Wednesday 5th November 2008

08:30 Registration

09:00 – 11:00 Symposium 5

"Feeding size 0: The Science of Starvation"

Malnutrition is both a cause and consequence of disease and this important session will examine the science underlying these interactions as well as their implications when it comes to refueling malnourished individuals.

Chair: Dr. Mike Stroud, Consultant Gastroenterologist, Institute of Human Nutrition, Southampton

"Nutrition, growth and puberty in children with chronic disease"
Dr. Mark Beattie, Consultant Paediatric Gastroenterologist, Southampton

"Transition – the patient experience"
Dr. Mark Beattie and Dr. Sue Protheroe

"The nutritional challenges of managing of Intestinal Failure"
Tracey Johnson, Senior Dietitian, Birmingham Children’s Hospital

Panel Discussion

Original Communication

"The British Intestinal Failure Survey (BIFS) – A referral registry to record and determine the outcome of childhood intestinal failure"
Henry Govein, British Intestinal Failure Survey, Institute of Child Health, Birmingham

"Nutritional issues in the young adult with Cystic Fibrosis"
Alison Morton, Clinical Specialist Dietitian, Adult Cystic Fibrosis Unit, St. James’ Hospital, Leeds

"Transition in young people on HPN"
Dr. Sue Protheroe, Consultant Gastroenterologist, Birmingham Children’s Hospital

11:00 – 11:30 Coffee and Exhibition

11:30 – 13:30 Symposium 8

"Feeding size 0: The challenges of Anorexia Nervosa"

Two psychiatrists and a dietician will give their views on how to make the diagnosis of anorexia and how to rule out other conditions which may mimic this. Presentation of a difficult case will illustrate the problems which can occur with these patients using an expert panel to comment at each stage. The panel includes a barrister, dietician and gastroenterologist. This is likely to be a lively debate of the medical and legal issues which can be involved.

Chair: Dr. Tim Bowling, Consultant in Clinical Nutrition and Gastroenterology, Clinical Nutrition Unit, Queen’s Medical Centre, Nottinghamshire

"Diagnosing anorexia – problems and pitfalls"
Dr. Julian Sterne, Consultant Psychiatrist, St. Mark’s Hospital, Harrow

"Managing anorexia from a psychiatrists’ perspective"
Dr. Paul Robinson, Consultant Psychiatrist in Eating Disorders, The Russell Unit, Barnet Enfield and Haringey Mental Health Trust

"Managing anorexia from a dietitians’ perspective"
Ursula Philpot, Lecturer in Dietetics, Yorkshire Centre for Eating Disorders and Annette Cocksfield, Advanced Dietitian, Dewsbury and District Hospital

Case presentation with panel discussion.

Lead by: Dr. Tim Bowling including speakers above and Dr. Barry Jones, Consultant Gastroenterologist, Russells Hall Hospital and Mr. Charles Foster, Barrister, London

15:15 – 16:15 Symposium 10

"Gutless – You are the Weakest Link: Goodbye"

The gastrointestinal (GI) tract has many components with numerous and diverse functions but which is the most important?

Oropharynx - Julie Regan
Oesophagus - Pete Turner
Stomach - Tracey Earley
Small Bowel - Becky White
Liver - Simon Gabe
Pancreas - Ian Fellows
Colon - Mike Stroud
Anus - Tim Bowling

Each speaker will be asked three pertinent questions about their ‘organ’ from the infamous ‘Anne Robinson’, with ‘organs’ voting each other off as the ‘Weakest Link’ in each round, with the casting vote going to ‘Anne Robinson’. With the last two ‘organs’ remaining, the audience will vote off the final ‘Weakest Link’.

All health professionals working in nutrition should know about gut physiology – so make sure you’re there when it’s time to vote off the weakest link!