**BAPEN 2018 ANNUAL CONFERENCE PROGRAMME**  
Tuesday 20th November 2018

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<tr>
<th>Time</th>
<th>Session</th>
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| 09:30 – 11:00 | BAPEN Opening Symposium: The Failing Gut | After some brief BAPEN updates and announcements it will be straight down business with a look at intestinal ischaemia, including managing the abdominal catastrophe on ICU, case presentations, biomarkers for acute intestinal ischaemia and a panel discussion.  
Welcome and BAPEN news  
Dr Simon Gabe, President, BAPEN  
Nutrition support in the ischaemic abdominal catastrophe  
Ella Terblanche, Nutrition Lead, Royal Brompton & Harefield NHS Foundation Trust, London.  
Case presentation: Post ICU management of intestinal failure in an ischaemic bowel patient  
Dr Graham Turner, Clinical Lead for gastroenterology and endoscopy, Belfast Health and Social Care Trust  
Is there a biomarker for mesenteric ischaemia and how should it be managed?  
Dr Alexandre Nuzzo, Consultant Gastroenterologist, Beaujon Hospital, Paris, France |
| 11:00 – 11:30 | Coffee and Exhibition |  
11:30 – 13:00 | Symposium 1 - Auditorium  
Home Enteral Tube Feeding |  
This symposium will look at the latest developments in Home Enteral Tube Feeding from a blended food to managing nasogastric tubes at home. Delegates will also be given the opportunity to put their questions on tube feeding in the community to a carefully selected panel of experts.  
Chair: Ailsa Kennedy, Team Lead Dietitian, Mersey Care NHS Foundation Trust.  
‘It’s Just Food Blended’: Exploring parents’ experiences of choosing blended diet for their tube-fed child.  
Sarah Durnan, Specialist Home Enteral Feeding Dietitian, Nottingham University Hospitals NHS Trust.  
Home nasogastric feeding – dilemmas and developments  
Anne Mensforth, Clinical Dietetic Manager, Leicestershire Partnership Trust  
Home Enteral Feeding Hot Topics Debate  
Questions and Expert Panel Discussion including Sarah, Anne along with:  
Gareth Bastable, Senior Specialist Home Enteral Feeding Dietitian, University Hospitals Bristol NHS Foundation Trust;  
Andrea Cartwright, Consultant Nurse Nutrition |
| 11:30 – 13:00 | Symposium 2 – Queens Suite 1  
Information Technology for Nutrition Support |  
This symposium looks at how information technology can be used to link prescriptions to compounding, and patients to nutrition teams. Remote monitoring of home parenteral nutrition (PN), the ‘patient knows best’ programme, and progress on e-prescribing of adult and paediatric PN will be among the topics to be presented.  
Chair: Tony Murphy, Pharmacy Production Manager, University College London Hospitals.  
Linking patients on home parenteral nutrition to the nutrition team  
Dr Mohammad Al-Ubaydli, CEO, Patients Know Best®  
Remote monitoring of home parenteral nutrition  
Mia Small, Nurse Consultant in Nutrition and Intestinal Failure, St Mark’s Hospital, Harrow  
Developing electronic prescribing, for parenteral nutrition, using the EPIC system  
Carola McKenna, Pharmacist, University College London Hospitals  
OC2: Test to Prescribe Nutrition Safely (T.P.N.S) – A quality improvement project |
| 11:30 – 13:00 | Symposium 3 – Queens Suite 2  
Implementation and Monitoring of Standards for Nutrition Support |  
Each of the devolved nations has structures and processes in place for the management of nutrition support. This symposium will provide opportunities for information sharing / problem solving for putting standards in place and the ongoing improvement journey.  
Chair: Dr Janet Baxter, Nutritional Support Service Lead, NHS Tayside  
The Northern Ireland Electronic Care Record (ECR) and its role in the implementation of Nutrition standards  
Sarah-Janes Hughes, Principal Dietitian, Belfast Health & Social Care Trust  
Standardising Nutrition Screening – an All Wales Approach  
Amelia Jukes, Clinical Dietitian, University Hospital of Wales, Cardiff  
The Scottish Complex Nutritional Care standards  
Dr Alastair McKinlay, Consultant Gastroenterologist, Aberdeen Royal Infirmary  
OC3: A service evaluation investigating energy and protein consumption on an older adults ward before and after the
### Symposium 4 - Auditorium

**Gastrophysics and the “shape” of Food – A way forward to tackle malnutrition**

In this much awaited joint symposium with The Nutrition Society, well known experts will discuss the science of eating. They will look at the way our senses combine and even influence each other to affect our perception of what we eat and how this can be used to design foods that maximally stimulate the pleasure of eating. It will be shown that the texture of food particles can influence digestion and lower risk factors for metabolic diseases, before focusing on how this science can be integrated into lowering the prevalence of disease related malnutrition.

*Chair:* Dr Stephen Lewis, Consultant Gastroenterologist, Derriford Hospital, Plymouth

**Eating with your mind**
Jozef Youssef, Founder & Chef Patron, Kitchen Theory

**The role of food structure in lowering risk factors for metabolic disease**
Prof Alan Mackie, Head of the School of Food Science & Nutrition, University of Leeds

**The health and economic value of optimal nutrition on disease-related malnutrition**
Dr Karen Freijer, Nutritionist/dietitian, nutrition economist, Maastricht University, The Netherlands

*Speaker sponsored by*

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### Symposium 5 – Queens Suite 1

**Palliative Care and PN**

Home parenteral nutrition (HPN) is being used more and more frequently in the UK to help patients with advanced cancers. This symposium will discuss the aims of treatment and through a case discussion, promote the BIFA Position Statement on HPN for patients with advanced malignancies.

*Chairs:* Liz Anderson, Nutrition Nurse Specialist, Bucks Healthcare NHS Trust & Dr Jeremy Nightingale, Honorary Consultant Gastroenterologist, St Mark’s Hospital, Harrow.

**When to start and when not to start palliative HPN**
Dr Mani Naghibi, Consultant in Gastroenterology and Human Nutrition, St Mark’s and Northwick Park Hospitals

**What are the treatments goals**
Dr Jeremy Woodward, Consultant Gastroenterologist, Addenbrooke’s Hospital, Cambridge

**Case Studies with panel discussion**
Dr Mani Naghibi, Dr Jeremy Woodward, Anne-Marie Raftery, Clinical Lead & Lead Nurse (Macmillan), The Christie Supportive Care Team (Palliative Care & Pain) Alison Young, Nurse Consultant in Nutrition, Royal Liverpool and Broad Green University

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### Symposium 6 – Queens Suite 2

**Nasogastric tube safety: what’s all the “pHuss” about**

This symposium will focus on nasogastric tube safety and the potential role of technology in the assessment of nasogastric tube tip position. Practice based issues such as the impact of time on the NG aspirate pH value obtained and whether single or double checking is more accurate will be presented alongside presented alongside a whole systems approach to improving patient safety and to the results from a recent survey looking into NG Never Events

*Chair:* Mia Small, Nurse Consultant in Nutrition and Intestinal Failure, St Mark’s Hospital, Harrow

**Timing is everything – the impact of time on pH value**
Mia Small, Nurse Consultant in Nutrition and Intestinal Failure, St Mark’s Hospital, Harrow

**A whole systems approach to improving safety in NGT Never Events?**
Tracy Earley, Consultant Nurse – Nutrition, Lancashire Teaching Hospitals NHS Foundation Trust

**“Never again?” What can we learn from NG Never Events**
Andrea Cartwright, Consultant Nurse Nutrition Support, Basildon & Thurrock University Hospital
OC4: A service evaluation of the implementation of dedicated chefs on a specialist adult cystic fibrosis unit
Darren Sills, Wolfson Cystic Fibrosis Centre, Nottingham City Hospital

OC5: A novel discharge pathway for patients requiring palliative home parenteral nutrition
Dr Ashley Bond, Salford Royal Foundation Trust

OC6: Improving the safety of nasogastric tube confirmation in a District General Hospital
Dr Colleen McGregor, Royal Berkshire Hospital, Reading

:00 – 16:30 Tea and Exhibition

16:30 – 17:10 Pennington Lecture: You Can Do It!
Dr Jeremy Nightingale, Honorary Consultant Gastroenterologist, St Mark’s Hospital, Harrow

17:10 – 17:30 BAPEN 2018 Recognition and Awards

17:30 – 18:30 Satellite Symposia

Queens Suite 1

Bolus Feeding

Welcome and introduction
Bolus feeding: setting the scene
Kelly McCabe MSc, Chief Operating Officer, Leaders in Oncology

Bolus feeding: essential new resource
Roisin Kavanagh, Macmillan Cancer and Palliative Care Community Dietitian, Pennine Care Foundation Trust - Oldham

Q & A session
Led by Kelly McCabe

Queens Suite 2

Short Bowel Syndrome Intestinal Failure

Prof Simon Lal
Salford Royal NHS Foundation Trust

This symposium is promotional in nature and has been initiated and funded by Shire Pharmaceuticals

Job Code: C-APROM/UK//2489
Date of Preparation: October 2018

20:00 BAPEN Annual Dinner - Majestic Hotel, Harrogate
07:00 – 08:30 Breakfast Symposium – Queens Suite 2 (Breakfast will be available on arrival between 07:00 – 07:25)

**Optimising the Management of Disease Related Malnutrition**

**Chair’s Introduction**
Liz Anderson, Nutrition Nurse Specialist, Bucks Healthcare NHS Trust

**The Right Nutrition – From ICU to Recovery**
Danielle Bear, HEE/NIHR Clinical Doctorial Fellow, Critical Care Dietitian, Guy’s and St Thomas’ NHS Foundation Trust

**Implementing the Malnutrition Pathway – an example of Best Practice**
Liz Anderson, Nutrition Nurse Specialist and Janet Knight, Community Nutrition Nurse Specialist, Bucks Healthcare NHS Trust

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<tr>
<th>Time</th>
<th>Symposium 7 - Auditorium</th>
<th>Symposium 8 – Queens Suite 1</th>
<th>Symposium 9 – Queens Suite 2</th>
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<tr>
<td>09:00</td>
<td><strong>Prehabilitation – Getting fit for Surgery</strong>&lt;br&gt;Prehabilitation is a fundamental part of the Enhanced Recovery after Surgery programme, where a multimodal approach is used to optimise patients for surgery, minimise postoperative complications and speed up recovery. We will discuss the use of more specialised preoperative nutrition interventions including artificial nutrition or preoperative carbohydrate loading. Come and enjoy a sparkling debate on whether preoperative nutrition support is actually beneficial!</td>
<td><strong>Venous Access</strong>&lt;br&gt;This symposium will help you choose the central venous catheter that is most suited to a patient. There will be a talk about AV fistulas the route for PN in many patients in The Netherlands.</td>
<td><strong>Sugar</strong>&lt;br&gt;This symposium, organised by BSPGHAN will focus on ‘sugar’ and the aim will be to consider the potential health benefits of reducing sugar intake in adults and children, review the definitions of sugars and the labelling of food products, and consider the evidence for the effectiveness of different initiatives to reduce population sugar intake, including whether sugar taxes work.</td>
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<td><strong>Chair</strong>: Irina Grecu, Consultant in ICM &amp; Anaesthesia, Hampshire Hospitals Foundation Trust</td>
<td><strong>Chair</strong>: Dr Jeremy Nightingale, Honorary Consultant Gastroenterologist, St Mark’s Hospital, Harrow &amp; Liz Anderson, Nutrition Nurse Specialist, Bucks Healthcare NHS Trust</td>
<td><strong>Chair</strong>: Dr Jutta Koeglmeier, Consultant Paediatric Gastroenterologist, Great Ormond Street Hospital for Children</td>
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<td><strong>The benefits of preoperative carbohydrate drink for enhanced recovery post surgery</strong>&lt;br&gt;Prof William J Fawcett, Consultant in Anaesthesia and Pain Medicine, Royal Surrey County Hospital, Guildford</td>
<td><strong>OC8: Survival and fungal catheter related bloodstream infections in patients on home parenteral nutrition</strong>&lt;br&gt;Dr Siddhartha Oke, St Mark’s Hospital, Harrow</td>
<td><strong>OC9: Teduglutide reduced parenteral support in children with short bowel syndrome associated intestinal failure: a phase 3 study</strong>&lt;br&gt;Dr Susan Hill, Great Ormond Street Hospital for Children</td>
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<td>Debate: <strong>Do all surgical patients benefit from preoperative nutritional optimisation</strong>&lt;br&gt;For: Pete Turner, Clinical Lead Nutrition Support Dietitian, Ulster Hospital, Northern Ireland</td>
<td><strong>Line selection</strong>&lt;br&gt;Winifred Magambo-Gasana, Advanced Nurse Practitioner, Oxford University Hospital NHS Trust</td>
<td><strong>The impact of sugars on oral health</strong>&lt;br&gt;Prof Angus Walls, Director, Dental Institute, Edinburgh</td>
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<td>Against: Prof Peter Soetens, Emeritus Professor of Surgery, Maastricht University Medical Center</td>
<td><strong>Arteriovenous Fistulae as venous access in HPN</strong>&lt;br&gt;Dr Geert Wanten, Associate Professor of Intestinal Failure, Radboud University Medical Centre, The Netherlands</td>
<td><strong>Dietary sugar: Definitions and labelling issues</strong>&lt;br&gt;Sally Moore, Freelance Public Health Dietitian and PhD Researcher, Leeds Beckett University</td>
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<td><strong>OC7: Survival and sarcopenia as defined by</strong></td>
<td><strong>Counselling for patients with Intestinal Failure</strong>&lt;br&gt;</td>
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<td>Coffee and Exhibition</td>
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<td>10:30 – 11:00</td>
<td>Symposium 10 - Auditorium Invasive Access for Enteral Nutrition</td>
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<td>This session will aim to answer all the questions asked health professionals involved with enteral feeding tubes - from those who place them to those who instigate feeding through them. When should we use a surgical jejunostomy instead of a direct percutaneous endoscopic jejunostomy or PEG with jejunal extension? And when it comes distal feeding we'll be asking “is it really worth the effort?”</td>
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<td>Chair: Prof Mike Stroud, Consultant Gastroenterologist and Professor in Medicine &amp; Nutrition, Southampton University Hospital</td>
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<td>PEG, RIG or Surgical Gastrostomy? A why, where, when &amp; how guide to gastric tube placement?</td>
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<td>Alison Young, Nurse Consultant in Nutrition, Royal Liverpool and Broad Green University Hospitals NHS Trust</td>
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<td>Surgical jejunostomy, DEPJ or PEGJ</td>
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<td>Dr Simon Gabe, Consultant Gastroenterologist, St Mark’s Hospital, Harrow</td>
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<td>Distal feeding, is it worth all the effort</td>
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<td>Dr Laurence Lacaze, Digestive Surgeon, St Mark’s Hospital, Harrow</td>
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<th>Time</th>
<th>Symposium 11 – Queens Suite 1 Nutrition and Liver</th>
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<td>This year’s BAPEN Medical trainee symposium will involve a focus on the exciting spectrum of nutrition in liver disease; often, a challenging range of conditions and patients; this year’s topics will include nutrition in cirrhosis, and the commonly encountered challenges in liver function in patients on parenteral nutrition with case based discussions.</td>
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<td>Chair: Dr Chris Mountford, Consultant Gastroenterologist, Freeman Hospital, Newcastle</td>
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<td>Management of compensated cirrhosis</td>
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<td>Jennifer Towey, Specialist Liver Transplant and HPB Dietitian, University Hospitals Birmingham NHS Trust</td>
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<td>Dr Matthew Armstrong, Consultant in Hepatology and Liver Transplant medicine, Queen Elizabeth Hospital Birmingham</td>
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<td>Dr Amritpal Dhaliwal, NIHR clinical research fellow, University of Birmingham</td>
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<td>Decompensated liver disease – how do we manage the inpatient nutritional needs</td>
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<td>Dr Matthew Armstrong, Consultant in Hepatology and Liver Transplant medicine,</td>
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<th>Time</th>
<th>Symposium 12 – Queens Suite 2 Optimising Care of Malnourished Patients - Latest evidence and practice</th>
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<td>Come and hear about what’s changing in the world of malnutrition and the care of malnourished patients. This symposium will look at what ‘MUST’ and the Nutritional Care Tool are telling us about the care of malnourished patients in the UK. There will also be a focus on new clinical and economic evidence for identifying and managing malnutrition effectively.</td>
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<td>Chair: Dr Rebecca Stratton, Chair, Malnutrition Action Group, BAPEN</td>
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<td>Improving the management of malnutrition into the future</td>
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<td>Dr Rebecca Stratton, Chair, Malnutrition Action Group, BAPEN</td>
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<td>Compelling evidence for GPs to manage malnutrition?</td>
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<td>Dr Trevor Smith, Consultant Gastroenterologist University Hospital Southampton</td>
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<td>Changing the conversation: Patients, carers and nutrition</td>
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<td>Emily Holzhausen OBE, Director of Policy and</td>
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OC10: Derivation and validation of a Royal Free Hospital Gastrostomy Risk Score
Anastasia Russell-Dalton, UCL Institute for Liver & Digestive Health

Queen Elizabeth Hospital Birmingham
Jenny Towey, Liver Dietitian, Queen Elizabeth Hospital Birmingham
Dr Amritpal Dhaliwal, NIHR clinical research fellow, University of Birmingham

Deranged liver function tests in patients with parenteral nutrition – commonly encountered challenges
Dr Darren Wong, Senior Clinical Fellow in Gastroenterology, John Radcliffe Hospital, Oxford.

Managing Parenteral Nutrition Related Liver Dysfunction – the US perspective
Prof Joseph Boullata, Clinical Professor, Department of Nutrition Sciences, Drexel University, Philadelphia.

OC11: Oral nutrition supplements used in the community reduce complications: An update systematic review and meta-analysis
Dr Abbie Cawood, Faculty of Medicine, University of Southampton

OC12: Concurrent validity of the modified Patients Association Nutrition Checklist (PANC) against the ‘Malnutrition University Screening Tool’ (‘MUST’) to identify risk of malnutrition in older people living in the community
Prof Jane Murphy, Wessex Academic Health Science Network / Bournemouth University

12:30  Lunch, Exhibition, BAPEN Medical AGM and PENG AGM

13:15 – 14:00  Chaired Poster Sessions
Posters showcasing new research will be displayed throughout the conference in the Poster Exhibition area. ‘Themed’ facilitated poster presentations will provide an opportunity for informal discussion with the author.

14:00 – 14:40  Keynote Lecture: Drug-Nutrition Interaction in Nutrition Support
Professor Joseph Boullata, Clinical Professor in Nutrition Sciences, Drexel University, Philadelphia.

14:40 – 15:50  Symposium 13 - Hot Topics
This is your opportunity to put your questions to a panel of BAPEN experts on any hot topic in clinical nutrition. You'll be able to submit questions in advance or ask them on the day and comment by a live twitter feed!

Panel:
- Pete Turner, Clinical Lead Nutrition Support Dietitian, Ulster Hospital, Northern
- Dr Simon Gabe, Consultant Gastroenterologist, St Mark's Hospital, Harrow
- Prof Joseph Boullata, Clinical Professor in Nutrition Sciences, Drexel University, Philadelphia
- Alison Young, Nurse Consultant in Nutrition, Royal Liverpool and Broad Green University Hospitals NHS Trust
- Prof Mike Stroud, Consultant Gastroenterologist and Professor in Medicine & Nutrition, Southampton University Hospital

15:50 – 16:00  Close of Conference