

**Horizons in  
Intestinal Failure,  
Rehabilitation &  
Home Parenteral Nutrition**



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**3-DAY CONFERENCE**

**Royal College of Nursing**

**Tuesday 29 Sept – Thursday 1 Oct 2026**

# Horizons in intestinal failure, rehabilitation & home parenteral nutrition

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## Day 1 (29/9/2026): Type 1 Intestinal Failure

**08:30 Registration**

**08:55 Welcome** (Mani Naghibi)

### **Type 1 intestinal failure** (Chairs: Simon Gabe and Riddhika Joshi)

09:00	Definition and classification of intestinal failure	Mani Naghibi
09:20	Vascular access	Mia Small
09:40	Refeeding syndrome	Alison Culkin
10:10	Panel discussion	MDT

**10:30 Coffee break & opportunity to taste oral rehydration solution**

### **Management of type 1 intestinal failure** (Chairs: Flora Kokwaro and Mia Small)

11:00	Estimating requirements	Olivia Gensale
11:25	Medical management of prolonged ileus and obstruction	Mani Naghibi
11:50	Surgical management of Type 1 Intestinal Failure	Phil Tozer
12:15	Panel discussion	MDT

**12:30 Lunch break**

### **Management of a high output stoma** (Chairs: Simon Gabe and Olivia Gensale)

13:30	Medical management and when to give parenteral nutrition	Flora Kokwaro
13:50	Dietary management	Aoife Reilly
14:10	Drug management	Riddhika Joshi
14:30	Case	MDT panel
14:50	Panel discussion	All

**15:00 Tea break & opportunity to taste oral rehydration solution**

### **Prevention & treatments of complications in Type 1 Intestinal Failure** (Chairs: Alison Culkin & Aoife Reilly)

15:30	To MCB or compound PN, that is the question	Riddhika Joshi
15:50	Abnormal liver function: don't blame the PN	Flora Kokwaro
16:10	Sepsis: the difficult questions	Simon Gabe
16:25	When type 1 becomes type 2 intestinal failure	Mani Naghibi
16:40	Final discussion	All

**17:00 Summary & close** (Mani Naghibi)

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## Day 2 (30/9/2026): Type 2 & Severe Intestinal Failure

**08:30 Registration**

**08:55 Welcome** (Simon Gabe)

### **Can we desensitise the bowel in patients with dysmotility?** (Chairs: Robert Nowak & Alison Culkin)

09:00	Invited lecture: Feeding in vein? Avoiding PN in patients with functional disorders	Prof Peter Payne Consultant Gastroenterologist Salford Royal Hospital
09:25	Invited lecture: Nutritional management of DGBI	Lee Martin, Neurogastroenterology dietitian, UCLH
09:50	Beyond the BNF: psychotropic approaches	Calum Moulton
10:15	Panel discussion	All
<b>10:30</b>	<b>Coffee break &amp; opportunity to taste oral nutritional supplements</b>	

### **Decisions rather than incisions** (Chairs: Carolynne Vaizey & Simon Gabe)

11:00	When to operate & when to wait	Carolynne Vaizey
11:25	How FAB is prehab	Richard Holman
11:55	Enterocutaneous fistulae: surgical management & the important outcomes	Akash Mehta
12:20	Panel discussion	All
<b>12:30</b>	<b>Lunch break</b>	

### **Decision making in surgical intestinal failure & high output fistulae** (Chair: TBC)

13:30	Enterocutaneous fistulae: medical management	Suzanne Donnelly
13:55	EC fistulae: dietary & micronutrient management	Alison Culkin
14:20	Case with dilemma to operate & panel discussion	Simon Gabe & Alison Culkin
<b>15:00</b>	<b>Tea break &amp; opportunity to taste oral nutritional supplements</b>	

### **Distal feeding** (Chair: TBC)

15:30	Case introduction	Suzanne Donnelly
15:35	Which feed for distal feeding?	Diane Brundrett
15:50	Trophic feeding or the distal feeding pump?	Simon Gabe
16:05	Don't forget the drugs	Robert Nowak
16:20	Case conclusion	Suzanne Donnelly
16:30	Hands on workshops (in person attendees) <ul style="list-style-type: none"><li>- Distal feeding practicalities</li><li>- Enteral tubes</li></ul>	The St Marks MDT
17:00	<b>Summary, close</b> (Alison Culkin)	

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## Day 3 (1/10/2026): Type 3 Intestinal Failure

**08:30 Registration**

**08:55 Welcome** (Alison Culkin)

### **Home parenteral nutrition** (Chair: Mia Small & Suzanne Donnelly)

- 09:00 Patient perspective on life with intestinal failure
- 09:30 What to do when a patient is admitted to your hospital
- 09:50 Monitoring patients on home parenteral support

10:10 **Invited lecture: Gloves off program**

10:30 Panel discussion

**10:45 Coffee break & workshop: CVC techniques (unblocking & repair)**

### **Complications** (Chair: Jo Gent & Roshni Patel)

- 11:15 Managing intestinal failure associated liver disease
- 11:40 Managing metabolic complications
- 12:05 Managing catheter related bloodstream infections and thrombosis

12:30 **Invited lecture: When to transplant?**

12:55 Panel discussion

**13:10 Lunch break**

### **Quality of life** (Chair: Gemma Crutchley & Hajeena Kathirgamanathan)

- 14:10 Travelling & holidays on HPN
- 14:30 Quality of life on home parenteral support
- 14:50 End stage malignancy and HPN

**15:15 Tea break & workshop: CVC techniques (unblocking & repair)**

### **It's all about growth** (Chair: Simon Gabe & Alison Culkin)

- 15:45 GLP2 or GLP1, that is the question?
- 16:10 Parenteral nutrition in pregnancy
- 16:35 Final discussion

**16:45 Summary & close** (Simon Gabe)

St Mark's patient  
Jo Gent  
Nicola Vernon & Roshni Patel  
**Jane Fletcher**  
Consultant Nutrition Nurse  
Birmingham & BAPEN President  
All

Simon Gabe  
Suzanne Donnelly  
Gemma Crutchley  
Hajeena Kathirgamanathan  
**Neil Russell**  
Consultant transplant surgeon  
Addenbrooke's hospital  
All

Maryam Clark/Mia Small  
Alison Culkin  
Mani Naghibi

Simon/Hajeena and Roshni Patel  
Nicola Vernon  
All