



BAPEN MEDICAL TEACHING DAY

Sunday 17th June 2012

- 09:30 – 16:00 **Nutrition and Liver Disease – Hall 1B**
- Chair Dr Clare Donnellan, Consultant Gastroenterologist, St James University Hospital, Leeds
- 09:30 – 10:05 **Nutritional assessment and macronutrient deficiencies in liver disease**
Susie Hamlin, Liver Transplant / Hepatology Specialist Dietitian, Leeds Teaching Hospitals NHS Trust
- 10:05 – 10:40 **What micronutrient deficiencies might my liver disease patient develop and how do I deal with them?**
Dr Ewan Forrest, Consultant Gastroenterologist and Hepatologist (Honorary Senior Lecturer), Glasgow Royal Infirmary
- 10:40 – 11:15 **Natural history and pathogenesis of NAFLD**
Dr Quentin Anstee, Senior Lecturer in the Institute of Cellular Medicine, Newcastle University and Honorary Consultant Hepatologist in the Liver Unit at the Freeman Hospital, Newcastle
- 11:15 – 11:45 **Coffee**
- 11:45 – 12:45 Debate: **Surgical Management is better than Medical Management for NAFLD**
For: Mr Abeezer Sarela, Consultant Surgeon, Leeds Teaching Hospitals NHS Trust and Honorary Senior Lecturer in the University of Leeds
Against: Dr Mike Allison, Consultant Hepatologist, Addenbrooke's Hospital, Cambridge
- 12:45 – 13:00 **Q&As**
- 13:00 – 14:00 **Lunch**
- Practical Management of Nutritional Problems in Liver Disease (case presentations, lectures and interactive discussion)
- 14:00 – 14:35 **Outpatient liver disease**
Natasha Vidas, Hepatology, Liver Transplantation and HPB Specialist Dietitian, Department of Nutrition and Dietetics, King's College Hospital NHS Foundation Trust
- 14:35 – 15:10 **Inpatient decompensated liver disease**
Dr Mervyn Davies, Consultant Hepatologist, St James's University Hospital, Leeds
- 15:10 – 15:50 **Peri-liver transplant for fulminant liver failure**
Dr Catherine Hanson, Senior Clinical Fellow, Intestinal Failure and Transplant & Dr Jeremy Woodward, Consultant Gastroenterologist and Physician, Addenbrooke's Hospital, Cambridge
- 15:50 **Close of BAPEN Medical Teaching Day**

16:00 – 17:30 **DDF Post Graduate Course: Enteral v parenteral feeding in GI Surgery: Pancreatic surgery case based debate** – Hall 1A

For Enteral nutrition

Dr Tim Bowling, Consultant in Gastroenterology and Clinical Nutrition, Nottingham University Hospitals

For Parenteral nutrition

Dr Mike Stroud, Consultant Gastroenterologist, University of Southampton



MALNUTRITION MATTERS – PROGRAMME

Monday 18th June 2012

09:30 – 11:00 BAPEN Welcome & Opening Symposium – Hall 2F
Welcome - Dr Tim Bowling, Honorary Chairman, BAPEN

Symposium 1 – Hall 2F
TODAY WITH BAPEN
News, views and updates from the world of nutritional care

Presenters Dr Tim Bowling & Ms Estelle Matthews

Participants Dr Ailsa Brotherton, Honorary Secretary, BAPEN
Dr Sheldon Cooper, Chair of Education & Training Committee
Professor Marinos Elia, Chair of Malnutrition Action Group (MAG)
Ms Christine Russell, Chair of BAPEN's Nutrition Screening Week
Dr Trevor Smith, Chair of BANS
Dr. Mike Stroud, Lead of BAPEN Quality Group

11:00 – 11:30 **Coffee and Exhibition**

11:30 – 12:00 **Examples of Good Practice**

12:00 – 12:40 **The Pennington Lecture – Money Matters**

Professor Marinos Elia, Professor of Clinical Nutrition & Metabolism, Institute of Human Nutrition, University of Southampton

12:40 – 13:00 **BAPEN Nutricia Good Practice Award 2012 & BAPEN Recognitions**

BAPEN Nutricia Good Practice Award winner to be confirmed
Prize will be presented by Professor Marinos Elia on behalf MAG and Andrea Ralph,
Senior Medical Affairs Advisor, Nutricia Ltd

BAPEN Recognition Awards
Presented by Dr Tim Bowling, Honorary Chairman, BAPEN

13:00 – 14:00 **Lunch and Exhibition**

14:00 – 15:30 Symposium 2 – Hall 2F
DOING IT SAFELY – Enteral Nutrition

Chair Winnie Magambo, Nutrition Nurse Specialist, University Hospital of Wales

14:00 – 14:25 **Re-feeding syndrome: case-based presentation**

Dr Sheldon Cooper, Consultant Gastroenterologist and Nutrition Lead, The Dudley Group NHS Foundation Trust

14:25 – 14:55 **Doing it safely – Patient assessment for PEG**

Joe Colby, Clinical Nurse Specialist – Nutrition, University Hospital Coventry & Warwickshire NHS Trust

14:55 – 15:15 **Problems with PEGs – minor: blocks, soreness and granulomas**
Linda Warriner, Home Enteral Feeding Specialist Nurse, County Durham and Darlington NHS Foundation Trust

15:15 – 15:30 **Questions**

14:00 – 15:30 Symposium 3 – The Nutrition Society Symposium – Hall 2E
IMMUNO NUTRITION AND NOVEL SUBSTRATES

Chair Professor Chris Seal, Professor of Food & Human Nutrition, Newcastle University

14:00 – 14:30 **Lipids for intravenous nutrition: a multiple choice**
Professor Philip Calder, Professor of Nutritional Immunology, University of Southampton

14:30 – 15:00 **Probiotics or prebiotics, dendritic cell changes and inflammatory gut diseases**
Professor Stella Knight, Professor of Immunopathology, Imperial College London

15:00 – 15:30 **Novel substrates in surgery**
Professor Paul Van Leeuwen, VU Medical Centre, Amsterdam

14:00 – 15:30 **Original Communications – Hall 12**

Chair Alison Young, Nurse Consultant in Nutrition, Royal Liverpool & Broad Green University Hospitals NHS Trust

14:00 – 14:10 **Outcome on home parenteral nutrition: 33 years experience from a national centre.**
OC-032 M. Dibb^{1,*}, G. Carlson², A. Bradley³, I. Anderson², J. Shaffer³, A. Teubner³, S. Lal³
¹Gastroenterology, ²Surgery, ³Intestinal Failure, Salford Royal Foundation NHS trust, Salford, United Kingdom

14:10 – 14:20 **Taurolidine significantly reduces the incidence of catheter related blood stream infections in patients on home parenteral nutrition**
OC-033 J. A. Saunders^{1,*}, M. Naghibi¹, T. R. Smith¹, A. T. King², Z. B. Leach³, M. A. Stroud¹
¹NIHR Nutrition, Diet and Lifestyle BRU, ²Department of Surgery, ³Department of Nutrition and Dietetics, University Hospital Southampton, Southampton, United Kingdom

14:20 – 14:30 **Salvage of central venous catheters in HPN catheter-related blood stream infections is safe and effective: 18-years experience from a national centre.**
OC-034 M. Dibb^{1,*}, G. Carlson², A. Abraham², J. Shaffer³, A. Teubner³, S. Lal³
¹Gastroenterology, ²Surgery, ³Intestinal Failure, Salford Royal Foundation NHS trust, Salford, United Kingdom

14:30 – 14:40 **Rates of catheter-related bloodstream infection and risk of catheter-related venous thrombosis in patients referred for home parenteral nutrition.**
OC-035 S. Bouri¹, G. A. D. Major^{1,*}, C. Hanson², M. Small¹, S. M. Gabe¹
¹Lennard-Jones Intestinal Failure Unit, St Mark's Hospital, London, ²Dept. of Gastroenterology, Addenbrookes Hospital, Cambridge, United Kingdom

14:40 – 14:50 **Peripheral oedema is associated with poor outcomes following emergency abdominal surgery.**
OC-036 P.G. Vaughan-Shaw^{1,*}, S. Jones², J. A. Saunders², M. A. Stroud², T. R. Smith², A. T. King¹
¹Department of Lower GI Surgery, ²Southampton NIHR Nutrition, Diet and Lifestyle BRU, University Hospital Southampton NHS Foundation Trust, Southampton, United Kingdom

14:50 – 15:00 **Vitamin D deficiency is common in intestinal failure patients.**
OC-037 A. Culkin^{1,*}, B. Rye¹, C. Hanson¹
¹St Mark's Hospital, Harrow, United Kingdom

15:00 – 15:10
OC-038 **Healthcare use according to body mass index (BMI) category in individuals registered to GP practices.**

K. E. Ashman^{1,*}, A. L. Cawood¹, R. J. Stratton¹
¹Medical Affairs, Nutricia, Trowbridge, United Kingdom

15:10 – 15:20
OC-039 **Oral nutritional supplements are cost effective in improving quality adjusted life years in malnourished care home residents.**

E. L. Parsons^{1,*}, R. J. Stratton¹, J. M. Jackson¹, M. Elia¹
¹Institute of Human Nutrition, UNIVERSITY OF SOUTHAMPTON, Southampton, United Kingdom

15:20 – 15:30
OC-040 **Regular nutritional blood test monitoring in children on home enteral tube feeding – is this necessary?**

Y. Lim^{1,*}, C. Paxton¹, D. Wilson²
¹Paediatric Gastroenterology and Nutrition, NHS Lothian, ²Child Health and Life, University of Edinburgh, Edinburgh, United Kingdom

15:30 – 16:00 **Tea and Exhibition**

16:00 – 17:40
Symposium 4 – Hall 2F
DOING IT SAFELY – Parenteral Nutrition

Chair Tony Murphy, Principal Pharmacist, University College London

16:00 – 16:35 **Risk Management in Parenteral Nutrition (PN) – the US perspective**
Professor Joseph Boullata, Professor of Pharmacology & Therapeutics, University of Pennsylvania, USA

16:35 – 16:55 **Safety in prescribing, compounding and monitoring of PN**
Jackie Eastwood, Pharmacy Manager, St Marks Hospital, Harrow

16:55 – 17:15 **IV access and avoiding catheter related sepsis in PN**
Alison Young, Nurse Consultant in Nutrition, Royal Liverpool & Broad Green University Hospitals NHS Trust

17:15 – 17:25 **Managing PN at home – a patient's perspective**
Richard Shawyer, HPN Patient

17:25 – 17:40 **Questions to the Panel**

16:00 – 17:40
Symposium 5 – Hall 2E
FEEDING DECISIONS AT THE END OF LIFE (and in other difficult circumstances)

Chair Dr Ruth McKee, Consultant Colorectal Surgeon, Glasgow Royal Infirmary

16:00 – 16:30 **Parenteral nutrition at the end of life**
Case presentations: Dr Elizabeth Harrison, Specialist Registrar in Gastroenterology Dudley Group NHS Foundation Trust. Joseph Crozier, Consultant Surgeon, Forth Valley Royal Infirmary and Dr Ruth McKee, Consultant Colorectal Surgeon, Glasgow Royal Infirmary

Parenteral nutrition at the end of life across the world
Dr Catherine Hanson, Senior Clinical Fellow, Intestinal Failure and Transplant, Addenbrooke's Hospital, Cambridge

16:30 – 17:00 **When should you stop feeding?**
Case presentation: Dr Sheldon Cooper, Consultant Gastroenterologist and Nutrition Lead, The Dudley Group NHS Foundation Trust

When should you stop feeding?

Dr Sarah Galbraith, Consultant in Palliative Medicine, Cambridge University Hospitals Foundation Trust

17:00 – 17:30

PEGs in learning difficulties – why do we do it?

Case presentations: Dr Catherine Hanson, Senior Clinical Fellow, Intestinal Failure and Transplant, Addenbrooke's Hospital, Cambridge and Dr Joanne Sayer, Consultant Gastroenterologist, Doncaster & Bassetlaw Hospitals NHS Foundation Trust

PEGs in learning difficulties – why do we do it?

Dr Jeremy Woodward, Consultant Gastroenterologist, Addenbrooke's Hospital, Cambridge

17:30 – 17:40

Inaugural Presentation of the Powell-Tuck Prize

17:45 – 19:15 **UKDDF Public Engagement Event – Nutrition Question Time – Hall 4A & 4B**

Chairs Jonathan Rhodes, BSG and Mike Stroud, BAPEN

17:45 – 17:55 **Why nutritional care is so important**

Dr Mike Stroud, Consultant Gastroenterologist, University of Southampton

17:55 – 18:10 **Dietary Treatments in GI Disease**

Dr Nick Read, Chair and Medical Adviser, The IBS Network

18:10 – 18:20 **What good hospital practice looks like**

Pete Turner, Specialist Dietitian, Royal Liverpool University Hospital

18:20 – 18:30 **Nutrition and Hydration at the end of life**

Professor John MacFie, Professor of Surgery/Consultant Surgeon PGMI/University of Hull, Scarborough Hospital

18:30 – 18:40 **What do Patients want?**

Carolyn Wheatley, HPN Patient / Chair, PINNT

18:40 – 19:15 Questions from the audience to the Panel

20:00

BAPEN Annual Dinner - Crowne Plaza, Liverpool

The logo for The Beatles, featuring the word "THE" in a small font above the word "BEATLES" in a large, bold, black serif font.

Relive the sounds and excitement of **Beatlemania!** This evening will take you back to the 60's recreating the sights and sounds of the legends we know and love.

So after a **Hard Days Night** why not come along and **Twist and Shout** with a **Little Help From Your Friends!**

Ticket price: **£37.50 per person** inclusive of meal with drinks, entertainment and VAT. **Themed fancy dress optional.** NON-BAPEN MEMBERS AND GUESTS WELCOME!

To request tickets click here: www.bapen.org.uk/bapen-annual-dinner.pdf



MALNUTRITION MATTERS – PROGRAMME

Tuesday 19th June 2012

08:30 – 10:00	<p>Symposium 6 – Hall 2F FEEDING IN CHRONIC CONDITIONS</p>
Chair	Pete Turner, Specialist Dietitian, Royal Liverpool University Hospital
08:30 – 08:55	<p>Feeding in the Face of restriction – Nutrition in Chronic Kidney Disease Jennifer Warburton, Specialist Renal Dietitian, Royal Liverpool Hospital</p>
08:55 – 09:20	<p>Digesting the Evidence - Oral and Artificial Nutrition in Chronic Pancreatitis Sinead Duggan, Research Dietitian, Trinity Centre for Health Sciences, AMNCH, Trinity College, Dublin</p>
09:20 – 09:50	<p>A breath of fresh air - Nutrition in COPD Professor Marinos Elia, Professor of Clinical Nutrition & Metabolism, Institute of Human Nutrition, University of Southampton</p>
09:50 – 10:00 OC-053	<p>An 800Kcal nutritionally complete tube feed provides more adequate nutritional intake and is practically easier and quicker to use than currently used regimens G. P. Hubbard^{1,*}, H. Finch², R. J. Stratton¹ ¹Medical Affairs, Nutricia, Trowbridge, ²Nutrition and Dietetics, Royal Hospital for Neuro-disability, London, United Kingdom</p>
08:30 – 10:00	<p>Symposium 7 – Hall 2E DIETARY MANAGEMENT OF GI DISORDERS</p>
Chair	Dr Nicola Simmonds, Consultant Gastroenterologist, Luton & Dunstable Hospital
08:30 – 08:55	<p>Cheesed off with the diet – incidence, diagnosis and treatment of lactose intolerance Lucy Goddard, Senior Specialist Gastroenterology Dietitian, Imperial College NHS Healthcare Trust</p>
08:55 – 09:20	<p>Food, Fibre, FODMAPS and Fads – Diet in IBS Dr Miranda Lomer, Consultant Dietitian in Gastroenterology, Guy's and St Thomas' Hospitals, London and Honorary Senior Lecturer, King's College London</p>
09:20 – 09:50	<p>Enteral Nutrition, Emulsifiers and Remission – Dietary Treatment of Crohn's Disease Professor Jonathan Rhodes, Consultant Gastroenterologist, Royal Liverpool University Hospital</p>
09:50 – 10:00 OC-054	<p>Impact of a fermentable carbohydrate restricted diet on luminal microbiota, fermentation, symptoms and nutrient intake in patients with irritable bowel syndrome: a randomised controlled trial. H. Staudacher^{1,2,*}, M. C. Lomer^{1,2,3}, J. L. Anderson², J. S. Barrett⁴, J. G. Muir⁴, P. M. Irving^{2,3}, K. Whelan² ¹Nutrition and Dietetics, Guy's and St Thomas' NHS Foundation Trust, ²Diabetes</p>

and Nutritional Sciences, King's College London, ³Gastroenterology, Guy's and St Thomas' NHS Foundation Trust, London, United Kingdom, ⁴Eastern Health Clinical School, Monash University, Melbourne, Australia

10:00 – 10:30 **Coffee and Exhibition**

11:00 – 12:30 **DDF Plenary Session** – Arena

11:00 – 11:20 **BAPEN Guest Lecture - Best perio-operative nutrition**
Olle Ljungqvist, Professor of Surgery, Orebro University Hospital

11:20 – 11:30 **The burden of malnutrition in general practice**
OC-042 P. McGurk ^{1,*}, A. Cawood ², E. Walters ¹, R. J. Stratton ^{2,3}, M. Elia ³
¹Nutrition and Dietetics, University Hospital Southampton NHS Trust, Southampton,
²Medical Affairs, Nutricia, Trowbridge, ³Institute of Human Nutrition, University of Southampton, Southampton, United Kingdom

Including Guest Lectures and best abstract presentations from the other DDF Partners; BSG, BASL, AUGIS

11:40 – 13:00 Symposium 8 – Hall 2F
ORGANISATION OF NUTRITIONAL CARE

Chair Dr Ailsa Brotherton, Senior Research Fellow, UCLAN

11:40 – 12:00 **National Nutrition Strategy**
Dr Mike Stroud, Consultant Gastroenterologist, University of Southampton

12:00 – 12:20 **Launch of the BAPEN and BDA 'Food and ONS Guidelines'**
Anne Holdoway, Specialist Dietitian in Gastroenterology & Nutrition Support, Bath

12:20 – 12:40 **Evidence to Support Practice**
Dr Christine Baldwin, Lecturer in Nutrition & Dietetics, King's College London

12:40 – 13:00 **The Nutrition and Hydration Digest: Improving Outcomes through Food and Beverage Services**
Debbie Sutton, Project Manager, No Needless Malnutrition, Queen Alexandra Hospital, Portsmouth

11:40 – 13:00 Symposium 9 – Hall 2E
INTESTINAL FAILURE AND REHABILITATION IN PAEDIATRICS

Chair Professor David Wilson, Consultant and Professor in Paediatric Gastroenterology and Nutrition, Royal Hospital for Sick Children, Edinburgh

11:40 – 11:50 **The "Nutrition Support Pyramid" - composition and trends in a regional paediatric cohort from South East Scotland**
OC-120 C. E. Paxton ^{1,*}, P. Henderson ², D. C. Wilson ²
¹Paediatric Gastroenterology and Nutrition, NHS Lothian, ²Child Life and Health, University of Edinburgh, Edinburgh, United Kingdom

11:50 – 12:10 **Intestinal Lengthening Procedures**
Antonino Morabito, Consultant Specialist Paediatric and Neonatal Surgeon, Royal Manchester Children's Hospital and St. Mary's Hospital

12:10 – 12:30 **Growing up with Intestinal Failure; quality of life and long-term outcome on Parenteral Nutrition**
Dr Susan Hill, Consultant Paediatric Gastroenterologist, Great Ormond Street Children's

Hospital, London

12:30 – 13:00

Intestinal Transplant or long-term Parenteral Nutrition – the French experience

Dr Florence Lacaille, Paediatric Hepatologist, Necker-Enfants malades Hospital, Paris

11:40 – 13:00

Original Communications – Hall 3B

Chair

Dr Joanne Sayer, Consultant Gastroenterologist, Doncaster & Bassetlaw Hospitals NHS Foundation

11:40 – 11:50

OC-070

Systematic review on the prevalence of malnutrition in general practice.

P. McGurk^{1,*}, A. Cawood², R. Stratton^{2,3}, M. Elia³

¹Nutrition and Dietetics, University Hospital Southampton NHS Trust, Southampton, ²Medical Affairs, Nutricia, Trowbridge, ³Institute of Human Nutrition, University of Southampton, Southampton, United Kingdom

11:50 – 12:00

OC-071

Is nasogastric feeding tube replacement according to national patient safety agency guidelines safe and practicable in the community?

B. Jones^{1,*}, A. Jones², A. Evans²

¹Nutricia Ltd, UK, Trowbridge, United Kingdom, ²Homeward, Nutricia Ltd, UK, Trowbridge, United Kingdom

12:00 – 12:10

OC-072

Are surgeons a positive or negative influence on the HPN population?

R.F. Mckee^{1,*}

¹Colorectal Surgery, Glasgow Royal Infirmary, Glasgow, United Kingdom

12:10 – 12:20

OC-073

Calculating the cost-effectiveness of a nutrition support team at a busy district general hospital.

M. Arsanious^{1,*}, K. Eaton¹, M. Burke¹, O. Iyowu¹, S. Gupta¹, A. Tarn¹

¹Croydon University Hospital, London, United Kingdom

12:20 – 12:30

OC-074

Nutritional assessment and outcome in patients undergoing emergency abdominal surgery.

P. G. Vaughan-Shaw^{1,*}, S. Jones², J. A. Saunders², M. A. Stroud², T. R. Smith², A. T. King¹

¹Department of Lower GI Surgery, ²Southampton NIHR Nutrition, Diet and Lifestyle BRU, University Hospital Southampton NHS Foundation Trust, Southampton, United Kingdom

12:30 – 12:40

OC-075

Assessment of nutritional status in patients with cirrhosis: MUST is not a MUST.

S. Arora^{1,*}, C. Mattina¹, C. McAnenny², N. O'Sullivan³, M. Laura⁴, C. Nina⁴, G. Gatiss⁴, D. Barbara⁵, B. Engel⁶, M. Morgan⁷

¹Royal Free Hampstead NHS Trust, London, ²Royal Infirmary of Edinburgh, Edinburgh, United Kingdom, ³St. Vincent's Hospital, Dublin, Ireland, ⁴Cambridge University Hospitals NHS Foundation Trust, Cambridge, ⁵The Freeman Hospital, Newcastle, ⁶Surrey University, Guildford, ⁷Centre for Hepatology, Royal Free Campus, University College London Medical School, London, United Kingdom

12:40 – 12:50

OC-076

Assessing knowledge of recognition and treatment of malnutrition amongst healthcare professionals.

J. G. Powell-Tuck^{1,*}, J. Connelly², H. Haboubi³, P. Eadala¹

¹Gastroenterology, Morriston Hospital, Swansea, ²West Wales General Hospital, Carmarthen, ³Gastroenterology, Singleton Hospital, Swansea, United Kingdom

12:50 – 13:00

OC-077

Jejunal tube feeding experience in paediatric nutrition support.

C. E. Paxton^{1,*}, P. M. Gillett¹, G. Wilkinson², F. D. Munro³, S. McGurk², K. Armstrong¹, L. Bremner¹, V. Robb¹, J. E. Livingstone¹, D. A. Devadason¹, D. J. Mitchell¹, D. C. Wilson⁴

¹Paediatric Gastroenterology and Nutrition, ²Paediatric Radiology, ³Paediatric Surgery, NHS Lothian, ⁴Child Life and Health, University of Edinburgh, Edinburgh, United Kingdom

13:00 – 14:00 **Lunch and Exhibition**

14:00 – 14:45 **The Nutrition Society Cuthbertson Medal Lecture** – Hall 2F
“Interaction between the microbiota and dietary carbohydrates in the management of gastrointestinal disease”
Dr Kevin Whelan, Senior Lecturer in Nutritional Sciences, King’s College London

14:45 – 15:00 **Nutrition Society/BAPEN Original Communication/Poster Prize Presentations**

15:00 – 16:00 Symposium 10 – Hall 2F
QI NUTRITION
Challenging, baffling and controversial questions in clinical nutrition will be put to teams of ‘nutritional academics’ captained by Dr Michael Stroud, Consultant Gastroenterologist, University of Southampton and Dr Timothy Bowling, Consultant Gastroenterologist, Nottingham University Hospitals

Chair Peter Turner, Specialist Dietitian, Royal Liverpool University Hospital

Teams	BOWLING COLLEGE Dr Tim Bowling Alison Young Alison Culkin Jackie Eastwood	UNIVERSITY OF STROUD Dr Mike Stroud Lynne Colagiovanni Anne Holdoway Tony Murphy
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16:00 – 16:30 Tea and Exhibition

16:30 – 17:15 **State of the Art Lecture: Surgery, Nutrition and ERAS**
Olle Ljungqvist, Professor of Surgery, Orebro University Hospital

m² **MALNUTRITION MATTERS – PROGRAMME**
Wednesday 20th June 2012

- 11:00 – 13:00 **Joint Symposium with BSG – Hall 3A**
Dietary Fibre – the Good, the Bad and the Ugly
- Chair Dr Mike Stroud, Consultant Gastroenterologist, University of Southampton
- 11:00 – 11:20 **Fibre Facts – what it's made of**
Professor Stephen Fry, Professor of Plant Biochemistry, University of Edinburgh
- 11:20 – 11:40 **Fibre types and what they do**
Dr Sylvia Duncan, Research Scientist – Microbial Ecology Group, Rowett Institute of Nutrition and Health, Aberdeen
- 11:40 – 12:00 **Fibre advice in the GI clinic**
Professor Peter Whorwell, Professor of Medicine and Gastroenterology, South Manchester University Hospital
- 12:00 – 12:20 **Enteral Nutrition: the role of fibre and FODMAPs**
Dr Kevin Whelan, Dietitian and Senior Lecturer in Nutritional Sciences, King's College London
- 12:20 – 12:40 **Soluble fibre, colon cancer and Crohn's**
Professor Jonathan Rhodes, Consultant Gastroenterologist, Royal Liverpool University Hospital
- 12:40 – 13:00 **Questions**