

# We are supporting UK Malnutrition Awareness Week 2023

## 6th - 12th November



If you are worried about someone's unplanned weight loss, you may wish to have a conversation with them and encourage them to speak with their GP or healthcare professional. For more tips, visit [www.malnutritiontaskforce.org.uk](http://www.malnutritiontaskforce.org.uk).

**Ask, Look, Listen.**  
**We're ALL in this together**



**Malnutrition Task Force**  
Eating and drinking well in later life



**UK MALNUTRITION  
AWARENESS  
WEEK**

**#UKMAW2023**