2011 Annual Conference

to be held at
Harrogate International Centre
on
Tuesday 29th November
and
Wednesday 30th November

plus Teaching Day
on
Monday 28th November

This meeting is approved for credits under the Continuing Medical Education (CME) Scheme by all Medical Royal Colleges

Provisional Programme
**Original Communications**

Posters showcasing new research will be displayed throughout the conference. Abstracts will be presented as Original Communications during designated symposia on Tuesday and Wednesday – details will be provided in the final programme.

*A Poster Reception will be held at 5.30p.m. on Tuesday 29th November where ‘chaired’ poster sessions will give you an opportunity to view and discuss with the author.*

**BAPEN’s Industry Partners**

Abbott Nutrition, Baxter Healthcare, BBraun Medical, Bupa Home Healthcare, Fresenius Kabi, Nestle Healthcare, Nutricia Clinical Care and Vitaflo International along with other commercial and Charitable and Not-4-Profit Organisations will provide a Trade Exhibition at this year’s BAPEN Annual Conference.

**Accommodation**

Accommodation will be available at selected hotels, guest houses and Bed & Breakfast establishments in Harrogate, within easy reach of the Harrogate International Centre. Further details are available on the BAPEN website: www.bapen.org.uk
We are pleased to announce that there will be the BAPEN Medical and BAPEN/BSPGHAN Paediatric Teaching Day at the Harrogate International Centre on Monday 28th November, 2011.

**BAPEN MEDICAL TEACHING DAY**

“Demystifying Parenteral Nutrition – An approach for all clinical disciplines”

This year’s BAPEN Medical Teaching Day will include the ESPEN LLL module on Parenteral Nutrition. The day will cover a broad range of topics relating to Parenteral Nutrition and will include the more difficult and contentious issues in this field. It will be based around case presentations and how the issues discussed relate to these.

**ALL WELCOME:** Members of BAPEN Medical and BAPEN; Any clinician or health care professional with an interest in nutritional support; Surgeons, particularly those dealing with intestinal failure and Trainees of any discipline.

### Bapen Medical Teaching Day Registration Fees

<table>
<thead>
<tr>
<th>For Bookings made</th>
<th>Prior to 1st November</th>
<th>After 1st November</th>
</tr>
</thead>
<tbody>
<tr>
<td>BAPEN Medical/BAPEN members</td>
<td>£45.00 + VAT = £54.00</td>
<td>£65.00 + VAT = £78.00</td>
</tr>
<tr>
<td>Non-members</td>
<td>£65.00 + VAT = £78.00</td>
<td>£85.00 + VAT = £102.00</td>
</tr>
</tbody>
</table>

**BAPEN/BSPGHAN Paediatric Teaching Day**

“Nutrition in Developmental Delay & Hands-on Management of Parenteral Nutrition”

The morning session will focus on the practical and ethical issues in feeding children with significant neurological problems. The afternoon will include a practical session addressing the benefits and problems of administering parenteral nutrition from all angles with dietetic, pharmacy, nursing medical and psycho-social speakers.

This study day is aimed at paediatric gastroenterologists, general paediatricians with an interest in nutrition, specialist nurses and dietitians and lively discussion will be encouraged.

### BAPEN/BSPGHAN Paediatric Teaching Day Registration Fees

<table>
<thead>
<tr>
<th>For Bookings made</th>
<th>Prior to 11th November</th>
<th>After 11th November</th>
</tr>
</thead>
<tbody>
<tr>
<td>BAPEN Medical/ BAPEN/BSPGHAN members</td>
<td>£45.00 + VAT = £54.00</td>
<td>£65.00 + VAT = £78.00</td>
</tr>
<tr>
<td>Non-members</td>
<td>£65.00 + VAT = £78.00</td>
<td>£85.00 + VAT = £102.00</td>
</tr>
</tbody>
</table>

The Teaching Days can be booked and paid for at the same time as the BAPEN Annual Conference registration fees.

Register on-line via the BAPEN website: www.bapen.org.uk
09:30– 09:40 BAPEN Welcome & Opening of Conference
Dr Mike Stroud, Honorary Chairman, BAPEN

09:40– 11:00 Nutrition in a Cold Climate
Current times are both good and bad for nutritional care. On the one hand, the ‘profile’ of Malnutrition could not be higher - with the importance of best nutritional care widely acknowledged by Government and now enshrined in care regulations for England, Scotland, Wales and Ireland. On the other hand, financial cuts challenge every aspect of healthcare and in England the new commissioning arrangements might change everything. The aim of this opening symposium is to make sense of it all, with talks and discussion on changes in regulations and funding arrangements throughout the UK and what they mean for everyone involved in nutritional care.

Where are we now?
Updates from England, Scotland, Wales and Northern Ireland

Where do we go next?
Maintaining Momentum – Dr Mike Stroud, Honorary Chairman, BAPEN
The new BAPEN – Dr Tim Bowling, Chairman-elect, BAPEN

Reasons to be cheerful - and proud!

11:00 – 11:30 Coffee and Exhibition

11:30 – 12:10 The Pennington Lecture
Christine Russell, Chair of BAPEN’s Nutrition Screening Week

12:10 – 12:30 BAPEN Nutricia Good Practice Awards 2011 & BAPEN Roll of Honour

12:30 – 13:40 BAPEN AGM, Lunch and Exhibition

13:40 – 15:20 Symposium 1
Living with Coeliac Disease
This symposium will look at some of the contentious areas for patients living with coeliac disease. We will hear from a patient about their experience of having to cope with the daily restraints imposed by having coeliac disease at the on-going debate about the need to restrict the intake of oats. The session concludes with a debate on whether we are being too diligent in our search for patients with coeliac disease thus imposing the difficulties of living on a gluten-free diet on too many individuals with little good evidence to support this.

What about oats?
Emile Richman, Gastroenterology Dietitian, Royal Liverpool Hospital

A patient’s perspective
Carolyn May

Debate: “We are diagnosing and treating too many people with coeliac disease”
Yes: Dr Neil Haslam, Consultant Gastroenterologist, Royal Liverpool University Hospital
No: Professor David Sanders, Consultant Gastroenterologist, Royal Hallamshire Hospital, Sheffield

“A quantitative and qualitative review of a multidisciplinary clinic for adults with coeliac disease”
Shirley James & Catherine Foley, Southampton University Hospitals NHS Trust
Symposium 2 – British Intestinal Failure Alliance Symposium
Comprehensive IF Management: from dream to reality
“If you can dream and not make dreams your master...”
This session, organised by BAPEN's intestinal failure special interest group, BIFA, will address surgical, dietetic and patient-related aspects of the management of Intestinal Failure in both adults and children, taking a view of the systems in place across England, Scotland, Wales and Northern Ireland.

New paediatric IF data from the Scottish HPN managed clinical network
Dr David Wilson, Paediatric Gastroenterology, Royal Hospital for Sick Children, Edinburgh

Progress towards a paediatric IF network
Dr Sue Beath, Birmingham Childrens’ Hospital

Patients on HPN (a short film)
Judith Smith, Calea

The dietitians and HIFNET: Dietetic aspects of types 2 and 3 (specialised) IF
Barbara Davidson, Freeman Hospital

Progress on surgical aspects of HIFNET – definitions, regional structure and referral
Christopher Chan, Barts and the London

HIFNET – Kickoff April
Andrew Bibby, Associate Director (Commissioning), South East Coast Specialised Commissioning Group, Commissioning lead HIFNET

Panel discussion focusing on Paediatric, Surgical and Dietetic aspects of IF
Including speakers, Professor Jeremy Powell-Tuck, Dr Janet Baxter and Tina McDougall

Original Communications
This session showcases the best abstract submissions made to the BAPEN annual conference 2011. The presentations were selected on merit by the Science and Research and Programmes Committees. Topics presented in this session cover a wide and fascinating mix of nutritional topics, with relevance to many aspects of practice and service delivery in clinical nutrition.

Tea and Exhibition

Symposium 3
Feeding Decisions in Critical Care - Case based study
This symposium will cover the communication needed in intensive care when so many teams have input into patients at highest risk when nutrition may be forgotten until the patient is stabilised. Should this be the case or should the initial treatment always involve nutrition and if so, how should it be provided with the extreme problems of stability; low volume, deranged electrolytes and poor access? Problems that challenge the most specialist of professionals and communication and education is key.

The key nutritional challenges facing the critical care team – and the tensions between stabilising the patient and initiating nutritional support
Dr Richard Beale, Clinical Director of Perioperative, Critical Care & Pain Services and Consultant Intensivist at Guy’s and St. Thomas’ Hospital, London

PN prescribing within the limits of fluid allowance and pharmaceutical stability
Speaker to be confirmed
### Symposium 3 Continued

“Impact of additional fructo-oligosaccharides on the gastrointestinal microbiota, fermentation and stool output in patients receiving enteral nutrition on the intensive care unit: a multi-centre, randomised, double-blind, controlled trial”
Dr Kevin Whelan, King’s College London

PN versus EN – a case based discussion and debate

**Parenteral:** Dr Trevor Smith, Consultant Gastroenterologist, Southampton University Hospital NHS Trust  
**Enteral:** Dr Tim Bowling, Consultant in Clinical Nutrition and Gastroenterology, Nottingham University Hospitals NHS Trust

### Symposium 4

**Food For Thought** - Challenging problems in Malnutrition
In this symposium we will look at the origins of malnutrition in the population of the UK and some of the inequalities that underlie this. We will then look at the barriers to overcoming the burdens imposed by malnutrition and conclude by discussing what happens to those who become malnourished as children when they grow up.

**Malnutrition – a growing concern?**
Dr John Puntis, Consultant Paediatrician, Leeds General Infirmary

**What is the epidemiological evidence on prevalence and causes of malnutrition?**
Professor Charlotte Wright, Professor of Community Child Health / Consultant Paediatrician, Peach Unit, Yorkhill, Glasgow

**The perception and misunderstanding of malnutrition amongst adult patients**
Katherine Murphy, Chief Executive, The Patients Association

“The Prevalence of Malnutrition in General Practice”
Dr Paula McGurk, Southampton University Hospital NHS Trust

### Satellite Symposium

**Nutrition and Lean Body Mass** Sponsored by Abbott Nutrition
This symposium will focus on educating delegates around lean body mass (LBM) and the association between malnutrition and LBM. Focus with then turn to new ingredients and treatment options available in the management of LBM. Presentations will include discussions on ‘The role of lean body mass in health and disease,’ ‘Maintaining lean body mass in older people’ and ‘Using targeted nutrition to build muscle mass.’

**Speakers include:**
Professor Avan Aihie Sayer, MRC Clinical Scientist and Professor of Geriatric Medicine, University of Southampton
Dr Douglas Paddon-Jones, Associate Professor in the Department of Physical Therapy, University of Texas
Dr Matt Vukovich, Associate Professor & Director of the Applied Physiology Laboratory, South Dakota State University

### Other Events

17:30 – 18:30  ‘Chaired’ Poster Reception

19:30  BAPEN Annual Dinner – The Majestic Hotel, Harrogate
Symposium 5 – The Nutrition Society Symposium
Muscle Wasting with Age - A New Challenge in Nutritional Care

Part 1 – The Underlying Factor
The generalised loss of skeletal muscle that occurs with ageing, known as sarcopenia, results in deficits in strength and function that have far reaching consequences in terms of disability, quality of life and the health care costs associated with older people. This symposium will focus on the physiological, biochemical and nutritional mechanisms underlying this debilitating condition and will identify the potential targets for future nutritional therapies.

Ageing and taste
Dr Lisa Methven, University of Reading

Ageing and muscle
Professor Stephen Harridge, King’s College London

Ageing and appetite
Professor Gary Frost, Imperial College

Ageing and the gut
Professor John McLaughlin, Manchester University

“An investigation into the relationship between nutritional risk of elderly patients with dementia and behavioural problems at mealtimes for patients with dementia”
Mary McKeon, Birr Primary Care, Ireland

Symposium 6 – Supported by an Unrestricted Educational Grant from
Home Parenteral Nutrition: The Collaboration between Secondary and Primary care – An established model

How it should work? Exploring fundamental issues which could affect the safe, effective discharge of a patient. How government publications national guidelines translate into local policy at a clinical level and the effect they have upon the provision of a HPN service.

Time to go home? What information and health education is required to enable discharge to be safe and effective? Where and how is education best provided and by whom?

Pathways to Independence. We will hear from industry and a patient about their experiences of the support systems that exist for patients receiving HPN.

How it should work?
Mia Small, Nurse Consultant Nutrition and Intestinal Failure, St Mark’s Hospital, Harrow, Dr Simon Gabe, Consultant Gastroenterologist, St Mark’s Hospital, Harrow

Time to go home?
Anne Bradley, former HPN Co-ordinator, Salford Royal Hospitals NHS Foundation Trust
Jacqui Varden, Ward Matron of the IFU, Salford Royal Hospitals NHS Foundation Trust

Pathways to Independence
Chris Shaw, National HPN Liaison Nurse, Salford Royal Hospitals NHS Foundation Trust
Steven Cooke, HPN patient

“Are central venous catheter repairs worthwhile? An analysis of long term catheter repairs”
Dr Yasmin Pasha, Lennard Jones Intestinal Failure Unit, St. Mark’s Hospital, Harrow
Malnutrition in older hospital patients: the mappmal approach to prevention
Professor Paula Moynihan, Professor of Nutrition and Registered Dietitian, Institute for Ageing and Health, Human Nutrition Research Centre, Newcastle University

An ethnographic study of the factors that contribute to malnutrition in older people in hospitals
Claire Bamford, Senior Research Association, Medical Sociologist, Institute of Health and Society, Newcastle University

Re-designing the food and nutrition service through a multidisciplinary and participative process
Professor Alastair Macdonald, Senior Design Researcher, Glasgow School of Art

Re-thinking foods for older people in hospitals
Dr Lisa Methven, Lecturer in Food and Sensory Science, University of Reading

hospitalfoodie: a new food and nutrition management system for older hospital patients

Taking hospitalfoodie forward: the next steps
Professor Paula Moynihan

Panel discussion
Chaired by Professor Alastair Macdonald, Senior Design Researcher, Glasgow School of Art.
Panel members: In addition to the above speakers the following mappmal team members will join in the panel discussion:
Professor Margot Gosney, Consultant in Elderly Care Medicine, University of Reading/Royal Berkshire NHS Foundation Trust
Carol Fairfield, Speech and Language Therapist, Lecturer in Clinical Language Sciences

Launch of the ‘hospitalfoodie’ exhibition in the exhibition area
10:45 – 11:15 Coffee and Exhibition

11:15 – 13:00 Symposium 7

Muscle Wasting with Age - A New Challenge in Nutritional Care

Part 2 – Management

Muscle wasting (sarcopenia) has a far-reaching impact on the health of older patients – with substantial tolls in terms of morbidity, disability, mortality and healthcare costs. This symposium looks at the evidence for the treatment of sarcopenia with nutritional care and exercise and then goes on to look at some of the issues in the organisation and implementation of such treatments.

Nutritional therapy of sarcopenia
Professor D Joe Millward, Emeritus Professor of Human Nutrition, University of Surrey

Preventing the loss of muscle mass with ageing
Dr Carolyn Grieg, Senior Research Fellow, Geriatric Medicine, University of Edinburgh

Exercise in the ITU patient
Speaker to be confirmed

“Systematic review and meta-analysis of the effects of high protein oral nutritional supplements on strength”
Dr Abbie Cawood, Nutricia Ltd., Trowbridge

11:15 – 13:00 Symposium 8

How to Succeed in Audit

In this session delegates will learn key facts about current frameworks and practice for clinical nutrition and will hear personal experiences and useful tips from successful audit projects.

5 years audit data on MUST: how audit has targeted practice
Dr Sorrel Burden, University of Manchester

Measuring quality of nutritional care through audit: developing a national clinical audit of Essence of Care (Food and Nutrition)
Emma Parsons, King’s College London

Between the loops: translational audit
Dr Emma Donaldson, Salford Royal Hospital

Concluding with general discussion

13:00 – 14:15 Lunch and Exhibition

13:10 – 13:30 Lunchtime Presentations

Reducing the risk of feeding through a misplaced nasogastric tube

AVOIDING NEVER EVENTS

Robert Law, Consultant GI Radiographer, North Bristol NHS Trust

Between 2005 and 2010 - 21 deaths and 79 cases of harm were reported from feeding through misplaced fine bore tubes (however little information is available regarding over-all numbers of misplaced tubes.) The single greatest cause of harm was due to misinterpretation of x-rays, accounting for 12 deaths and 45 serious incidents.
13:10–13:30 Lunchtime Presentations continued

In North Bristol NHS Trust a check X-ray to determine the site of a nasogastric tube tip was misinterpreted by a junior doctor, the patient was fed into their right lung and subsequently died.

As a result of this reported ‘never event’ a wide ranging audit was undertaken within the Trust looking at all aspects of documentation and service delivery for fine bore nasogastric (NG) intubation. The implemented audit recommendations led to North Bristol receiving a 2011 ‘Patient Safety Award’ category ‘Changing culture in patient safety’.

One of the audit recommendations was a nasogastric tube check image interpretation training package and test, this evolved from an innovation by the speaker to depart from the perceived ‘see one, do one, teach one’ approach to junior doctors interpreting nasogastric tube check images. F1’s & F2’s had to undertake and pass the training package and test within 10 days of induction to be considered competent by the Trust to interpret NG check images. The training concept was transcribed into an e-learning package which the Trust gave Merck Serono licence to develop and make available nationally. The format now available on www.trainingngt.co.uk and endorsed by the NPSA is of value not only for junior doctors but other professional groups such as Nurses, radiographers and dietitians.

This talk will look at the audit its results, recommendations and outcomes with particular reference to check imaging.

13:30–13:45 Not Making the Same Mistakes Twice
Graham Milward, Enteral Plastics Safety Group (ESPG), Business Development Manager, Vygon (UK) Ltd.

The Enteral Plastics Safety Group (ESPG) has representatives from industry, the BDA and NNNG. They will give an update on their progress in preventing wrong route errors through developing policies for the production of plastics to allow safe enteral administration of feeds and drugs. This session is a must for all dietitians, nurses and health professionals involved in enteral feeding.

14:15–15:00 The Nutrition Society Cuthbertson Medal Lecture
“The Rise and Fall of Gluten!”
Professor David Sanders, Consultant Gastroenterologist, Royal Hallamshire Hospital, Sheffield

Nutrition Society/BAPEN Original Communication/Poster Prize Presentations

15:00–16:00 Symposium 9 - supported by an Unrestricted Educational Grant from “The F Word Debate: Food First, Fortification or Fully Balanced Formula”
Despite the growing body of evidence that oral nutritional supplements can be extremely beneficial, a great deal of controversy remains about their use. Are they really better than food in all situations? Is food fortification a valid alternative? This debate will set out to answer these questions and hopefully stimulate the audience to put across their views.

For oral nutritional supplements
Dr Mike Stroud, Honorary Chairman, BAPEN

For food first
Christine Baldwin, King’s College London

16:00 Close of Conference
The Full Individual Members of BAPEN Rate is available if your BAPEN subscription has been paid in full at the time of receiving your registration form. The Student Rate is available to all pre and post graduate Students.

The 2-Day Conference Rate includes registration fees for Tuesday and Wednesday, admission to the Trade and Poster Exhibitions, tea/coffee and lunch daily AND Individual Affiliate Membership to BAPEN for 2012.


The Day Delegate Rate includes the registration fees for either Tuesday or Wednesday, admission to the Trade and Poster Exhibitions, tea/coffee and lunch.

**BAPEN Annual Dinner**

**Tuesday 29th November, 2011**

Your mission, should you choose to accept it, is to attend this year's BAPEN Annual Dinner to be held at the Majestic Hotel, Harrogate.

This classic event will give you the chance to dress up in a tux as Bond, be a Bond girl or one of his evil counterparts, drink Martini, gamble at the casino or shoot like a spy, then dance the night away to the 007 theme tunes. With so much entertainment on offer this James Bond night will be a night to remember!

Ticket price: £37.50 per person inclusive of meal with drinks, entertainment and VAT.

Dressing up encouraged but not mandatory

---

<table>
<thead>
<tr>
<th></th>
<th>Full Individual Members of BAPEN</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2-Day Conference Rate</strong></td>
<td>£325.00 + VAT = £390.00</td>
<td>£295.83 + VAT = £355.00</td>
</tr>
<tr>
<td><strong>Day Delegate Rate</strong></td>
<td>£190.83 + VAT = £229.00</td>
<td>£171.67 + VAT = £206.00</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>Full Individual Members of BAPEN</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2-Day Conference Rate</strong></td>
<td>£352.50 + VAT = £423.00</td>
<td>£316.67 + VAT = £380.00</td>
</tr>
<tr>
<td><strong>Day Delegate Rate</strong></td>
<td>£216.67 + VAT = £260.00</td>
<td>£195.83 + VAT = £235.00</td>
</tr>
</tbody>
</table>
Quality Improvement in Nutritional Care
The Good, The Bad and The Costly in Nutritional Care

Quality nutrition is higher on the healthcare agenda than ever before but will the economic climate affect our ability to combat the £13billion cost of malnutrition in the UK?

BAPEN’s 2011 MALNUTRITION MATTERS Conference focuses on providing quality nutrition care in difficult times with particular attention to muscle wasting, coeliac disease, oral nutritional supplements, the origins of malnutrition, intestinal failure and home parenteral nutrition in adults and children in the UK.

BAPEN’s multi-disciplinary conference is the ideal learning and networking event for dietitians, nurses, doctors, pharmacists, nutrition scientists, researchers, NHS managers, patient safety specialists, carers of vulnerable patients, care home managers & staff, patients & patient group representatives and medical education specialists.

If ‘Quality Improvement in Nutritional Care’ matters to you then BAPEN’s MALNUTRITION MATTERS Conference is for you!

Conference Organisers

Sovereign Conference
Secure Hold Business Centre, Studley Road, Redditch, Worcestershire, B98 7LG
Tel: +44(0) 1527 518777 Fax: +44(0) 1527 518718
Email: association@sovereignconference.co.uk

Media enquiries to
Rhonda Smith BAPEN Communications & Marketing Coordinator
Mobile: +44(0) 7887 714957 Email: rhonda@minervacomms.net

British Association for Parenteral and Enteral Nutrition
www.bapen.org.uk