

BAPEN ANNUAL CONFERENCE 2025

PROGRAMME

DAY 1 Tuesday 11th November 2025

09:00- 10:30	Opening Plenary Chair: Nick Thompson Welcome and introduction NHSE Nutrition and Hydration Strategy Jane Fletcher A047: The rescoping, for accuracy, of adult in-patient digital nutritional risk screening across all District General Hospital sites within a whole Health Board Lindsey Clark A030: Different protein sources for oral nutrition support: An evaluation of their composition and effect on appetite, satiety and diet-induced thermogenesis Pariyarth Sangeetha Thondre Introducing “BAPEN Mentoring” Alastair McKinlay The developing role of AI in Healthcare Tim Underwood		
10:30-11:20	Tea & Coffee/Exhibition/Poster Viewing		
10:35-11:20	Nutrition Village Session 1 How to Deliver a Talk – Top Tips for Success Anne Holdoway	Poster Walk A Enteral nutrition, Parenteral nutrition, Oral nutrition support & Sustainability	
11:25 – 12:55	Parallel Symposium 1 PENG symposium on protein Chair: Becky Smith A072: Amino acid and protein losses in adult patients receiving maintenance dialysis: a literature review Bruno Mafri PENG award winning abstract Protein requirements: what is the point of estimating and what are we trying to achieve? Clare Soulsby How much protein do our nutrition support patients really need? A systematic review of protein requirements in nutritional support. Liz Weekes Protein metabolism and sarcopenia Philip Atherton	Parallel Symposium 2 Nutrition & fluid management in small bowel obstruction Chairs: Jeremy Nightingale & Pete Turner Update of early parenteral nutrition in malnourished small bowel obstruction patients Matthew Lee How much and what to give (Nutrition & fluid management in small bowel obstruction) Dileep N Lobo Management of High Output Stomas and Fistulas Alex Speakman Panel discussion	Parallel Symposium 3 Future Leaders Chair: Emma Parsons Stepping into leadership roles around research Caroline Anderson Taking on professional leadership Uchu Meade A101: How age and ethnicity shape folate concentrations in children Marvey Youssef BAPEN Medical Powell-Tuck Prize winner 2025 A104: Estimation of energy requirements in the transmasculine population: a comparison between indirect calorimetry and predictive equations Grey Fidanza

	Panel discussion		A105: Eligibility for GLP-2 therapy in adults with short bowel syndrome leading to chronic intestinal failure Maja Kopczynska A024: Muscle Matters: Body Composition and Handgrip Strength as Predictors of QoL in HPN Colette Kirk Improving Nutritional Care Grants presentation Co-creation of a population-specific nutritional screening tool for the identification of nutritional risk among people experiencing homelessness Ghislaine Swinburn
12:55-14:10	Lunch & Exhibition/Poster Viewing		
13:00- 14:00	Sponsored Satellite Symposium Fresenius-Kabi		
14:10 – 15:40	Parallel Symposium 4 Dysfunctional gut – approaches to help feed go down Chairs: Simon Lal & Alison Young A medical approach Asma Fikree A dietetic approach Lee Martin A psychological approach Melanie Coxall Panel discussion	Parallel Symposium 5 Sustainability Chair: Ashley Bond Approach to implementing sustainable practices within your organisation or department Jack Hodd PINNT patient survey, Waste not want not Steven Pearson-Brown A discussion: Plant based food for hospital patients Laura-Jane Smith & Ellie Coles A033: Environmental sustainability in the UK home enterally tube Fed (HETF) population, A health care professional survey Louise Davey-Hewins BAPEN Sustainability Award winner 2025	Parallel Symposium 6 Disordered eating in children Chair: Caroline Childs & Akshay Batra Exploring Disordered Eating in Children with Coeliac Disease Rosie Satherley Appropriate management of overweight and obesity in children Nikki Davis Using photovoice to capture the experience of eating disorders and set research priorities in Autistic people with Eating Disorders Karri Gillespie-Smith
15:40 – 16:30	Tea & Coffee/Exhibition/Poster Viewing		
15:40 – 16:10	BAPEN Medical AGM		
15:45 – 16:30	Nutrition Village Session 2 Vascular Access Device Care and Maintenance: Applying best practice to avoid complications Andrew Barton Sponsored by Solventum	Poster Walk B Clinical Practice and Guidelines, Service Improvement and Screening	

16:35 – 17:35	Pennington Lecture Astounding Facts and Amazing Messages from 20 Years of the BAPEN Annual Conference Pete Turner
17:40 – 18:40	Sponsored Satellite Symposium Abbott
19:30	BAPEN Annual Conference Dinner

DAY 2: Wednesday 12th November 2025

08:30 – 09:00	BAPEN AGM		
09:05 – 10:35	Parallel Symposium 7 Managing Peripheral Parenteral Nutrition in Adults and Children Chair: Ben Booth Peripheral PN, a pragmatic approach from a paediatric perspective Sara Melville Perspectives of Peripheral Parenteral Nutrition (PPN) in adult in-patient services at two different NHS hospitals Natalie Welsh & Sharlene Haywood Home Parenteral Nutrition – Nursing Pilot study data Cathy Cawley A quality improvement project to enhance external fixation device placement on gastrostomy tubes Heidi Li Pam Harris Medal Lecture Panel discussion	Parallel Symposium 8 “‘Oh, what’s occurring in Wales?’” Chair: Amelia Jukes The ‘retro-innovative’ approach to developing a whole-system malnutrition strategy Emma Catling Standardising Nutritional Practices in Critical Care across Wales – an impossible task? Lucy Morgan & Rebeca Romain The Nutrition Support team journey Amelia Jukes Panel discussion	Parallel Symposium 9 Medication delivery in intestinal failure Chairs: Priya Mistry & Becky White Mind the Gap: Bridging Drug Efficacy and Intestinal Failure Through Pharmacokinetics Raj Badhan Gut instincts: Predicting drug absorption in intestinal failure—A practical guide (case study) Uchu Meade Anticoagulation in intestinal failure - To DOAC or not to DOAC? Katherine Stirling Panel discussion
10:35 – 11:10	Tea & Coffee/Exhibition/Poster Viewing		
10:40 – 11:10	Nutrition Village 3 Managing multiple Concurrent Infusions for Home Parenteral Support Patients Mary Williamson Sponsored by Inspiration Healthcare		
11:15 – 12:45	Parallel Symposium 10 Nutrition Support in an ageing population Chairs: Emily Clarke & Sarah Faloon A085: “Well you're not disabled, are you?": A qualitative study on hidden	Parallel Symposium 11 Understanding ARFID Through an MDT Lens: Roles, Challenges, and Impact Chair: Linda Cantwell Understanding ARFID Through an MDT Lens: Roles, Challenges,	Parallel Symposium 12 Twenty years on from ‘MUST’ – how are we managing malnutrition? Chair: Emily Walters A057: A home-based nasogastric (NG) feeding and reconditioning service for

	disability in chronic intestinal failure Amy Woods Nutrition and healthy ageing John Mathers Aging patients on home parenteral support: challenges and rewards Case studies and panel discussion Clare Donnellan, Elizabeth Buse & Claire Forde	and Impact Dietitians Sian Taylor Angharad Banner Psychiatrist Cara Maiden Panel discussion	patients with liver disease: A value in health project Amelia Rowlands MAG Award winner ‘MUST’ twenty years on Emily Walters Co-development of a Nutrition Screening Tool for People Experiencing Homelessness (CHUTNEY) Hannah Style Identifying Malnutrition in Those Experiencing Homelessness & Managing Malnutrition in Refugee Populations Ghislaine Swinburn Nutritional screening in mental health: Tools and trends Steph Smith The future of screening for malnutrition Rebecca Stratton Panel discussion
12:45 – 14:45	Lunch & Exhibition/Poster Viewing		
12:50 – 13:35	Nutrition Village Session 4 MCBs in the Home Settings Becky White Sponsored by Inizio	Poster Walk C Intestinal failure, Clinical nutrition, Student	
13:30 – 14:30	Sponsored Satellite Symposium Nutricia		
14:00 – 14:30	Poster decision meeting		
14:45 – 15:15	Keynote Lecture Chairs: Nick Thompson & Pete Turner Keynote Lecture Health economics of oral nutrition support – how to convince the sceptics Niamh Rice		
15:15 – 16:00	Awards PENG awards 2025 BAPEN Medical Powell Tuck Prize Highly commended posters Professor RG Clark Award – best poster Pam Harris Medal Lecture presentation Best oral Role of honour Student Award John Lennard Jones Medal (presented by Chair of Faculty) Pennington Lecture (certificate) Todorovic Micklewright award		

	Sustainability award – from abstracts MAG Award BPNG Award
16:00 – 16:30	Closing Plenary Chair: Pete Turner Personalised Nutrition Apps – help or hype? Steve Wootton

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