

**BAPEN ANNUAL CONFERENCE 2026
PROGRAMME**

DAY 1

Tuesday 10th Nov

09:00- 10:30	<p align="center">Opening Plenary Room: Solent Hall</p> <p align="center">Chair: Nick Thompson</p> <p align="center">Welcome and introduction – to include a review of the year Nick Thompson</p> <p align="center">2 x top oral abstracts</p> <p align="center">Nutrition as therapy in IBD Kevin Whelan</p> <p align="center">CATA work and the experience of the Covid enquiry Speaker TBC</p> <p align="center">IFR Update Sarah-Jane Nelson and Nick Thompson</p>		
10:35-11:20	<p align="center">Tea, coffee and Poster Walk A</p>		
11:25 – 12:55	<p align="center">Parallel Symposium 1 The Protein Fibre Conundrum: From Food and Fad to the Future — Innovation and Implementation Room: Solent Hall</p> <p align="center">Chair: TBC</p> <p align="center">Understanding fibre functionality: role in food production and gut health Joshua Reid</p> <p align="center">Blended diets to improve the tolerance of enteral feeds Speaker TBC</p> <p align="center">Plant-Based Enteral Nutrition: Clinical Benefits, Tolerance, and Patient Outcomes Speaker TBC</p> <p align="center">Panel discusion</p> <p align="center">2 x relevant top oral abstracts</p>	<p align="center">Parallel Symposium 2 Intestinal rehabilitation Room: Tregonwell Hall</p> <p align="center">Chair: TBC</p> <p align="center">Prehabilitation Laura Borthwick and Sally Pepperrell</p> <p align="center">Growth Factors Simon Lal</p> <p align="center">Small bowel transplantation Charlotte Rutter</p> <p align="center">Panel discussion</p>	<p align="center">Parallel Symposium 3 Small changes. big consequences; the hidden risks of enteral & parenteral feeding in diabetes? Room: Purbeck Lounge</p> <p align="center">Chairs: Priya Mistry and Emily Clarke</p> <p align="center">Foundations of Safe Management Phillip Newland Jones Mark Green</p> <p align="center">Learning Through Cases Phillip Newland Jones Mark Green</p>
12:55-14:10	<p align="center">Lunch & Exhibition/Poster Viewing</p>		
13:00- 14:00	<p align="center">Sponsored Satellite Symposium Fresenius-Kabi</p>		
	<p align="center">Parallel Symposium 4</p>	<p align="center">Parallel Symposium 5</p>	<p align="center">Parallel Symposium 6</p>

14:10 – 15:40	<p>Collaborative Care Pathways: Acute–Community MDT Working for Complex Discharges Room: Solent Hall</p> <p>Chair: TBC PENG best oral</p> <p>An Enteral Nutrition Service – A collaborative approach Thomas Welbank</p> <p>Title TBC Speaker TBC Speaker TBC</p> <p>Panel discussion</p>	<p>Sarcopenic Obesity Room: Tregonwell Hall</p> <p>Chairs: Caroline Childs and Colleen Deane</p> <p>The epidemiology of sarcopenic obesity Simon Jones</p> <p>Novel tools for diagnosis of sarcopenic obesity Grigorios (Greg) Panagiotou</p> <p>Effective interventions for the treatment of sarcopenic obesity Jade Samford</p>	<p>UK Nutrition Research Room: Purbeck Lounge</p> <p>Chairs: Emily Clarke and Sarah Faloon</p> <p>The current state of play in UK clinical nutrition research Speaker TBC</p> <p>Learning from other areas Speaker TBC</p> <p>An example of a successful multi-centre project in nutrition Speaker TBC</p> <p>Panel discussion</p>
15:40 – 16:30	<p>Tea, coffee and Poster Walk B</p>		<p>Clinical Nutrition Skills Exchange Anthropometry Bay View Suite Cabaret layout Led by: Andriana Petrova</p>
16:35 – 17:35	<p>Pennington Lecture Solent Hall</p> <p>Speaker: Trevor Smith</p> <p>Presentation of Pennington Lecture Award in this session</p>		
17:40 – 18:10	<p>BAPEN AGM</p>		
17:40 – 18:40	<p>Sponsored Satellite Symposium</p>		
19:30	<p>BAPEN Annual Conference Dinner</p>		

DAY 2: Wednesday 11th November 2026

08:00-09:00	<p>Sponsored Satellite Symposium</p>		
09:05 – 10:35	<p>Parallel Symposium 7 A collaborative approach to nutrition? Room: Solent Hall</p> <p>Chair: Laura Nicholson</p> <p>Introduction to BETA Laura Nicholson</p> <p>NGSIG position paper Speaker TBC</p> <p>BDA Toolkit Sarah Durnan</p>	<p>Parallel Symposium 8 Medical complications of IF Room: Tregonwell Hall</p> <p>Chairs: TBC</p> <p>Intestinal Failure Registry Nicky Wyer Nick Thompson Sarah Jane Nelson</p> <p>IFALD Charlotte Rutter</p> <p>Renal complications in IF Speaker TBC</p>	<p>Parallel Symposium 9 Future Leaders Room: Purbeck Lounge</p> <p>Chair: Emma Parsons</p> <p>Use of AI in clinical nutrition education Ellie Coles</p> <p>Widening participation Speaker TBC</p> <p>Oral abstract 1 Oral abstract 2 Oral abstract 3</p>

	Pharmacy Presentation Rhiannon Birkett Speaker TBC	Metabolic bone disease Sean Dodington Panel TBC TBC	Oral abstract 4
10:40 – 11:10	Tea, coffee and Poster Walk C		
11:15 – 12:45	Parallel Symposium 10 MAG Room: Solent Hall Chairs: Emily Walters	Parallel Symposium 11 Advancing Enteral Safety: Jejunal Feeding and Nasogastric Tubes Room: Tregonwell Hall Chairs: Ben Booth NG safety Speaker TBC Jejunal tube licencing Thomas Welbank Pamela Harris Medal Winner Panel for questions	Parallel Symposium 12 Mentoring & burn out Room: Purbeck Lounge Chairs: Alastair McKinlay
12:45 – 14:45	Lunch & Exhibition		
12:50 – 13:30	Clinical nutrition skills exchange Working with media training session Bay View Suite (a) Speaker : TBC	Clinical Nutrition Skills Exchange Patient safety in tubes for new nutrition nurses Bay View Suite (b) Lead: Sharlene Haywod	
13:40 – 14:40	Sponsored Satellite Symposium Nutricia		
14:45 – 15:15	Keynote Lecture Room: Solent Hall Chair: Sarah Illingworth and Nick Thompson Keynote Lecture Connecting Systems, Accelerating Science: Strategic Networks for Better Care Christine McGrath		
15:15 – 16:00	Awards – 45-mins Room: Solent Hall		