

**MAG**

Malnutrition Action Group  
A Standing Committee of BAPEN



**BAPEN**  
Advancing Clinical Nutrition  
www.bapen.org.uk  
Registered Charity 1023927

## Feedback on new 'MUST' BMI and weight loss charts

Following feedback and requests from users of 'MUST, the Malnutrition Action Group (MAG) has modified the 'MUST' BMI charts and weight loss charts, to extend the weight and height ranges, to cater for smaller and larger individuals and also to make them easier and quicker to use.

We have also produced additional versions of weight loss charts based either on current weight and weight loss in last 3-6months or current weight and weight 3-6months ago. Both are available in metric and imperial to suit individual preferences.

All of the new charts are on display at Conference alongside the BAPEN stand, or available to view and download from the BAPEN website here

<http://www.bapen.org.uk/musttoolkit.html>.

We would very much appreciate your interest and feedback on the charts and would ask you to take a few minutes to answer the following questions.

Please download, complete and post to the BAPEN Office, Secure Hold Business Centre, Studley Road, Redditch, Worcs, B98 7LG by **16 December 2011**.

Name: \_\_\_\_\_

Job title: \_\_\_\_\_

Work place: \_\_\_\_\_

E-mail: \_\_\_\_\_

1. Do you use 'MUST' in your place of work? *(please circle)* Yes / No

2. If yes, in which care settings? *(please tick all that apply)*

Acute Hospital

Community Hospital

Care Homes

Mental Health Units

GP Practice

Other *(please specify)*

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3. On a scale of 1-5 please indicate how easy you find the **current** 'MUST' charts to use.

	<i>Not easy</i>			<i>very easy</i>	
	1	2	3	4	5
<b>BMI chart</b>	1	2	3	4	5
<b>Weight loss chart</b>	1	2	3	4	5

Please feel free to make any comments

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4. Looking at the **new** charts, would you find them useful? *(please circle)*

**BMI chart** (30-100kg) Yes / No / DK

**BMI chart** (100-170kg) Yes / No / DK

**Weight loss charts:**

(30-99kg: Current weight & weight loss in last 3-6months) Yes / No / DK

(100-170kg: Current weight & weight loss in last 3-6months) Yes / No / DK

(30-99kg: Current weight & weight 3-6 months ago) Yes / No /DK

(100-170kg: Current weight & weight 3-6 months ago) Yes / No /DK

5. Do you have access to a colour printer at work? Yes / No / DK

6. If yes, are you able to print A4 size? Yes / No / DK

7. Are you able to print A3 size? Yes / No / DK

8. If you do have access to a colour printer at work, would you be more likely to print the new charts from the BAPEN website or would you prefer to purchase copies from the BAPEN office? *(please circle)*

**BMI chart (30-100kg)** Print      Purchase

**BMI chart (100-170kg)** Print      Purchase

**Weight loss charts:**

(30-99kg: Current weight & weight loss in last 3-6months) Print      Purchase

(100-170kg: Current weight & weight loss in last 3-6months) Print      Purchase

(30-99kg: Current weight & weight 3-6 months ago) Print      Purchase

(100-170kg: Current weight & weight 3-6 months ago) Print      Purchase

9. If you would prefer to purchase the charts and would like to have the weight loss charts covering the full weight range (30-170kg), how would you prefer them to be printed? *(please tick)*

Single sided

Double sided

D/K

Please feel free to make any additional comments.

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Thank you!

Prof Marinos Elia and members of MAG

If you have any queries on the questionnaire or about the 'MUST' please email the BAPEN Office [bapen@bapen.org.uk](mailto:bapen@bapen.org.uk)

The link to the 'MUST' toolkit on the BAPEN website is <http://www.bapen.org.uk/musttoolkit.html>