09:30 – 11:00  Welcome and Opening of Conference
“Ensuring Quality in Nutritional Care”
This opening session will focus on quality and commissioning nutrition services concluding with pursuing data to improve quality with recommendations from the first national audit of inpatient PN amongst all age groups, the NCEPOD PN Study.

CHAIR  Dr Mike Stroud, Chair, BAPEN

09:40 – 10:00  “Nutritional Care Quality”
Dame Jo Williams D.B.E., Acting Chair of the Care Quality Commission

10:00 – 10:15  “Driving improvements in nutritional care through a QIPP national improvement programme for England”
Dr Ailsa Brotherton, National QIPP Safe Care Programme Manager, Department of Health

10:15 – 10:30  “Nutritional Screening and ‘MUST’”
This presentation will address specific developments in nutritional screening, including the ‘MUST’ e-learning modules for hospital and community settings, coding in GP software, and expansion of the ‘MUST’ toolkit
Professor Marinos Elia, Chair, MAG (Malnutrition Action Group), BAPEN

10:30 – 10:55  “A Mixed Bag: results of the NCEPOD enquiry into the quality of care given to hospital patients receiving parenteral nutrition”
Dr James Stewart MBChB LLM FRCP, Consultant Physician & Gastroenterologist Digestive Diseases Centre, Leicester Royal Infirmary

10:55 – 11:00  Where next?
Dr Mike Stroud, Chair, BAPEN

11:00 – 11:30 Coffee and Exhibition

11:30 – 12:10 The Pennington Lecture
Rebecca White, Pharmacy Team Manager, Surgery & Nutrition, Oxford Ratcliffe Hospitals NHS Trust

12:10 – 12:30 THE BAPEN Nutricia Research Award 2010
Presented by Professor John McLaughlin and Dr Gary Hubbard
“The prevalence of micro-nutrient deficiencies in upper gastro-intestinal cancer patients after treatment with surgery and chemotherapy”
Stephanie Wakefield BSc Hons, GI Dietitian, St Mary's Hospital, Imperial College Healthcare NHS Trust

BAPEN Roll of Honour
Presented by Dr Mike Stroud, Honorary Chair, BAPEN

12:30 – 13:40 BAPEN AGM, Lunch and Exhibition
13:40 – 15:20 Symposium 1
“Options in Enteral Feeding: to PEG or not to PEG, is that the only question?”

CHAIR
Liz Evans, Nutrition Nurse Specialist, Buckinghamshire Hospitals NHS Trust

13:40 – 13:45 Introduction by Chair

13:45 – 14:10 “Back to Basics: The pros and cons of PEGs”
This presentation will look at the risks and benefits of PEG and consider the NCEPOD: Scoping our Practice findings. BANS data on the number of patients with PEG versus NG tube will be discussed along with recent guidance from the RCP concerning the issue of pressure to PEG from nursing homes.
Dr Sue Cullen FRCP MD, Consultant Gastroenterologist, Buckinghamshire Hospitals NHS Trust

14:10 – 14:30 “The alternatives: in defence of naso-gastric tubes”
This presentation will consider the pros and cons of naso-gastric tubes in the community. What are the issues and why are community care areas often reluctant to use them? Consideration will be given to the use of nasal bridles and support and training that can be given to enable nursing homes and community teams to manage naso-gastric feeding tubes successfully.
Tracy Earley RGN RSCN BSc MSc, Consultant Nurse – Nutrition, Lancashire Teaching Hospitals NHS Foundation Trust

14:30 – 15:00 “Making it work”
Discussion of how one nursing home managed to successfully instigate naso-gastric tube feeding for their patients with the help and support of their local Nutrition Nurse Specialist.
Neil Wilson MSc BSc (Hons) SP DipHE RN, Senior Lecturer and Admissions Tutor, Manchester Metropolitan University
And
Sue Mattinson RGN RSCN, Manager, Wyncourt Nursing Home, Altrincham

15:00 – 15:10 “Percutaneous Endoscopic Gastrostomy Tube Outcomes are Heavily Influenced by Indication and Concurrent Illness”
S.A. Sawhney, D. Barber and A.W. McKinlay
Aberdeen Royal Infirmary, Scotland

15:10 – 15:20 Questions to the Panel

15:20 – 15:50 Tea and Exhibition
15:50 – 17:30 Symposium 3

“Nutrition is the Cutting Edge in Surgery – Peri-operative Feeding”
Adequate nutrition is vital to promote recovery from surgery and minimise complications. This symposium will look at the issues around peri-operative nutrition – covering enhanced recovery programmes and those patients who would benefit from either pre- or post-operative nutritional support. It will review recent evidence and guidelines, giving delegates up to date recommendations on managing these patients.

CHAIR
Ruth McKee, Consultant Colorectal Surgeon, Glasgow Royal Infirmary

15:50 – 16:00

OC5
“The effect of pre-operative radiotherapy and/or chemoradiotherapy on the body composition and nutritional status of colorectal cancer patients awaiting surgical resection”
Leeds Enteral and Parenteral Unit, The John Goligher Department of Colorectal Surgery, The General Infirmary at Leeds

16:00 – 16:30

“Nutritional management both pre and post operative”
Professor Frederico Bozzetti, Faculty of Medicine, University of Milan, Italy

16:30 – 16:55

“Pre-operative Nutrition and Carbohydrate Loading”
Caroline Kratzing, Dietitian, Addenbrookes Hospital, Cambridge

16:55 – 17:30

“Jejunostomy after oesophagectomy, how and why I do it”
Graeme Couper, Consultant Oesophago-gastric Surgeon, The Royal Infirmary of Edinburgh
and
“National Audit of Oesophago-gastric surgery – does jejunostomy help?”
Tom Palser, Research Fellow, National Oesophago-Gastric Cancer Audit at Royal College of Surgeons of England

17:30 – 18:30 ‘Chaired’ Poster Reception

19:30 BAPEN Annual Dinner
13:40 – 15:20 Symposium 2
“Micronutrients under the Microscope”
Just how stable are vitamins and trace elements in parenteral nutrition feeds? How are micronutrients monitored in patients on long-term nutritional support, and what guidelines are there for making clinical decisions on dose modification? Just how toxic is aluminium as a contaminant of parenteral nutrition solutions – is there evidence of long-term neurological effects in the pre-term infant? These are some of the challenging questions that this symposium will ask.

CHAIR
Tony Murphy, Pharmacist, University College London

13:40 – 14:10 “Aluminium exposure from parenteral nutrition in preterm infants; does it influence long-term health outcomes?”
Dr Mary Fewtrell, MRC Childhood Nutrition Research Centre, UCL Institute of Child Health, London

14:15 – 14:40 “Monitoring nutrients, a view from the laboratory”
Ken Newton, Principal Clinical Scientist, Trace Elements and Anaesthetic Gases, Clinical Biochemistry, Leeds

14:40 – 15:05 “The stability of micronutrients in parenteral nutrition feeds. What is known, and what can be claimed?”
Professor Mike Allwood, Derby

15:05 – 15:15 “Hypovitaminosis D in Patients on Long-Term Parenteral Nutrition”
OC21 C.T Tee, A.N Milestone, A.U Murugananthan, D Bernardo, and S.M. Gabe
Intestinal Failure Unit, St. Mark’s Hospital, London

15:20 – 15:50 Tea and Exhibition
15:50 – 17:30 Symposium 4
“HIFNET and PN”
Supported by an Unrestricted Educational Grant from Calea UK
This symposium will focus on the challenges of HPN- ensuring through the correct training of staff at a variety of centres that the patient will receive safe, appropriate HPN with minimal complications. The journey will progress through selection, training and prevention/management of long term complications. During the session the delegate will learn the competences required at different types of centre as discussed by HIFNET alongside the short/long term complications with associated methods of prevention and management”

CHAIR  Ruth Newton, Senior Pharmacist Aseptic Services, N Staffs Hospital NHS Trust

15:50 – 16:00  Introduction to Case

16:00 – 16:20  “Management of Acute intestinal failure”
Keith Gardiner MD MCh FRCS (Gen), Consultant Colorectal Surgeon, Royal Victoria Hospital, Belfast

16:20 – 16:40  “How much is too much? How to calculate requirements in the septic and obese patient”
Christopher Slater BSc (Hons) RD, Bariatric Specialist Dietitian, Salford Hospital

16:40 – 17:00  “Show us the money – an update on how we achieve the financial support for complex home patients”
Andrew Bibby, Associate Director, South East Coast Specialised Commissioning Group

17:00 – 17:20  Case Summary

17:20 – 17:30  “How many children are on home parenteral nutrition in the UK?”
S.V. Beath, H. Gowen, JWL Puntis
The Liver Unit, Birmingham Children’s Hospital, Institute of Child Health, Birmingham Children’s Hospital B4 6NH and The General Infirmary at Leeds, Paediatric Offices, A Floor Old Main Site, Great George Street Leeds

17:30 – 18:30  ‘Chaired’ Poster Reception

19:30  BAPEN Annual Dinner
**Satellite Symposium** sponsored by Nestle Nutrition Institute

**“Best practice in the preparation of patients for bariatric surgery”**

The rise of obesity in the UK population has been well documented. The Foresight Tacking Obesities project (Jan 2010, [www.foresight.gov.uk](http://www.foresight.gov.uk)) has been one of the many reports to present alarming figures for the likely prevalence of obesity in future generations. Whilst the role of prevention in tackling obesity has received attention in the Change4Life campaign, the role of Bariatric Surgery as a treatment cannot be ignored. The field of Bariatric Surgery in the UK is young but growing fast and likely to continue doing so. At present there is little consensus amongst surgical centres on many of the issues surrounding the management of an undeniably complex and challenging patient group. We seek to bring established practitioners to share both their own experience and that from more long-term practices overseas to move toward a consensus on best-practice in this area.

**CHAIR**

Janie Opperman, Medical and Scientific Affairs Dietitian, Nestle Nutrition

**“Pre-Operative Weight Loss in Bariatric Surgery Patients”**

A synopsis and analysis of the most pertinent clinical evidence for the use of low-energy diets to reduce liver volume and achieve general weight loss prior to bariatric surgery

Kelli Edmiston BSc (Hons) RD, Bariatric Dietitian, Chelsea and Westminster Hospital, London

**“Prevalence and Management of Vitamin and Mineral Deficiencies Post Bariatric Surgery”**

The prevalence and management of vitamin and mineral deficiencies in the obese patient is a topic of interest to a wide range of dietetic interest groups

Jennie Taylor, Specialist Bariatric Dietitian, Spire Hospital, Manchester

**15:20 – 15:50 Tea and Exhibition**
15:50 – 17:30 Original Communications

CHAIR Alison Young, Nurse Consultant in Nutrition, Royal Liverpool & Broadgreen University Hospitals NHS Trust

15:50 OC35 Energy required for weight maintenance in traumatic brain injury rehabilitation patients versus predictor equations
KA McLaughlin and A Holdoway

16:00 OC45 An audit of post insertion fasting times following placement of a percutaneous endoscopic gastrostomy (PEG) tube
A McHugh, C Browne, S Brady, Y Lydon D McCormack and J Willow

16:10 OC47 Impact of protected mealtimes on mealtime environment and nutrient intake in hospital patients
A Connolly, K Whelan and M Hickson

16:20 OC56 Current nutrition related practices in paediatrics throughout the UK and Ireland: The Children’s Nutrition Survey, a pilot study
AM Carey, D McClelland, H McCarthy and H McNulty

16:30 OC22 20 years of paediatric intestinal failure associated liver disease – experience of a transplant centre
V Iyer, SV Beath, H Gowen and G Gupte

16:40 OC48 Unsedated peroral percutaneous endoscopic gastrostomy (PEG): a safe and effective method
H Steed, D Barrett and SD Hearing

16:50 OC23 Frequency and significance of errors related to parenteral nutrition in children
P Naru, D Hartigan and JWL Puntis

17:00 OC6 An audit on the use of exclusive liquid diets in Crohn’s disease at The Royal London Hospital
RG White

17:10 OC58 The effect of a protected mealt ime policy on the energy intake and frequency of non-urgent interruptions during mealtimes at the Royal Bournemouth Hospital
CM Stuckey, LE Bakewell and GM Ford

17:20 OC49 Malnutrition and oral nutritional supplements – a 360° approach to understanding management and compliance
C Glencorse, J Edington and J Stelling

17:30 – 18:30 ‘Chaired’ Poster Reception

19:30 BAPEN Annual Dinner
09:00 – 10:45 Symposium 5 – Joint Symposium with The Nutrition Society
“From Cutting Edge Research to Clinical Practice”
This symposium will explore how current research in areas that may seem far removed from clinical practice are starting to impact. The aim will be to look at some new and established research techniques as applied to clinical nutrition.

CHAIR
Professor Gary Frost, Head of the Nutrition and Dietetic Research Group, Imperial College, London

09:00 – 09:20 “How does your gut taste?”
Professor John McLaughlin PhD FRCP, Professor of Gastroenterology in the School of Translational Medicine, Faculty of Medical and Human Sciences, University of Manchester

09:20 – 09:40 “Can genetic profiles inform clinical management in intensive care?”
Dr Anthony Gordon MD FRCA, Clinical Senior Lecturer & Consultant in Critical Care Medicine, Imperial College London and Charing Cross Hospital

09:40 – 10:00 “What do gut bugs and metabonomics tell us about disease?”
Professor Elaine Holmes, Professor of Chemical Biology, Imperial College London

10:00 – 10:20 “Stable Isotopes - what can they tell us about critical care?”
Dr Ken Smith PhD, Principal Research Fellow in the Division of Clinical Physiology, School of Graduate Entry Medicine and Health in Derby, University of Nottingham

10:20 – 10:30 "A survey of adult patients with inflammatory bowel disease to determine their awareness of nutritional treatments and access to dietetic services"
J D Youle and Dr J R Bebb
Derby Hospitals NHS Foundation Trust, Royal Derby Hospital

10:30 – 10:45 Discussion

10:45 – 11:15 Coffee and Exhibition
11:15 – 13:05 Symposium 7
“Nutrition in IBD”
Nutritional assessment and management forms a significant component of the care of all patients with IBD, but the issues involved can be confusing not only to healthcare providers, but also to patients. During this symposium, nutritional support and therapy in IBD will be discussed to dispel some of the myths surrounding this complex subject.

CHAIR
Dr Simon Lal, Consultant Gastroenterologist, Hope Hospital, Salford

11:15 – 11:40 “Dietary and nutritional considerations for inflammatory bowel disease”
Dr Miranda Lomer, Consultant Dietitian in Gastroenterology, Guy’s and St Thomas’ Hospitals, London

11:40 – 12:05 “Nutrition as primary therapy in IBD”
Dr Clare Donnellan MRCP MD, Consultant Gastroenterologist, Leeds General Infirmary

12:05 – 12:30 “Nutritional management of complex Crohn’s disease”
Dr Simon Lal, Consultant Gastroenterologist, Hope Hospital, Salford

12:30 – 12:55 “Patients' perspectives of nutrition in IBD”
Richard Driscoll, Chief Executive, National Association for Crohn’s and Colitis UK

12:55 – 13:05 Powell-Tuck Prize Presentation
Inaugural prize presented by Professor Jeremy Powell-Tuck, Emeritus Professor of Clinical Nutrition, Barts & The Royal London

OC2 “Gut hormones and appetite dysregulation in Crohn’s disease”
G.W. Moran, F. Leslie and J.T. Mclaughlin
(1) Epithelial Sciences, Stopford Building, University of Manchester and
(2) Gastroenterology Department, City General Hospital, University Hospital of North Staffordshire.

13:00 – 14:15 BAPEN Medical AGM, Lunch and Exhibition
e-bans Reporters Meeting – Queens Suite 1
PEN Group AGM – Queens Suite 2
14:15 – 15:00 The Nutrition Society Cuthbertson Medal Lecture

CHAIR

Professor Gary Frost, Head of the Nutrition and Dietetic Research Group, Imperial College, London

“Tracing the fate of dietary fat: metabolic studies in humans”
Dr Barbara Fielding, University of Oxford

15:00 – 16:00 Symposium 9

“Dragons’ Den”
A group of budding nutritional entrepreneurs will be entering the BAPEN Dragons’ Den in a bid to secure funding for their research project, initiative or novel feeding product. After making their pitch to the carefully selected BAPEN dragons, the entrepreneurs will learn if their project justifies a financial award. In addition to providing a light hearted climax to the conference, this symposium will highlight the key issues in seeking funding for a nutritional project.

Dragons’

Pete Turner-Paphitis
Gary Frost-Caan
Ian Fellows-Jones
Christine Russell-Meaden
Zbigniew Zapalowski-Bannatyne

Entrepreneurs

Revolutionary resource
Reka Ragubeer, Clinical Community Dietitian, Walsall

Use of Telehealth in managing undernutrition in long term conditions
Rachael Masters, Focus on Undernutrition, County Durham and Darlington Community Health Service

Oral Health of HPN Patients
Alison Lee, Specialist in Special Care Dentistry, North West London Hospitals

Visual nutrition profiling tool
Vera Todorovic, Dietetic Services Manager, Bassetlaw Hospital

Samantha’s Toolkit
BAPEN Executive

16:00 Close of Conference
Symposium 6 in association with the British Dietetic Association

“Test your IQ: Improvement in Quality”: Meeting nutritional standards: Gathering the evidence

Colleagues with a high ‘Intelligence Quotient’ will make sure they attend this symposium which will focus on ‘Improvement in Quality’ across acute and community settings. This symposium will open with a sharp focus on quality standards in nutritional care and explore how all organisations and care settings can demonstrate they are meeting the quality standards for nutrition.

CHAIR
Ailsa Brotherton, National QIPP Safe Care Programme Manager, Department of Health

09:00 – 09:25 “The regulators role in driving quality improvement”
Sally Bassett RN MSc (Oxon) MSc Lond, Honorary Deputy Chief Nurse East of England, SHA and Director, Forensic Services, PricewaterhouseCoopers

09:25 – 09:45 "BAPEN commissioning nutritional care toolkit; sharing experiences of implementation"
In this presentation, the successes, barriers, challenges and outcomes of using the BAPEN commissioning nutritional care toolkit in Lancashire Teaching Hospital NHS Foundation Trust will be shared.
Pamela Coulthurst, Acting Service Lead Dietetics, Lancashire Teaching Hospitals NHS Trust

09:45 – 10:05 "Using payment frameworks effectively"
This presentation will discuss the ‘Focus on Undernutrition’ experience of embedding nutritional outcomes into commissioning frameworks or commissioning systems
Rachael Masters, Team Lead Dietitian, Focus on Undernutrition

10:05 – 10:20 "Nutrition Screening Week 2010: top line results"
Christine Russell, Chair of BAPEN’s NSW

10:20 – 10:35 "Improving quality of nutritional care: the role of BANS"
Dr Trevor Smith, Chair of BANS, BAPEN

10:35 – 10:45 “The budget impact of using oral nutritional supplements in older community patients at high risk of malnutrition in England”
A.L.Cawood, C Green, and R.J.Stratton
1Medical Affairs, Nutricia Ltd, Wiltshire, 2Global Medical Department, Nutricia Advanced Medical Nutrition Schiphol Airport, NL

10:45 – 11:15 Coffee and Exhibition
11:15 – 13:00 Symposium 8

“How to Succeed in Research”

CHAIR
Professor John McLaughlin, Professor of Gastroenterology/Consultant Gastroenterologist, School of Translational Medicine, Manchester
And
Professor Sarah Andrew, Dean of Applied and Health Sciences, University of Chester

11:15 – 11:40 “Starting and running a successful research project”
Professor Sarah Andrew PhD, Dean of Applied and Health Sciences, University of Chester

11:40 – 12:20 “Meet a research team ....”
“View from a Funding Body Panel Perspective”
Professor Gary Frost PhD RD, Professor of Nutrition and Dietetics at Imperial College London

“View from a Departmental Perspective”
Dr Mary Hickson RD PhD, Senior Lecturer Division of Investigative Science, Imperial College London

“View from a Fellow’s Perspective”
Liesl Wandrag BSc RD, NIHR Fellow Division of Investigative Science, Imperial College London

12:20 – 12:40 “Knowledge Transfer Partnership Case Study”
Charlotte Harden, Knowledge Transfer Partnership Associate, Sheffield Hallam University – Knowledge Exchange Case Study

12:40 – 13:00 “NIHR Research Training Opportunities”
Dr Dawn Biram, Information and Evaluation Manager, NIHR Trainees Coordinating Centre, Leeds

13:00 – 14:15 e-bans Reporters Meeting, Lunch and Exhibition
BAPEN MEDICAL AGM – Main Auditorium
PEN Group AGM – Queens Suite 2
09:00 – 10:45 Satellite Symposium sponsored by Baxter

“HIFNET: Building a Seamless Parenteral Nutrition Service for Patients”
We have assembled our own ‘virtual national nutrition team’, with representatives from key disciplines from across the UK. We will hear their thoughts behind HIFNET; moving to a seamless model of patient care across the UK and some of the challenges arising from practical implementation. This session will run in a ‘Question Time’ format; a blend of predetermined questions, supplied by The Panel, but most importantly, we will be inviting you, the audience, to put our team ‘on the spot’ with questions of your own.

CHAIR
Professor Jeremy Powell-Tuck, Emeritus Professor of Clinical Nutrition, Barts & The Royal London

Panel members:
Dr Simon Gabe, Consultant Gastroenterologist & Co-Chair of the Lennard-Jones Intestinal Failure Unit, St. Marks’ Hospital

Dr Janet Baxter, Manager, Scottish National Managed Clinical Network for Home Parenteral Nutrition, NHS Scotland

Rebecca White, Pharmacy Team Manager, Surgery & Nutrition, Oxford Ratcliffe Hospitals NHS Trust

Alison Young, Nurse Consultant in Nutrition, Royal Liverpool & Broad Green University Hospitals NHS Trust

Carolyn Wheatley, Chair of PINNT

Andrew Bibby, Associate Director, South East Coast Specialised Commissioning Group

Dermot Burke, Consultant in Colorectal Surgery, Leeds General Infirmary

10:45 – 11:15 Coffee and Exhibition
11:15 – 13:00 Original Communications

**CHAIR**
Christine Russell, Chair of BAPEN’s NSW

**OC33**
Malnutrition ‘self-screening’ with ‘MUST’ in hospital outpatients predicts health care outcomes

*Joint Presentation*

**OC34**
Malnutrition ‘self-screening’ with ‘MUST’ in hospital outpatients: concurrent validity and ease of use

**OC36**
An assessment of nutritional status of orthopaedic fracture patients on admission to hospital

**OC37**
Subjective assessment rather than systematic screening to identify malnourished patients for referral to a dietitian

**OC12**
A national survey of General Practitioners understanding and awareness of malnutrition

**OC3**
Concurrent validity of nutrition risk scores in paediatric Inflammatory Bowel Disease

**OC38**
Evaluation of an alternative set of supporting materials for ‘MUST’ across the hospital and community setting

**OC39**
Which nutrition screening tool should be used in oncology outpatient clinics?

**OC57**
Nutrition: what do Nurses know and do – a pilot evaluation of nursing staff’s knowledge, awareness and practice

**OC15**
Attitude of British General Practitioners towards nutritional counselling and treatment of malnutrition

13:00 – 14:15 PEN Group AGM, Lunch and Exhibition

BAPEN Medical AGM – Main Auditorium
e-bans Reporters Meeting – Queens Suite 2