



# 2010 Annual Conference

**m<sup>2</sup> MALNUTRITION MATTERS**

*to be held at*

**Harrogate International Centre**

*on*

**Tuesday 2nd November &  
Wednesday 3rd November 2010**

**This meeting is approved for credits under  
the Continuing Medical Education (CME) Scheme  
by all Medical Royal Colleges**

**Provisional Programme**

Monday 1st November 2010

We are pleased to announce that there will be the two Teaching Days this year being organized by BAPEN Medical and BAPEN/BSPGHAN.

## TEACHING DAY REGISTRATION FEES

For bookings made	Prior to 1st October	After 1st October
BAPEN Medical/BAPEN members	£40.00 + VAT = £47.00	£60.00 + VAT = £70.50
Non-members	£60.00 + VAT = £70.50	£80.00 + VAT = £94.00

The Teaching Day's can be booked and paid for along with the BAPEN Annual Conference registration fees.

Register on-line via the BAPEN website: [www.bapen.org.uk](http://www.bapen.org.uk)

## BAPEN MEDICAL TEACHING DAY

### “Nutritional Issues in Cancer Patients”

This will be the fourth annual teaching day and the topic this year is ‘cancer and nutrition’. The day will address specific issues around diet and nutritional support looking at diet and its potential role in causing gastrointestinal cancer, the basic science of cachexia and the role of nutritional support in a variety of situations including toxicity from acute chemotherapy, acute and chronic radiation enteritis ending with a case presentation. The afternoon will review the role of nutrition support including talks about oral nutrition support, tube feeding in cancer

patients and cover when to start and stop feeding. The day will conclude with a debate about the role of parenteral feeding in cancer patients.

The aim of the day is to provide a state-of-the art approach to managing nutrition in cancer patients, providing some evidence to assist with answering patient’s questions about what may have caused the cancer, and provide a strategy for managing some of the complications which arise as a result of chemotherapy or radiotherapy.

Refer to BAPEN website for further details

Tuesday 2nd November 2010

## BAPEN ANNUAL DINNER



It's party time here at BAPEN! Come along and join in the fun of our BAPEN Beach Party with an authentic buffet meal, dancing to the sounds of the 'Beach Boys', limbo dancing and 'surf the waves'. Hawaiian shirts, flip flops, sun hats or even beach wear will help you get in the mood for a night off un. Evening starts at 7.30pm at the Harrogate International Centre. Tickets @ person inclusive of 'Caribbean Style' buffet meal with drinks and entertainment.

\* Inclusive of VAT.

## **BAPEN/BSPGHAN Paediatric TEACHING DAY**

09:30 - 10:00	Registration and coffee
10:00 - 10:30	<b>“Parenteral nutrition for neonates and children: Findings of the NCEPOD report; A Mixed Bag”</b> Dr David G. Mason, Consultant Paediatric Anaesthetist & NCEPOD Clinical Coordinator, Oxford Radcliffe Hospitals NHS Trust
10:30 - 11:00	<b>“NCEPOD report: The Clinical application of the NCEPOD findings “</b> Dr Jon Puntis, Consultant Paediatric Gastroenterologist, Leeds General Infirmary
11:00 - 11:15	Open Discussion
11:15 - 11:30	Coffee
11:30 - 12:00	<b>“Short Gut: Early Nutritional Consequences: the Enteral and Intravenous Feeding Balance”</b> Speaker to be confirmed
12:00 - 12:30	<b>“Short Gut : Surgical Strategies “</b> Speaker to be confirmed
12:30 - 12:45	<b>Short Gut: Case Presentation</b>
12:45 - 13:30	Lunch
13:30 - 14:00	<b>“Short Gut: Late-onset Nutritional Deficiencies with Case Presentations”</b> Sarah Macdonald, Principal Dietitian, Great Ormond Street Hospital for Children, London
14:00- 14:45	<b>“Use of Lipids in Hospital and Home Intravenous Nutrition in Europe “</b> Speaker to be confirmed
14:45- 15:00	Tea
15:00- 16:30	<b>“Nutrition Screening Tools – benefits &amp; controversies”</b> <b>PYMS</b> Dr Diana Flynn, Yorkhill Children’s Hospital, Glasgow <b>STAMP</b> Speaker to be confirmed <b>Issues in Developing a Screening Tool</b> Dr Judith Pichler, Clinical Fellow, Great Ormond Street Hospital for Children
16:30 - 16:55	Panel discussion
16:55 – 17:00	<b>Summary and close of meeting</b>

## **ORIGINAL COMMUNICATIONS**

Posters showcasing new research will be displayed throughout the conference. Abstracts will be presented as Original Communications during designated symposia on Tuesday and Wednesday – details will be provided in the final programme.

## **BAPEN’s INDUSTRY PARTNERS**

Abbott Nutrition, Baxter Healthcare, BBraun Medical, Bupa Home Healthcare, Complian Foods, Fresenius Kabi, Merck Pharmaceuticals, Nestle Healthcare Nutrition, Nutricia Clinical Care and

## **ACCOMMODATION**

Accommodation is available at selected hotels, guest houses and Bed & Breakfast establishments in Harrogate, within easy reach of the Harrogate International Centre.

A Poster Reception will be held at 5.30p.m. on Tuesday 2nd November where ‘chaired’ poster sessions will give you an opportunity to view and discuss with the author.

Vitafo International along with other commercial and non-profit organisations will again provide a Trade Exhibition at this year’s BAPEN Annual Conference.

Further details are available on the BAPEN website: [www.bapen.org.uk](http://www.bapen.org.uk)

**Tuesday 2nd November 2010**

09:30 – 11:00

Welcome and Opening of Conference

**“Ensuring Quality in Nutritional Care”**

This opening session will focus on quality and commissioning nutrition services concluding with pursuing data to improve quality with recommendations from the first national audit of inpatient PN amongst all age groups, the NCEPOD PN Study.

**Care Quality Commission****BAPEN Malnutrition Matters Toolkit for Commissioners and Providers**

Mike Stroud, Chair, BAPEN

**‘MUST’ e-learning module**

Marinos Elia, Chair, MAG (Malnutrition Action Group), BAPEN

**“A mixed bag: Results of NCEPOD’s National Audit of PN Practice”**

James Stewart, Consultant Physician &amp; Gastroenterologist Digestive Diseases Centre, Leicester Royal Infirmary

11:00 – 11:30

Coffee and Exhibition

11:30 – 12:10

**The Pennington Lecture**

Rebecca White, Pharmacy Team Manager, Surgery &amp; Nutrition, Oxford Ratcliffe Hospitals NHS Trust

12:10 – 12:30

**BAPEN Nutricia Research Fellowship Award 2010**

12:30 – 13:40

BAPEN AGM, Lunch and Exhibition

13:40 – 15:20

**Symposium 1****“Options in Enteral Feeding: to PEG or not to PEG, is that the only question?”****“Back to basics: the pros and cons of PEG”**

This presentation will look at the risks and benefits of PEG and consider the NCEPOD: Scoping our Practice findings. BANS data on the number of patients with PEG versus NG tube will be discussed along with recent guidance from the RCP concerning the issue of pressure to PEG from nursing homes.

Dr Sue Cullen, Consultant Gastroenterologist, Buckinghamshire Hospitals NHS Trust

**“The alternatives: in defence of naso-gastric tubes”**

This presentation will consider the pros and cons of naso-gastric tubes in the community. What are the issues and why are community care areas often reluctant to use them? Consideration will be given to the use of nasal bridges and support and training that can be given to enable nursing homes and community teams to manage naso-gastric feeding tubes successfully.

Tracy Early, Consultant Nurse – Nutrition, Lancashire Teaching Hospitals NHS Foundation Trust

**“Making it work”**

Discussion of how one nursing home managed to successfully instigate naso-gastric tube feeding for their patients with the help and support of their local Nutrition Nurse Specialist.

Speaker to be confirmed

13:40 – 15:20

**Symposium 2****“Micronutrients under the Microscope”**

Just how stable are vitamins and trace elements in parenteral nutrition feeds? How are micronutrients monitored in patients on long-term nutritional support, and what guidelines are there for making clinical decisions on dose modification? Just how toxic is aluminium as a contaminant of parenteral nutrition solutions – is there evidence of long-term neurological effects in the pre-term infant? These are some of the challenging questions that this symposium will ask.

**“Aluminium exposure from parenteral nutrition in preterm infants”**

Mary Fewtrell, MRC Childhood Nutrition Research Centre, UCL Institute of Child Health, London

**“Monitoring micronutrients in patients on parenteral nutrition – a laboratory perspective”**

Ken Newton, Principal Clinical Scientist, Trace Elements and Anaesthetic Gases, Clinical Biochemistry, Leeds

**“The stability of micronutrients in parenteral nutrition feeds. What is known, and what can be claimed?”**

Professor Mike Allwood, Derby

13:40 – 15:20

## Satellite Symposium

Sponsored by 

### **“Best practice in the preparation of patients for bariatric surgery”**

The rise of obesity in the UK population has been well documented. The Foresight Tackling Obesity project (Jan 2010, [www.foresight.gov.uk](http://www.foresight.gov.uk)) has been one of the many reports to present alarming figures for the likely prevalence of obesity in future generations. Whilst the role of prevention in tackling obesity has received attention in the Change4Life campaign, the role of Bariatric Surgery as a treatment cannot be ignored. The field of Bariatric Surgery in the UK is young but growing fast and likely to continue doing so. At present there is little consensus amongst surgical centres on many of the issues surrounding the management of an undeniably complex and challenging patient group. We seek to bring established practitioners to share both their own experience and that from more long-term practices overseas to move toward a consensus on best-practice in this area.

### **“Review of evidence for pre-surgical diets”**

A synopsis and analysis of the most pertinent clinical evidence for the use of low-energy diets to reduce liver volume and achieve general weight loss prior to bariatric surgery  
Kelli Edmiston, Bariatric Dietitian, Chelsea and Westminster Hospital, London

### **“Nutritional deficiencies in the obese patient”**

The prevalence and management of vitamin and mineral deficiencies in the obese patient is a topic of interest to a wide range of dietetic interest groups  
Jennie Taylor, Bariatric Dietitian, Spire Hospital, Manchester

15:20 – 15:50

Tea and Exhibition

15:50 – 17:30

## Symposium 3

### **“Nutrition is the Cutting Edge in Surgery – Peri-operative Feeding”**

Adequate nutrition is vital to promote recovery from surgery and minimise complications. This symposium will look at the issues around peri-operative nutrition – covering enhanced recovery programmes and those patients who would benefit from either pre- or post-operative nutritional support. It will review recent evidence and guidelines, giving delegates up to date recommendations on managing these patients.

### **“Pre-operative nutritional management”**

Dr Federico Bozzetti, Department of Surgery, Hospital of Prato, Italy

### **“Nutrition support pre-operatively and carbohydrate loading”**

Speaker to be confirmed

### **“Jejunostomy after oesophagectomy, how and why I do it”**

Graeme Cooper, Consultant Oesophago-gastric Surgeon, The Royal Infirmary of Edinburgh

### **“National Audit of Oesophago-gastric surgery – does jejunostomy help?”**

Speaker to be confirmed

15:50 – 17:30

## Symposium 4

### **“HIFNET and PN”**

This symposium will focus on the challenges of HPN- ensuring through the correct training of staff at a variety of centres that the patient will receive safe, appropriate HPN with minimal complications. The journey will progress through selection, training and prevention/management of long term complications. During the session the delegate will learn the competences required at different types of centre as discussed by HIFNET alongside the short/long term complications with associated methods of prevention and management”

### **“Management of Acute intestinal failure”**

Keith Gardiner, Consultant Colorectal Surgeon, Royal Victoria Hospital, Belfast

### **“How much is too much? – How to calculate requirements in the septic and obese patient”**

Speaker to be confirmed

### **“Show us the money – an update on how we achieve the financial support for complex home patients”**

Andrew Bibby, Associate Director, South East Coast Specialised Commissioning Group

15:50 – 17:30

Original Communications

17:30 – 18:30

‘Chaired’ Poster Reception

19:30

BAPEN Annual Dinner

09:00 – 10:45

### Symposium 5 – The Nutrition Society

#### **“From cutting edge research to clinical practice”**

This symposium will explore how current research in areas that may seem far removed from clinical practice are starting to impact. The aim will be to look at some new and established research techniques as applied to clinical nutrition.

#### **“How does your gut taste?”**

Dr John McLaughlin, University of Manchester

#### **“Do genetic profiles inform clinical management in intensive care?”**

Dr Anthony Gordon, Imperial College London

#### **“What do gut bugs and metabolomics tell us about disease?”**

Professor Elaine Holmes, Imperial College London

#### **“Stable Isotopes - what can they tell us about critical care?”**

Dr Ken Smith, University of Nottingham

09:00 – 10:45

### Symposium 6

#### **“Test your IQ: Improvement in Quality”**

Colleagues with a high 'Intelligence Quotient' will make sure they attend this symposium which will focus on 'Improvement in Quality' across acute and community settings. This symposium will open with a sharp focus on quality standards in nutritional care and explore how all organisations and care settings can demonstrate they are meeting the quality standards for nutrition.

#### **“The regulators role in driving quality improvement”**

This presentation will explain the development, testing and implementation of a CQC tool that is designed to assess an organisations ability to deliver nutritional care to ensure *‘that patients and clients are appropriately hydrated and nourished according to their identified needs’*.

Sally Bassett, Honorary Deputy Chief Nurse East of England SHA and Director, Forensic Services, PricewaterhouseCoopers

#### **Meeting nutritional standards: Gathering the evidence**

#### **“BAPEN nutritional commissioning toolkit; sharing experiences of implementation”**

In this presentation, the successes, barriers, challenges and outcomes of using the BAPEN Nutritional commissioning toolkit in Lancashire Teaching Hospital NHS Foundation Trust will be shared.

Speaker to be confirmed

#### **“Using payment frameworks effectively”**

This presentation will discuss the 'Focus on Undernutrition' experience of embedding nutritional outcomes into CQUIN.

Rachel Masters, Team Lead Dietitian, Focus on Undernutrition

#### **“Nutrition Screening Week 2010: top line results”**

Christine Russell, Chair of BAPEN's NSW

#### **“BANS”**

Trevor Smith, Chair of BANS, BAPEN

09:00 – 10:45

### Satellite Symposium

Sponsored by **Baxter**

#### **“HIFNET: Building a Seamless Parenteral Nutrition Service for Patients”**

We have assembled our own 'virtual national nutrition team', with representatives from key disciplines from across the UK. We will hear their thoughts behind HIFNET; moving to a seamless model of patient care across the UK and some of the challenges arising from practical implementation. This session will run in a 'Question Time' format; a blend of predetermined questions, supplied by The Panel, but most importantly, we will be inviting you, the audience, to put our team 'on the spot' with questions of your own.

#### **Chairman**

Professor Jeremy Powell-Tuck; Emeritus Professor of Clinical Nutrition, Barts and the Royal London

#### **Panel members:**

Dr Simon Gabe, Consultant Gastroenterologist, & Co-Chair of the Lennard-Jones Intestinal Failure Unit St. Marks Hospital,

Dr Janet Baxter, Manager, Scottish National Managed Clinical Network for Home Parenteral Nutrition, NHS Scotland

Rebecca White, Pharmacy Team Manager, Surgery & Nutrition, Oxford Ratcliffe Hospitals NHS Trust

Alison Young, Nurse Consultant in Nutrition, Royal Liverpool & Broad Green University Hospitals NHS Trust

Carolyn Wheatley, Chair of PINNT

Andrew Bibby, Associate Director, South East Coast Specialised Commissioning Group

11:15 – 13:00

**Symposium 7**

**“Nutrition in IBD”**

Nutritional assessment and management forms a significant component of the care of all patients with IBD, but the issues involved can be confusing not only to healthcare providers, but also to patients. During this symposium, a patient, nutrition support and therapy in both ulcerative colitis and Crohn's disease to dispel some of the myths surrounding this complex subject.

**“Dietary and Nutritional Considerations for Inflammatory Bowel Disease”**

Dr Miranda Lomer, Consultant Dietitian, Guy's and St Thomas' NHS Foundation Trust and King's College London

**“Nutrition as primary therapy”**

Dr Clare Donnellan, Consultant Gastroenterologist, Leeds General Infirmary

**“Nutritional management of complex Crohn's disease”**

Dr Simon Lal, Consultant Gastroenterologist, Hope Hospital, Salford

**“Patient perspective of nutrition in IBD”**

Richard Driscoll, Chief Executive, National Association for Colitis and Crohn's disease

**Presentation and prize-giving of Powell-Tuck Prize**

11:15 – 13:00

**Symposium 8**

**“How to Succeed in Research”**

**“Starting and running a successful research project”**

Professor Sarah Andrew, Dean of Applied and Health Sciences, University of Chester”

**“View from a Funding Body Panel Perspective”**

Professor Gary Frost, Professor of Nutrition and Dietetics at Imperial College London

**“View from a Departmental Perspective”**

Dr Mary Hickson, Senior Lecturer Division of Investigative Science, Imperial College London

**“View from a Fellow's Perspective”**

Ms Liesl Wandrag, NIHR Fellow Division of Investigative Science, Imperial College London

**“New opportunities in partnership with industry”**

Charlotte Harden, Knowledge Transfer Partnership Associate, Sheffield Hallam University – Knowledge Exchange Case Study

11:15 – 13:00

**Original Communications**

13:00 – 14:15

BAPEN Medical AGM, Lunch and Exhibition

14:15 – 15:00

**The Nutrition Society Cuthbertson Medal Lecture**

15:00 – 16:00

**Symposium 9**

**“Dragon's Den”**

- Are you a budding nutritional entrepreneur?
- Are you seeking funding for your research project, audit, guideline development, training initiative, patient information leaflet or website?
- Have you invented a revolutionary feeding product or device and need financial support to develop it?

**Then why not pitch your idea in the BAPEN Dragon's Den?**

**The BAPEN Dragons will decide there and then if your project deserves the money you're asking for.**

Submit a brief outline of your idea in no more than 500 words to [bapen@sovereignconference.co.uk](mailto:bapen@sovereignconference.co.uk) **no later than Monday 19th July, 2010** and we'll decide if you'll be entering the “Dragon's Den” on the 3rd November.

16:00

Close of Conference



**BAPEN**  
 Advancing Clinical Nutrition  
 Registered Charity 1023927

# “QUALITY IMPROVEMENT IN NUTRITIONAL CARE”

**QUALITY IS THE WORD AND FOCUS THIS YEAR**  
*But what does this mean for daily nutritional practice in community, care and hospital settings?*

BAPEN's 2010 Conference **m** **MALNUTRITION MATTERS** focuses on 'Improvement in Quality' to help you get to grips with the CQC, QIPPs and CQUINs and improve your own 'IQ'.

BAPEN's multi-disciplinary conference is the ideal learning and networking event for dietitians, nurses, doctors, pharmacists, nutrition scientists, researchers, NHS managers, patient safety specialists, carers of vulnerable patients, care home managers & staff, patients & patient group representatives and medical education specialists.

*If 'Quality Improvement in Nutritional Care' matters to you then BAPEN's **m** MALNUTRITION MATTERS Conference is for you!*

*See programme highlights inside*

## REGISTRATION FEES

**EARLY BIRD REGISTRATION FEES - FOR BOOKINGS MADE UPTO FRIDAY 30TH JULY 2010**

		Individual Affiliate Members of BAPEN	Students
2-Day Conference Rate	£276.59 + VAT = <b>£324.99</b>	£248.93 + VAT = <b>£292.49</b>	£138.30 + VAT = <b>£162.50</b>
Day Delegate Rate	£165.95 + VAT = <b>£194.99</b>	£149.36 + VAT = <b>£175.50</b>	£82.98 + VAT = <b>£97.50</b>

For registration fees after 30th July 2010 please refer to **BAPEN website**

**The Full Individual Members of BAPEN Rate is available if your BAPEN subscription has been paid in full at the time of receiving your registration form.**

The Conference Rate includes registration fees for Tuesday and Wednesday, admission to the Trade and Poster Exhibitions, tea/coffee and lunch daily.

**The Student Rate is available to all pre and post graduate Students.**

The Day Delegate Rate includes the registration fees for either Tuesday or Wednesday, admission to the Trade and Poster Exhibitions, tea/coffee and lunch.

## The BAPEN Annual Conference is organised by

### Sovereign Conference

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**British Association for Parenteral and Enteral Nutrition**

**[www.bapen.org.uk](http://www.bapen.org.uk)**