

2022 ANNUAL REPORT

Core Groups

- BAPEN Medical
- British Pharmaceutical Nutrition Group (BPNG)
- British Society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN)
- National Nurses Nutrition Group (NNNG)
- Parenteral & Enteral Nutrition Group (PENG)
- PINNT - A support group for people receiving artificial nutrition (PINNT)

Committee Groups

- British Artificial Nutrition Survey (BANS)
- Programmes Committee
- Malnutrition Action Group (MAG)

Special Interest Groups & Associated Groups

- British Intestinal Failure Alliance (BIFA)
- Nasogastric Tube Special Interest Group (NGSIG)
- The Nutrition Society

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Published December 2023

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BAPEN is a Registered Charity No. 1186719

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President's Report

Trevor Smith, President

The last year has been a significant one for BAPEN as we celebrated 30 years as an organisation, driving forward our vision for every individual to receive safe, timely and appropriate nutritional care in every care setting, every day. The year was a celebratory milestone in BAPEN's journey and presented us with an invaluable opportunity to reflect on how far we've come, together with partners, and look ahead to the goals we still want to achieve.

Below I have touched on some of the year's highlights, but before moving onto these, I would first like to convey my heartfelt thanks to everyone who worked so hard to make 2022 such a successful, and busy, year for BAPEN. As I often say, BAPEN is strong in its component parts, from Core Groups to Standing Committees, to Special Interest Groups and Associated Groups, to individuals, but even stronger as a sum of its parts. Each of those parts consists of many individuals working tirelessly to push forward our vision, improve and instil best practice, and drive meaningful change for our patients. I trust that this report will offer some insights into the significant contributions made by so many of you over the last year.

BAPEN's 30th anniversary

It was with pleasure that we celebrated BAPEN's 30th anniversary in 2022. One way we showcased this was through a month of content dedicated to '30 Days of BAPEN'. This saw our channels taken over with content commemorating each day with a milestone or memory from within the organisation over the past 30 years. It was fantastic to see strong engagement with these posts, and our social media channels and website both saw increased engagement in November – likely also due to UKMAW and Conference. At Conference, we shared memories of BAPEN and working in nutrition over the past three decades, which was a welcome trip down memory lane.

BAPEN has come a very long way since it was founded in 1992, with several notable achievements – too many to cover them all here! Just to touch on a few, one of the earliest landmarks was the establishment of the British Artificial Nutrition Survey (BANS) in 1996, the Malnutrition Action Group (MAG) was then established in 1998 and launched its community tool. In 2003, the 'Malnutrition Universal Screening Tool' ('MUST') was launched and went on to be endorsed by multiple organisations, garnering support from Royal Colleges and other governmental and non-governmental organisations – just this year it was recognised as 'seminal' in a *British Journal of Nutrition* review, being one of the most highly cited papers from this journal over the years. We've awarded medals, awards and commendations over the years to remarkable individuals, we have published position papers and guidance, established interest groups and significantly developed pockets of expertise and, ultimately, we have all worked collaboratively in the true sense of a multidisciplinary team over time.

I'm very proud to have been at the helm of BAPEN during our 30th year celebrations, and I am excited for the next three decades and beyond of the organisation.

BAPEN's five year strategy and new values

A real highlight for BAPEN in 2022 was the development and launch of our new five-year strategy. To achieve this, a dedicated working group was responsible for overseeing and progressing the strategy, and their work was underpinned by a robust process of engagement and consultation. We wanted to make sure the empowerment of our members was key in the process, with views of members and patients sought through a values workshop, a focus group session and a survey. All this research formed part of the first stage of constructing our strategy, and we were invested in ensuring these insights informed the shape the strategy took.



A significant part of establishing the new strategy involved identifying a set of values that the organisation will live by. This was an important element for BAPEN in setting its direction and commitments. The values of 'Listen', 'Lead', 'Share' and 'Support' are the principles that will guide the way we act on our vision. The patients who kindly dedicated time to join a focus group to discuss what values BAPEN ought to embody were integral to the selection and refinement of these organisational values. As BAPEN, we listen, learn from and value the experiences of our multidisciplinary members across health and social care – we want to continue to adopt a listening mindset in the work that we do moving forwards. We want to drive change, innovate and help lead the improvement of nutritional care for patients in the UK. We are passionate about sharing our expertise with each other, across our disciplines and with patients. We are open and receptive to different sources of knowledge and strive to collaborate with others. Moreover, we support patients and each other, and we believe in working together to deliver safe and effective nutritional care in an inclusive environment.

Furthermore, our three strategic priorities of 'Knowledge', 'Reach' and 'Sustainability' will shape our commitments over the coming five years and ensure we are responding to the changing clinical environment and increasing demands placed upon all those working in health and social care. These priorities will inform our working with stakeholders, including individuals with or at risk of malnutrition, carers, professionals, healthcare leaders and providers at local, regional and national levels. Our focus over the next five years will be to facilitate and support improvements in knowledge and understanding to deliver excellent nutritional care to all those in need; extend our reach to raise awareness of malnutrition and influence consistent and equitable access to excellent nutritional care across the four nations; and to maintain BAPEN as a sustainable charitable organisation through sound financial and succession planning, people development and protection of the environment.

We launched the strategy at our Conference in November, and I'm delighted to say it was very well received with much excitement and eagerness by our members, organisations that we have working relationships with and other stakeholders. I'd like to extend my thanks to everyone who worked so hard on what was a significant project for BAPEN, and one which will guide us through the next five years. I am looking forward to implementing this strategy and working with colleagues and partners to deliver positive change in the field of malnutrition and nutritional care.

BAPEN's Annual Conference

Our annual Conference in November proved to be a huge success. With the backdrop of it being our 30th year, the launch of the new strategy and our first in-person Conference since the pandemic, we were all set up for a remarkable event. The symposiums, lectures and workshops were extremely well received with a great deal of positive feedback, most notably the symposiums on 'IBD and Nutrition in Adults', and 'Exploring NG Never Events'. The poster sessions and exhibitions were varied, well-researched and informative, and there really was something for every professional discipline attending.

I always value Conference as a fantastic platform to refocus energy on how we can all facilitate delivering improvements in nutritional care, and I enjoyed hearing updates and best practice sharing from various Trusts and settings across the country. I'd like to thank everyone on the Programmes Committee and beyond for producing an all-round brilliant event. We look forward to seeing you in Edinburgh for BAPEN Conference 2023!



UK Malnutrition Awareness Week 2022

Also in 2022, we celebrated our fifth UK Malnutrition Awareness Week (UKMAW), together with our colleagues at the Malnutrition Task Force (MTF). Five years of UKMAW is an exciting milestone to have reached and the week didn't disappoint. It was packed with awareness raising activities, all with the aim of highlighting our core message that malnutrition is everybody's business. We had a new addition to the schedule this year in the form of a virtual 'Sharing of Practice' learning day, hosted by the MTF. This brought several different voices together to share ideas, top tips and research – all with the aim of sharing best practice. I was delighted to speak at the event, alongside colleagues from a range of organisations including Age UK, the Malnutrition Pathway, NHS Food Review and researchers. The event was a huge success, thriving off collaboration, and a great way to kick-start the activities.

UKMAW feels more pertinent than ever at the moment, with the cost-of-living crisis and the effects of the pandemic still being felt strongly. Added to this there are the struggles faced by healthcare teams in trying to ensure patients are getting the nutritional care they need – these were particularly highlighted during #ChallengesTuesday. It was brilliant to see all the energy around UKMAW2022, from Dr Sheldon Cooper and Dan Griffith RD speaking on Birmingham Hospital Radio, to our key messages shared by organisations such as the Royal College of Physicians, Carers UK and Crohn's & Colitis UK. More people are vulnerable than ever before, and with this backdrop I think it's important to recognise the campaign and everyone behind it for raising awareness of these problems and advocating for positive change.

The campaign was well integrated with the MAG's National Screening Survey, run through the month of October. The first results of this were presented at Conference by Dr Rebecca Stratton, and it was brilliant to be able to hear the report covering settings in all four nations of the UK, so thank you to all those who submitted data. The hard work of MAG allows us to give year on year updates, and better inform others of the nutritional state of the nation.

A final note as the outgoing President

After a rewarding (and longer than intended, due to Covid-19) tenure as President of BAPEN, it was announced at the final AGM of the year that I will be handing over the reins to Dr Nick Thompson at BAPEN Conference 2023.

I am incredibly proud of what we have achieved together whilst I've been at the helm of the organisation, not least working to unite and support our speciality through the unprecedented tumultuous pandemic.

It has been an honour to work with members, stakeholders and brilliant, selfless and committed colleagues during my Presidency. Having been involved with BAPEN in some capacity since joining the BANS Committee in 2008, it's been a pleasure to steer the ship and to be involved in some brilliant opportunities to help improve nutritional care in the UK and drive much-needed change.

I believe this to be a very exciting time for BAPEN as an organisation, with our new strategy coming into effect and the rapidly changing external health environment. Please do join me in continuing to support BAPEN, whether as a member or part of the team behind the organisation. And best of luck – though you won't need it – to my successor, Nick!



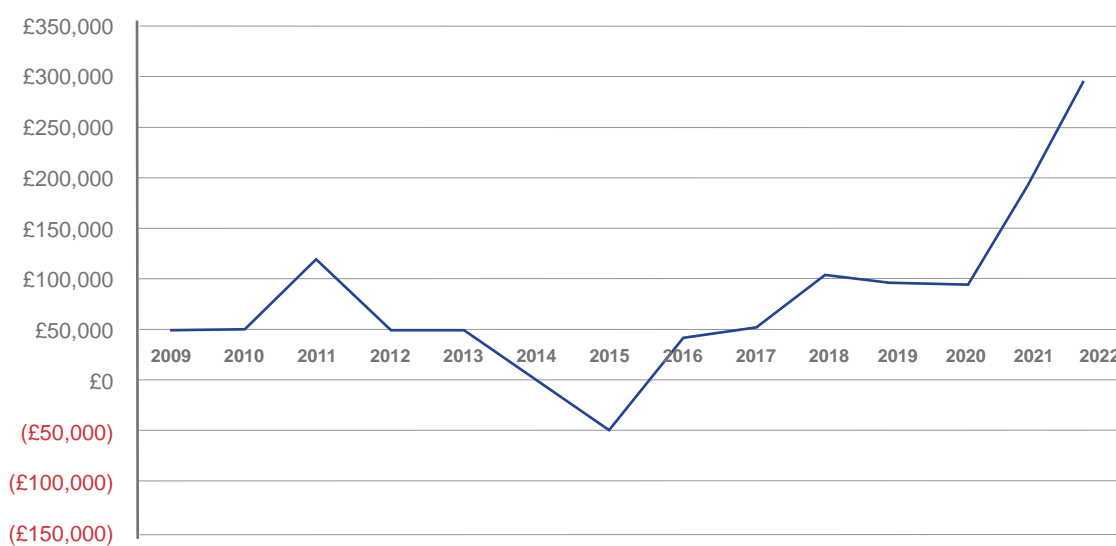
Treasurer's Report

Sheldon Cooper, Honorary Treasurer

Overview

As the direct impact of the COVID-19 pandemic began to wane, BAPEN's charitable work, notably the meetings and annual educational Conference, began to return to normal. Many delegates attended their first in-person educational conference since 2019. This promoted a high delegate count in November and a larger income than ever before. The costs, however, were more than before, but overall BAPEN's Annual Meeting in Brighton 2022 brought the largest profit to date given the excellent turn-out. This profit, together with Licensing of 'MUST', BAPEN's intellectual property, for a worldwide issue by a pharmaceutical company, continues to bring significant income. BAPEN has thus seen its financial position continue to improve. For the fifth year in a row, a year-end surplus was delivered of £291,729 in 2022, just over double the surplus from 2021. This is an outstanding achievement for a charity whose leadership team and members have been challenged within their healthcare roles, recovering waiting-list times grown during the pandemic, whilst maintaining a focus on securing not just the stability and sustainability of the charity, but its growth. The current financial position is supporting BAPEN to meet its charitable aims, with projects planned to further those aims in place.

Figure 1a: Summary of year end surplus/deficit

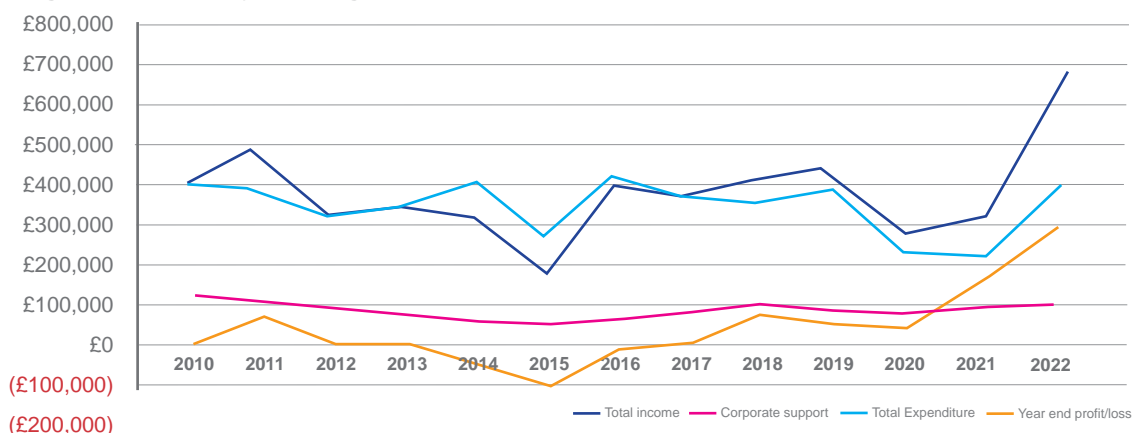


The increase in corporate/industry sponsorship is less modest than 2021's increase, there was nevertheless an increase from £82,850 to £93,850. The significant incomes in 2022 arise from Conference and also from international 'MUST' licensing. This income stream has offset the lack of an in-person conference being our main income stream. BAPEN's overall income has risen from £315,150 in 2021 to £667,100 in 2022. Expenditure has more than doubled as anticipated with the new secretariat awarded to Medivents and Conference costs.

These successes have increased overall financial reserves to £791,203 in 2022 (£499,474 in 2021, £357,664 in 2020, £318,520 in 2019, £277,627 in 2018). The Reserves Policy is being reviewed (see below) and investments in excess funds are being made whilst projects in keeping with BAPEN's charitable aims and objectives, especially in light of the launch on the new 5-year strategy, are generated.

As a reminder, BAPEN converted from an unincorporated charity to a charitable incorporated organisation (CIO) in July 2020, with all activities and funds being transferred to the newly registered charity The British Association for Parenteral and Enteral Nutrition CIO (Charity number 1186719) which was registered on 3 December 2019.

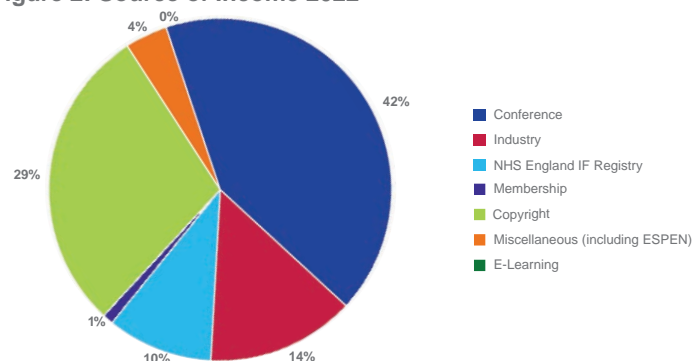
Figure 1b: Summary of changes in income and expenditures



Income

The total income leapt from the previous of 2021 £315,150, to £667,100 through the copyright license for 'MUST' renewal, a highly successful Conference and increase in industry/corporate sector.

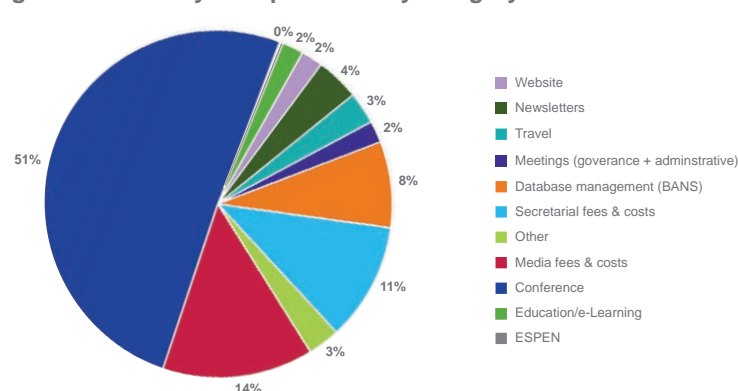
Figure 2: Source of Income 2022



Expenditure

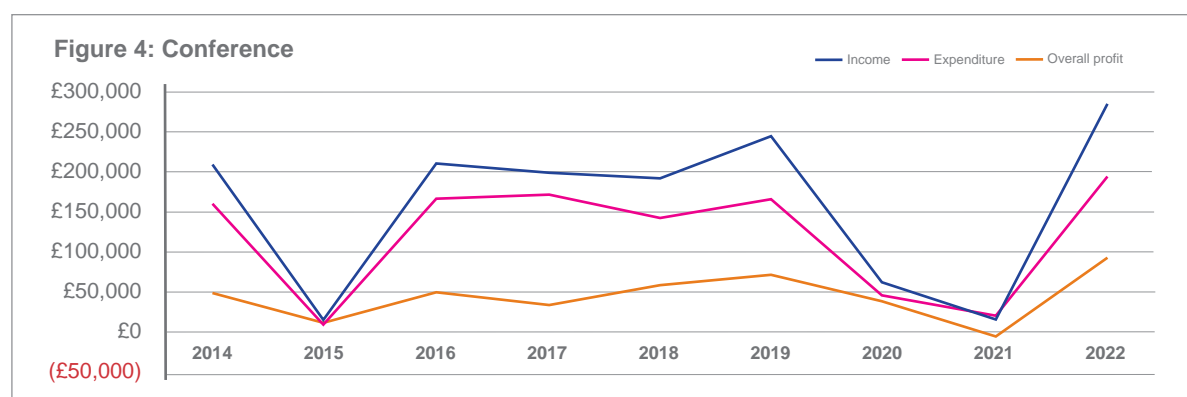
Overall charity expenditure rose significantly from £173,340 in 2021, to £375,371 in 2022. Conference returned from being virtual to an in-person event (see below), incurring significantly more cost. The tender to change the secretariat and conference organising company was awarded to Medivents. All bids at tender showed an increase in fees, but it was felt that value for money, in awarding the contract to Medivents, was justified. Travel costs increased by over £10,000 as committee meetings returned to being hybrid or face-to-face again. A breakdown of major costs is summarised in **Figure 3**.

Figure 3: Summary of expenditure by category 2022



Annual Conference 2022

The Annual Conference in 2021 was an online affair, which delivered excellent educational benefit, but with a loss of income stream, to the extent there was an overall loss of £7,911 (income £16,928, costs £24,839, including cancellation charges of over £8,000). The 2022 Conference was an in-person event and it was anticipated a return to profit should occur. Pleasingly, with a resurgent number of delegates, the Conference yielded the anticipated profit (even with higher costs than before – next highest costing Conference was 2017 £172,658), but greater than expected £85,956 (income £278,061, expenditure £192,105).



Reserves

Reserves continue to be distributed across five direct access and notice accounts with banks or building societies protected by the FSCS. These are categorised as low risk investments. In keeping with the reserves policy, the reserves will be spread among additional accounts in 2023.

Reserves policy

Financial reserves at the end of 2022 were £791,203, compared to £499,474 at the end of 2021. The charity sets a reserve policy that dictates that 12 months costs should be held in reserve. The reserves policy was reviewed in 2020 and the level set at £320,000. This includes the need to protect the charity from failure of Conference, as was the case in 2020 due to the coronavirus pandemic. In 2021 the Conference, once again, was converted to an online event, leading to a small loss. However, unbudgeted income from a global licensing agreement mitigated losses against Conference and have led to an unplanned gain in reserves and surplus of just under £180,000 against the reserves policy. Financial planning for 2022 was made to ensure that these funds are invested into the charitable aims of BAPEN. Discussion around research funding were built upon, but these have recently fallen through, a potential investment of almost £80,000. These funds are now being considered for redistribution. The website redesign and affordability of the new secretariat were also built into the 2023 plans, as well as considering investment of money whilst further projects are conceived. The Reserves Policy is under active review in 2023 and has been set at £440,000 at the Trustees meeting October 2023.

Plan for 2023/24

Investment of charitable funds will take place in line with priorities identified in BAPEN's new Strategy launch at the end of 2022, and under delivery in 2023 and coming years. It is noted that the copyright licensing incomes are one-off payments and not necessarily a guaranteed income stream, but a renewal into 2024 has just been confirmed, giving greater confidence in utilising BAPEN's finances. The secretariat fees will be considerably greater than before, but the service is invaluable to the correct operation of the charity. Furthermore, whilst the 2022 Conference was the most highly profitable yet, the venue left much to be desired, with poor feedback from both delegates and industry, related to the facilities. The 2023 Conference has been chosen to provide a more professional level of academic and educational learning opportunities and is forecast to make a much smaller profit margin. The database management for the Intestinal Failure (IF) Registry is making a small surplus, but it's a resource to NHS England (NHSE) that is highly valuable for managing IF services in England and requires suitable recompense for the value it holds. An increase in investment into BAPEN's charitable aims is advised to be expanded into 2023/24, with a re-design of the website. The 2023 budget predicts a small deficit through investment of funds at this time, with planned investment of monies held above the reserves policy.



Faculty

Dr Barry Jones, Faculty Chair

Committee:

Dr Barry Jones (Chair) • Professor Mike Stroud • Professor David Silk • Dr Janet Baxter • Dr Jeremy Nightingale

We met face-to-face for the first time in 3 years at the BAPEN Conference in Brighton. We heard that one of our founding members, Professor David Silk, was to step down from Faculty in March 2023. We wished him well and thanked him for his enormous influence on BAPEN, clinical nutrition in the UK and internationally. It is worth noting that so many of BAPEN's leaders have studied under his tutelage.

We also said goodbye to Andrea Cartwright who has served BAPEN well over many years.

It was also the first meeting back under our old name of Faculty which has been deemed more appropriate than Independent Advisory Committee.

We note with pleasure that BAPEN's financial situation is better than at any time in its history, and that the dependence on industry and Conference for support has diminished in favour of other streams of income, most notably from licencing fees for 'MUST' – surely the saviour of BAPEN, as well as being the top nutrition tool in the UK and beyond. We also noted, and commended, the leadership of the Executive Officers during difficult times, particularly relating to the demands placed upon them as a result of parenteral nutrition (PN) shortages, as well as Covid-19.

The appointment of Nick Thompson as our President Elect was welcomed.

Following the AGM in Brighton, changes to the constitution will mean that the Chair of Faculty will no longer sit on Executive, but will still be a Trustee, with a view to becoming the Chair of the Board of Trustees in due course. Faculty will still be represented on Council.

Our plans for 2022 included setting up a mentorship programme open to all members of BAPEN, but this has been put on hold until our new members are enrolled. This process has been delayed until Council have contacted the potential candidates, some of whom were approached informally at Conference. There will no longer be a limit of 6 members.

We also wish to appoint an international representative for BAPEN from Faculty ranks, but this is also on hold.

As the current Chair comes to the end of his second 3 years in office, a new Chair will be sought next year.

The John Lennard-Jones medal attracted strong candidates once again. It was with great pleasure that we were able to bestow the medal to Tony Murphy of BPNG, and to our long-suffering President, Trevor Smith. Previous medallists unable to receive their medals in person during the pandemic were able to receive their medals formally at the Conference.

Finally, we wish Mike Stroud all the best during his current illness.



External Public Relations, Communications & Marketing

Kate Hall, BAPEN Communications Officer

2022 key objectives

Launch and effectively communicate BAPEN's 2022–2027 strategy

One of BAPEN's key objectives for 2022 was to develop the organisation's new five-year strategy. This involved building a robust framework and direction of travel for BAPEN in the near-term, to empower the membership and lead the improvement of nutritional care for patients in the UK. It was crucial that the strategy was effectively launched, so the communication to members and wider stakeholders at Conference in November 2022 and beyond was a crucial objective.

BAPEN Conference

BAPEN's Annual Conference is always a highlight in the calendar, and the promotion of the 2022 Conference in Brighton via social media, membership magazines and the BAPEN website formed a key communications objective this year. The objectives focused on raising awareness of, and driving registration in the lead up to, the event, as well as adopting an active 'live' presence at the Conference via social media, and celebrating key highlights during and after the event.

UKMAW 2022

Another key objective in 2022 was planning and delivering the UK Malnutrition Awareness Week (UKMAW) campaign, in partnership with the Malnutrition Task Force (MTF). UKMAW 2022 marked the fifth anniversary of the awareness week, which was a brilliant milestone to have reached. Many of our objectives ultimately remain similar year-on-year, with nuances introduced in different years to ensure the campaign is relevant and focused. We aimed to create a campaign that would be shareable for all digital and social channels for both BAPEN and the MTF, as well as supporting bodies/charities/organisations. The campaign needed to raise awareness of the signs, risks and prevalence of malnutrition and dehydration amongst healthcare practitioners and the general public in the UK. We know that the effects of Covid, together with the cost-of-living crisis, mean that malnutrition awareness and support are more important than ever.

Social media activity

- Maintain and further BAPEN's social media presence through a regular drumbeat of informative and engaging content across Twitter, Facebook and LinkedIn, reactive posting and ongoing daily social listening to ensure topical interactions and 'live' presence
- Keep members, key stakeholders and wider followers up-to-date with relevant nutrition information, sign-posting important dates and campaigns, and driving traffic to the BAPEN website
- Promote the people behind BAPEN through an interview series to highlight the accessibility of joining BAPEN and working closely with the organisation
- Mark and celebrate BAPEN's 30th anniversary milestone via social media. We sought to generate noise and excitement around BAPEN's 30th birthday, to show the progress that has been made, together with others, and thank our members and partners for their part in that.

Press office activity

- Develop and manage press releases, news articles and updates for the BAPEN website to keep members and wider audiences updated with key nutrition and BAPEN developments. This includes supportive materials for key awareness campaigns, such as Nutrition and Hydration Week, Home Artificial Nutrition (HAN) Week and Dietitians Week
- Contribute regular columns and features for In Touch and Complete Nutrition (CN) Magazine
- Field and advise on press/media enquiries as appropriate, including around the Covid Airborne Protection Alliance (CAPA)
- Support with the promotion of the new BAPEN BIFA Podcasts series.

2022 key outputs

Launch and effectively communicate BAPEN's 2022–2027 strategy

- We ensured the creative brief for the look and feel of the final strategy report, including animation elements and visual assets, was in-line with BAPEN's branding, accessible, comprehensive and dynamic
- To support the launch, we developed a short 90-second video which involved President Dr Trevor Smith detailing the groundwork behind the strategy and its development, what it includes, and what this means in practice for members and patients. This video was shared on 29th November in line with Conference, and received over 180 views before the end of the year (~1 month)
- A stand at the Conference laid out in more detail the three strategic priorities – Reach, Knowledge and Sustainability – and delegates were encouraged to interact with the selfie boards, thinking about which pillar they most identified with in their work. These selfie boards generated great engagement, and also created a photo opportunity for people to share on their own channels
- We created content for sharing the new strategy including on BAPEN's website, social channels and through slides presented at Conference
- The new strategy was very positively received, both by members and by external stakeholder organisations who were contacted in the final stages of development to share endorsement quotes
- Beyond launch, the strategy has been communicated via the website and social media and plans to ensure the strategy is embedded in these activities will continue into 2023 and beyond.

BAPEN Conference

- For the first year since Covid, BAPEN's Conference was in-person. This was a fantastic opportunity for people in the nutrition space to come together, and this formed part of our social media key messaging around promoting Conference
- We developed social media graphics encouraging people to sign up and register for Conference, including quote-graphics from session speakers providing teasers of their talks. We also worked with our Core Group leads to generate content around the multi-disciplinary appeal of Conference, detailing how the programme had something for everyone
- On Twitter, BAPEN's Conference-related posts generated over 33,900 impressions. The Conference post that received the most impressions was celebrating the Roll of Honour award winners, Andrew Rochford, Chris Mountford, Kate Hall and Sarah-Jane Nelson. The post received 8,486 impressions, 261 engagements and generated an impressive engagement rate of 3.1%. The content around awards were also well-received on LinkedIn
- To support in the launch of BAPEN's new strategy, there were 'selfie boards' for participants to interact with at the BAPEN stand and a ribbon cutting photo opportunity of the new strategy with key members of Executive and Council was organised.



UKMAW 2022*

- A multi-channel social media campaign was executed across Twitter, Facebook, and the shared MTF/BAPEN UKMAW Instagram channel. This was underpinned by the theme 'Ask, Look, Listen', which was well-received in 2021, and is a clear call-to-action
- Teaser content was shared to build up anticipation and share plans for the week in advance, allowing organisations to plan their own activities to fit in with the campaign objectives and themes
- Proactive outreach was conducted to more than 100 targeted patient advisory groups and professional organisations to widen the reach of the campaign's key messages. This list was developed to ensure those more at risk of malnutrition who may not follow BAPEN or MTF had a greater chance of seeing UKMAW messaging. We welcomed support from a number of organisations, including Carers UK, Dementia UK, Macmillan Cancer Support, Patients Association, and more
- We created a library of materials for the week, including posters, statistic cards, #ChallengesTuesday selfie boards, informative graphics and a mission statement
- New in 2022, the MTF hosted a virtual 'Sharing of Practice Learning Day' that covered 12 educational talks, including a session with BAPEN President Dr Trevor Smith. During this day, we secured 12,800 impressions on Twitter, 69 link clicks, 122 retweets and 206 likes

- The campaign landed well with our target audiences. Across the whole of October, we saw in excess of 195 new social media followers, and total organic impressions exceeded 82,000 on BAPEN's primary channel, Twitter
- Activity around BAPEN's Self-screening Tool resulted in 184 visits during the campaign week alone (85.4% of which were new visitors). 'MUST' pages had 11,067 page views, including 8,617 uses of the 'MUST' calculator across the seven days.



Social media activity

- Twitter remains BAPEN's primary, most popular social media channel. In 2022, BAPEN gained over 800 new followers on Twitter, which is impressive, particularly considering the turmoil of the social media platform since Elon Musk's takeover
- The best performing content on Twitter is predominantly resource/material updates, for instance the publication of new guidance, and when BAPEN shares new developments of the Core Groups
- BAPEN's Facebook has also continued to grow, although at a slower rate than Twitter. BAPEN's LinkedIn account ended 2022 with 507 followers, having been established the previous year
- We have supported BAPEN's placement MSc dietetic students in their Instagram project, which has welcomed success particularly amongst the dietetic student following
- In October, we harnessed social media to promote the Malnutrition Action Group's National Screening Month, with an emphasis on ensuring participation from all four nations of the UK to build an accurate picture. This was successful and the Survey welcomed reporting from England, Scotland, Wales and Northern Ireland
- In November, we rolled out '30 days of BAPEN' to commemorate BAPEN's 30th anniversary. Each day of the month leading up to Conference, we signposted or celebrated a milestone in BAPEN's three-decade history – a welcome trip down memory lane which reminded us of all the achievements, together with partners, we have made.

Press office activity

- In 2022, the BAPEN press office proactively drafted more than 15 press release/news items for the website, 10 columns for In Touch and CN Magazine and nine 'Getting to Know You' interviews. The team also reactively drafted statements for the passing of HM The Queen and the invasion of Ukraine. We shared news items around Dietitians Week, Carers Week, World Pharmacy Week, and many more
- We worked with PINNT to mark HAN Week in August, through a case study-led media piece around a woman who worked to illuminate buildings in Nottingham to help raise awareness of HAN, which saved her life. We secured message-rich coverage in the local media (Gedling Eye and The Nottingham Post), as well as national media (The Mirror). This means there were nearly 400,000 opportunities to see the story (395,292)
- New for 2022, we promoted the launch of BAPEN's new podcast series. In the last 5 months, these have had 119 streams on Spotify and 246 plays on Apple. We now have over 70 followers across the streaming platforms.

Website

- The BAPEN website attracted 819,831 unique page views across the year (January-December), compared with 895,075 in 2021. The total number of page views stood at 1,071,786
- As ever, the 'Malnutrition Universal Screening Tool' ('MUST') calculator was the most visited page by a significant margin, generating 410,608 page views across the year (38% of total page views). The homepage and the 'MUST' Toolkit were the second and third most visited pages respectively
- Peaks of activity on the website fell around October and November, which coincides with UK Malnutrition Awareness Week and BAPEN's Conference.

*Note that the UKMAW is a joint week led by the Malnutrition Task Force and BAPEN so when referencing 'our' this is the Malnutrition Task Force and BAPEN.

2023 objectives

A key outcome from 2022 was the launch of BAPEN's new five-year strategy and for 2023, much of our ongoing communication activity will focus on implementing and promoting this.

Under the strategic priority of 'Reach', BAPEN has pledged to improve the organisation's website, creating patient and professional facing sections, expanding its content, and working to increase engagement with BAPEN's tools and information. It is important to us that our new strategy and values as an organisation are embedded in our external and internal activity and communication – we will be focusing on bringing the strategy to life for members next year, and the following years.

We will also analyse BAPEN's existing social media offering and strategy.

This will include an assessment of current channels used and recommendations for their continued use (for example the changing nature of Twitter), support and guidance for BAPEN's Core Groups to foster joined-up and collaborative social communications and, finally, exploring the potential for developing new channels (such as Instagram) and what this would mean for BAPEN. We aim to build on the existing UKMAW legacy in 2023 and work to create an impactful campaign that reaches the right people, raises awareness and engages audiences in a refreshing way. We will learn from the previous five years of the campaign and explore new avenues for effective execution and impact in the form of additional tactics.

We want to continue expanding our 'Getting to know' BAPEN series to highlight the people behind the organisation, both to acknowledge the hard work of the team behind BAPEN, and to encourage others to get more involved with BAPEN.





Education & Training

Anne Holdoway, BAPEN Education Officer, Consultant Dietitian, Fellow of the BDA

Committee (formed June 2020):

Anne Holdoway (BAPEN Education Officer, Chair of BAPEN Education Committee [Chair of Malnutrition Pathway]) • **Alison Culkin** (BIFA [PENG, ESPEN]) • **Lee Dyer** (BPNG) • **Tim Eden** (BAPEN Medical Trainees [NNEdPro Medical Education]) • **Eleanor Holmes** (PENG [HEI]) • **David Leiberman** (BAPEN Medical Trainees) • **Elaine Macaninch** (HEI, Medical Education, NNEdPro, ErimNN [AfN]) • **Kathy Martyn** (HEI, Nutrition Education for HCP's, NNEdpro, ErimNN [AfN]) • **Ruth Newton** (BPNG) • **Phil Stevens** (BAPEN Medical [Chair of BAPEN Scotland, Chair of Clinical Nutrition Group for NHSGGC]) • **Carolyn Wheatley** (Chair of PINNT, representing patients and families and carers, including their lived experience and knowledge needs)

Key: ESPEN = European Society for Clinical Nutrition and Metabolism; NNEdPro = NNEdPro Global Institute for Food, Nutrition and Health; HEI = Higher education institution; ErimNN = Education and Research in Medical Nutrition Network; AfN = Association for Nutrition; NHSGGC = NHS Greater Glasgow and Clyde Board

A reflection on the year past

Education underpins some of the core objectives of BAPEN, which include:

1. Raising awareness of the impact of malnutrition in the UK and the clinical and economic benefits of nutritional care
2. Enhancing knowledge and skills in clinical nutrition (oral, enteral, parenteral) to help promote the delivery of appropriate and timely nutritional care
3. Establishing standards of clinical practice in nutrition support.

BAPEN has a long-standing reputation for creating high-quality knowledge and resources. Knowledge does not always translate into practice and, therefore, BAPEN has taken steps in the past year to create the knowledge and educational resource that encourages adoption and implementation into practice to optimise nutritional care.

The restrictions imposed during the COVID-19 pandemic led to a rapid adoption of new ways of learning. Post-pandemic, technology continues to evolve, and hybrid learning is now viewed as the new norm. With the annual Conference back on the agenda the opportunity was seized by many to make the most of the Conference environment that facilitates the networking, collaboration and the spread of innovation, best practice and learning from each other. BAPEN has however continued to utilise the virtual medium which is not only respectful to the environment but offers the capacity for BAPEN to extend its educational reach.

2022 key objectives

- Education Officer to work with the Education Committee (virtual) and Programmes Committee to review and oversee the educational offering of BAPEN, ensure activities are streamlined, have appropriate groups represented (e.g. multi-disciplinary team and patients) and content is targeted to the right level intended
- Explore and generate ideas for educational resources and follow up with business proposals, including budgeting, to create new resources to fulfil unmet needs (outsourced where applicable)
- Liaise with all Core Groups and Specialist Interest Groups (SIGs) to ensure Executive, Council and the members remain abreast of educational activities underway within the organisation
- Oversee endorsement of materials, courses and resources to maintain BAPEN's status and credibility, whilst using materials produced by other organisations as a vehicle to promote BAPEN
- Evaluate methods of teaching and format of resources, fully utilising the platforms available (e-learning, webinars, podcasts, Conference, regional meetings, presentations at other events) to educate and enhance knowledge of the impact of malnutrition, its prevention and the provision of safe, timely and appropriate nutritional care for all care settings
- Collaborate with, and seek to influence, internal and external stakeholders and organisations, to improve knowledge of clinical nutrition and the application of knowledge in practice in all care settings
- Undertake horizon scanning to identify gaps in knowledge amongst health and care staff, patients and families, that BAPEN could address to achieve its strategic aims of ensuring every individual receives safe, timely and appropriate nutritional care in every care setting, every day.

2022 key outputs

- Adapting to the external environment, BAPEN (Core Groups, SIGs and members) fully embraced a range of platforms to improve the access and delivery of education and learning for health and care professionals (flagship annual Conference, guidance and guidelines, mentoring, webinars, e-learning, podcasts)
- Knowledge and education plans for all core group and SIGs were captured in an annual plan and matched against BAPEN's Strategic objectives
- Project plan and budget secured to develop 6 podcasts to bring to life the BIFA Top Tips. The 6 most successful Top Tips (based on web stats) were selected as a pilot. Following a competitive bid with 3 tenders, Alex Wallace Productions was selected to assist Anne Holdoway, Education Officer, in hosting, recording, editing and promoting the podcasts
- Endorsement awarded to a variety of clinical nutrition events hosted by Universities and Hospital Trust personnel
- BAPEN clinical nutrition masterclasses (webinars/podcasts) project – a Faculty was formed (primarily the BAPEN virtual Education Committee) with representation from all groups within BAPEN, to work with external provider Clinical Communications Group to develop a series of clinical nutrition masterclasses. Topics, 12 in total to span a year, to be agreed by 'Faculty' working group. Industry grants required to progress
- Balancing charitable aims with income generation, access to e-learning for community trusts and care homes was agreed with a fee scheme for non-NHS organisations, based on number of employees accessing the e-learning
- Evaluation of 'MUST' e-learning – huge thanks to Emma Macaninch and Kathy Martyn who successfully piloted the integration of 'MUST' e-learning into Brighton and Sussex Medical School and nurse core curriculum. All year 3 medical students are now required to complete the module and download a copy of their certificate to their portfolios. In addition, medical students are required to review a patient on artificial feeding to: (i) gather and interpret relevant data from patient records (refeeding bloods, dietetic/SALT plans, food/fluid charts/feeding regimens/nausea/bowel habits/dysphagia/cognition); and (ii) interview a patient on artificial treatment on the ward (exploring experiences with oral and artificial feeding/ protected mealtimes/interactions with staff/opinions on the role of nutrition in their treatment). Student feedback so far has been incredibly positive. The plan is to further develop the approach as an example of good practice.

Looking forward - objectives 2023

As I step down from my role as Education Officer, I would like to thank all those who have dedicated time and expertise to provide the rich resources that BAPEN offers. I am delighted to be handing over the position of Education Officer to Emma Parsons, Senior Lecturer and Programme Lead in Nutrition and Dietetics at the University of Winchester, Emma brings a wealth of relevant skills and experience to the role. Listed below are some of the key objectives for the coming year which will undoubtedly be shaped by Emma in her new role:

- Continue to capture education plans for all core group and special interest groups accessible via the shared folders to collectively match ambitions and achievements against BAPEN's Strategic objectives
- Secure opportunities to create longer-living resources, e.g. filming Conference symposia
- Through the virtual Education Committee, encourage the Core Groups and SIGs of BAPEN to work collaboratively to ensure that resources are developed with input from relevant professionals and matched against curriculum or continuous professional development needs of both undergraduates and post-graduates, involving where possible patient representatives to ensure the patient's perspective and lived experience is captured
- Continue to develop free-to-view guidelines and web content to deliver BAPEN's charitable aims to ensure that key messages on the need to screen, treat and prevent malnutrition, reach a wide audience of health and social care professionals.
- Work with external providers to create the content of the state-of-the-art webinars, and podcasts, to expand BAPEN's educational reach and retain respect as a leading organisation in the field
- Review and update the content of the popular e-learning modules to support distance learning and blended learning (combining the use of virtual teaching with in-class studies)
- Continue to improve accessibility to e-learning modules to increase knowledge amongst those working in health and social care to deliver on BAPEN's strategic aims including the improvements in knowledge, awareness and competency to facilitate the delivery of good nutritional care
- In conjunction with HEIs, such as Brighton and Sussex, develop a blueprint for medical training
- Maintain and automate systems to ensure resources are reviewed and revised in a timely manner, in the most up to date format, including a disclaimer. Carry out bi-annual analysis to evaluate access to and uptake of resources, e.g. number of web downloads and hits including time on pages
- Continue to offer endorsement of courses/materials as a sign of quality and a source of income.

COMMITTEE GROUPS



British Artificial Nutrition Survey (BANS)

Sarah-Jane Nelson (Hughes), BANS Co-Chair – Parenteral Nutrition, Dietitian, Northern Ireland Representative

Committee:

Sarah-Jane Nelson (Hughes) (BANS Co-Chair – Parenteral Nutrition [Dietitian, Northern Ireland Representative]) • **Emily Walters** (BANS Co-Chair – Enteral Nutrition [Research Dietitian]) • **Julie McClean** (Home Enteral Tube Feeding Dietitian, Scotland) • **Karen Darrach** (Home Enteral Tube Feeding Dietitian, Scotland) • **Venetia Simchowitz** (Pharmacist, BPNG) • **Eleftheria Melidou** (Nutrition Nurse, NNNG) • **Louise McIntyre** (Nutrition Nurse, NNNG) • **Anthony Wiskin** (Consultant Paediatrician, BSPGHAN) • **Simon Lal** (Consultant Gastroenterologist, BAPEN Medical) • **Nicola Burch** (Consultant Gastroenterologist, BAPEN Medical) • **Geoff Cooke** (Database Maintenance, Streets-Heaver)

2022 key objectives

- Further developments to Intestinal Failure (IF) Registry (Adults)
- Publication of IF Registry (Adults) dataset
- Publication of paediatric home parenteral nutrition (HPN) dataset
- Development of Paediatric IF Registry
- Review of national data collection for home enteral nutrition (HEN).

2022 key outputs

Intestinal Failure Registry (Adults)

The IF Registry for adults was launched in May 2019. There has been some excellent engagement (>85%) by English and Northern Irish reporting centres during 2022. We have continued to work alongside NHS England (NHSE) specialist commissioning regarding data submission for the designated HPN and IF centres and have finalised the contract and information governance arrangements for same. Further inclusions in the IF Registry have been agreed to include surgical and quality outcome data, teduglutide and chyme reinfusion information.

BAPEN Scotland have committed to contribute to the Registry.

Paediatric Intestinal Failure Registry

- The dataset for a paediatric version of the IF Register has been agreed, the registry tested and launched in November 2021. Reporting continues
- A paper on the 'Prevalence of Home Parenteral Nutrition in Children' was published utilising data provided by the paediatric registry on behalf of BANS and BSPGHAN (Wiskin AE, Russel R, Barclay AR, Thomas J, Batra A, on behalf of the BANS committee of BAPEN (2021). Prevalence of Home Parenteral Nutrition in Children. Clinical Nutrition ESPEN.; 42: 138-141).

Review of national data collection for home enteral nutrition Enteral Feeding

- BANS collaborated with PENG to examine supply issues of Advisory Committee on Borderline Substances (ACBS) nutritional products, enteral feed ancillary items and gastrostomy tubes. This is a national and global issue, which appears to have multifactorial causes. A report was published by BAPEN in August 2022 around healthcare professional experiences of supply ACBS approved nutritional products, enteral feeding ancillary products and gastrostomy tubes. Available at: www.bapen.org.uk/pdfs/reports/report-on-uk-enteral-nutrition-and-ons-supply.pdf
- BAPEN collaboration with key partners, including the British Dietetic Association (BDA) and NHSE. BAPEN represented by BANS and PENG

- A position statement and recommendations was produced by the BDA October 2022:
www.bda.uk.com/resource/supply-issues-with-nutritional-borderline-substances-and-ancillaries.html
- Two new nutrition nurses with expertise in enteral feeding joined the BANS Committee.

BANS 25th Birthday

BANS celebrated its 25th Birthday in 2021 with a review of BANS history, achievements and plans for the future presented at BAPEN Conference (November 2021). A 'flip book' was added to BAPEN website in November 2022. You can access this via the BAPEN website:

www.bapen.org.uk/about-bapen/committees-and-groups/british-artificial-nutrition-survey

2023 objectives

IF registry (Adult)

- Ongoing IF registry contract with NHSE and roll-out of mandatory collection across designated centres
- Review of annual activity and publication by BAPEN November 2023
- Formation of working groups to include key IF contacts and stakeholders to develop registry changes, e.g. Surgery, GLP2 analogues data
- Publication of activity.

IF registry (Paediatric)

- Continued engagement with paediatric IF community to collect data
- Review of activity
- Publication of same.

Enteral feeding

- Survey of patient experiences of supply issues being undertaken in collaboration with PINNT
- Report on the online survey of home enteral feeding from 2022
 - Repeat the online survey during 2023
 - Engagement with BAPEN core groups and relevant organisations to explore collaborations for data collection.

Other

- We are sad to see two of our Committee members stepping down from their BANS roles
- Mia Small was a very long serving member of the BANS Committee and sadly stepped down in 2022, we thank her for her dedicated service. Rachel Russell also stepped away from her Paediatric IF Registry role due to a career change and we thank her and wish her well in her future endeavours .



Programmes Committee

Pete Turner, Programmes Committee Chair

The Programmes Committee is made up of representatives from each of BAPEN's Core Groups and Officers. Representatives from the Core Groups are nominated by their Committee and bring their Group's suggestions for Conference content and report back to their Groups on the Programmes Committee's activities.

Committee:

Pete Turner (Chair) • **Anne Holdoway** (Education Officer) • **Trevor Smith** (BAPEN President) • **Akash Mehta** (BAPEN Medical)
• **Lovesh Dyal** (BAPEN Medical Trainees) • **Jeremy Nightingale** (BIFA) • **Uchu Meade** (BPNG) • **Priya Mistry** (BPNG) • **Tony Murphy** (BPNG)
• **Jutta Koeglmeier** (BSPGHAN) • **David Sawbridge** (IrSPEN) • **Rebekah Smith** (PENG) • **Jo Wakeling** (NNNG) • **Carolyn Wheatley** (PINNT)
• **Caroline Childs** (The Nutrition Society) • **Akshay Batra**

2022 key objectives

The objectives of the Programmes Committee are to organise an interesting and engaging Annual Conference for healthcare professionals within the field of nutritional care in all of the home nations.

The Committee designs a packed educational programme of plenary and parallel symposia ensuring it is clinically relevant for each of the Core Groups and the 4 UK nations. The Core Groups each drive the clinical content for the symposia to engage with the multi-disciplinary audience of BAPEN healthcare professionals. The Conference also showcases the latest research in poster exhibition and oral abstract sessions that form part of the educational programme.

The Committee are responsible for the organisation of the programme and are assisted by a professional. Conference company who coordinate the event logistics and manage the speaker faculty, industry exhibition and accommodation arrangements.

2022 key outputs

We delivered a successful annual Conference in Brighton this year, attracting a multidisciplinary audience of over 500 healthcare professionals, including scientists, doctors, nurses, dietitians and pharmacists.

The Conference was well received, with over 80% of the attendees rating the educational content as excellent.

We were also able to showcase the latest in nutrition research through our poster exhibition, which was also very well received by the audience with 72% of delegates attending the poster presentation sessions.

The Conference provided a platform for BAPEN to launch a new set of values to help guide the association in its vision to ensure safe and timely nutritional care for all in every care setting, which forms part of the new 5-year strategy also launched at the Conference.

We were also delighted to see long standing Programmes Committee Member, Tony Murphy, get the John Lennard Jones medal for over 25 years work on programmes.

2023 objectives

2023 will see the BAPEN Annual Conference travel to Edinburgh. We will once again bring together representatives from our Core Groups to devise an educational programme that will ensure continued professional development for all healthcare professionals within the field of nutritional care. Our aim being to provide our members and the wider nutrition community with the tools to deliver on our strategic objectives and our common goal of being able to deliver the best possible nutritional care for patients in the UK.

We will continue to nurture and grow our relationships with stakeholders in the field to bring news and updates on the latest developments through our industry exhibition. We will also carry out a review of our relationship with our current industry partners to ensure that packages are aligned to the strategic objectives of both the association and the companies with whom we work.

Research continues to play a vital role in our strategy so we will invite specialists from across our multidisciplinary audience to submit their latest research for discussion in our oral abstract sessions and poster exhibition as part of BAPENs commitment to improve and share knowledge to deliver excellent nutritional care for all those in need.

Other

BAPEN appointed Medivents as their new secretariat in 2022 who will take over in 2023 to underpin the administrative management of the charity. As part of this agreement the Medivents conference team will work in partnership with the programmes committee to deliver the annual Conferences and ensure that they continue to flourish.

As part of that development, we will start to accept abstracts online with the intention of increasing submissions and streamlining the evaluation process to enable us to accept as many research projects for inclusion as possible. We will also reinstate our oral abstract sessions back into the programme to enable us to provide a platform for the best in research submitted to be presented to the entire Conference audience. This will not only highlight the best research, it also provides the opportunity for wider panel discussions with Q&A to explore specific projects in greater detail and maximise the learning outcomes.



Malnutrition Action Group (MAG)

Rebecca Stratton, Chair of Malnutrition Action Group

Committee:

Rebecca Stratton (Chair) • Sorrel Burden (Deputy Chair, Licensing Lead) • Robyn Collery ('MUST' Coordinator) • Wendy Milligan ('MUST' Coordinator) • Wendy Ling-Relph (NNNG) • Liz Anderson (NNNG) • Ellie Holmes (PENG) • Abbie Cawood (Nutrition Society) • Anne Holdoway (Malnutrition Pathway) • Emma Parsons (Academic) • Ann Ashworth (Resigned Sept 2022).

Vacancies: representatives from BPNG and BAPEN Medical.

2022 key objectives

Improve awareness of malnutrition: Raise awareness of the prevalence and costs of malnutrition and the importance of detecting (with 'MUST', self-screening) and treating malnutrition with key stakeholders (organisations and professional groups) across the UK.

Continue to make sure 'MUST' is 'fit for purpose' and used easily and effectively across and between health and social care settings by health and social care professionals, patients and carers.

2021 key outputs

'MUST' licensing queries managed securing significant revenue for BAPEN (led by Dr Burden, in conjunction with the BAPEN Treasurer, see 2022 Financial report for details).

Ongoing support of health and social care professionals with clinical and other questions on the use of 'MUST' and related publications and supporting materials.

We completed and published all the analysis of our 2021 Malnutrition and Nutritional Care survey. The individual reports were sent to participating centres who had data on more than 40 participants and the Survey Report can be found on the BAPEN website.

Malnutrition Awareness Week 2022 (#UKMAW2022) raised awareness of how common malnutrition is and how important identification and treatment are. For health and social care professionals we promoted the 'MUST' online calculator on the BAPEN website (www.bapen.org.uk/screening-and-must/must-calculator) and for patients and carers, we promoted our self-screening website (www.malnutritionselfscreening.org.uk), and reminded people how they can find help.

Together with the Malnutrition Taskforce, and health and social care professionals across Britain, we undertook our annual Malnutrition and Nutritional Care Survey. Initial findings were presented at the BAPEN Conference in Brighton by Dr Stratton. The full survey report will be published in 2023 on the BAPEN website.

Dr Sorrel Burden and Wendy Ling-Relph led a programme of work developing a prototype 'MUST' app, which has been undergoing validation. Dr Burden presented highlights of this research at the BAPEN Conference in Brighton.

2023 objectives

The objectives for 2023 remain the same as in 2022 for MAG (see above), but with a greater focus on developing technology to make screening with 'MUST' easier. This will include further exploration of the work led by Professor Elia on technology to automate 'MUST' use in clinical settings and further work to develop and validate the app.

We will continue to support and promote screening with 'MUST' for patients, carers and professionals in the UK and beyond.

We will undertake a Malnutrition and Nutritional Care Survey later in 2023, to coincide with the national UK Malnutrition Awareness Week and we will continue to publish new data (including the report of the 2022 Survey). We will review the 4 years of data we now have for the annual malnutrition and nutritional care surveys with a view to a publication.

Other

Thank you to everyone who participated in the UK BAPEN Malnutrition and Nutritional Care Surveys. Thank you to Jane Murphy (from Malnutrition Taskforce) and Ann Ashworth (Malnutrition Pathway Panel) who stepped down from MAG at the start and during 2022 respectively.

Please get in touch if you have any questions or ideas, or if you are keen to get involved in supporting MAG to improve the identification and management of malnutrition across the UK.

Core Groups



BAPEN Medical

Philip Allan, Chair of BAPEN Medical



Committee:

Philip Allan (Chair) • **Fiona Leitch** (Secretary) • **Richard Johnston** (Treasurer) • **Akash Mehta** (Programmes) • **Antje Teubner** (Surgical)
• **Suzanne MacKenzie** (Chemical Pathology) • **Suzanne Donnelly** • **Emily Clarke** (Trainees Liaison) • **Nick Thompson** • **Ashley Bond**
• **Tim Ambrose** (British Society of Gastroenterology Small Bowel and Nutrition Committee) • **Stephanie Sartain** (Trainees Rep)
• **Lovesh Dyal** (Trainees Rep) • Ex officio: **Steven Lewis**, **Andrew Rochford**, **Irina Grecu**

2022 key objectives

- Run an excellent pre-conference training aimed at medical trainees in all disciplines to work through hot topics for medical trainees
- Keep the pre-conference training day accessible to healthcare professionals from all disciplines to facilitate continuing professional development
- Support members facilitating safe, high-quality care at their location with their work with nutrition support teams
- Foster collaboration in research and development.

2022 key outputs

- Pre-conference training day
- Ongoing support nationally for nutrition support teams.

2023 objectives

- Pre-conference training day
- Improve training space for trainees in nutrition.



British Pharmaceutical Nutrition Group (BPNG)

Priya Mistry, Chair



Committee:

Priya Mistry (Chair) • Venetia Simchowit (Vice Chair) • Sarah Zeraschi (Secretary) • Jackie Eastwood (Treasurer) • Ruth Newton (Education & Training) • Rebecca White (Communications) • Lucy Hutchinson (Professional Support – Adults) • Marko Puzovic (Professional Support – Paediatrics) • Amy Hill (Co-ordinating Officer) • Nina Teherzadeh (Co-ordinating Officer) • Graeme Doherty (Co-ordinating Officer) • Gil Hardy (Co-ordinating Officer [International Communications]) • Tim Sizer (Co-opted Member) • Tony Murphy (Co-opted Member) • Kate Reilly (Co-opted Member).

Vacancies: Research and Development Officer

2022 key objectives

- Re-establish education and training agenda post Covid pandemic
- Improve awareness of BPNG post Covid pandemic
- Improve membership numbers post Covid pandemic.

2022 key outputs

1. Education

- a. Webinars launched May 2022, and continued monthly in 2022
- b. Clinical Pharmacy Congress – May 2022 – BPNG gave 2 presentations at this annual event in London, which is well attended by clinical pharmacists
- c. BPNG Symposium at BAPEN Conference 2022 was well received. There were presentations on PN capacity, use of Licensed PN bags in paediatrics and infusing PN with multiple infusions. There was also a good presence from the Executive Committee and BPNG also supported the registration fees for a BPNG member to attend BAPEN though a competition that was held in autumn 2022.

2. Review of documents

- a. Medicines via Enteral Tubes documents (expected November 2023)
- b. Medusa PN monographs (May 2023)
- c. British Pharmacopoeia PN monograph (in progress)
- d. PN in hot weather (Summer 2022)
- e. HPN and power outages (November 2022).

2023 objectives

Knowledge

- Fundamentals in PN Study Day. This was a key face-to-face event which had not taken place since May 2019 due to the Covid pandemic
- Continue to hold webinars (6/year); free at present. Recordings available to members
- Collaboration with Medusa team for nutrition- related IV monographs. Aiming for 4-5/annum. Now working for micronutrients. This is an IV drug administration guide widely used by nurses and junior doctors, so hopefully encourage safe and provide appropriate prescribing and administration considerations.

Reach

- Education events are open to MDT audience. Aiming to rotate locations between north/south and in the Midlands for Fundamentals/Advanced days to make it accessible to all locations
- Reach out to more pharmacists through webinars, social media and events, and other education forums such as Clinical Pharmacy Congress
- Include patients, dietitians, doctors and nurses in our working groups, e.g. drugs and tubes piece. Consider dissemination to a wider audience
- Be seen to be active on social media platforms: LinkedIn, Twitter, Facebook. Also liaise with BAPEN comms to share to a wider audience.

Sustainability

- Use pharmacy experts on BPNG Executive in clinical, technical, research, industry to support education on nutrition support and provide wide variety of pharmacist-led topics
- Improve our membership count through reintroducing more face-to-face training events
- Aiming to relaunch our email newgroup for members to ask questions. This was previously very popular.



BSPGHAN

Akshay Batra, BAPEN Representative of NIFWG of BSPGHAN



Committee:

Andy Barclay (Chair 2022-2025) • **Nkem Onyeador** (CSAC) • **Akshay Batra** (BAPEN Representative, e-BANS Chair) • **Theo Wong** (BIFA) • **Rachel Wood** (Dietitian) • **Tony Wiskin** (e-Bans Regional Deputy Lead and Research) • **Tony Lander** (Surgery) • **Jonathan Hind** (Hepatology) • **James Church** (Trainee Rep) • **Angela Cole** (Nurse Specialist) • **Amy Phipps** and **Natalia Iglesias Canadell** (Pharmacists) • **Diana Flynn** (Royal College of Paediatrics and Child Health) • **James Church** (Trainee Rep)

2022 key objectives

- Application of Paediatric UK Joint Intestinal Rehabilitation Meeting (UK-JIRM) to be endorsed by BSPGHAN and NHS funding
- Appointment of new NIFWG Chair: Andy Barclay
- Appointment of new BAPEN Representative: Akshay Batra
- Angela Cole is representing the paediatric nutrition nurses on the working group. The nutrition nurses have now an established network. Unfortunately, Angela is unable to continue in her role as the Nutrition Nurse Representative. A suitable replacement for Angela will hopefully be found in due course
- Giri Gantasala is leaving his role as Paediatricians with an Interest in Gastroenterology, Hepatology and Nutrition (PeGHAN) Rep – new representative to be elected.

2022 key outputs

A joint intestinal rehabilitation meeting has been set up this year. This is a platform to discuss difficult IF patients with the aim to bring patients who might need transplants or newer treatments like GLP2 analogues, for discussion with a multi-disciplinary team from different centres across the country.

eBANS – The national IF registry is ready for use in paediatrics. As a group, we are keen to maximise the data entry to this register. Paediatric data entry has started but still has not captured data from all centres.

The 3-day meeting included a nutrition workshop on day 1 and half a day of sessions focused on nutrition on Friday morning. The post-graduate day consisted of a workshop on the use of a blended diet and a parent's perspective on its use. There was a session on the role of nutrition in optimising the management of inflammatory bowel disease and a symposium on the use of Glucagon, like peptide -2, in children with IF, with an equal emphasis on ongoing research and real-world experience. The nutrition half-day had exciting and varied topics ranging from methods of normalising eating and drinking in children with IF to outcomes of children with no-gut syndrome. These sessions were very well attended and there was good engagement from the audience.

The 2022 BAPEN Paediatric symposium focused on the nutritional management of children and young persons with neurodisability and had talks on management principles, blended diet and transition of care from paediatric to adult services.

Publications

- Barclay AR, *et al.* (2021). Exit strategies from the COVID-19 lockdown for children and young people receiving home parenteral nutrition (HPN): lessons from the BSPGHAN Intestinal Failure Working Group experience. *Frontline Gastroenterol.*; 12: 348-35
- Barclay AR, *et al.* (2022). Working definition of gastrointestinal dystonia of severe neuro-disability; outcome of the BSPGHAN/BAPM/BAPS/APPN/BPNA appropriateness panel. *Frontline Gastroenterol.*; 13. A9-A10, doi: 10.1136/flgastro-2022-bspghan.13.

2023 objectives

- The group has recently published the definition of gastrointestinal dystonia of severe neuro-disability and is in the process of developing a management framework through the completion of the RAND process to assist navigation of the complex medical and ethical challenges of management of distressing and debilitating symptoms for patients with this condition
- The group is working with NHS England in developing guidance on the use of standardised PN bags in children
- The National IF Registry is now ready for use in paediatrics and the group would be keen to facilitate a complete capture of prevalence and incidence data for children with type III IF through the registry.



NNNG

Natalie Welsh, Chair of National Nurses Nutrition Group



Committee:

Natalie Welsh (Chair) • Georgie Adams (Vice Chair) • Jessica Quayle (Secretary) • Sharlene Hayward (Treasurer) • Sarah Brownlie (Media and Communications Officer) • Suzy Cole (Education Officer) • Angela Cole (Paediatric Officer) • Ben Booth (BAPEN Conference Lead) • Charlotte Rubio (Guidelines Lead)

2022 key objectives

- Appoint to Committee vacancy
- Finalise and release the nasogastric (NG) guidelines
- To work with NHS Improvement and Health Education England (HEE) on standardised NG training programme for insertion and ongoing care
- Continue to update current guidelines
- Commence best practice guidelines for jejunal feeding
- Hybrid Conference July 2022
- To review income revenues in order to secure financial stability of the group and therefore its future whilst providing for its membership.

2022 key outputs

- NG guidelines finalised – to be launched at BAPEN Conference
- Committee now fully staffed and updated list of co-opted members
- Hybrid Conference successfully held in London
- Increased revenue from Conference
- Successful Clinical Supervision RRR project (Reflect, Restore, Regain) with a further course underway in 2023
- Support of Covid Airborne Protection Alliance (CAPA).

2023 objectives

- Improved educational opportunities for members – Knowledge
- Improved engagement with membership – Reach
- Majority of committee meetings to be virtual – Sustainability
- Refresh of Guidelines to ensure relevance – Knowledge
- To continue to pursue the development of national competencies and training guidelines for NG Insertion and aftercare.

Other

- Support of Nasogastric Tube Special Interest Group (NG SIG).



PENG

Linda Cantwell, Chair of PENG



Committee:

Linda Cantwell (Chair) • **Long Li** (Treasurer) • **Hayley Williams** (Secretary) • **Rebekah Smith** (Communications Officer) • **Eleanor Holmes** (Education & Training) • **Carole Anne Fleming** (Education & Training) • **Kate Glen** (Research and Audit) • **Kate Hall** (BAPEN Communications Link) • **Rhiannon Bullen** (Student Committee Member) • **Sean White** (HEF Clinical Lead) • **Lisa Gemmell** (PN Clinical Lead) • **Bruno Mafrici** (PENG Pocket Guide to Clinical Nutrition Editor) • **Nicky Wyer** (Ordinary Member) • **Kostas Eletheriadis** (Ordinary Member) • **Helen Beagan** (Social Media) • **Alison Culkin** (Clinical Update Course Lead) • **Ailsa Kennedy** (HEF Lead/CUC Treasurer)

Vacancies: Website Officer

2022 key objectives

- Remain an expert forum for dietitians in oral, enteral and parenteral nutrition to share and employ best/evidenced-based practice
- Complete development and launch of electronic version of the PENG Pocket Guide to Clinical Nutrition
- Commence preparations for a review of the PENG Pocket Guide to Clinical Nutrition for 6th Edition in 2025
- Build on and evolve the PENG e-newsletter to help increase membership engagement
- Continue to remain active on twitter to engage our membership and promote evidence-based nutrition support messages
- Launch an Instagram account to connect further with our members and attract new membership
- Provide regular educational webinars
- Provide a face-to-face study day (Covid permitting).
- Working with BAPEN Conference Programmes Committee to deliver a symposium at BAPEN Conference 2022
- Continue to support research and audit through the PENG Award, mentoring and bursaries for BDA research symposium
- Engagement with the membership through a membership survey to guide future objectives
- Survey the use of the PENG Dietetics Outcomes Toolkit
- Complete survey on PN competencies to help to inform further work in relation to PN competencies for dietitians
- Expand the multidisciplinary team (MDT) network within the Virtual Home Enteral Feeding (HEF) Group.

2022 key outputs

- Launched Instagram account
- Evening Educational Webinars – Free for PENG member and recordings available:
 - March 2022: Blended Diet Practice Toolkit
 - June 2022: Inspiring Your Next Conference Abstract and Funding Applications
 - September 2022: Parenteral Nutrition: A Discussion of Complex Intestinal Failure Cases
- Hybrid Study Day October 2022:
 - Advanced Practice and Extended Roles in Nutrition Support
- BDA Research Symposium – chaired nutrition support stream:
 - Funded 5x places for PENG members
- BAPEN Conference:
 - PENG delivered Prehabilitation Symposium
 - Contributed to abstract score and facilitating posters
- Dietetics Outcome Toolkit Survey completed
- PN Competency Survey completed
- Free BAPEN membership (including Frontline Gastroenterology discount)
- Enteral Feeding supplies responses:
 - BAPEN reports, BDA position statement
 - Lobby and influence NHS England and industry collaboration

- Increased Virtual HEF Group membership
- PENG Award:
 - 3x £500 for PENG members to attend BAPEN Conference
- Supported HAN Week 2022 and UKMAW 2022
- Virtual PENG Clinical Update Course for 2022:
 - 5x free places for PENG members
- Pocket Guide:
 - Updated and released liver section
 - 5th Edition Electronic version.

2023 objectives

- Remain an expert forum for dietitians in oral, enteral (EN) and parenteral nutrition (PN) to share and employ best/evidenced-based practice
- Launch electronic version of PENG Pocket Guide 5th Edition autumn 2023
- Commence work on PENG Pocket Guide 6th Edition for 2025
- Continue to work collaboratively with BAPEN groups, standing committees and SIGs to achieve shared objectives
- Build on and evolve the PENG e-newsletter to help increase membership engagement
- Continue to remain active on Twitter and Instagram to engage our membership and promote evidence-based nutrition support messages and attract new members
- Provide regular educational webinars
- Provide a face-to-face study day
- Working with BAPEN Conference Programmes Committee to deliver a symposium at BAPEN Conference 2023
- Support dietitians new to research by promoting PENG Award for those who haven't won or presented at BAPEN Conference
- Continue to support research and audit through the PENG Award, mentoring and bursaries for BDA Research Symposium
- Provide a £1000 bursary to support presenting and attendance at ESPEN Congress
- Engagement with the membership through a membership survey to guide future objectives
- Commence work on PN and EN competencies for dietitians
- Support sustainability through collaborations with NHS England and industry on service improvement and research related to the use of plastics used in enteral feeding
- Expand the MDT network within the Virtual HEF Group.

Other

- PENG would like to recognise the contribution that Carole Anne Fleming has made to the PENG Committee and BAPEN with 30 years of voluntary service working to promote and advance the progression on dietitians working in nutrition support. She has stepped down from the committee as she looks to retire at the end of this year
- PENG will be 40 years old in 2024, so we will be starting to prepare for birthday celebrations in 2024.



PINNT

Steve Pearson-Brown, General Secretary



Committee:

Carolyn Wheatley (Chair) • **Steve Pearson-Brown** (General Secretary) • **Debbie Phillips** (Membership Secretary) • **Richard Shawyer-Clarke** (Trustee) • **Colette Taylor** (EC member) • **Gary Taylor** (EC member) • **Sarah Bailey** (EC member) • **Amy Martin** (EC member)
• Regional Ambassadors (numerous) • PINNT members (numerous)

2022 key objectives

- To build on the activities of the previous years to provide support to individuals on Home Artificial Nutrition (HAN)
- To further develop relationships with industry and healthcare professionals to ensure that the patient perspective (voice) is considered in decision making, planning and development of services and care
- Engage with the international patient group to further collaboration
- Continue with the HAN Awareness Week, building on traditional events/activities and incorporating new ones to provide further engagement with external parties, patients and raising awareness
- Collaborate in research to provide information/evidence to further patient care/experience
- Continue consultancy with industry and other bodies managing supply issues
- Celebrate PINNT's 35th anniversary and establish new PINNT Ambassadors and group.

2022 key outputs

- Success continuation of PINNT's HAN Week
- Celebration of PINNT's 35th Anniversary
- Introduced the Tracy Hill Patient Champion Award
- Continued engagement with research
- Completed a new LITRE report for a PN pump
- Collaborated with the NHS and stakeholders to ensure the provision of HAN despite challenges.

2023 objectives

- To build on the activities of the previous years to provide support to individuals on HAN
- To further develop relationships with industry and healthcare professionals to ensure that the patient perspective (voice) is considered in decision making, planning and development of services and care
- Engage with the international patient group to further collaboration
- Continue with the HAN Awareness Week, building on traditional events/activities and incorporating new ones to provide further engagement with external parties, patients and raising awareness
- Collaborate in research to provide information/evidence to further patient care/experience
- Continue consultancy with industry and other bodies managing supply issues
- Collaborate with BAPEN Patient Network Development Group.

Other

The pandemic meant that PINNT activities had to be held virtually. Throughout 2022, we were able to begin face-to-face activities again.

Special Interest Groups & Associated Groups



BIFA

Jeremy Nightingale, Chair of British Intestinal Failure Alliance (BIFA)

Committee:

Jeremy Nightingale (Chair) • Kirstine Farrer (Secretary and Dietitian) • Phil Stevens (Scotland) • Gerard Rafferty (N Ireland) • Rhys Hewett (Wales) • Trevor Smith (BAPEN President) • Simon Gabe (Physician) • Michael Glynn (Physician) • Simon Lal (Physician) • Jeremy Woodward (Physician) • Gordon Carlson (Surgeon) • Theodor Wong (Paediatrician) • Alison Culkin (Dietitian) • Ruth Newton (Pharmacist) • Mia Small (HPN network chairman and BANS) • Carolyn Wheatley (Chairman of PINNT) • Alison Young (Nutrition Nurse)

2022 key objectives

- To continue Top Tips articles and develop position statements/guidelines
- Contribute to annual Conference.

2022 key outputs

Top Tips article in every edition of In Touch (20 published in total):

1. Metabolic Bone Disease - *Philip Allan, Jeremy Nightingale and the BIFA Committee*
2. Predicting Drug Absorption in Patients with a Short Bowel - *Uchu Meade, Richard Ng, Kwet Shing, Jeremy Nightingale and the BIFA Committee*
3. The Management of Severe Intestinal Dysmotility - *Jeremy Nightingale and the BIFA Committee*
4. Managing Crohn's Disease in Intestinal Failure - *Jeremy Nightingale, Simon Lal, Gordon Carlson, Phil Stevens, Alison Culkin and the BIFA Committee.*

Position statements:

- BAPEN/BIFA Guidelines on the Diagnosis and Management of Intestinal Failure Associated Liver Disease (IFALD) *Dr Lisa Sharkey and the BIFA Committee.*

Contribution to BAPEN Annual Conference 2022:

- Members contributed to a session on home parenteral support (HPS) outpatient follow up and one on distal enteral feeding
- Jeremy Nightingale helps on Programmes Committee.

2023 objectives

1. Contribute to annual BAPEN meeting 2023:
 - One session will be about high output stoma management and another about the prevention and treatment of metabolic problems in patients with IF.
2. Contribute to annual BAPEN meeting 2023:
 - Metabolic bone disease in IF - *Philip Allan*
 - Management of diabetes on PN - *Sheldon Cooper*
 - Update: Use of peptide growth factors for adult patients with IF.
3. Top Tips:
 - Use of multichamber bags
 - Management of renal stones in patients with a short bowel
 - Outpatient follow up of patients receiving HPS
 - Update Top Tips (e.g. high output stoma).

4. Podcasts completed:

- High output stoma
- Refeeding problems
- Distal feeding (to be completed).

5. Add a 'how to set up PN' video to the website.

6. Collaboration with PINNT to produce patient friendly versions of selected top tips articles.

7. Consider restarting annual face-to-face meetings.

8. Re visit BIFA terms of reference including the duration of membership of the group.



NGSIG

Wendy-Ling Relph, Chair; Clinical and Service Lead for Nutrition:
East Kent Hospitals University NHS Foundation Trust

Committee:

Wendy-Ling Relph (Chair) • **Linda Broomfield** (Secretary, Lead Clinical Nurse Specialist Nutrition - Hywel Dda UHB, Wales NHS) • **Barry Jones** (Gastroenterologist, Retired. BAPEN Council Member. CAPA Chair) • **Gill Murray-Ashby** (Nutrition Nurse Specialist, Dartford and Gravesham NHS Trust) • **Suzi Cole** (Nutrition Nurse, Nutricia Ltd) • **Stephen Taylor** (Research Dietitian, North Bristol NHS Trust) • **Liz Anderson** (Lead Nurse for Nutrition, Buckingham Healthcare NHS Trust) • **Paula Edwards** (Nutrition Nurse Specialist Lead, Wrexham Maelor Hospital, Wales NHS) • **Emma Sykes** (Stroke and Nutrition Support Dietitian, Hereford County NHS Hospital) • **Rosie Smyth** (Critical Care Dietitian, Royal Papworth Hospital NHS Foundation Trust) • **Dawn Lukk** (Critical Care Dietitian, Royal Papworth Hospital NHS Foundation Trust)

Members who stepped down during the year: **Liz Anderson** (Lead Nurse for Nutrition. Buckingham Healthcare NHS Trust) • **Dawn Lukk** (Critical Care Dietitian. Royal Papworth Hospital NHS Foundation Trust).

2022 key objectives

- To further investigate relative merits of alternative techniques for confirming safe placement of nasogastric tubes (NGTs) and for detection of misplacement with a view to enhancing the value of National Patient safety Agency (NPSA)/NHSE alerts on use of aspirate pH and X-rays, using the 4 point methodology for reporting
- To continue to work with NHSE/I to influence and support improvements in safety of NGTs
- To continue to assess the compliance of Trusts with NPSA/NHSE alerts following evidence presented in our Position Paper (2020)
- To continue to press for safe practice during close quarter care, such as when inserting NGT/nasojunal tubes (NJT) on Covid patients
- To continue pressing all government bodies to recognise airborne transmission and the need for respiratory protective equipment (RPE), not fluid-repellent surgical masks (FRSM), which are not classified as personal protective equipment (PPE)
- To continue pressing for abolition of the Aerosol Generating Procedures (AGP) list in light of scientific advances and confirmation of aerosol transmission
- To promote use of the Joint Royal College of Nursing (RCN)/British Occupational Hygiene Society (BOHS)/Covid Airborne Protection Alliance (CAPA) risk assessment tool.

2022 key outputs

- Novel and alternative technology assessments for confirming safe placement of NGTs reviewed:
 - Matrix developed with key objectives of cost, safety and training requirements included
 - Comprehensive assessment of some of novel techniques published on NGSIG website.
- Participated in national discussions led by NHSE on review of the Never Event list. Following this event, NG Never Events remain on the list
- Supported NHSE with NG Safety improvements through being active members on the following project groups:
 - Restraint of children and young people with anorexia who require NGT feeding
 - Development of Radiographer NGT X-ray training.
- Supported further development and review of the NNNG NGT guidance
- Presented NGT at BAPEN 2022 Conference in collaboration with NNNG, which included:
 - Patient safety issues
 - Novel technologies
 - National training/competencies
 - Healthcare Safety Investigation Branch (HSIB) and NHSE recommendations.
- Dr Barry Jones remains the chair of CATA (Covid Airborne Transmission Alliance) and remains a member of NGSIG. Achievements include:
 - Stakeholder involvement in the Covid Public Enquiry
 - Vast amounts of evidence gathered in preparation for the Covid Public Enquiry

- Inconsistencies with infection prevention and control (IPC), Health and Safety Executive (HSE) and RPE remained across Government bodies, including IPC guidance, despite formal requests for evidence by CAPA
- The AGP list remains obsolete in light of clear evidence of aerosol transmission and the legal duty on employers to ensure such risks are managed with RPE, despite pressure applied by CAPA.

2023 objectives

- To continue to raise the issue of NGT safety at NHSE/I level
- To monitor NGT Never Events nationally
- To continue to further develop assessment document of novel and alternative techniques for confirming the correct/incorrect positioning of NGTs
- To involve radiology/radiography specialists within the group as this is crucial for NGT safety
- Support the University of Lancaster NIHR proposal to research NGT safety
- Support NNNG NGT guidelines to be finalised
- Support the development of NHSE led national guidance for restraint of children and young people with anorexia who require NGT feeding
- To continue to support CATA related to the lack of healthcare worker safety during the pandemic, from aerosol transmission of Covid-19 when inserting NGTs
- To support Dr Barry Jones as CATA Chair as he presents to the Covid-19 Public Enquiry during 2023.



The Nutrition Society

Dr Caroline Childs, Associate Professor, University of Southampton

2022 key objectives

The Nutrition Society was established in 1941 and is one of the largest learned societies for nutrition in the world. Membership is open to anyone with an interest in nutrition science and with over 2,500 global members, the Society remains dedicated to delivering its original mission of: 'advancing the scientific study of nutrition and its application to human and animal health.'

Towards this, our principal activities are:

- Dissemination of scientific information through its six internationally renowned learned journals and an annual programme of scientific meetings
- Publishing six peer-reviewed nutrition textbooks, now translated into five languages
- Providing education and training for nutrition professionals and members in face-to-face and virtual (online) formats
- Developing collaboration with nutrition societies and other scientific bodies around the world
- Membership services (including provision of travel grants, research grants, website forums for dissemination of science)
- Working with universities, parliamentarians, industry representatives, researchers and other membership organisations, to create opportunities for networking and building relationships that strengthen research and collaboration within the field.

A key part of this last activity, of course, includes supporting the healthcare sector and our BAPEN colleagues. It is my great privilege to continue support the relationship with BAPEN since the signing of the memorandum of understanding (MOU) in 2021 and to work with the Society to strengthen relationships with medical practitioners through the Medical Working Group.

2022 key outputs

During 2021 aspects of work The Nutrition Society achieved relevant to BAPEN colleagues included:

- Continued work with BAPEN colleagues and others as part of the Association for Nutrition (AfN) Interprofessional Nutrition Group (IPNG) towards a curriculum for undergraduate medical students. After many years of joint efforts, this realised in October 2021:
www.associationfornutrition.org/careers-nutrition/wider-workforce/nutrition-training-for-medical-doctors.

This was followed by a multi-stakeholder editorial about implementing the curriculum written with BAPEN and other medical society colleagues: 'Putting nutrition education on the table: development of a curriculum to meet future doctors' needs' which was published last year, followed by a more recent commentary 'Long overdue: undergraduate nutrition education for medical students' It has been good to see the increasing amount of attention this issue has been receiving, and we hope to see these promising discussions continue

- The launch of The Nutrition Society Academy – a unique subscription-based e-learning and webinar platform open to all nutrition professional. This diverse training platform for nutrition and healthcare professionals makes it easier for healthcare professionals to find the most relevant content. A minimum of 2 new webinars per month are added to the growing catalogue
- Awarding the Cuthbertson Award in memory of Sir David Cuthbertson. The award recognises excellence in the field of clinical nutrition. In 2022, Dr Giovanna Muscogiuri, University of Naples Federico II, Italy, for her research entitled 'Nutrition and metabolic diseases: also clock matters?' After presenting her research at The Royal Society during The Nutrition Society Winter Conference, her research was published in the *Proceedings of the Nutrition Society* (PNS) journal

- Successfully 'flipped' Public Health Nutrition to be a fully Open Access journal from January 2022 making it permanently and freely available to read, download and share around the world
- Worked with BAPEN Programmes and the Society's Scientific and Publications Committees and to support a symposium at the Annual BAPEN Conference 2022. Sponsored by our newest open access journal, *Gut Microbiome*, the sessions entitled 'IBD and nutrition in adults' was a great success and we hope those of you in attendance found it informative. Our thanks go to the speakers; Professor Kevin Whelan (King's College London), Gabriella Poufo (St Mark's Hospital), and Professor Konstantinos Gerasimidis (University of Glasgow), for their excellent talks.

2023 objectives

- Continue to dialogue with BAPEN colleagues about collaboration through either joint, member-led meetings and/or APPG initiatives
- Sponsor a speaker for joint symposium at the annual BAPEN Conference
- Continue to work to BAPEN colleagues to identify training and CPD requirements that the new Academy could help fulfil.



BAPEN

*Putting patients at the centre
of good nutritional care*

www.bapen.org.uk