First Announcement

2018 Annual Conference
Harrogate Convention Centre
Tuesday 20th & Wednesday 21st November

BAPEN conference will focus on providing quality nutritional care.

The meeting is approved for credits under the Continuing Medical Education (CME) Scheme by all Medical Royal Colleges.

www.bapen.org.uk
**PRE-CONFERENCE TEACHING DAY** - Monday 19th November 2018

‘Nutrition at the Extremes of Human Physiology’

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>09:00 - 09:30</td>
<td>Registration &amp; Coffee</td>
</tr>
<tr>
<td>Chair:</td>
<td>Stephen Lewis</td>
</tr>
<tr>
<td>09:30 - 11:00</td>
<td>Multidisciplinary management of eating disorder patients</td>
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<tr>
<td>Chair:</td>
<td>Vicky Burnard &amp; Caragh Sanders-Wright</td>
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<tr>
<td>11:00 - 11:20</td>
<td>Coffee</td>
</tr>
<tr>
<td>Chair:</td>
<td>Christopher Mountford</td>
</tr>
<tr>
<td>11:20 - 12:10</td>
<td>Micronutrient and vitamin deficiencies</td>
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<tr>
<td>Chair:</td>
<td>Steve Wootton</td>
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<tr>
<td>12:10 - 13:00</td>
<td>Nutrition management of the perioperative patient</td>
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<tr>
<td>Chair:</td>
<td>Dileep Lobo</td>
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<tr>
<td>13:00 - 13:40</td>
<td>Lunch</td>
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**ALL WELCOME:** Members of BAPEN Medical and BAPEN; any clinician or healthcare professional with an interest in nutritional support; Surgeons, particularly those dealing with intestinal failure and Trainees of any discipline.

### Chair: Irina Grecu

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>13:40 - 14:30</td>
<td>Nutritional challenge in a refugee or poverty setting</td>
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<tr>
<td>Chair:</td>
<td>Alan Jackson</td>
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<tr>
<td>14:30 - 15:20</td>
<td>Sarcopenic obesity</td>
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<tr>
<td>Chair:</td>
<td>Gary Frost</td>
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<tr>
<td>15:20 - 15:40</td>
<td>Coffee</td>
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<tr>
<td>Chair:</td>
<td>Mani Naghibi</td>
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<tr>
<td>15:40 - 16:30</td>
<td>Nutritional management of the critically ill patient</td>
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<tr>
<td>Chair:</td>
<td>Irina Grecu</td>
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<tr>
<td>16:30</td>
<td>Close of Meeting</td>
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### Pre-Conference Teaching Day Registration Fees

<table>
<thead>
<tr>
<th>Category</th>
<th>Member</th>
<th>Non-Member</th>
</tr>
</thead>
<tbody>
<tr>
<td>Consultants &amp; Associate Specialists/ Industry</td>
<td>£83.33 + VAT + £100</td>
<td>£100.00 + VAT + £125</td>
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<tr>
<td>Trainee Doctors (ST3 and above)</td>
<td>£62.50 + VAT + £75</td>
<td>£81.67 + VAT + £110</td>
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<td>Nurse/ Dietitian/ Pharmacist/ Allied Health Professional</td>
<td>£54.17 + VAT + £65</td>
<td>£79.17 + VAT + £95</td>
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<tr>
<td>Student/ Retired Health Professional</td>
<td>£33.33 + VAT + £40</td>
<td>£45.83 + VAT + £55</td>
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Places may be booked and paid for along with the BAPEN Annual Conference registration fees.

Late Breaking Abstracts

Late breaking abstracts will be accepted up to Monday 3rd September, 2018, Midnight, with a non-refundable fee of £50.00 + VAT that has to be paid upon submission. The fee is applicable whether the abstract is accepted or not.

Late breaking abstracts are also published in the online eSPEN Clinical Nutrition.

Full details available on the BAPEN website www.bapen.org.uk

Accommodation

Accommodation will be available at selected hotels, guest houses and Bed & Breakfast establishments in Harrogate, within easy reach of the Harrogate Convention Centre. Further details will be available on the BAPEN website.

Register now: www.bapen.org.uk
Tuesday 20th November 2018

09:30 - 11:00  BAPEN Opening Symposium: Mesenteric ischemia
After some brief BAPEN updates and announcements it will be straight down business with a look at intestinal ischaemia, including managing the abdominal catastrophe on ICU, case presentations, biomarkers for acute intestinal ischaemia and a panel discussion.

11:00 - 11:30  Coffee and Exhibition

11:30 - 13:00  Symposium 1
Home Enteral Tube Feeding
This symposium will look at the latest developments in Home Enteral Tube Feeding from a blended food to managing nasogastric tubes at home, Delegates will also be given the opportunity to put their questions on tube feeding in the community to a carefully selected panel of experts.

Symposium 2
Information Technology for Nutrition Support
This symposium looks at how Information technology can be used to link prescriptions to compounding, and patients to nutrition teams. Remote monitoring of home parenteral nutrition (PN), the ‘patient knows best’ programme, and progress on e-prescribing of adult and paediatric PN will be among the topics to be presented.

Symposium 3
Implementation and Monitoring of Standards for Nutrition Support
Each of the devolved nations has structures and processes in place for the management of nutrition support. This symposium will provide opportunities for information sharing / problem solving for putting standards in place and the ongoing improvement journey.

13:00 - 14:00  Lunch and Exhibition, BAPEN AGM

14:00 - 14:30  Chaired Poster Sessions
Posters showcasing new research will be displayed throughout the conference in the Poster Exhibition area. ‘Themed’ facilitated poster presentations will provide an opportunity for informal discussion with the author.

14:30 - 16:00  Symposium 4
Gastrophysics and the "shape" of Food - A way forward to tackle malnutrition
In this much awaited joint symposium with The Nutrition Society, well known experts like Charles Spence, Alan Mackie among others will discuss the science of eating. They will look at the way our senses combine and even influence each other to affect our perception of what we eat and how this can be used to design foods that maximally stimulate the pleasure of eating. It will be shown that the texture of food particles can influence digestion and lower risk factors for metabolic diseases, before focusing on how this science can be integrated into lowering the prevalence of disease related malnutrition.

Symposium 5
Palliative Care and PN
Home parenteral nutrition (HPN) is being used more and more frequently in the UK to help patients with advanced cancers. This symposium will discuss the aims of treatment and through a case discussion, promote the BIFA Position Statement on HPN for patients with advanced malignancies.

Symposium 6
Nasogastric tube safety: what’s all the “phuss” about
This symposium, sponsored by Halyard Health, will focus on nasogastric tube safety and the potential role of technology in the assessment of nasogastric tube tip position. Practice based issues such as the impact of time on the NG aspirate pH value obtained and whether single or double checking is more accurate will be presented alongside an update from NHS Improvement.

16:00 -16:30  Tea and Exhibition

16:30 -17:10  Pennington Lecture: You Can Do It!
Dr Jeremy Nightingale, Honorary Consultant Gastroenterologist, St Mark’s Hospital, Harrow

17:10 - 17:30  BAPEN 2018 Recognition and Awards

17:30 - 18:30  Satellite Symposia
Further details to be announced

20:00  BAPEN Annual Dinner

BAPEN Annual Dinner
Tuesday 20th November 2018 • Majestic Hotel, Harrogate

Oh la la!
This year’s BAPEN Annual Dinner will be themed on the famous Moulin Rouge, a cabaret in Paris. Join BAPEN colleagues for an evening of fun and high energy as you display your own can-can moves of high kicks and the splits!

Ticket price: £46.00 per person inclusive of VAT.

Reasons to attend:
• UK’s largest multidisciplinary Clinical Nutrition conference
• Wide range of symposia with national and international nutrition experts covering all the hot topics.
• An unmissable opportunity to network with colleagues and experts from multidisciplinary backgrounds
• An unbeatable way to boost your CPD portfolio
Symposium 1
Home Enteral Tube Feeding
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Symposium 3
Implementation and Monitoring of Standards for Nutrition Support
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Symposium 4
Gastrophysics and the "shape" of Food - a way forward to tackle malnutrition
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Symposium 5
Parenteral and PN
Home parenteral nutrition (HPN) is being used more and more frequently in the UK to help patients with advanced cancers. This symposium will discuss the aims of treatment and through a case discussion, promote the BIPA Position Statement on HPN for patients with advanced malignancies.

Symposium 6
Nasogastric tube safety: what's all the "phuss" about
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Sponsored by Halyard Health

Symposium 7
Prehabilitation - Getting it right for surgery
Prehabilitation is a fundamental part of the Enhanced Recovery after Surgery programme, where a multidisciplinary approach is used to optimise patients for surgery, minimise postoperative complications and speed up recovery. Nutrition plus exercise together with modifying lifestyle factors, such as giving up smoking and reducing alcohol consumption, are mainstay components and experts in the field will tell us about the practicalities of organising such a service. International surgical experts will discuss the use of more specialised preoperative nutrition interventions including artificial nutrition or preoperative carbohydrate loading. Come and enjoy a sparkling debate on whether preoperative nutrition support is actually beneficial!

Symposium 8
Venous Access
This symposium will help you choose the central venous catheter that is most suited to a patient. There will be a talk about AV fistulae the route for PN in many patients in the Netherlands.

Symposium 9
Sugar
This symposium, organised by BSPGHAN will focus on "sugar" and the aim will be to consider the potential health benefits of reducing sugar intake in adults and children, review the definitions of sugars and the labelling of food products, and consider the evidence for the effectiveness of different initiatives to reduce population sugar intake, including whether sugar taxes work.

Symposium 10
Invasive Access for External Nutrition
This session will aim to answer all the questions asked by health professionals involved with enteral feeding tubes - from those who place them to those who irrigate feeding through them. When should we use a surgical jejunostomy instead of a direct percutaneous endoscopic jejunostomy or PEG with jejunal extension? And when it comes to distal feeding, we'll be asking "is it really worth the effort?"

Symposium 11
Nutrition and Liver
This year's BAPEN Medical trainee symposium will involve a focus on the exciting spectrum of nutrition in liver disease; often, a challenging range of conditions and patients; this year's topic will involve nutrition in cirrhosis, and the commonly encountered challenges in liver function in patients on parenteral nutrition.

Symposium 12
Optimising Care of Malnourished Patients - Latest evidence and practice
Come and hear about what's changing in the world of malnutrition and the care of malnourished patients. This symposium will look at what 'MUST' and the Nutritional Care Tool are telling us about the care of malnourished patients in the UK. There will also be a focus on new clinical and economic evidence for identifying and managing malnutrition effectively.

Symposium 13
Hot Topics
This is your opportunity to put your questions to a panel of BAPEN experts on any hot topic in Clinical nutrition. You'll be able to submit questions in advance or ask them on the day and comment by a live twitter feed!

Symposium 14
Close of Conference
A Trade Exhibition will be held throughout the Conference

Early Bird Registration Fees - For bookings received up to Monday 10th September 2018

<table>
<thead>
<tr>
<th>2-Day Conference Rate</th>
<th>Member</th>
<th>Non-Member</th>
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<tbody>
<tr>
<td>Consultants &amp; Associate Specialists / Industry</td>
<td>£318.67 + VAT = £380</td>
<td>£396.67 + VAT = £440</td>
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<tr>
<td>Trainee Doctors (ST3 and above)</td>
<td>£230.33 + VAT = £260</td>
<td>£333.33 + VAT = £360</td>
</tr>
<tr>
<td>Nurse Dietitian Pharmacy / Allied Health Professional</td>
<td>£250.00 + VAT = £280</td>
<td>£300.00 + VAT = £320</td>
</tr>
<tr>
<td>Student Retired Health Professional</td>
<td>£195.00 + VAT = £210</td>
<td>£150.00 + VAT = £160</td>
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The Members Rate is available if your BAPEN membership has been received at the time of receiving your registration form. The Student Rate is available to all pre and post graduate Students. The retired professional rate is open to any retired healthcare professional with an interest in nutrition.

The 2-Day Conference Rate includes registration fees for Tuesday and Wednesday, admission to the Trade and Poster Exhibitions, tea/coffee and lunch daily.

The Day Delegate Rate includes the registration fees for either Tuesday or Wednesday, admission to the Trade and Poster Exhibitions, tea/coffee and lunch.

Register now: www.bapen.org.uk
BAPEN is a charitable association that raises awareness of malnutrition and working to advance the nutritional care of patients and those at risk from malnutrition in the wider community.

The BAPEN Annual Conference is a multi-disciplinary event organised by representation from each of the following organisations:

www.bapen.org.uk

The BAPEN Annual Conference is organised by: Sovereign Conference Ltd
Seven Elms, Dark Lane, Astwood Bank, Redditch, Worcestershire, B96 6HB
Tel: 01527 893675    Email: exhibitions@sovereignconference.co.uk