

BAPEN

annual report

2008





BAPEN

Advancing Clinical Nutrition

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British Association for Parenteral and Enteral Nutrition

A multi-professional association and registered charity established in 1992. Its membership is drawn from doctors, dietitians, nutritionists, nurses, patients, pharmacists, and from the health policy, industry, public health and research sectors.

Principal Functions

- Enhance understanding and management of malnutrition.
- Establish a clinical governance framework to underpin the nutrition management of all patients.
- Enhance knowledge and skills in clinical nutrition through education and training.
- Communicate the benefits of clinical and cost-effective optimal nutritional care to all healthcare professionals, policy makers and the public.
- Fund a multi-professional research programme to enhance understanding of malnutrition and its treatment.

BAPEN is a Registered Charity No: 1023927.

Chairman's Report

**PROFESSOR MARINOS ELIA,
CHAIR OF BAPEN AND TRUSTEES 2008**



In my third year as chairman of BAPEN, I am delighted to report that BAPEN has continued to initiate new national projects and continued its collaborations with governmental and non-governmental organisations to combat malnutrition. It has also continued to attract interest at its annual meeting.

Individual projects and achievements are detailed below.

Nutrition Screening Week

Publication of Nutrition Screening Week report

The first of BAPEN's Nutrition Screening Week report was published. This 39 page report summarised the largest survey of its kind in the UK. It established the prevalence of malnutrition on admission to 175 hospitals and 22 mental health units, as well as prevalence among those admitted to 173 care homes in the preceding six months. The results of centres that participated in the survey were analysed individually and fed back, so that they could benchmark their local data against the national picture.

Recommendations to improve nutritional care were provided. The project was led by BAPEN (Christine Russell and Marinos Elia) but involved collaboration and support from the British Dietetic Association, Royal College of Nursing, National Patient Safety Agency, the Scottish Government, the Welsh Assembly Government, the Chief Nursing Officer in Northern Ireland and Department of Health. The report was also promoted by governmental and non-governmental organisations. The data were already being cited in 2008 both within and outside the Department of Health.

Nutrition Screening Week 2008

A second Nutrition Screening Week Survey was undertaken on 1st – 3rd July 2008. The data were successfully collected, entered into the database and analysed with the view to publishing the second Screening Week report early in 2009. This reflected part of a four year strategy to undertake surveys in the four seasons, so that seasonal variation could be assessed when all the data were collected.

Nutrition fact sheets and e-guidelines on nutritional screening

National Patient Safety Agency

The National Patient Safety Agency published a series of Fact Sheets on Nutrition, which were uploaded onto its website. They reflected its campaign to fight malnutrition and its participation in the Council of Europe (UK) initiative, which BAPEN is also involved with. The Factsheet on Nutritional Screening was drafted by BAPEN (Christine Russell).

Primary care

Guidelines on Nutritional Screening were updated (Marinos Elia, Christine Russell) in *Guidelines – summarising clinical guidelines for primary care* which is also available electronically (www.eguidelines.co.uk). This manual is widely used as a reference guide by GPs and is updated more than once a year.

Projects and reports ready for launch

During the year a substantial amount of effort and co-ordination was necessary to run a series of parallel projects on malnutrition, each aiming to be completed and launched nationally by the end of 2008. However, slight delays before Christmas meant that the reports would be launched early in 2009. The reports were:

Combating Malnutrition: Recommendations for Action. Ed. M Elia and CA Russell

This report summarised key nutritional issues and was targeted at parliamentarians and Department of Health Officials. It provided recommendations that could be utilised during the re-organisation of the NHS. The work emerged from the Advisory Group on Malnutrition, led by BAPEN. It was planned to launch this report in the House of Commons.

Improving Nutritional Care and Treatment: Perspectives and Recommendations from Population Groups, Patients and Carers. M Elia and RM Smith on behalf of BAPEN and its collaborators

This report largely reflected the views of patients and carers about nutritional care. Problems were identified and a series of recommendations were provided separately for government and policy-makers, healthcare professionals, public health professionals, and for all stakeholders. The report emerged from a round table discussion organised by BAPEN. It involved 18 collaborating partners from the voluntary sector. It was planned that this report would not only be promoted by BAPEN but also by its partners.

Screening for Malnutrition in Sheltered Housing. M Elia and CA Russell on behalf of the Group on Nutrition and Sheltered Housing

This report summarised sheltered projects on malnutrition undertaken in the north and south of England. It established a prevalence of malnutrition using 'MUST' which was well received and generally preferred to the use of a questionnaire. The report emerged from a series of meetings organised by BAPEN, which drew together various collaborators: Essential Role of Sheltered Housing (EROSH), National Association of Care Catering, NHS Central West London Community Services, Nutricia, Accent Group, Richmond Housing, Harrogate Neighbours and City of Westminster.

Good Practice Guide: Addressing Malnutrition

This report describes malnutrition and its impact in Sheltered Housing, and provides practical recommendations about recognition and management of malnutrition in residents of sheltered housing. The work emerged from the Group on Nutrition and Sheltered Housing (chaired by M Elia) and is complementary to the other report on malnutrition in sheltered housing described above. This report was to be published by the Centre for Sheltered Housing Studies (CSHS) and launched in the House of Commons (see below). The other report on sheltered housing (*Screening for malnutrition in sheltered Housing*) was to complement this report during the launch.

Meeting with ministers

To discuss nutrition strategies BAPEN participated in meetings with the following ministers:

Stephen O'Brian (Shadow Minister of Health): Some insights into Conservative Party policy on nutrition were discussed and considered to be valuable in view of the forthcoming elections (attended by Marinos Elia, Tim Bowling and Rhonda Smith).

Paul Burstow (Liberal Democrat and Chief Whip): Apart from discussions about general nutrition strategies, Paul Burstow agreed to host the launch of the *Good Practice Guide: Addressing Malnutrition* (see above) in the House of Commons in the New Year. He had also agreed to host the Combating Malnutrition report in the House of Commons in the New Year (attended by Marinos Elia, Rhonda Smith).

Phil Hope (Secretary of State for Care Services): Shortly after his appointment Phil Hope attended part of a meeting of the Nutrition Action Plan Delivery Board (attended by Marinos Elia) to be introduced to the issues and aspirations of the Board, which has had considerable input from BAPEN members.

Agreement with Secretary of State for Health: Licensing of 'MUST'

An agreement between the Secretary of State for Health and BAPEN (document signed by Marinos Elia on behalf of BAPEN) was established to allow 'MUST' to be used for purposes connected with the National Programme for IT for delivery of health and social care. The software ('National Programme for IT Software') would be available to staff working in the DH. BAPEN received a sum of £15,000 and agreed to provide a consultancy in the form of advice during the development of the 'MUST' software.

Implementation of the Nutrition Action Plan

The National Nutrition Action Plan was the result of a joint initiative between government and national organisations, with BAPEN taking an active and prominent role. The publication in October 2007 of *Improving Nutritional Care: A Joint Action Plan from the Department of Health and Nutrition Summit stakeholders* reflects the input of BAPEN. To implement the Nutrition Action Plan a Delivery Board was established. M Elia was invited by the Undersecretary of State for Care Services to lead the Nutrition Screening Subcommittee. Rick Wilson, also a BAPEN member, became a member of the Board with a special role in raising awareness. BAPEN not only fully

met its commitments, it also undertook a leading role in a number of additional activities. A strategy has been established and an interim and a final report produced. The final report has been sent to the Secretary of State for Care Services, Phil Hope, to decide on the strategy, including whether or not to continue the activities of the Implementation Board.

BAPEN and BAPEN-NICE shared learning initiative

To aid implementation of nutrition guidelines produced by NICE, NHS Quality Improvement Scotland, and Council of Europe, BAPEN established a shared learning initiative. This encouraged all Trusts, Hospitals, and wards to share their experience in implementing nutrition guidelines. A successful application concerning nutritional screening can be viewed on the BAPEN website (www.bapen.org.uk) as well as the nice website (www.nice.org.uk) (uploaded in 2008).

BAPEN Annual Conference

This was generally considered to be another successful annual meeting with good delegate attendance of over 600. Local Officials and VIPs from Harrogate, including the mayor of Harrogate, were there supporting our event. The programme was varied to cater for dietitians, nurses, doctors, pharmacists, and others involved with nutritional care. BAPEN stands were also available to promote its work, attract further membership and encourage participation in ongoing BAPEN activities, such as the Nutrition Screening Week. It was anticipated that the annual meeting would make a profit.

Educational activities

A series of educational activities were underway with a strong focus on e-learning.

BAPEN educational committee: A series of modules were being prepared by the educational committee (led by Ruth Newton). It was decided that the module on nutritional screening would be undertaken by the Malnutrition Action Group, which was actively engaged with the 'Malnutrition Universal Screening Tool' ('MUST').

BAPEN Medical: An e-learning package was developed (led by Nicki Simmonds) and consideration was given to launching it via doctors.net, which has a wide circulation.

Another module being developed had a focus on the medico-legal aspects of

nutrition, relevant to the implementation of the Mental Capacity Act.

Malnutrition Action Group/ Nutrition Screening Week Group: In liaison with Greater Glasgow and Clyde Trust, a module on nutrition screening for hospitals and a separate module for the community were being prepared with the view to a launch by the end of 2009 (led by Christine Russell, Marinos Elia in liaison with Prof Rosemary Richardson). Since 'MUST' was clearly making an impact nationally, it was felt appropriate that key members involved in the development of 'MUST' should also be involved in the development of this module in conjunction with specialists in education. The modules that were being developed were interactive to make them user friendly.

Core learning Unit: The Core Learning Unit of the Department of Health developed and launched six e-learning modules on Nutrition, with support from Marinos Elia and Rick Wilson, who were members of the committee.

Industry

All Industry members of BAPEN renewed their membership in 2008.

BAPEN membership

Individual BAPEN membership slowly increased, bringing some direct funding into BAPEN. An agreement was also obtained from the Core Groups for financial contribution to BAPEN for membership

BAPEN receives major European award

The Main Nutrition Industry group of ESPEN awarded its first ever prize (worth 30,000 euros) for fighting to combat malnutrition to BAPEN. The president of ESPEN MNI, Flemming Morgan said: "BAPEN's programme of work to fight malnutrition is the only programme, measured against the criteria set for this award, to have not only established the prevalence and the clinical impact of malnutrition but also its economic cost to healthcare systems. BAPEN has taken a

strong lead in fighting malnutrition by providing practical solutions to this major clinical and public health problem and richly deserves this award."

BAPEN/ Southampton University Hospitals Trust receives major national award

BAPEN/Southampton University Hospitals Trust was judged to be the winner of the 2008 NHS Business Award in the Innovation category. The award, in recognition of excellence in NHS healthcare, was for the development of 'MUST', which has now become the most widely used nutrition screening tool in the UK.

In 2008, BAPEN has been very active, making important strides and taking a lead in several national initiatives on nutritional support. Its work was acknowledged nationally and internationally by two awards. It was hoped that its activity would carry over with enthusiasm into the next period.

Treasurer's Report

SIMON GABE, HON TREASURER 2009

Taking over from Christine Russell is a hard act to follow. Christine has been to BAPEN the Nigel Lawson or the Gordon Brown of Chancellors (hopefully this is not a political faux pas!). She has had absolute control and understanding of the finances of BAPEN, and has, therefore, been able to implement a funding scheme for industry support with a gold, silver and bronze structure. This has been very successful as industry have continued to support BAPEN and the conference.

The bottom line...

2008 was another successful year for BAPEN. Total income increased from £370K in 2007 to £435K in 2008. The increase was from a combination of Individual Affiliate & BAPEN Medical membership, working party reports, awards (including the ESPEN award) and copyright income from 'MUST'. Operational expenditure also increased, but not to the same extent, resulting in a net income of £68K in 2008. The total amount of unrestricted funds at the end of December 2008 was £316K, the balance in the reserve account being £207K.

All our industry partners renewed their support for the association for 2009 (3 Gold, 2 Silver & 6 Standard members) providing a sound financial platform on which to progress our planned activities.

It is important to see that individual membership of the association is being taken up and by the end of 2008 we had 417 individual members. As an organisation we really do need this to continue to increase. Also, there has been an unprecedented demand for 'MUST' as a nutrition screening tool.

BAPEN holds the copyright for 'MUST' and, therefore, can supply a licence to an organisation and/or endorse an organisations material using 'MUST'. We are now reaping the benefit of all the hard work that went into the development of 'MUST' and full credit for this must go to Marinos Elia and Christine Russell.

Starting my tenure as Treasurer has made me realise the amount of work that

goes into keeping the BAPEN accounts. The organisation has clearly grown over the years and also has to deal with VAT issues and now also licensing issues. The secretariat of BAPEN Office used to keep the accounts together with the help of a bookkeeping agency, but this was not enough and in 2008 a qualified accountant (Desmond Thomas) was engaged. I can see that this arrangement will certainly be better for us to keep the finances in order.

Income

Total income for 2008 was £435k (£252k excluding income from the annual conference), representing a 17% increase compared with the total income for 2007. Corporate membership contributed ~27% of the total income which once again was



slightly lower than in previous years but income from individual membership remained low at only ~4%. However, in 2007 the income from individual membership was ~1%, so there is a small improvement in the right direction. This improvement may have been as a result of introducing a scale of membership fees and associated benefits, including a discounted rate for members of the Founder Groups of BAPEN.

Annual Conference

The 2008 annual conference was held in Harrogate and attracted 660 delegates. The net income was £191K (£8K outstanding as debtors), the net expenses were high at £185K, resulting in a net profit of £6K. This is a lower profit margin compared to 2007 due to lower delegate numbers, an issue for all conferences at the moment. However, this is not the total picture when presented like this as a very large proportion of the industry funding is for the conference itself. If this is factored into the conference accounts then the conference makes a considerable profit, which in turn fuels the charitable activities of BAPEN.

Other income

A number of BAPEN Regional Representatives organised successful local meetings during the year, each meeting generating a small surplus.

A steady income from sales of BAPEN publications was received throughout the year, due once again mainly to orders for 'MUST' materials. In addition, we are now able to charge a licence for using 'MUST' and charge for endorsing the use of 'MUST'. Consequently, we had an income of ~£17K from this licensing process in external publications and educational resources. This is a complex area and I am pleased that Christine Russell

and Marinos Elia will continue to be involved in the licensing process and checking of the educational material.

Expenditure

Total expenditure amounted to £367K an increase of 9.5% compared with 2007. The main cost was the BAPEN conference (£185K) representing ~50% of the associations expenditure. The other cost drivers were the costs for a media coordinator, Communications and Liaison Committee, BANS and the BAPEN Office.

This year the costs for the media coordinator have been separated from the Communications and Liaison Committee, which now includes the cost of the production of In Touch, the BAPEN newsletter and the management of the BAPEN website. The costs for BANS increased in 2008 but we hope that with the introduction of e-BANS this cost should decrease. However, the uptake of e-BANS has been slow and this issue is being addressed. BAPEN Office is provided by Sovereign. In 2008 we went out to tender for the conference services provided by Sovereign and decided that they were very good value. My experience as Treasurer is that they provide an excellent service for the conference financing and also for the office. This is a busy and difficult job and they do this well.

Looking forward to 2009

BAPEN has a promising future ahead. However, these are challenging times financially and all charities are going to feel the pinch. We have to control our expenses and secure our income each year. I will be introducing budgets for all departments with outgoings, checked by the chairs of that department so that close control can be maintained on expenses with clear accountability.

We will continue to develop ways of increasing our revenue from the 'MUST' tool, not for the sake of profit, but to be able to reinvest in activities around nutritional screening and 'MUST', thereby maintaining BAPEN's position at the forefront of nutrition screening.

Looking ahead to 2012, the British Society of Gastroenterology are planning a Digestive Diseases Week in the summer when all interested organisations would hold their conference together, allowing much better linkage of common interests between organisations and individuals. This has been working well in America for some time. If we are to join into this, and I think we should, this would have considerable implications for the income and financing of BAPEN that year, especially as so much of our income relates to the conference. This is work in progress and we can only join if we do not lose out significantly financially.

Finally, these successful accounts that you see described above are not the work of my hand but that of Christine. She would in turn, I am sure, thank her fellow Executive Officers, Council Members and Chairs of Committees for striving to use BAPEN's resources wisely and make 2008 another successful financial year. While this is true, she deserves considerable praise for her attention to detail and dedication to BAPEN.

The information given in this report is consistent with the financial statements from the accounts prior to inspection. The 2008 accounts will be inspected by Hale & Company, 14 Crauford Rise, Maidenhead, Berkshire, SL6 7LX. Full copies of the accounts will be available on request from the BAPEN Office or directly on the Charity Commission website.



Faculty

PROFESSOR DAVID SILK, CHAIR FACULTY

The BAPEN Faculty have had quite a quiet year. Notwithstanding this, there have been frequent discussions with the Executive Committee and Council on various matters and we have given advice concerning such issues as the proposed joint meeting between BAPEN and the British Society of Gastroenterology in 2012. We are pleased that Council have proposed an increase in the membership of the Faculty, and in this regard Faculty are delighted to welcome back Professor Marinos Elia, whose opinions and views are greatly valued.

The Faculty members look forward very much to attending the BAPEN Annual Meeting.

Communications and Liaison Committee

VERA TODOROVIC, CHAIR COMMUNICATIONS AND LIAISON COMMITTEE



Committee (at end of 2008):

- Vera Todorovic (Chair) • Carole Glencorse • Justine Bayes • Allan Cosslett
- Tracy Earley • Rick Wilson • Rhonda Smith

Key objectives for the year

- To focus on delivering internal and external communications together with the media/PR Officer of BAPEN
- To continue to promote the BAPEN Newsletter and Website as principal sources of communication.

Key outputs for the year

- There have been regular Committee meetings during the year and a variety of activities have been undertaken
- The newsletter In Touch has continued to develop over the year and Complete Media & Marketing Limited has taken over development and publication of the Newsletters. Access to the newsletter is a benefit of BAPEN membership and is now only accessible via the members section.

The electronic version e-touch continues to flourish and provides up-to-date news relating to BAPEN activities and is freely available to all via the website

- Developing the 'MUST' Toolkit for the website – a dedicated section on the website for all the 'MUST' resources
- Developing the BAPEN poster boards for the Annual Conference. The topic highlighted for 2008 was BAPEN's 'Malnutrition Matters' – the submission that won the first MCI ESPEN award
- Continuing to work on the guidance for licenses to use 'MUST' for non health and social care organisations.

Objectives for 2009

- To continue to develop the members section of the website to make a substantial number

of resources including clinical resources available solely for the use of members

- To develop the education and training section of the website as a gateway to resources available for the training of health and social care staff
- To continue to develop the newsletter with a view to increasing the number of e-news
- To continue to update the website and develop a system for electronic payments for publications and the annual conference
- Develop new poster boards for the BAPEN Annual Conference 2009 including identified key clinical messages.

I would like to extend a personal thank you to all the members of the Committee, past and present, who have worked so hard to make sure that our communication channels remain effective.

Regional Representatives Committee

JEREMY NIGHTINGALE, CHAIR REGIONAL REPRESENTATIVES COMMITTEE



Committee:

- Dr Jeremy Nightingale (Chair) • Janet Baxter (Secretary) • Regional Representatives (at end of 2008): Janet Baxter (Scotland) • Sharon Madigan (Northern Ireland) • Winnie Magambo (Wales) • Simon Lal (North West) • Barbara Davidson (North East) • Melanie Baker (Trent) • Alison Fairhurst/Sue Merrick (West Midlands) • Marion O'Connor (Thames Valley)
- Dr Ian Fellows (East Anglia) • Jeremy Nightingale (North Thames) • Rick Wilson (South Thames) • Dr Emma Greig (South West) • Peter Austin (South) • Paul Kitchen (South East) • Carole Glencorse (Industry Rep)

Key objectives for the year

To finalise a plan for arranging a regional meeting (see figure at end).

To encourage all groups to hold one BAPEN meeting in their region and to attract attendees from those who do not currently

recognise the importance of detecting, preventing and treating undernutrition.

The other aims within a region are as before and include keeping a list of names of those interested in nutritional support, raising local awareness, being a media

contact point and promoting BAPEN.

Key outputs for the year

Seven of the 14 regions had meetings planned in 2008. The gastroenterologist regional representatives were most successful (4 of 5) in arranging the

meetings, though the best attendance was at the Southampton meeting run by Peter Austin (Senior Pharmacist).

Any other comments

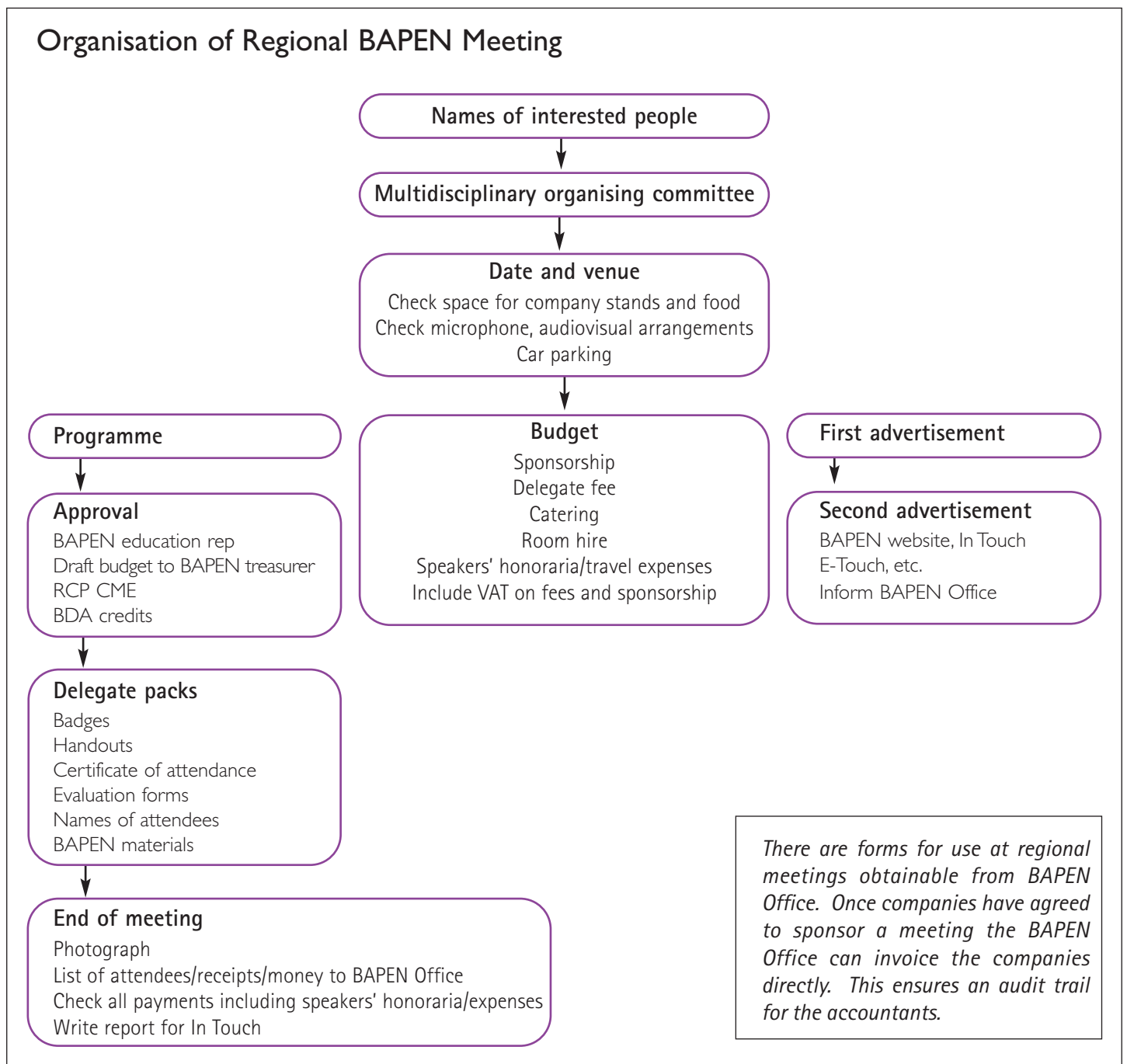
The spring 08 meeting of regional representatives placed its emphasis upon holding a successful BAPEN branded meeting. Those regional representatives with the most experience in organising BAPEN branded meetings talked about their experiences. Emma Greig (South West Region - Consultant Gastroenterologist in Taunton) and Peter Austin (South Region - Senior Pharmacist in Southampton) spoke about 'How it is done' and discussed the practicalities of

setting up a meeting from finding interested people, setting the programme, advertising, educational approval, finances, delegate packs/certificates of attendance, refreshments and arrangements on the day. A key factor that came out was the role of an organising committee, which spreads the responsibility and tasks. Melanie Baker (Trent Region - Senior Dietitian in Leicester) followed by talking about the 'financial issues' of sponsorship, registration fees, speaker fees/expenses room hire, and food and drinks. Ian Fellows (East Anglia - Consultant Gastroenterologist in Norwich) outlined how 'BAPEN recognition and CME points' are obtained. The morning finished with Carole Glencorse (Senior Dietitian and

Industry Representative) speaking on 'What industry wants from a meeting' and showing that industry can work well together with the representative not only in giving financial support but also in planning the meeting (e.g. suitable venues) and helping to find speakers and attendees.

The afternoon was aimed at updating the representatives about the major nutritional activity in the country. Rick Wilson (South Thames Region - Senior Dietitian), with help from Caroline Lecko (invited from the NPSA), spoke about the National Nutrition Screening Weeks (results from 2007), the Nutrition Action Plan and the Council of Europe Alliance UK.

Organisation of Regional BAPEN Meeting



Education and Training Committee

RUTH NEWTON, CHAIR BAPEN EDUCATION AND TRAINING COMMITTEE



The Education and Training Committee held three meetings in 2008 and notes were submitted to BAPEN Office after those meetings.

The outlined work for the year was as follows:

- Development of a multi-disciplinary education and training symposium at the BAPEN Annual Conference in Harrogate, November, 2008
- An interactive symposium on the theme of 'competent to care' was held. Three key note speakers gave talks on nasal bridles, education of nutritional team members and an example of a successful 'MUST' training tool. Excellent feedback was received and it is planned to carry on the theme for next year's meeting

- Development of a regional and distance-learning based course in clinical nutrition for nutrition support teams
- This course has now been refashioned into a regional course which is to be held in three key locations in conjunction with the Regional Reps Committee. The course will focus on intermediate level skills, business planning and multi-disciplinary activities. These will be run in late 2009 and 2010
- To aid the development of new modules for doctors.net. The success of the modules published to date has been

acknowledged and Nicola Turing thanked for all her hard work

- After updating endorsement tool for BAPEN it is now planned to merge this with a tool of broader scope to incorporate non-educational material
- The launch of the 'MUST' e-learning tool in conjunction with Glasgow and Clyde
- The launch of the BAPEN basics study day 'Getting to grips with nutrition' at the Annual Conference this October.

I would like to take the opportunity to thank the rest of the committee for all their hard work.

UK Home Parenteral Nutrition Group

JANET BAXTER & PROFESSOR JEREMY POWELL-TUCK, UK HPN



The UKHPN group is now a Special Interest Group of BAPEN and terms of reference have been prepared. As such, membership of the UKHPN group is free to any member of BAPEN. We aim to be the principal forum for multidisciplinary and multi-professional discussion of the management of prolonged intestinal failure.

The group's prime aims are threefold:

- To provide a multi-professional forum enabling communication between those health professionals in the UK who provide home parenteral nutrition (HPN) to adults and children
- To foster excellence in the provision of HPN and in the management of type 2 intestinal failure in the UK through communication, education, research and audit.
- To foster, develop and support networks to manage type 2 intestinal failure and deliver HPN across the UK

The objectives include the organisation of regular meetings. The UKHPN second meeting was held at the Tara Copthorne Hotel, London, on the 7th May 2008. This was a very successful day, attended by over 100 delegates and speakers. Calea UK Ltd, Clinovia, and Willow Healthcare Ltd provided financial support.

The proceedings were chaired by Jeremy Powell-Tuck (London), Ruth McKee (Glasgow), and Jon Shaffer (Manchester). The meeting typified our multi-professional approach drawing on the expert contributions of

representatives from among biochemists, surgeons, physicians, paediatricians, dentists and commissioners. In the morning we heard Dr Denis O'Reilly from the Dept of Clinical Biochemistry, Glasgow Royal Infirmary, on Trace Element Deficiencies and Excesses in Intestinal Failure and HPN; Professor Ray Playford, Vice Principal of Barts and The London, on Intestinal Peptides in Intestinal Failure and HPN; Dr Jeremy Woodward, from the Intestinal Transplantation Unit at Addenbrooke's Hospital, Cambridge, on HPN-related Liver Disease and Intestinal Transplantation. The morning session

was completed by Alison Lee, St Mark's Hospital, London, who described her proposal for a national audit of antibiotic prophylaxis in HPN patients in the context of dentistry.

In the afternoon, Ms Carolynne Vaizey, Consultant Intestinal Failure Surgeon, St. Marks Hospital, reminded us of the disasters which can occur when intestinal failure is not managed with sufficient multidisciplinary expertise, followed by descriptions of the progress being made in the Welsh and Scottish HPN networks by Drs Barney Hawthorne, and Alastair McKinlay. We were brought up-to-date with the current paediatric British Intestinal Failure Survey by Dr John Puntis of Leeds, and Dr Barry Jones of Dudley updated us on the British Artificial Nutrition Survey (BANS). It was hoped that if an English Network for

HPN and IF (HIFNET) was established, it might be possible to gather data not only for home enteral and parenteral nutrition but also on type 2 intestinal failure.

The day was brought to a close by a description on the progress made by HIFNET. Andrew Bibby, commissioning lead for severe intestinal services – National Specialised Commissioning team, described the current position of the document 'A Strategic Framework for Intestinal Failure and Home Parenteral Nutrition Services for Adults in England'. This had been endorsed by the Presidents of the Royal College of Surgeons and Physicians and the National Commissioning Group for Highly Specialised Services and was soon to be taken forward to the Specialist Commissioning Groups.

It is the intention to hold regular meetings of the UKHPN group. It will be held on Tuesday 10th November at the The Kensington Close Hotel, Wrights Lane, Kensington, London W8 5SP. This will have a strong bias towards surgical management of IF – both adult and paediatric – and will include an update on the progress being made towards an English National IF network, as well as updates on progress being made in Scotland, Wales and Northern Ireland. The group is trying to ensure that it focuses not just on HPN but also on the team approach to management of type 2 intestinal failure. If you would like to be kept informed of these, please contact Janet Baxter on 01382 496558 or janetbaxter@nhs.net



BANS

DR TREVOR SMITH, CHAIR BANS 2009

Committee:

- Dr Barry JM Jones, (Chair), Consultant Gastroenterologist, BAPEN Medical
- Ann Micklewright, Dietitian, (Hon Sec) Parenteral and Enteral Nutrition Group (PENG) of the British Dietetic Association
- Dr Rebecca Stratton, Nutrition Society and also of Nutricia
- Dr Mark Dalzell, Consultant Paediatric Gastroenterologist, BSPGHAN
- Dr Trevor Smith, Consultant Gastroenterologist, BAPEN Medical
- Dr Janet Baxter, Manager, Scottish HPN Managed Clinical Network, Scottish Representative BAPEN and ESPEN – HAN group
- John Kennedy, Nutrition Nurse Specialist (Adult), NNNG
- Carolyn Wheatley, HPN Patient, Chair of PINNT
- Carole Glencorse, Dietitian, Main Industry Group representative (Abbott)
- Jamil Khair, NNNG (Paediatric)
- Amanda Hirst, Paediatric Dietitian, Paediatric Group, BDA
- Lucy Thompson, Pharmacist, British Pharmacists Nutrition Group (BPNG)
- Geoff Cooke, BANS Data analyst, Streets – Heaver Ltd.
- Lynn McCready (Calea), PN homecare representative
- James Astrop (Clinovia), PN homecare representative now demitted
- Prof. Marinos Elia, Consultant Physician & Professor of Clinical Nutrition and Metabolism, Nutrition Society, Founder of BANS, Chair BAPEN. ex officio

Key objectives for the year

- To obtain further Section 60 support from PIAG
- To obtain data security certificate for Streets-Heaver and BANS from PIAG
- To process 2007 data and produce annual report to be published on BAPEN website
- To obtain independent data from commercial companies without compromising patient confidentiality (Janet Baxter leading)

- To launch E-BANS
- To consider future direction of BANS in the context of complying with PIAG directives whilst also supporting BANS reporters.

Key outputs for the year

- BANS annual report published on BAPEN website
- Consent, assent and patient information forms were approved and complimented by PIAG

- PIAG gave further section 60 support in December 2008 but emphasised the need to agree an exit strategy – either consent all patients or change type of data collected
- Streets-Heaver data security document approved by PIAG
- Formal launch of E-BANS
- BANS data included in HIFNET document, which also proposed that IF centres are mandated to report to BANS

- Independent data indicates variable reporting rates to BANS; Adult HPN was the most successful with 90.7% patients reported to BANS. Reporting rates for paediatric HPN, adult HETF and paediatric HETF were 59%,

80.3% and 45% respectively.

Other comments

Dr Barry Jones stood down as BANS Chair in December 2008. He has made a very significant contribution to the work of

BANS and BAPEN. His hard work and drive to ensure BANS' future success were recognised and the committee were particularly grateful for the enormous amount of work he had undertaken to secure PIAG approval.

ESPEN

DR JON SHAFFER, ESPEN REPRESENTATIVE



Key objectives for the year

- To push forward the malnutrition agenda within the council of EUROPE with the formation of the European Nutrition for Health Alliance, which was launched at ESPEN during September in Florence. This had a clear political agenda to the European parliament and executive to place malnutrition high up on their agendas. The success of the January nutrition day in 2006/7 and 2008 has given useful and powerful data to emphasise the health risks and benefits of recognising and managing Disease Related Malnutrition. Much of what ESPEN is trying to do is a reflection of what BAPEN has been endeavoring to achieve in the UK. ESPEN and the Nutrition Health Alliance have already presented to the European council and are anticipating that their objectives will be formally agreed during 2009/10
- ESPEN considered BAPEN's bid for the 2012 congress. Initially this was to be London, but for logistic and timing reasons this was not possible and Liverpool was suggested instead. For reasons relating to a suitable financial return ESPEN were not enthusiastic and it is likely that no further bid for 2012 from the UK will be submitted.

Core Group Reports

BAPEN Medical

DR EMMA GREIG, CHAIR BAPEN MEDICAL 2009



Committee:

Dr Tim Bowling (Chair) • Dr Simon Gabe (Hon Treasurer) • Dr Emma Greig (Hon Secretary) • Dr Nicki Simmonds • Dr Michael Colley • Miss Ruth McKee • Dr David Lloyd (Trainee representative)

Key objectives for the year

- Hold second postgraduate teaching day immediately before main BAPEN conference
- Aim to build links with associated specialties by holding a mid-year scientific meeting based on liver disease and nutrition
- Achieve a multi-organisation consensus on saline therapy
- Support two scientific sessions at BAPEN conference
- Make e-learning modules on nutrition

accessible to a wide audience

- Continue to attract new members into BAPEN and BAPEN Medical
- Provide a variety of educational opportunities to improve knowledge of nutrition and nutritional support in all grades of medical staff.

Key outputs for the year

- Our second postgraduate teaching day was held on Monday 3rd November in conjunction with ESPEN life-long learning and attracted 143 delegates.

The overall title was 'Inflammatory bowel disease and nutrition – everything you need to know' which attracted 21 specialist registrars and three IBD nurses who are likely to be new to BAPEN events. Feedback scores were excellent, resulting from the quality of speakers as well as the opportunity to gain a Lifelong learning certificate if delegates passed the end-of-day quiz. This was followed by an informal dinner and sangria in La Tasca, thus welcoming newcomers to BAPEN Medical events

- The two BAPEN conference sessions included a session on anorexia as part of a symposium linking with the Nutrition Society which centred around a multidisciplinary discussion about a particularly difficult case. This has subsequently led to the formation of a multi-specialty consensus group to ameliorate management of such cases. The other symposium centred on the diagnosis and management of coeliac disease, finishing with a debate about whether doctors or dietitians are best equipped to follow these patients up in the long-term. The overall consensus was that in an ideal world, both disciplines were required.
- GIFTASUP (British Consensus Guidelines on Intravenous Fluid Therapy for Adult Surgical Patients) was published as a consensus between BAPEN Medical (led by Professor Jeremy Powell-Tuck), the Association of Clinical Biochemistry, the Association of Surgeons of Great Britain and Ireland and the Society of Academic and Research Surgery, the Renal Association and the Intensive Care Society. This is an excellent example of multi-disciplinary working to optimise post-operative fluid and electrolyte management
- A mid-year scientific meeting was held on 3rd July 2008 at the Wingate Institute at the Royal London Hospital, based around nutrition and the liver which allowed us to link with Hepatologists to discuss managing nutrition in patients with liver disease and trying to prevent liver dysfunction in those receiving nutritional support. Once again, feedback marks were good, showing the success of linking with different disciplines
- The three e-learning modules produced by Dr Simmonds are now available on the BAPEN website. These provide a valuable introduction to nutrition for foundation doctors (the target audience) but also for anyone else with an interest in nutrition.

Other comments

- I would like to thank the sponsors of our events this year; Nestlé and Abbott (for our Teaching Day on 3rd November 2008), and Baxter (Ltd) (for our Scientific Day on 3rd July 2008). Without their support, we would be unable to run these meetings.

Plans for 2009

- We are planning a further teaching day in Cardiff to be held on 12th October

2009 based on 'Nutrition and the dysfunctional gut'.

- We will support a further two sessions at the main BAPEN conference. One will link with the Nutrition Society and be based around the endocrinology of obesity, bariatric surgery and dietetic management of the complications of bariatric surgery. The other will be based around salt and water management in hospital and include the GIFTASUP guidelines, a practical management guide for safe fluid prescribing and a study showing how well or otherwise we really manage fluids in hospital
- We held a mid-year meeting on 18th June 2009 at the Wingate Institute in Whitechapel, linking with Nephrology. Once again this was a success and allowed us to strengthen links beyond those built by GIFTASUP

We plan to publicise the three e-learning modules as these are now uploaded onto the BAPEN website. These are aimed towards foundation-level doctors and include a valuable self-testing mechanism to ensure that knowledge is retained.



British Pharmaceutical Nutrition Group (BPNG)

JACKIE EASTWOOD, BPNG CHAIRMAN 2008

Committee (as of December 2008):

- Rebecca White (Chair), NHS Oxford
- Jackie Eastwood (Vice Chair), NHS London St Marks
- Mike Allwood (Secretary), Academia Derby University
- Richard Smith (Treasurer), Industry Runcorn
- Ruth Newton (Education Officer), NHS Stoke
- Allan Cosslett (Communications Officer), Academia Cardiff University
- Gil Hardy (Previous Chair), Academia/Industry Auckland, NZ
- Lucy Thompson (Co-ordinating Officer), NHS London Kings
- Venetia Horn (Co-ordinating Officer), NHS London GOSH
- Tim Sizer (Co-opted Member), Academia/NHS Leeds University
- Tony Murphy (Co-opted Member), NHS London UCL

The BPNG have been very active and have representation on all BAPEN committees. The BPNG has also had representation in the following committees or organisations:

- NCEPOD audit for parenteral nutrition steering group
- Working party for advanced and specialist practice for pharmacists (part of the Waterloo Group)
- UK Clinical Pharmacy Association Gastroenterology and Hepatology Specialist Group. This is a new group and a new link for the BPNG
- NHS Pharmaceutical Aseptic Services Group
- NHS Pharmaceutical Quality Assurance Committee
- NHS Technical Specialists Education and Training Group
- MHRA working party reviewing the prescribing of unlicensed medications by independent prescribers.
- Royal Colleges Working Party on Nutrition
- HIFNET Development group

Key achievements in 2008

- Celebration of the 20th anniversary of the formation of the BPNG
- Continue the BPNG educational programmes comprising of the Fundamentals in Parenteral Nutrition course and a day for advanced practitioners.
- Working party on Home Parenteral Nutrition.

Key outputs for 2008

Our main event was a two day symposium in Birmingham. The first day comprised the well known 'Fundamentals of Parenteral Nutrition' study day which was well attended and had positive feedback by delegates. This is now an annual feature of the BPNG calendar and is open to all professionals who are starting out in nutrition support and parenteral nutrition. The day covers indications to parenteral nutrition to

ethics, and is taught by multi-professional speakers who are experts in their field.

As part of this day, we also held our annual general meeting, at this meeting Becky White stood down and Jackie Eastwood took over as Chair. There were a number of changes within the executive committee with new faces of Peter Austin and Sarah Zeraschi joining the team.

The second part of the symposium was an advanced programme around the subject of fluid and sodium balance, how to interpret and how to manage PN in renal disease.

2008 was the 20th Anniversary of the formation of the BPNG. This was celebrated with a gala dinner at the two-day educational event. All previous chairs and people who were vital in the starting of the group were invited. The theme for the event was 1920s with fancy dress and

feather boas everywhere to be seen. To get us in the mood a murder mystery took place and we finished off the sitting down with a dance lesson.

In July 2008, the working party for home parenteral nutrition (HPN) met. A decision was made to produce three documents. The first was to try to standardise the process for prescribing HPN within the UK and to define what is the prescription. All current processes were looked at, with three homecare companies and a decision was made. The second was to provide guidance of how to manage long-term and HPN in relation to the formulation of the parenteral nutrition. The last one was to produce a standard HPN tender specification in association with the national procurement agency PASA. All these documents are in process and are due to be finalised in 2009/10.

National Nutrition Nurses Group (NNNG)

ANDREA CARTWRIGHT, CHAIR NNNG 2009



Committee:

- Andrea Cartwright (Chair), Basildon University Hospital
- Jane Fletcher (Secretary), Queen Elizabeth Hospital, Birmingham
- John Kennedy (Treasurer), Fresenius Kabi Ltd.
- Kate Pickering (Communication Officer), University Hospitals, Leicester
- Tracy Earley (Communications Officer), Royal Preston Hospital
- Liz Evans (Oral Nutrition Officer), Stoke Mandeville Hospital
- Winnie Magambo (Education and Conference Organiser), University Hospital of Wales, Cardiff

Key objectives for 2008

- Stakeholder in the DH Nutrition Action Plan, (Nutrition Screening, Education and Regulation working groups have NNNG Representation)
- Stakeholder in the RCN Nutrition Now Campaign
- Complete Granuloma Working Party Report, present at NNNG Conference 2008 and publish findings
- Commence a Buried Bumper Working Party for consensus document.

Key outputs for 2008

- Presented results of the Granuloma Working group
- Two-day conference – biggest ever

delegate attendance

- Contributed to the NHS Core Learning e-learning module.

Key objectives for the year 2009

- Write up granuloma working party results and publish
- Buried bumper prevention poster – devise and publish
- Continued involvement with NPSA – Dysphagia Expert Reference Group
- Continued involvement with NHS Core e-learning Programme (dysphagia)
- Advanced skills study day
- Complete competency document for Nutrition Nurse Specialists

- Work with PINNT to develop patient held documentation for central venous catheters
- Non-medical prescribing support package with BAPEN/BPNG.

Any other information

Due to increase activities, the NNNG committee to increase membership from 7 to 8 members for at least the next 12 months. Three committee members are due to stand down at the end of 2009, so elections will be due during 2009. Chair due to stand down at the end of 2010, so the committee to elect from the current committee the 'Chair elect', to shadow before handover, in accordance with the NNNG Constitution.



PETE TURNER, CHAIR OF PEN GROUP 2009

Committee:

- Pete Turner (Chair) • Ailsa Brotherton • Carole Anne McAtear • Joanna Clutterbuck
- Ailsa Kennedy • Melanie Baker • Kirstine Farrer • Sarah McGladery • Vera Todorovic
- Paula Murphy. Approx 500 ordinary members

Key objectives for the year

- Organise PENG Summer Meeting
- Produce two editions of PENLines
- Advance the Clinical Update Course to Masters Level
- Establish three tiers to the Clinical Update Course – from basic to Masters level

Key outputs for the year

- The 2008 PENG summer meeting was held in August with the title of 'Nutrition Support at the Extremes'. It was a very successful, well-attended meeting with eminent speakers discussing controversial subjects such feeding very overweight and underweight patients, as well as the ethics of nutrition at the end of life

- PENlines, the PENG newsletter, continues to be sponsored by Nutricia Clinical Care, with two editions in 2008. Back copies can be found on the website www.peng.org.uk, which also contains details of membership and contact details for PENG committee members
- PENG have reduced their annual membership fee by £5 so that dietitians can join both groups for £35 – the usual cost of individual BAPEN membership
- PENG played an active role in the BAPEN 2008 conference in Harrogate. This included organising and participating three symposia for the conference, 'It 'MUST' Happen – or Risk the Consequences', 'Nutrition at the End of Life: Feeding the Dying

Patient' and 'Gutless – You are the Weakest Link: Goodbye'. All three were well-attended and received good evaluations

The PENG Clinical Update, a post graduate BDA validated course for dietitians working in nutrition support, successfully took place in Glasgow during July 2008 with approximately 80 delegates participating. Ailsa Kennedy, the current course leader, can be contacted at ailsa.kennedy@gmail.com regarding the 2009 course which will again be held in Glasgow. This will be the final time it will be run as BDA validated course before progressing to Masters Level from 2010.



PAUL PHILLIPS, PINNT EC

PINNT held its AGM at Marwell Hotel, opposite Marwell Zoo in Hampshire – we all felt very at home! Good attendance from both members and industry provided a successful day for all.

During the year we focused on both internal and external matters. We re-evaluated what our core objectives were and spent time deliberating on how to improve these. Time was dedicated to updating and developing internal policies and procedures in order to ensure a smoother running of the charity. We noted that we needed to maintain and develop a wider communication network with healthcare professionals. Our previous work with LITRE was back in the spotlight. LITRE had provided us with a forum in which we could represent the users

perspective in relation to equipment and services and members felt this should be re-established for key projects. PINNT were keen to retain their relationship with BIME and agreed to deliberate the best way forward. Our number one core objective was to retain communication with our members. Our magazine went from strength-to-strength with work on updating the website took place in order to extent modes of communication.

New regional groups were established as well as local groups. The message from

our membership was that even a regional group could be potentially a distance away, they wanted something even closer to home – pilot groups are underway.

During 2008, PINNT experienced a number of changes within its governing committee but we continued to provide the support and contact that so many people seek from PINNT. While key personnel left new volunteers came forward and PINNT has a renewed vibrancy that will lead us forward into the new PINNT year.

Nutrition Society – Clinical Nutrition and Whole Body Metabolism Theme

PROFESSOR GARY FROST, LIAISON OFFICER THE NUTRITION SOCIETY



- Gary Frost's term of office came to an end in the summer. Professor Bruce Griffin from the University of Surrey has been elected to head the Clinical Nutrition and Whole Body Metabolism Theme
- The Nutrition Society session at BAPEN last year was focused on lessons to be learnt from the developing work and was well received
- The Theme continues to find its feet and develop. There is an urgent need to embrace the wider aspects of human metabolism, this, hopefully, will be taken on by Professor Griffin
- The Nutrition Society continues to strengthen the themes as a way of channelling its academic activity.

External Communications

RHONDA SMITH, BAPEN MARKETING & COMMUNICATIONS MANAGER



During 2008 Rhonda Smith's work once again focused on supporting the development of the charity through partnership working, stakeholder management, political counsel and proactive and reactive media relations. Support for the marketing of BAPEN Conference was also provided.

Rhonda attended regular Officers' meetings to Report progress against the agreed Work Plan, BAPEN Council meetings as an observer and contributor where appropriate and as requested, and was an active member of the Communications and Programmes Committees. Rhonda was a full member of BAPEN in 2008.

Key achievements as part of the BAPEN team during 2008 were:

- Management of the Round Table meeting 1st July 2008 with 18 charities representing a wide spectrum of population and patient groups concerned about and committed to improving access to and delivery of nutrition care for their stakeholder group (leading to publication of the Report in January 2009)
- Management of GNASH (Group on Nutrition and Sheltered Housing) and the research work to explore screening for malnutrition in sheltered housing (leading to publication of a Report and Launch in house of Commons May 2009)
- Working in partnership with the Chairman and representatives of the IDFA to prepare for a successful launch of BAPEN's 'Combating Malnutrition' report (launch Feb 2009 at House of Commons)
- Support for BAPEN's Nutrition Screening Week 2008, including securing the support of the Four

Nations Government Health Departments to promote BAPEN's Summer Screening Week

- Management of BAPEN's proactive media relations campaign throughout the year leading to the generation of significant media coverage
- Securing and managing meetings with Stephen O'Brien MP and Paul Burstow MP
- Management of all reactive media relations, co-ordinating BAPEN's response to all appropriate nutrition topics
- Through effective promotion and increased marketing activity playing a part in securing a profitable and highly successful 2008 BAPEN Conference, including the management of the VIP reception.

2008 was once again a busy year for BAPEN in terms of external relations and activity, a year in which the charity further consolidated its position as a highly authoritative, credible and responsive partner and spokesperson.



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BAPEN NEEDS YOU AND YOUR DATA...

...to continue to fight malnutrition!

Save the dates **12th-14th January 2010** and sign up for BAPEN's Nutrition Screening Week 2010

With Summer & Autumn under its belt, BAPEN's Winter NSW10 will collect seasonal data on prevalence of malnutrition on admission to care and information on nutritional care practice. BAPEN's NSW11 (planned for April 2011) will collect the data for Spring and combine these data with the other seasons to provide a more complete picture of malnutrition across the UK.

Why sign up? You will contribute to the national data set, strengthening the valuable evidence base to combat malnutrition, and receive local data back allowing you to benchmark your own data and service against the national picture.

Register by emailing the BAPEN Office bapen@sovereignconference.co.uk with 'Sign up for NSW10' in the subject line and providing your full contact details.

Check out previous BAPEN NSW Reports at www.bapen.org.uk

BAPEN's Nutrition Screening Weeks are supported by the BDA, RCN, NPSA and all 4 UK nations.

