffer and Rick Wilson, respectively. The highlight was a media session run by Geoff Watts, who presented 'Medicine Now' on BBC Radio 4 for 17 years. He talked on how the press is interested in bad news more than good news (e.g. new unexplained disease that is fatal and/or relates to children or sex). He emphasised that the aims of the media and the healthcare professional are often different. He finished by demonstrating four types of interview. The unfortunate regional representatives given the mock media interviews were drawn by lot and were Ian

Fellows and Paul Kitchen. The interviews were around the subject of malnutrition and nutritional support. The first interview was the most gentle (e.g. "Tell me about BAPEN") and the last was the most aggressive (e.g. "Surely doctors are incompetent if they cannot recognise a patient who is malnourished - is that not a basic requirement of a doctor?").

Rhonda Smith made the point that it is increasingly important for BAPEN to be recognised in the media and politically, given the number of current initiatives aiming to address malnutrition. The regional representatives need to help raise the BAPEN profile if BAPEN is to improve/maintain its credibility and also if it wishes to seek funding for its initiatives.

ESPEN

DR JON SHAFFER, ESPEN REPRESENTATIVE



Key objectives for the year

- Run a successful Nutrition Day
Once again the UK was prominent in supporting the Nutrition Day in Europe. A number of colleagues are approaching nutrition day fatigue and wondering as to it's value to be repeated yet again. Publications from the three years of the study are in the pipeline and the European Union is viewing this data with considerable interest. It is vital to continue for at least

one more year to maintain the political pressure. BAPEN (see above) is leading the initiative to promote malnutrition to politicians all over Europe and a strong performance next January will help maintain the impetus

- Bid for 2012 London
BAPEN has submitted a bid to hold ESPEN in the UK in 2012. Logistics and the paraolympics have ruled out London. A bid has thus been submitted to hold the

conference in Liverpool, which has just had a new conference centre built. ESPEN are considering this at the present time.

Key outputs for the year

- Successful nutrition day
- Bid submitted (Professor D Silk)

BANS

DR BARRY JONES, CHAIRMAN BANS



Chair and members:

- BANS Chair - Dr Barry JM Jones, Consultant Gastroenterologist, BAPEN Medical
- Christine Holden, BANS Hon Sec, Paediatric Nutrition Nurse Specialist, National Nutrition Nurse Group (NNGG)
- Prof. Marinos Elia, Consultant Physician & Professor of Clinical Nutrition and Metabolism, Nutrition Society. Founder of BANS, Chair BAPEN
- Ann Micklewright, Dietitian, Parenteral and Enteral Nutrition Group (PENG) of the British Dietetic Association
- Dr Rebecca Stratton, Nutrition Society and also enteral homecare company representative (Nutricia Ltd.)
- Dr Nigel Meadows, Consultant Paediatric Gastroenterologist, British Society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN)
- Dr Mark Dalzell, Consultant Paediatric Gastroenterologist, BSPGHAN
- Janet Baxter, Dietitian and Manager, Scottish Managed Clinical HPN Network, Scottish Representative BAPEN and ESPEN - HANS group
- John Kennedy, Nutrition Nurse Specialist, National Nutrition Nurse Group (NNGG)
- Carolyn Wheatley, HPN Patient, Chair of Patients on Intravenous and Nasogastric Nutrition Therapy (PINNT)
- Carole Glencorse, Dietitian, enteral homecare company representative (Abbott Nutrition)
- Lucy Thompson, Pharmacist, British Pharmaceutical Nutrition Group (BPNG)
- Geoff Cooke, BANS data analyst, Streets - Heaver Ltd.
- Lynn McCready (Calea) and James Astrop (Clinovia), parenteral nutrition homecare company representatives

Key objectives for the year

1. To obtain further Section 60 support from PIAG
2. To develop consent/assent documents for reporters to satisfy PIAG
3. To liaise with SUS (Secondary Users Service) to determine whether pseudonymised data could be obtained for BANS via the NHS Spine.
4. To process 2006 data and produce annual report to be published on BAPEN website again (no hard paper version).
5. To liaise with NSCAG over post code access to adult HPN
6. To obtain independent corroborative data from commercial sources without compromising their confidentiality (Janet Baxter leading).

7. To submit in patient PN sepsis data for presentation (failed).

8. To develop and prepare for roll out of e-BANS.

Key outputs for the year

1. Annual report published on website in time for BAPEN meeting in Harrogate.
2. Independent data indicates variable coverage of the 4 domains of HAN. Adult HPN was the most successful with 94.6% patients reported to BANS. Worst was Paediatric HETF with only 44.6% returns.
3. SUS indicate no role for them at this point but in the future this may change.
4. PIAG gave qualified support again in December 2007 but subsequently forgot to place this on their website and accused us of not having resubmitted. Now resolved.

However, further demands made by PIAG for BAPEN Security and Confidentiality document. Streets -Heaver also required to produce Security document. These have now passed PIAG's Security adviser.

5. NSCAG processed our postcode data for publication in annual report.
6. NSCAG also used above data to support the discussions on commissioning of HPN in England (now published and key to development of HIFNET as 'A Strategic Framework for Intestinal Failure and Home Parenteral Nutrition in England')
7. E-BANS progressing slowly. Attention diverted from this to deal with PIAG issues. Better progress anticipated in 2008.

Clinical Nutrition and Whole Body Metabolism Theme of the Nutrition Society



PROFESSOR GARY FROST, LIAISON OFFICER THE NUTRITION SOCIETY

2007 has been a year of settling into the new structure in the Nutrition Society. There has been a focus of highlighting the roles of the Themes. At the annual meeting between BAPEN and the Nutrition Society there was agreement to have a BAPEN representative on the programs committee. It is hoped that this will strengthen the academic link with the Nutrition Society.

Key outputs for 2007

1. The Nutrition Society Symposium at BAPEN conference was joint with BAPEN Medical allowing an in depth exploration of Nutrition and Cancer.

The symposium featured :

- The second WCRF/AICR Expert Report – Food, Nutrition, Physical Activity and the Prevention of Cancer: A Global Perspective. Professor Martin Wiseman

- Nutritional decline and an inflammation-based prognostic score in patients with cancer. Mr Donald McMillan
 - Gut hormones and cachexia. Dr Damien Ashby
2. The Sir David Cuthbertson Medal Lecture was delivered by Early Nutritional Influences on Health through the Life-Course. Dr Helen Budge, Associate Professor of Neonatology
3. The Nutrition Society continues to publish the BAPEN abstracts and symposium

proceedings in the Proceedings of the Nutrition Society.

Looking to 2008

As the new structure settles in I hope the Nutrition Society and BAPEN will move forward together. There is a willingness through the theme to get clinical nutrition represented at the Summer Meeting. I also hope there is a way to explore a separate Research/Clinical practice meeting run jointly between the Nutrition Society and BAPEN.



Food in Hospitals and Council of Europe Alliance

RICK WILSON, CHAIR

Chair and members:

- Chair – Rick Wilson • Marinos Elia • Vera Todorovic

Key objectives for the year

Efforts have been focused on work with DH in England to produce the Joint Nutrition Action Plan.

Key outputs for the year

'Improving Nutritional Care' (www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_079931) is the result of a collaboration between the Department of Health and a wide range of stakeholders committed to improving nutritional care across the NHS and Social Care. Two summit meetings were held in 2007, and five key priorities for action were agreed:

1. To raise awareness of the link between nutrition and good health and that malnutrition can be prevented – Chair, Rick Wilson
2. To ensure that accessible guidance is available across all sectors and that the most relevant guidance is appropriate and user-friendly.
3. To encourage nutritional screening for all people using health and social care services, paying particular attention to those groups that are known to be vulnerable – Chair, Marinos Elia
4. To encourage provision and access to relevant training for front-line staff and

managers on the importance of nutrition for good health and nutritional care.

5. To clarify standards and strengthen inspection and regulation.

Mr Gordon Lishman, Director General of Age Concern leads the Delivery Board and the full membership can be found at the weblink previously mentioned. This link also includes information about the chairs of the sub-committees charged with leading the work in each of the five key priority areas. The Delivery Board has until December 2008, to deliver the improvements described in the Action Plan and work is underway in several sectors to secure this.

British Pharmaceutical Nutrition Group (BPNG)

REBECCA WHITE, CHAIR BPNG 2007



Once again education was the main focus of the BPNG's activities. 2007 was a challenging year with one successful and one 'washed out' study day.

The 'Fundamentals in Parenteral Nutrition' study day in May, held in RPSBG headquarters, was well-attended with positive feedback from delegates. This study day programme is now a regular fixture in the BPNG educational programme and provides a comprehensive introduction to adult parenteral nutrition. The day covers all aspects from indications for PN through to ethical considerations. The multi-professional speakers are drawn from specialist centres throughout the UK. The Summer meeting in July was cancelled due to low delegate numbers and concern about the viability of the meeting. In hindsight this was a wise move, as the meeting coincided with the devastating

flooding, and would have been impossible to get to as many people were stranded around the country. The BPNG session at BAPEN focused on nutrition in the first weeks of life. This was a departure from the norm as paediatrics is rarely addressed. Feedback from the session was good. Once again, rather than competing with other pharmacy organisations for delegates, we decided to support our colleagues and ran a session at the UKCPA meeting in Leeds in November. This was an ideal opportunity to convey the role that every pharmacist can play in optimising nutrition therapy. This was a session on parenteral nutrition for generalists and was one of the best attended

workshops at the meeting. March 2007 saw the publication of the NPSA alert on wrong route errors. The BPNG had input into the development of this guidance and the groups 'Handbook of Drug Administration via Enteral Feeding Tubes' was cited as a reference. BPNG committee members continue to be actively involved in all BAPEN's standing committees, and Ruth Newton is taking on the Chair of Education and Training in November. The close of the year saw the publication of the BPNG's position statement on the use of multi-compartment parenteral nutrition products. This statement aims to encourage appropriate use of these products and will be widely distributed in 2008.

Patients on Intravenous and Naso-Gastric Nutrition Therapy (PINNT)

CAROLYN WHEATLEY, CHAIR PINNT



Key objectives for 2007

- To continue to provide support for patients on all types of artificial nutrition, along with their relatives and carers
- To interact with medical professionals to encourage good communication between patient and healthcare professional to provide optimum treatment and therapy for the patient, whilst trying to give the healthcare professional a clearer picture of what life on artificial nutrition entails
- To keep patients informed of developments associated with medical equipment and related issues
- When requested, to put members in contact with someone else with experience of the same therapy and, where possible, with a similar underlying condition
- To provide our members with the

opportunity to meet and support each other through regional meetings.

Output

- Following the withdrawal of the Baxter 6060 PN pump, PINNT have worked closely with the manufacturers of the replacement PN pumps to ensure as smooth a transition as possible and to provide reassurance in those instances where members have experienced problems with their replacement pumps.
- With regard to the replacement pumps, we have provided a channel via our quarterly newsletter Online for members to write in with their problems, which we then followed up by providing a dedicated section in our newsletter for the pump companies to acknowledge these problems and provide some much-

- needed reassurance that the problems were being dealt with.
- PINNT has worked with Craig Davey of the Bath Institute of Medical Engineering (BIME) to formulate a questionnaire aimed at assessing the new PN pumps: this was then mailed to our PN members via PINNT in keeping with current data protection regulations. BIME have reported that approximately half of those questionnaires mailed out have been returned.
- During 2007, PINNT began a programme to update our literature, including our holiday guidelines, membership forms and tri-fold leaflets. This project is still ongoing.
- Finance: During 2007 our Treasurer researched and made the necessary

arrangements to enable our members to pay by standing order with effect from our new membership year (May 2008). Hopefully, this will address the problems of falling membership numbers which are often simply due to the fact that members are unable to send in their yearly subscription due to health problems, hospital admittances, etc. that occur around the time of renewal.

- Online: Our quarterly newsletter, Online, continues to be the main point of contact for many of our members. We continue to support members through Online by keeping them up-to-date with current medical matters (e.g. replacement PN pumps), providing articles giving practical help for such things as holidaying whilst on artificial nutrition, along with 'readers' experiences' which

many of our members can relate to.

- Website: We have continued to develop our website throughout 2007; this project is also ongoing.
- PINNT's 20th Anniversary Weekend: This was a great opportunity for our members to meet and spend an enjoyable weekend in June 2007 talking to others who find their lives touched by artificial nutrition. The weekend comprised a happy mix of seminars, informed chats, children's entertainment, plus a themed party on Saturday evening.

Other comments: 2007 has been a difficult year for PINNT as the large majority of our executive committee have experienced serious health problems in either their own lives or those of close family members. However, we have managed to provide support to everyone where and when

needed, although in order to do this we have had to put some projects on hold. The replacement of PN pumps meant that much time and effort was focused on our PN members; therefore, in 2008 we hope to redress the balance by focusing on our enteral members.

During 2008 we also hope to develop our Half PINNT section, which is a special membership category focused on our younger members. During 2007 we have worked at developing our supplement 'Kids' Zone', which is mailed out with Online, and we are now in a position to be able to re-launch it with a new look with effect from our May 2008 edition.

We have designed new member and associate member leaflets and we hope these will attract new members, some of who will be willing to volunteer their time for PINNT.



Marketing & Communications

RHONDA SMITH, BAPEN MARKETING & COMMUNICATIONS MANAGER

Rhonda Smith's work for BAPEN in 2007 focused on supporting and facilitating the development of the charity with the aim of increasing awareness and recognition of the work of BAPEN.

This was achieved in 2007 through the delivery of high impact communications around the charity's innovative Nutrition Screening Week; its involvement with the DoH Nutrition Summit and direct development of the Nutrition Action Plan, and the highly successful 2007 BAPEN 'Malnutrition Matters' conference.

Rhonda's work during 2007 was not solely focused on the media and external communications work for these key initiatives and the management of all reactive communications. It also focused on managing direct contact with leading agencies and individuals to ensure BAPEN achieved its rightful place at the table and recognition of its significant work in the field. This work entailed consistent liaison with BAPEN Officers and other key members of Council.

In her capacity as Communications & Marketing Co-ordinator, in 2007 Rhonda attended Officer's meetings to Report progress against the agreed Work Plan, all BAPEN Council meetings as an observer and contributor where appropriate and as

requested, and was an active member of the Communications and Programmes Committees. Rhonda was also a full member of BAPEN in 2007.

Key achievements as part of the BAPEN team during 2007 were:

- Highly successful development of BAPEN's Nutrition Screening Week (NSW07) through securing all four UK Nation governmental support for this initiative which contributed to increased number of reporting centres
- Generation of significant media interest and coverage at launch, operation and delivery of results of NSW07 establishing this initiative as the leading current dataset to enrich our knowledge about incidence malnutrition
- Development of key personal contacts and working relationships (e.g. DH Dignity & Respect team) during the development and delivery of the Nutrition Summit and Nutrition Action Plan to ensure significant recognition of BAPEN in publications and activity at the highest level

- Through effective promotion and increased marketing activity, securing a profitable and highly successful 2007 BAPEN Conference - 'Malnutrition Matters'

- Effective reactive and intervention media relations programme to ensure BAPEN was increasingly referred to in other appropriate agencies and organisations communications work (e.g. Age Concern England and NPSA) with key journalists increasingly turning to BAPEN for comment and publication/data references
- Initiating dialogue with the Sheltered Housing sector to address malnutrition among the 700,000 older tenants and supporting the development of training and pilot sites

2007 delivered increased and reaffirmed recognition of BAPEN as a highly significant leader and contributor in the field of malnutrition, nutrition support and treatment and provided a solid platform on which to build further awareness and recognition in 2008.

National Nutrition Nurses Group (NNNG)

ANDREA CARTWRIGHT, CHAIR NNNG



Chair and members:

• Chair – Andrea Cartwright (Basildon University Hospital) • Secretary – Jane Fletcher (University Hospital Birmingham) • Treasurer – John Kennedy (Fresenius Kabi Ltd.) Communication Officer- Kate Pickering (University Hospitals, Leicester) • Communications Officer – Tracey Earley (Lancashire Teaching Hospitals) • Oral Nutrition Officer – Liz Evans (Stoke Mandeville Hospital) • Education and Conference Organiser – Winnie Magambo (University Hospital of Wales)

Key objectives for the year 2007

- Organise 21st Birthday celebrations and conference
- Advanced Skills Study Day for Nutrition Nurse Specialists
- Granuloma Working Party

Key outputs for the year 2007

- Two day conference held in Knebworth Barns, Hertfordshire.
- First Advanced Skills Study Day for Nurse Specialists ran in October 2007, in Birmingham. This was a workshop based day looking at developing skills in PICC placement, nasal bridge insertion,

placement of NJ tube using 'Cortrak®' and prescribing parenteral nutrition. 20 delegates attended and supported by industry

Key objectives for 2008

- Stakeholder in the DH Nutrition Action Plan (Nutrition Screening, Education and Regulation working groups have NNNG representation).
- Stakeholder in the RCN Nutrition Now campaign
- Complete Granuloma Working Party Report, present at NNNG Conference 2008 and publish findings

- Commence a Buried Bumper Working Party for consensus document

Any other comments

The NNNG website is proving to be a successful resource to communicate important information to our members www.nnng.org. The NNNG are contributing to many national initiatives as part of BAPEN and in their own right too. In addition, the NNNG yahoo groups site, provides us with access to nurses / specialists / members for up to date information and advice. This is invaluable for new and 'old' members alike.

BAPEN Medical

DR TIM BOWLING, CHAIR BAPEN MEDICAL 2008



Chair and members:

• Chair – Professor Jeremy Powell-Tuck • Dr Tim Bowling (Hon Sec) • Dr Simon Gabe (Hon Treasurer) • Dr Emma Greig • Dr Michael Colley • Dr David Lloyd (Trainee rep) • Dr Nicola Simmonds

Key objectives for the year

- Hold first postgraduate teaching day the day prior to main BAPEN conference
- Hold a mid-year scientific meeting
- Further develop a distance learning facility on Nutritional Support for Doctors
- To further efforts on attracting 'new' faces into BAPEN
- Work with other groups towards a consensus approach to saline therapy
- Support two scientific sessions at the BAPEN Annual Conference
- Ensure our various activities attract some

profit for the benefit of both BAPEN Medical and BAPEN as a whole

Key outputs for the year

- The postgraduate teaching day was held on Monday 2nd November at the Harrogate International Conference Centre, and attracted 136 delegates, of which 24 were gastroenterology SpR's new to BAPEN and BAPEN events. Topics covered included perioperative saline and fluid balance, NICE nutritional support guidelines, ethics and refeeding syndrome
- The event was rated highly by the

delegates, and a second day is to be planned for 2008.

- Two BAPEN Congress sessions on Cancer were organised in liaison with the Nutrition Society. These covered nutritional support in cancer, the role of diet in cancer, the EPIC study and radiation enteritis. Invited speakers included Professor Martin Wiseman, Dr Elio Riboli, Mr Donald McMillan, Ms Claire Shaw, Dr Jon Shaffer and Dr Jervoise Andreyev.
- The consensus document on saline was commenced in association with the

Intensive Care Society, the Association of Surgeons of Great Britain and Ireland, the Surgical Research Society, the Association of Clinical Biochemistry and the Renal Association. Two meetings were held: One a symposium at the Association of Surgeons meeting in Manchester in the Spring, and a separate round table discussion at the Intensive Care Society in London. These helped inform the content of the report, which as of December 2007 is almost ready to go out for consultation.

- 3 E-learning modules were drafted on disease-related malnutrition, nutritional assessment and the ethics

of nutritional support. As of December 2007, these are still in the consultation phase. It is anticipated that doctors.net will be the channel of dissemination.

Plans for 2008

- We have plans for another teaching day in 2008, again with an informal dinner that evening to foster relationships between members and newcomers to the group.
- We plan to support two sessions in 2008 at the annual Conference. One on anorexia, with a linked scientific session on starvation with the Nutrition Society, and the second on coeliac disease.

- We intend to finalise and distribute the e-learning modules on doctors.net, monitor their take-up and develop such materials further in due course, possibly linking in with the ESPEN Life Long Learning (LLL) modules.
- The saline consensus document previously described is planned to be completed in 2008 with appropriate publication.
- BAPEN Medical will hold a mid-year scientific meeting in July 2008 covering liver and nutrition. This will assist in our objective to 'reach out' beyond our own membership to other societies in order to foster improved nutritional support.

Parenteral and Enteral Group of the British Dietetic Association (PENG)



PETE TURNER, CHAIR PENG

Chair and members:

- Pete Turner - Chair
- Committee members: • Carole Anne McAtear • Joanna Clutterbuck • Ailsa Kennedy • Melanie Baker • Kirstine Farrer • Sarah McGladery • Vera Todorovic • Paula Murphy • Alisa Brotherton. Approx 500 ordinary members.

Key objectives for the year

- Update and distribute the Pocket Guide to Clinical Nutrition
- Organise PENG Summer Meeting
- Produce two editions of PENLines
- Advance the Clinical Update Course to Masters Level
- Contribute to the BAPEN Annual Conference

Key outputs for the year

PENG held their AGM at the Annual BAPEN Conference at Harrogate in November. This included presentation of the PENG Award, sponsored by Fresenius Kabi and Abbott Nutrition. The topic for the 2007 Award was original contributions, applicants had to submit an abstract and winners were asked to present their abstract. The winner was Rachel Barlow from UHW Cardiff, reporting on a randomised controlled trial of early enteral nutrition (EEN) versus conventional management (CON) in patients undergoing major resection for upper GI cancer.

The PENG clinical handbook has been extensively revised throughout 2007 and new sections on access routes, parenteral nutrition, screening and acid base balance have been launched. All current PENG

members have been given a complementary copy of the handbook with the new sections. For details of this and all other PENG publications for sale please see: www.peng.org.uk. PENG also plan to continue to develop the material with in the clinical handbook to ensure that it remains an up-to-date, evidence based reference document. The group also started to look at the possibility of electronic versions of the handbook for palm tops and PCs.

PENLines, the PENG newsletter, continues to be sponsored by Nutricia Clinical Care, with two editions in 2007. Back copies can be found on the website www.peng.org.uk, which also contains details of membership and contact details for PENG committee members. In forthcoming issues the benefits of being a full member of BAPEN as well as PENG will be stressed. PENG have reduced their annual membership fee by £5 so that dietitians can join both groups for £35 – the usual cost of individual BAPEN membership. PENG played an active role in the BAPEN 2007 conference in Harrogate. This included organising and participating in two very successful and well-evaluated symposia entitled: 'Feeding the Older Person in the

Community' and 'Choosing Enteral Feeds – Evidence Based or Gut Reaction'. We have been involved in organising three symposia for the forthcoming BAPEN 2008 conference: 'It MUST Happen – or Risk the Consequences'; 'Nutrition at the End of Life: Feeding the Dying Patient'; and 'Gutless – You are the Weakest Link: Goodbye'.

The PENG Clinical Update, a post graduate BDA validated course for dietitians working in nutrition support, successfully took place in Glasgow during July 2008 with approximately 80 delegates participating. Ailsa Kennedy, the current course leader, can be contacted at Ailsa@geoffholdgate.wanadoo.co.uk regarding the 2009 course, which will again be held in Glasgow. This will be the final time it will be run as BDA validated course before progressing to Masters Level from 2010.

This year's PENG summer meeting was held in August with the title of 'Nutrition Support at the Extremes'. It was a very successful, well-attended meeting with eminent speakers discussing controversial subjects, such as feeding very overweight and underweight patients, as well as the ethics of nutrition at the end of life.

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