

2024 Annual Report

Registered charity name: The British Association for Parenteral and Enteral Nutrition (BAPEN)
Charity registration no.: 1186719

BAPEN 2024 Trustees

- Dr Nick Thompson – President & Trustee
- Sarah Zeraschi – Treasurer & Trustee
- Dr Charlotte Rutter – Secretary & Trustee
- Dr Alastair McKinlay – Chair of Faculty & Trustee
- Alan Brown – External Trustee
- Mr Phil Lyons MBE – Co-chair of the Trustees
- Sarah McIntyre – External Trustee
- Dr Roger Philips – Co-chair of the Trustees

Committee Groups

- Data Governance Group
- Intestinal Failure Registry (IFR)
- Malnutrition Action Group (MAG)
- Programmes Committee

Core Groups

- BAPEN Medical
- British Pharmaceutical Nutrition Group (BPNG)
- British Society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN)
- National Nurses Nutrition Group (NNNG)
- The British Dietetic Association Parenteral & Enteral Nutrition Group Specialist Group (PENG)
- PINNT – Support & Advocacy for people on Home Artificial Nutrition (PINNT)

Special Interest Groups & Associated Groups

- British Enteral Therapy Alliance (BETA)
- British Intestinal Failure Alliance (BIFA)
- Nasogastric Tube Special Interest Group (NGSIG)
- Patient Network Group (PNG)
- Sustainability SIG (SSIG)
- The Nutrition Society

BAPEN Office

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President's Report

Nick Thompson, President

2024 has been a year of great collaboration and progress for our organisation. We have continued to build on the momentum established in our strategic plan, ensuring that we deliver value to our members and advocate for improved nutritional care across the UK. I am delighted to reflect on the significant milestones we achieved throughout the year in line with our strategic priorities: Knowledge, Reach and Sustainability.

Supporting BAPEN's Knowledge

This year, we awarded twelve grants to support Core Groups and our members in their professional development and research endeavours. These grants provide vital support for innovative projects – ensuring that we are actively encouraging improvements in best practice in nutritional care delivery. These funds have supported a range of initiatives, including training programmes and developing core competencies for different healthcare groups.

We welcomed our multidisciplinary membership to BAPEN's Annual Conference in Gateshead, bringing together an impressive 720 delegates. With leading speakers, engaging panel discussions and invaluable networking opportunities, the conference truly showcased our collective endeavours and commitment to advancing nutritional care. We look forward to gathering once again at the International Conference Centre in Newport, Wales, on the 11th and 12th of November 2025.

In 2024, we were also delighted to announce the establishment of a new multiprofessional special interest group, British Enteral Therapy Alliance (BETA), dedicated to all aspects of enteral nutrition. Following approval at the 2024 Annual General Meeting, BETA will bring together healthcare professionals involved or interested in enteral nutrition for both adults and children. The group will advance knowledge and practice through research, training and advocacy. Our current Nasogastric Special Interest Group (NGSIG) will continue its important work, with a focus on the safe delivery of NG tube feeding.

Another of our special interest groups, the British Intestinal Failure Alliance (BIFA), made strides in early 2024 by publishing its latest guidelines on the prevention and treatment of metabolic bone disease in patients with chronic intestinal failure. These guidelines, alongside a wide range of important resources such as the Top Tips series, provide essential support for healthcare professionals in delivering evidence-based care and improving patient outcomes.

A key highlight which also deserves a mention is the pre-registration educational placements that BAPEN has supported over the course of the year. Malnutrition Officer, Dr Emily Walters, has run a brilliant programme with a total of 10 students over the year from across King's College London, the University of Winchester and the University of East Anglia. This is a really important initiative that allows us to support the next generation of healthcare professionals to upskill professionally, and gain valuable experience and insights into the operations of a professional organisation. The students have produced a range of materials, including two educational 'MUST' videos, ongoing social media content on the @bapen_prereg Instagram page, and three poster abstracts were accepted at our 2024 Conference. It's brilliant to see the programme going from strength to strength and I'd like to extend my great thanks to Emily for her commitment.

Extending BAPEN's Reach

Reach is a crucial pillar of BAPEN's activities and areas of focus – ensuring that we continue to communicate with key stakeholders and extend our influence on relevant policymakers, organisations and individuals.

A highlight of the year was our meeting with the Minister of Health for Northern Ireland, Mike Nesbitt, alongside representatives from the British Dietetic Association (BDA) and Patients on Intravenous and Nasogastric Nutrition Treatment (PINNT). This important meeting at Stormont, Belfast, outlined to the Minister the

prevalence of malnutrition in Northern Ireland and recommendations on how to improve nutritional care through nutrition support teams.

This Ministerial outreach followed on from BAPEN's consultation submission to Lord Darzi's report on the NHS. Our submission presented evidence on the health and economic burden of malnutrition, the lack of effective screening, and the impact of nutritional interventions. We emphasised the need for prioritising nutritional care to reduce hospital admissions, lengths of stay and associated NHS costs. Our overarching message detailed that combatting malnutrition must remain a priority for a future-ready health system. BAPEN submitted a consultation response to the Change NHS forum as part of the development of the 10-Year Health Plan, again emphasising the importance of nutritional care is considered in national policy discussions.

BAPEN's political engagement, alongside our growing social media presence, has been spearheaded by Kate Hall, BAPEN's Communications Officer, and our communications agency, M+F Health. 2024 also saw us undertake a thorough tendering process for BAPEN's communications support, and we were delighted to award a new contract with M+F Health, building on our longstanding relationship which has overseen the development of BAPEN's five-year strategy, an updated website, improved organisational branding and positioning, and more major milestones. Together, we are focused on enhancing BAPEN's outreach and ensuring that we effectively engage with members, stakeholders and the public.

One such avenue for engaging with these groups is through important, annual events, such as UK Malnutrition Awareness Week (UKMAW). Once again, we partnered with the Malnutrition Task Force on this impactful campaign. Together, we raised awareness of malnutrition and highlighted the critical importance of early identification and intervention. Through our joint social media campaign, educational webinar and traditional media opportunities, we reached healthcare professionals and patients across the UK.

Finally, Dr Barry Jones continues to provide invaluable leadership as Chair of the Covid Airborne Transmission Alliance (CATA), within which BAPEN is a key member. In 2024, CATA served as a Core Participant in the UK COVID-19 Inquiry. Representing 65,000 healthcare workers and experts, CATA has been advocating for stronger protective measures against airborne transmission. Since 2020, they have worked tirelessly to align national guidance with the latest scientific evidence, and we thank Barry for his steadfast commitment to this goal. More information and updates on CATA's work can be found on our website.

Driving BAPEN's Sustainability

In keeping with our commitment to maintain the sustainability of BAPEN through succession planning, we were pleased to welcome Sarah Zeraschi as BAPEN's new Treasurer at the Annual Conference in November. Sarah, a Consultant Pharmacist for Nutrition and Intestinal Failure in Leeds, brings a wealth of experience to the Executive Team from her work with adult and paediatric teams, as well as her leadership in the Yorkshire and Humber Nutrition Network. Once again, I want to extend our sincere thanks to Sheldon Cooper for his dedicated service as Treasurer. His contributions have significantly supported our organisation's growth and strength, alongside his clinical work, particularly within intestinal failure.

In an effort to reduce our environmental footprint, at our Annual Conference, the British Pharmaceutical Nutrition Group (BPNG) led a thought-provoking symposium on sustainable practices in clinical nutrition. This session underscored the need for environmentally conscious approaches across our field. We also heard from the brilliant Hugh Montgomery as a keynote speaker, discussing global warming and its implications on both our work and lives. This powerful speech underscored the important work of BAPEN's Sustainability Special Interest Group (SSIG), who have created a resource hub to address the growing need for more responsible practices within clinical nutrition. You can access these materials on the BAPEN website.

As I reflect on this year, I am incredibly proud of our collective achievements. Our members' dedication, expertise and passion have been the driving forces behind our progress. I am confident that the coming years will bring ongoing success as we continue our work to improve nutritional care for all.

Thank you for your continued support and commitment, and I look forward to our collaborative work in 2025.



Treasurer's Report

Sarah Zeraschi, Treasurer (since November 2024)

Overview

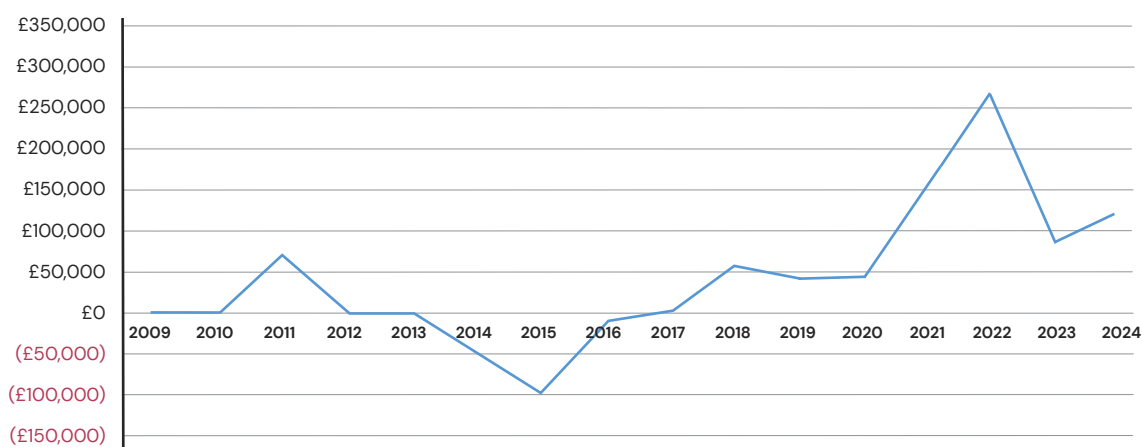
BAPEN delivered a strong financial performance in 2024, with total income rising slightly to £678,058 (2023: £649,786), driven mainly by stable copyright income (£177,580) and an increase in conference and event revenue (£320,601 vs £284,866).

Expenditure decreased to **£528,425** (2023: £532,340); a cost reduction was achieved in conferences and promotional activity. This resulted in a **surplus of £149,633** (surplus in 2023: £117,446), leaving unrestricted reserves to **£1,058,282** at year-end, which is above the charity's reserve policy. The balance sheet remains robust, with **£1.27m in current assets** (including £1.05m cash) and **£210k creditors**. From the un-restricted funds, a designed fund has been put aside to cover Core Group and Specialist Interest Group funding totalling £100,988.

The charity continues to operate debt-free, with no employees and activities delivered through contractors. Overall, BAPEN strengthened its financial position in 2024 through prudent cost management and steady income streams, ensuring a healthy platform for continued charitable activities.

The current financial position is supporting BAPEN to meet its charitable aims. Core Group and Specialist Interest Group funding, and membership-led quality improvement project and research awards were successfully allocated and BAPEN were able to use some of excess funds being held over and above the reserves policy – £100–200k over the next 2/3 years.

Figure 1a: Summary of Year-End Surplus/Deficit



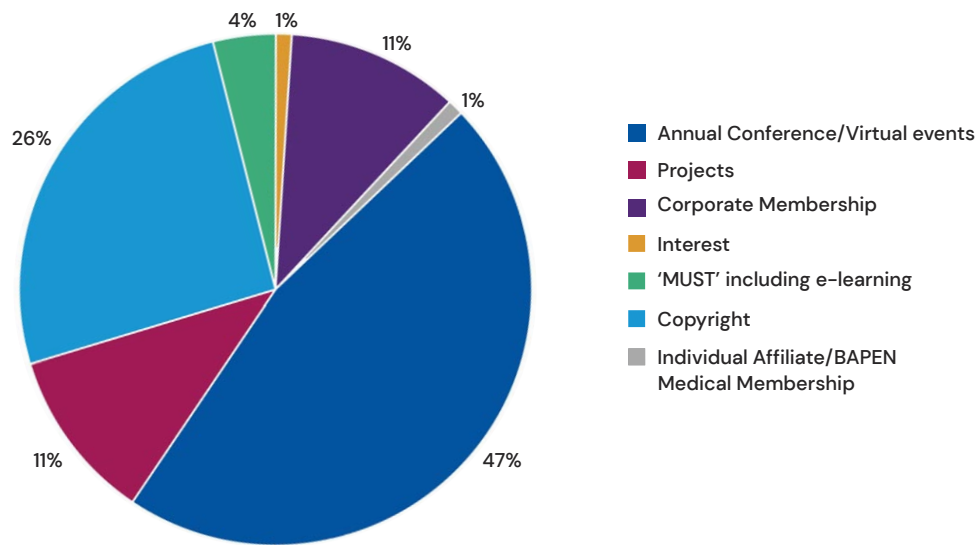
Income

The budget for 2024 projected an income of £589,911, with the increase largely coming from conference and events. The remaining income remained in line with the budget.

2025/2026 challenges include the renewal of the copyright licence which currently equates to c26% of total BAPEN revenue and the Intestinal Failure (IF) Register which generates c13% of total BAPEN revenue.

BAPEN need to explore further revenue options heading into 2025/2026.

Figure 2: Source of Income 2024

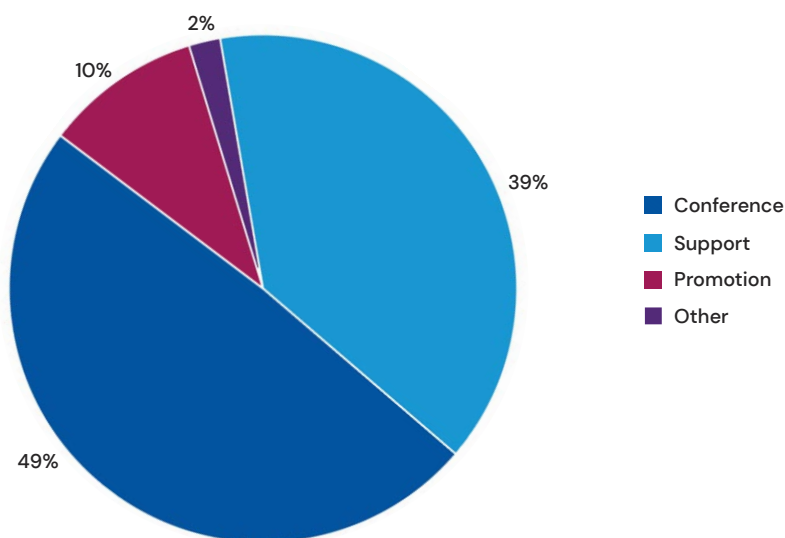


Expenditure

The budget for 2024 projected expenditure of £580,767, with BAPEN ending up spending £520,445. This was largely due to research and funding grants being approved within the 2024 financial year but listed as a designated fund rather than directly to expenditure.

Overall, costs have stabilised within BAPEN when comparing to 2023 when BAPEN experienced many new costs following the renewal of contracts and change in secretariat. BAPEN must now ensure that costs are well managed, and the annual budgeting plan followed.

Figure 3: Source of Expenditure 2024



Reserves

Reserves continue to be distributed across five direct access and notice accounts with banks or building societies protected by the FSCS. These are categorised as low risk investments. In keeping with the reserves policy, the reserves will be spread among additional accounts.

Reserves policy

The funds of the charity at the end of 2024 are £1,058,282, which is an increase of £149,633 compared to 2023. The charity sets a reserve policy that dictates that 12-months costs should be held in reserve.

The reserves policy was set at £440,000 for 2024 at the Trustees meeting October 2023, and £460,000 for 2025. The reserves policy will require further review in 2025 for 2026–2029, given the rising costs and the possibility that the one major licensing/copyright contract is renewed annually which equates to c26% of total revenue. BAPEN has further committed to setting aside a designated fund of £100,988 for 2024 grants issued.

Plan for 2025/26

Investment of charitable funds will take place in line with priorities identified in BAPEN's 5-year Strategy, launched at the end of 2022.

It is noted that copyright licensing incomes, the largest generator of surplus/profit, are annual contracts and not a guaranteed income stream, but a renewal into 2024 provided continued confidence in BAPEN's finances. Future consideration of income generation has begun in 2025, as income from copyright licensing is anticipated to significantly reduce for 2026.

The secretariat fees will continue to be greater than the years leading up to 2022, but the service is invaluable to the effective operation of the charity. A review of services provided by the secretariat is underway, as the needs of the organisation and secretariat support available continues to evolve.

The BAPEN Annual Conference continues to deliver a more professional level of academic and educational learning opportunities, with improved facilities. This in turn has attracted further sponsorship opportunities and positive feedback from delegates. BAPEN will continue with this approach heading into 2025.

The database management for the IF Registry has continued to pay for the ongoing costs and support provided by BAPEN and is a resource to NHS England that is highly valuable for managing IF services in England and requires suitable recompense for the value it holds. Due to the contract with the current registry provider coming to an end in March 2026, negotiations are underway with NHS England and a new provider. Whilst income from this management is yet to be agreed, it has not been possible to predict impacts on budget post-2025, so a cautious approach is being adopted.

With regards to public relations and media, 2024 saw the tender process for a public relation/media contract renewal. The costs for these services are greater than for previous years, but will give BAPEN the platform to deliver its strategic aims and objectives.

2024 saw the launch of agreed investment into the work of the Core and Specialist Interest Groups (proposed £100,000 over 2–3-years), and grants for quality improvement projects and research by BAPEN's members (again £100,000) over these 2–3-years.

The Edgbaston Course was extremely well received and was designed for the development of nutrition support teams, funded by BAPEN. This course is planned for Spring 2025.

A new venture for 2025 is being introduced and will see BAPEN offer coaching and mentorship opportunities for BAPEN members. Investment has been made into a mentoring platform, plus applications approved for five members to be supported with coaching sponsorship. Feedback will be sought from participants, and pending the outcome, this initiative is something that BAPEN hopes will continue.

Thus, BAPEN is continuing to invest further in its charitable aims and objectives in accordance with the BAPEN Strategic Plan 2022–2027.

Faculty

Dr Alastair McKinlay & Professor Ailsa Brotherton
Faculty Co-Chairs

2024 key objectives

- To set new Terms of Reference for Faculty
- To undertake a 'horizon scanning' exercise
- To establish a new 'International Officer' role
- To contribute to consultations
- To lead the process for the John Lennard Jones Medal, calling for and reviewing nominations and to lead the decision-making regarding the award
- To develop a new coaching and mentoring programme for BAPEN members.

2024 key outputs

- New Terms of Reference for Faculty drafted and approved
- Horizon scanning exercise completed by Faculty
- 'International Officer' role approved, and Faculty member appointed into the role
- Faculty members contributed to consultations
- John Lennard Jones Medal awarded and criteria for the award updated
- New coaching and mentoring programme for BAPEN members designed and funding secured.

2025 key objectives

- Implement and oversee the delivery of the Mentoring and Coaching Scheme
- Expand the awards available within BAPEN
- Develop the International Officer role
- Respond to requests made from BAPEN Executive/Council to undertake specific piece of work throughout 2025.

Committee:

- **Dr Alastair McKinlay**
(Co-Chair)
- **Professor Ailsa Brotherton**
(Co-Chair)
- **Dr Barry Jones**
- **Professor Mike Stroud OBE**
- **Dr Jeremy Nightingale**
- **Carolyn Wheatley**
- **Dr Tim Bowling**
- **Tim Sizer**
- **Dr Simon Gabe**
- **Pete Turner**
- **Wendy-Ling Relf**
- **Tony Murphy**
- **Dr Trevor Smith**
- **Alison Young**



Education & Training

Dr Emma Parsons, BAPEN Education Officer

2024 key objectives

- Embed the new endorsement criteria via the BAPEN website
- Continue to endorse a range of nutrition education events
- Collaborate with BAPEN Medical to deliver a suite of webinars
- Deliver the first student symposium at BAPEN Conference and continue to explore ways to engage medical, nursing and allied health professional (AHP) students in BAPEN activities
- Repeat the members education needs survey
- Review and update e-learning resources
- Continue to collaborate with Core Groups and Committees to ensure education needs are met.

2024 key outputs

- The new education event endorsement criteria are live on the BAPEN website and are being utilised well
- BAPEN has continued to endorse a wide range of education events
- Through collaboration with BAPEN Medical and the Secretariat, a delivery plan was devised to support the delivery of BAPEN webinars for 2025
- The first BAPEN student symposium was delivered at conference, under the title of 'Future Leaders'. This included two excellent keynote speakers on their research journeys and a number of student oral abstract presentations. The symposium was well received by delegates and will be a regular part of the conference programme going forward
- E-Learning resources update moved to 25/26
- Contributed to the design of the Edgbaston Course.

2025 objectives

- Continue to endorse a range of nutrition education events
- Deliver BAPEN education webinars
- Contribute to the design and delivery of the Edgbaston Course
- Continue to deliver the Future Leaders symposium at BAPEN Conference and continue to explore ways to engage medical, nursing and AHP students in BAPEN activities
- Review and update e-learning resources (2025/2026)
- Continue to collaborate with Core Groups and Committees to ensure education needs are met. This includes quarterly Education committee meetings.



External Public Relations, Communications & Marketing

Kate Hall, BAPEN Communications Officer

2024 key objectives

- **Political advocacy:** In 2024, against the backdrop of the UK General Election and a year of great political relevance, we worked to place malnutrition on the political agenda through our communications activities. With the NHS and health reform a central point of public and political discussion, we championed the inclusion of nutritional support as a critical element of improving patient outcomes and supporting the NHS to be fit for the future. As part of this effort, the incoming Government outlined its intentions to develop an NHS 10-year plan, and BAPEN submitted a detailed response to the Change NHS consultation process. The submission presented actionable recommendations that highlighted the health, social and economic advantages of tackling malnutrition.
- **BAPEN's communications agency:** One of our key communications objectives was to award a new contract with a communications agency to help BAPEN effectively convey:
 - The scope and impact of undernutrition in the UK, along with safe and effective solutions, including artificial nutritional support
 - BAPEN's scientific and clinical leadership in the field
 - Opportunities to maximise BAPEN's income from sources such as membership fees, product sales, charitable initiatives, grants and industry support.With our agency contract concluding in 2024, BAPEN shared an invitation for tender responses to identify a preferred agency to collaborate with from 2025 onwards.
- **BAPEN Conference 2024:** The BAPEN Annual Conference continues to be a key moment in our calendar. Promoting the 2024 event in Gateshead was a major communications objective, with emphasis on raising awareness, driving registrations, encouraging abstract submissions and platforming the multidisciplinary content that would be discussed. We wanted to ensure an engaging presence throughout the conference by amplifying activities on social media, particularly as this event serves as an excellent platform to showcase the breadth of BAPEN's expertise; our Core Groups, Special Interest Groups, and Trainees.
- **UK Malnutrition Awareness Week 2024:** Building on the success of the past six UK Malnutrition Awareness Weeks (UKMAW), a core objective for 2024 was to maintain the momentum of this impactful campaign. Collaborating closely with the Malnutrition Task Force (MTF), we worked to extend the campaign's reach and amplify its messages. While the overarching goals remained consistent – raising awareness of malnutrition and dehydration risks – we introduced new strategies to keep UKMAW dynamic and reaching new audiences. For instance, this year, BAPEN and MTF launched a paid social media campaign to strategically target audiences and drive greater engagement with UKMAW events and resources.
- **Social media activity:** Our social media priorities for 2024 included:
 - Expanding BAPEN's follower base across X, Instagram, LinkedIn and Facebook through frequent, engaging content.
 - Producing timely, relevant posts supporting BAPEN's initiatives, as well as those of Core and Special Interest Groups.
 - Operating a finger-on-the-pulse approach to the nutrition landscape, commenting on timely updates and demonstrating thought leadership.
 - Providing members with regular updates on the benefits of membership, available resources and important organisational news.
 - Promoting membership growth and sustainability by clearly communicating the value of joining BAPEN and getting involved in voluntary opportunities.
 - Spotlight the BAPEN team, for instance 'getting to know' interviews, changes to the BAPEN Executive team, and wider position vacancies.
 - Monitoring wider healthcare trends to maintain responsive and informed communications.

- **Press office activity:** Our press office goals for 2024 were to:
 - Produce and distribute press releases, articles and news updates on key developments within BAPEN and the nutrition sector.
 - Contribute to BAPEN's member magazine, *In Touch*, and the wider nutrition publication, *Complete Nutrition* (CN) Magazine.
 - Respond to journalist and media enquiries, offering expert commentary on nutrition-related topics to enhance BAPEN's visibility and credibility in the field.

2024 key outputs

- **Political advocacy:**
 - BAPEN submitted a comprehensive, data-rich consultation response to both Lord Darzi's review of the NHS and the engagement portal requesting input on the NHS 10-Year Plan. Both responses outlined the substantial health, social and economic benefits of prioritising nutritional support.
 - BAPEN's recommendations provided actionable ideas for policy change, reflecting our expertise and dedication to improving patient outcomes. We anticipate the publication of the 10-Year Plan in Spring 2025 and will maintain active engagement with policymakers and stakeholders in the lead-up to its release.
 - We sent joint letters to the four Health Ministers of the UK, outlining the prevalence of malnutrition in their regions, and detailing opportunities for improving patient care and making economic savings through cost-effective nutritional care interventions.
 - In collaboration with PINNT and the British Dietetic Association (BDA), we arranged a very successful meeting with Mike Nesbitt, Minister of Health in Northern Ireland, to address critical issues surrounding clinical nutrition. This opened an important dialogue, positioning malnutrition front-of-mind for key political stakeholders.
- **BAPEN's communications agency:**
 - Following a thorough tendering process, and an invitation to pitch in front of the BAPEN Executive team, a new contract was signed with the independent communications agency, M+F Health.
 - This decision builds on a longstanding relationship of delivering major milestones together, such as BAPEN's five-year strategy, and looks ahead to new and exciting plans for 2025 and beyond.
- **BAPEN Conference 2024:**
 - Supported the delivery of BAPEN Conference 2024 in Gateshead, bringing together BAPEN members from across the UK to hear timely, innovative presentations from leading clinical nutrition experts.
 - Developed comprehensive social media content, beginning in the summer of 2024, to encourage abstract submissions at Conference. We also encouraged event registrations through dynamic, multi-channel content, successfully achieving over 730 delegates in attendance.
 - Leveraged in-person conference format to record a series of talking head interviews with the BAPEN Executive team, as well as the leads of BAPEN's Core Groups. These were featured across BAPEN's social channels over the proceeding months.
 - Harnesses the expertise of pre-registration attendees to share clinical updates during sessions.
 - Social channels were used to provide a live feed on abstract presentations and speeches, capturing the 'buzz' of the event.
- **UK Malnutrition Awareness Week 2024:**
 - Delivered a multi-channel social media campaign across both BAPEN and MTF social media channels, including X, Instagram, LinkedIn and Facebook.
 - Shared the theme of 'Ask, Look, Listen' to remind audiences about the dangers of malnutrition and educate both professionals and the public about how to support people at risk of malnutrition.
 - Proactive outreach was conducted to targeted patient advisory groups and professional organisations to widen the reach of the campaign's key messages. Support was welcomed from several organisations, including Age UK, Dementia UK, Genetic Alliance, the Mouth Cancer Foundation, and more.
 - Publicised MAG's annual malnutrition and nutritional care survey via paid social media content, encouraging 189 link clicks to complete data submissions from across the UK.
 - Paid adverts via UKMAW Instagram page reached 11,674 accounts (up from 592 accounts reached organically in 2023).

- **Social media activity:**
 - In 2024, X continued to be BAPEN's primary social media channel, with the most followers. BAPEN's account finished the year with just under 10,000 followers.
 - BAPEN continue to monitor X due to significant changes since Elon Musk's acquisition of the platform in October 2022.
 - Meanwhile, BAPEN's Instagram grew to 940 followers (up from ~500 at the beginning of the year) and Facebook slowly increased to just under 6,000 followers.
 - LinkedIn concluded 2024 with over 1,200 followers.
- **Press office activity:**
 - In 2024, the BAPEN press office proactively drafted over 30 website news pieces. These were further distributed across social channels, driving traffic to the website.
 - Published 10 columns for In Touch and CN Magazine.
- **Website:**
 - The BAPEN website attracted 345,707 active users across the year, with a massive 1 million total page views.
 - The 'Malnutrition Universal Screening Tool' ('MUST') calculator was the most visited page, generating 434,300 page views across the year.

2025 objectives

Reach

- **Keeping nutritional care front-of-mind:** Communicate the importance of safe, timely and appropriate nutritional care in every care setting through the promotion of BAPEN resources, political advocacy, and collaborating with partners to deliver positive change.
- **BAPEN newsroom:** Develop a new, dedicated newsroom function to increase BAPEN's reach and further cement its position as a key opinion leader. This will enhance and streamline BAPEN's press offering, raising the profile of key BAPEN leads to become spokespeople for all things malnutrition and nutritional care.
- **Social media channels:** Evaluate BAPEN's current social media platforms and provide recommendations for its continued use, considering the evolving nature of X. This review should also explore the use of Bluesky as an emerging alternative.

Knowledge

- **BAPEN Connect:** Engage and educate BAPEN members through a dynamic webinar series, offering direct access to leadership, encouraging collaboration, and delivering expert insights on critical topics in clinical nutrition, parenteral and enteral feeding, and patient care. This initiative will support professional development and enhance membership value.
- **Educational events:** Regularly share details regarding BAPEN-led, BAPEN-endorsed, and external educational events to help enhance the membership's training and understanding of nutritional care topics.

Sustainability

- **Job vacancies:** Ensure sustainable succession planning by promoting Executive and Council vacancies, particularly the Communications Officer role, where continuity is essential for maintaining the effectiveness of BAPEN's communications output.
- **Environmental initiatives:** Highlight BAPEN's sustainability efforts through the work of the Sustainability SIG and by spotlighting relevant sessions at the BAPEN Annual Conference.



BAPEN Northern Ireland Representative

Sarah-Jane Nelson, BAPEN Regional Representative – Northern Ireland

Members:

- **Sarah-Jane Nelson** (Principal Dietitian and Clinical Lead, Regional Intestinal Failure Service, Belfast Health and Social Care Trust)
- **Pete Turner** (Nutrition Support Dietitian, South-Eastern Health and Social Care Trust)

2024 key objectives

- A delegation from BAPEN, PINNT and the British Dietetic Association (BDA) met with Minister for Health MLA Mike Nesbitt at Stormont on 4.12.24. These were BAPEN (Pete and Nick), PINNT (Carolyn) and BDA (Susan Price, Chair)
 - The following were put to Mr Nesbitt and a team of Civil servants after a summary of the costs and consequences of malnutrition:
 - **The need to update the Northern Ireland 'Promoting Good Nutrition Strategy'.** We are now eight years after the next iteration of this strategy was due to be published, and we believe an updated document needs to be commissioned and developed as soon as possible. We believe a new strategy will be critical to supporting all healthcare professionals to improve nutritional care delivery and will contribute to the improvement of service standards across Northern Ireland.
 - **Increased funding for nutrition support teams in both adults and paediatrics.** We are calling for increased funding for nutrition support teams, to ensure the right professionals are on-hand to deliver good care to people who need it. As a hugely important first step, we are calling for a nutrition nurse to be part of the team in all five Health and Social Care (HSC) Trusts. This will also ensure that regular, planned review timelines are kept to and conducted by the necessary professionals.
 - **Implementation of the Recommendations in the RQIA Report 'Review of Implementation of NICE Clinical Guideline 174 Intravenous (IV) Fluid Therapy in Adults in Hospitals in Northern Ireland'.** The RQIA report from 2020 showed the NICE Guidelines for IV fluids in adults was not being followed in Northern Ireland. We feel this is an excellent report and whole heartedly support the recommendations in section 3.2. There are various reasons for this including, but not limited to, COVID-19, the reorganisation of the Health and Social Care Board to the Strategic Planning and Performance Group (SPPG), and the introduction of EPIC Encompass electronic records in Northern Ireland.

2025 objectives

- With support from BAPEN Regional Chair, set up a network of interested contacts across multi-disciplines in nutrition support in Northern Ireland to address locally the issues raised above
- Organise a Northern Ireland BAPEN Study Day, with the objective to enhance knowledge and skills of healthcare professionals managing patients with various nutrition support modalities and share learning across the Region
- Continue to work with appropriate government agencies across Northern Ireland to address the need to update the Northern Ireland 'Promoting Good Nutrition Strategy'
- Address the unmet need for nutrition support teams in both adults and paediatrics
- Encourage at least one new nutrition team to attend BAPEN Nutrition Support Team Course in May 2026.

BAPEN Scotland Representative

Francesca Moroni, BAPEN Regional Representative – Scotland

Members:

- **Francesca Moroni**
(Regional Representative)
- **Ben Shandro**
(Regional Secretary)

2024 key objectives

- Education
- Malnutrition awareness, Fluid Food and Nutrition Standards, and Complex Nutritional Care Standards work.

2024 key outputs

- BAPEN Scotland Annual Conference
 - 02/10/24, Stirling – well attended, good feedback, profitable.
- Completed national audit of the Complex Nutritional Care Standards
 - Presented to BAPEN Scotland Conference
 - Starting to engage Healthcare Improvement Scotland (HIS)/Scottish Government regarding these standards and how they might be further changed/implemented/monitored
 - Completed comparison work on HPN delivery across health board in Scotland to highlight care disparity. This work supported discussions with government and HIS. This was also presented at the Annual BAPEN Scotland meeting 2024.

2025 objectives

- **Education** – BAPEN Scotland Annual Conference 26/08/25
- **Sustainability** – This will be a topic for a lecture and workshop at the BAPEN Scotland Annual Conference this year
- **Reach** – Nutrition care plan delivery
 - Short video to improve nutrition care in hospital
- **Knowledge** – Continue to engage with Scottish Government and HIS to review the Complex Nutritional Care Standards.

COMMITTEE GROUPS



Intestinal Failure Registry

Sarah-Jane Nelson, Chair

2024 key objectives

- Establish Intestinal Failure (IF) Working Group
- Further developments to IF Registry (Adults)
- Development of Paediatric IF Registry.

2024 key outputs

- **IF Registry (Adults)**

The IF Registry for adults was launched in May 2019. There has been some excellent engagement (>85%) by English and Northern Irish reporting centres during 2023 and 2024. We have continued to work alongside NHS England (NHSE) specialist commissioning regarding data submission for the designated home parenteral nutrition (HPN) and IF centres, and have finalised the contract and information governance arrangements for same.

Sarah-Jane Nelson presented the IF Registry Report at National IF Reference Centre meeting in June 2023 and Nick Thompson presented similarly in January 2025.

New developments were included in the database in 2024:

1. New surgical dataset
2. GLP2 dataset.

- **Paediatric IF Registry**

The dataset for IF in Paediatrics is finalised and reporting continues.

2025 objectives

IF registry (Adult and Paediatrics)

- Tender for new database provider
- Construct new IF Registry to meet requirements of both NHS commissioning and to allow centres to collate and compare their own data within the registry
- Continue IF working group for purposes of collaboration and development.

Other

- BAPEN is addressing enteral feeding activity through the MAG group
- Thanks to Mr Andrew King and Association of Surgeons of Great Britain (ASGBI) for their input into the surgical dataset.

Committee:

- **Sarah-Jane Nelson**
(Chair, BAPEN Executive)
- **Trevor Smith**
(Consultant Gastro-
enterologist, BAPEN)
- **Anthony Wiskin**
(Consultant Paediatrician,
BSPGHAN)

Adult working Group:

Nicky Wyer, Tanzil Miah,
Hardip Malhi, Dan Griffith,
Anita Middleton,
Jo Wakeling, Kelley Finley,
Joanne Daniels, Izzie
Gibson, Beth Thompson,
Cath Stansfield, Joanne
Orford, Nicola Wilson,
Pianl Patel, Victoria Carter,
Rebecca Bradshaw,
Sue McIlroy,
Streets Heaver Healthcare



Programmes Committee

Pete Turner, Chair Programmes Committee

The Programmes Committee is made up of representatives from each of BAPEN's Core Groups and Officers. Representatives from the Core Groups are nominated by their Committee and bring their Group's suggestions for Conference content and report back to their Groups on the Programmes Committee's activities.

2024 key objectives

To deliver an informative and enjoyable educational conference that meets BAPEN's strategic objectives of Knowledge, Reach and Sustainability to a multidisciplinary audience of healthcare professionals working within the field of disease related malnutrition.

2024 key outputs

Attracting record numbers of over 720 attendees, the Conference offered delegates a varied programme of clinical and scientific symposia to meet the needs of a multidisciplinary audience of healthcare professionals working within the field of nutritional care.

We delivered 12 parallel sessions, as well as the Pennington and Keynote Lectures. These scientific sessions were also interspersed with our Nutrition Village sessions, which were incredibly popular once again this year, as well as oral and poster presentations and four unopposed industry satellite symposia from Abbott, Avanos, Nutricia and Takeda.

The Conference enabled us to share the latest cutting-edge and innovative practice with important practical take home messages and gave delegates the opportunity to network with colleagues and our industry partners in the exhibition.

With our ongoing commitment to sustainability, delegates had access to an interactive conference app to review the programme and speakers' biographies, as well as being able to view a PDF of the abstract's posters and network with sponsors and colleagues throughout the Conference. We also introduced meat-free catering for one of the days.

Professor Dileep Lobo, gave an inspiring and engaging talk on 'Fluids, electrolytes, albumin and outcome' for the prestigious Pennington Lecture and Kevin Wheelen, Professor of Dietetics, King's College London gave the year's Keynote Lecture on 'Ultra-processed food (UPF) and gastrointestinal disease'.

2025 objectives

In line with BAPEN's commitment to its strategic goals of Knowledge and Reach, BAPEN 2025 will take place at the ICC in Wales and will provide a range of informative symposia covering a variety of topics to meet the needs of its clinical and scientific audience of healthcare professionals.

The usual call for abstracts will invite those working within the field of nutrition to submit their latest research to showcase their work and share best practice with their fellow healthcare professionals.

We will hear from BAPEN's Core Groups, each of whom will deliver a symposium on the latest developments and hot topics within their specialist areas of nutrition, as well as receiving an update from BAPEN's newly formed Sustainability Specialist Interest Group who will also host a symposium that will include an update on plant-based diets.

We are actively seeking a Chair Elect to take over from Pete Turner as Chair of the Programmes Committee after this year's conference.

Committee:

- **Pete Turner** (Chair)
- **Jo Wakeling** (Nutrition Village Representative)
- **Nick Thompson** (BAPEN President)
- **Rebeka Smith** (PENG)
- **Priya Mistry** (BPNG)
- **Lovesh Dyall** (BM Trainees)
- **Jeremy Nightingale** (BIFA)
- **Caroline Childs** (The Nutrition Society)
- **Akshay Batra** (BSPGHAN)
- **Emma Parsons** (Education Officer)
- **Flora Kokwaro** (Trainee)
- **Amelia Jukes** (BAPEN Wales – Local Representative)
- **Anne Holdoway**
- **Ben Booth**



Malnutrition Action Group (MAG)

Emily Walters, Chair of Malnutrition Action Group

Committee:

- **Emily Walters** (Chair)
- **Shameer Mehta** (Gastroenterologist – Data and Research Lead)
- **Wendy Milligan** (Nurse, 'MUST' enquiries)
- **Leslie Freeman** (Dietitian, HEFT Lead)
- **Emma Parsons** (Dietitian, Education Lead)
- **Ellie Coles** (Dietitian, PENG)
- **Dan Griffith** (Dietitian, PENG)
- **Abbie Cawood** (Nutritionist)

2024 key objectives

- The Chair (June 2024) to review MAG committee membership and reinstate regular meetings
- To create a work plan for July–December 2024
 - Work with partners to ensure IT support functions for National Survey of Malnutrition and Nutritional Care
 - Publication of results from the National Survey of Malnutrition and Nutritional Care, 2023
 - To merge MAG and BANS enteral work and create new Terms of Reference
 - To write job description for Chair role
 - Article for InTouch about changes to MAG and BANS
 - To work with placement supervisors for KCL dietetic students (September)
 - To agree a work plan and budget for 2025 (submit August 2024).

2024 key outputs

- Formal thanks go to Rebecca Stratton for her years of hard work and support for MAG and her role as MAG Chair
- Committee established with new Chair
- Work plan created for 6–months 2024 (July–December)
- Regular 1-hour meetings (4–6 weeks) online, with an in person meeting planned February 2025
- Merged MAG and BANS enteral work with new Terms of Reference agreed. Available at: www.bapen.org.uk/pdfs/terms-of-reference/bapen-tormag.pdf
- Job description for Chair agreed. Available at: www.bapen.org.uk/pdfs/job-descriptions/mag-chair-jobdescription.pdf
- Malnutrition and Nutritional Care Survey
 - With thanks to Rebecca Stratton for reporting on the 2023 data from National Survey of Malnutrition and Nutritional Care. This has been uploaded to the BAPEN website
 - IT support for Survey of Malnutrition and Nutritional Care 2024 provided
 - National Survey of Malnutrition and Nutritional Care was open throughout November 2024. Data received and will be reported on in 2025. Details about the survey are available at: www.bapen.org.uk/malnutrition/national-survey-of-malnutritionand-nutritional-care/.
- UKMAW
 - King's College London (KCL) dietetic students provided social media support during their practice-based learning with BAPEN
- Work plan and budget set for 2025 with a MAG lead for each work stream agreed and option to co-opt additional HCPs or those with required skills to support projects.

2025 objectives

1. Data collection (Knowledge)
 - a. To identify a MAG lead for this work stream
 - b. To work with BAPEN Medical and BAPEN's Data Governance Group to create a BAPEN data repository
 - c. To work with BAPEN Council, Exec, Trustees and the Data Governance Group to agree guidance for data collection affiliated with BAPEN
 - d. To agree a data collection plan for MAG which will contribute to BAPEN's strategic aims
2. To develop BAPEN understanding around UK enteral feeding practices (Knowledge)
 - a. To identify a MAG lead for this workstream
 - b. One adult survey around home enteral tube feeding (HETF) with findings in a BAPEN report
 - c. One paediatric survey with findings in a BAPEN report
 - d. Collaboration with PENG and Sustainability Group to explore healthcare professional views around sustainability and HETF

3. To create a network of interested organisations, groups, individuals who can support or contribute to MAG work (Reach)
 - a. To establish a formal patient link between MAG and PINNT
 - b. To establish links with relevant BDA specialist groups
 - c. To engage with BAPEN members and healthcare professionals through enquiries and discussions and identify those interested in specific workstreams
 - d. To invite Council to contribute to activities/workstreams and seek opportunities for collaborations.
4. UKMAW 2025 (Reach)
 - a. To identify a MAG lead for UK MAW
 - b. To work with Comms, BAPEN Council and other relevant stakeholders to develop a plan for UKMAW 2025
 - c. To deliver UKMAW 2025 activities
 - d. To report on UKMAW 2025 activities.
5. To improve support for 'hard to reach' and minority groups (Reach and Knowledge)
 - a. To collaborate with BAPEN practice-based learning supervisors to create projects which contribute to this objective, sharing findings with MAG/Council as appropriate
 - b. To identify and agree strategies/workstreams which will help to improve access for such groups to relevant information in an appropriate format
 - c. To support Comms in developing patient focused section of the website.
6. To review 'MUST' and malnutrition screening (Reach and Knowledge)
 - a. To review current themes within the nutrition screening literature
 - b. To seek advice and opinion from experts in malnutrition screening
 - c. To explore Council views about 'MUST' and screening
 - d. To engage with groups who are finding it difficult to use 'MUST' or screen for malnutrition risk in their specialist area
 - e. To identify a couple of (clinical) areas for collaboration and explore challenges and possible solutions during 2025/2026
 - f. To agree with Council any future actions.
7. At the request of BAPEN Trustees to explore development of a 'MUST' app
 - a. To scope the need and options
 - b. To present options to Council and proceed as agreed.

CORE GROUPS

BAPEN Medical

Emily Clarke, Chair of BAPEN Medical

2024 key objectives

- Increase activity of BAPEN Medical, expanding beyond the pre-Conference Study Day and Conference symposium. Consider introducing other educational activities, such as a Basic Nutrition Training Day to expand the reach of BAPEN to other audiences, and consider setting up a clinical network for audit or research
- BAPEN Masterclass to replace previous Pre-Conference Study Day – aim to increase attendance, including making it relevant to doctors in training whilst remaining multidisciplinary team (MDT) focused
- Organise BAPEN Medical symposium during the main Conference.

2024 key outputs

- Inaugural British Society of Gastroenterology (BSG)/BAPEN Basic Nutrition Training Day held October 2024 – fully attended with extremely positive feedback
- Masterclass held – well attended and positive feedback received
- BAPEN Medical conference symposium held – well attended and positive feedback received
- BAPEN Clinical Research Group (CRG) established – in early stages and the first step is arranging an appropriate data repository jointly with other BAPEN groups. Work is underway to set this up and once established the CRG can focus on starting the first project
- BAPEN representative co-opted onto BSG training committee.

2025 key objectives

- BSG/BAPEN Basic Nutrition Training Day
- BAPEN Masterclass
- BAPEN Medical symposium at Conference
- Ongoing establishment of CRG and aim to start first project within 2025
- Contribute to clinical nutrition webinars as these are brought into BAPEN.



Committee:

- Emily Clarke (Chair)
- Antje Teubner (Secretary)
- Richard Johnston (Treasurer)
- Akash Mehta (Surgical Education Link)
- Phillip Allan (Member)
- Suzanne MacKenzie (Member)
- Suzanne Donnelly (Member)
- Irina Grecu (Programmes Committee Representative)
- Tim Ambrose (BSG Small Bowel Nutrition Committee Representative)
- Andrew Rochford (Sustainability Representative)
- Fiona Leitch (Member)
- Clare Donellan (Medical Education Link/Basic Training Day Coordinator)
- Lovesh Dyal (BAPEN Trainee Committee Chair)
- Suzanne Pomfret (Member)
- Shameer Mehta (MAG Representative, Clinical Research Group)



British Pharmaceutical Nutrition Group (BPNG)

Priya Mistry, Chair

2024 key objectives

1. Relaunch Steering Panel with key industry and non-corporate partners
2. Constitution review at AGM with inclusion of BPNG Faculty Members
3. Appoint new committee members at AGM
4. Deliver education programme which includes, Fundamentals and Advanced face-to-face study days, and webinars
5. Support pharmacy profession specialising in nutrition support with development materials and resources.

2023 key outputs

1. Education

- a. Fundamentals Study Day was held in London in June 2024, and Advanced Study Day was held in January 2024. Both events were well attended
- b. 4 webinars in 2024 with global reach:
 - i. Aluminium contamination in PN
 - ii. Medicines management in enterally fed and surgical patients
 - iii. Refeeding syndrome
 - iv. Filtration, using filters for parenteral nutrition.
- c. BAPEN symposium on Sustainability in Nutrition Support
- d. Clinical Pharmacy Congress South (May 25) and North (Nov 25)
- e. Representation and speakers organised to deliver presentations related to nutrition support.

2. Resources

- a. Position statement on the use of filters during the administration of parenteral nutrition
- b. Position statement on guidance on thiamine replacement
- c. Contributing to Medusa IV monographs
- d. Successful with funding application to BAPEN to support Competency Framework for Pharmacy Profession in Nutrition support.

3. Steering Panel

- a. 6 corporate members from industry, 7 non-corporate members within NHSE, BAPEN and other professional pharmacy organisations
- b. First in-person meeting in June 2024
- c. Opportunities for collaboration highlighted.

4. AGM and constitution review July 2024

- a. New executive committee appointed
- b. Faculty members recruited.

2025 objectives

Sustainability/Reach

- Build collaborative relationships with Steering Panel partners. Seek opportunities for joint events to each a wider pharmacy audience
- Review Competency Framework for Pharmacy Profession in Nutrition support, aligned with Royal Pharmaceutical Society standards.

Knowledge

- Continue to deliver education agenda, seeking more favourable locations to reduce costs and travel
- Complete Medusa IV monographs for micronutrients.



Committee:

- Priya Mistry (Chair)
- Venetia Simchowitz (Vice Chair)
- Kate Reilly (Secretary)
- Lucy Hutchinson (Treasurer)
- Nina Taherzadeh (Education Officer)
- Uchu Meade (Communications)
- Marko Puzovic (Research and Development Officer)
- Rebecca White (Co-ordinating Officer – Communications)
- Graeme Doherty (Co-ordinating Officer – Communications)
- Amy Hill (Co-ordinating Officer – Education)
- Ruth Newton (Co-ordinating Officer – Education)
- Sarah Zeraschi (Professional Development Officer – Adults)
- Melody Chan (Professional Development Officer – Paediatrics)
- Anthony Murphy, Timothy Sizer, Gil Hardy (Faculty Members)

BSPGHAN

Elena Cernat, Chair

2024 key objectives

- Fill working group (WG) positions (trainee rep, nurse specialist rep, research rep, BAPS rep, chemical pathologist, paediatrician with an interest)
- Organisation of IF Networking Day 2024 after 3-years break
- Help with the organisation of educational events like UK Joint Intestinal Rehabilitation Meeting (JIRM) meetings
- Develop collaborative national projects
- Working group meetings (2 F2F – at the Annual Meeting and at the Intestinal Failure [IF] Networking Day; 3 monthly online).

2024 key outputs

- WG positions filled (as above)
- Successful organisation of National Intestinal Failure Network Annual Meeting. (November 2024, Newcastle) alongside BAPEN. The recent joint study day held alongside the BAPEN Conference was a resounding success and highlighted the growing interest and engagement in nutrition-related topics. The event was very well attended, with participants from a wide range of backgrounds, including dietitians, clinicians and researchers. The feedback from attendees was overwhelmingly positive, reflecting the high quality of the content and the relevance of the discussions. A key strength of the study day was the diverse range of topics covered, which ensured that there was something of value for everyone in attendance. The shared session with BAPEN Medical was particularly well received, demonstrating the benefits of collaborative working across disciplines and the value of integrating different perspectives in the field of nutrition. The enthusiasm and engagement from participants have created a strong appetite for more joint study days in the future
- JIRM meetings every 3–4 months
- Collaborative project: 'No gut' article investigating outcomes in children with 'no gut' – defined as having a gut length of less than 5 cm – has been completed and submitted for publication. This study explores the clinical outcomes, challenges and potential interventions for this group of patients. The findings are expected to contribute to the existing body of knowledge on short bowel syndrome and guide future clinical practices and treatment strategies
- The BSPGHAN Annual Conference was held in March 2025. The nutrition session offered a well-balanced mix of talks focusing on IF and complex nutrition. The plenary talks were particularly impressive, featuring expert speakers who presented on key issues surrounding the nutritional management of chronic illness. The poster sessions also added great value, showcasing a wide range of research projects and case studies that stimulated thoughtful discussions and knowledge sharing among attendees. The social programme at the conference was, as always, a great success. This mix of high-quality academic content and engaging social activities contributed to the overall positive experience for participants and reinforced the strong sense of community within BSPGHAN.

2025 key objectives

- Developing quality standards in nutrition will be a priority moving forward to ensure consistent and high-quality care. While there is a high level of expertise and commitment among nutrition teams, there is currently significant variation in practice and resources across different regions and healthcare settings. This inconsistency can lead to disparities in patient care and outcomes. To address this challenge, there is a clear need to develop national quality standards in nutrition. Developing these standards will require input from a broad range of stakeholders, including healthcare professionals, professional bodies and patient groups, to ensure that they are practical, comprehensive and widely supported

Committee:

- **Elena Cernat** (Chair)
- **Akshay Batra** (BAPEN)
- **Theo Wong** (BIFA)
- **Rachel Wood** (Dietitian)
- **Tony Wiskin** (CSAC Nutrition/ IF Registry)
- **Jonathan Hind** (Hepatology)
- **Amy Phillips** (Pharmacist)
- **Nkem Obyeador** (CSAC)
- **Michell Horan** (Nurse Specialist)
- **Anna Pigott** (Paediatrician with an Interest)
- **Paul Cullis** (BAPS)
- **Jemma Cleminson** (Trainee)
- **Jutta Köglemeier** (Education)
- **Virginia Chatzidaki** (Research)
- **Susan Hill** (BSPGHAN MCTAG)
- **Pamela Cairns** (Neonatal)
- **Tim Morris** (Chemical Pathologist)

- Hold the BSPGHAN Complex Nutrition Study Day on Monday 4th November, which promises to be another valuable opportunity for learning and collaboration. This study day will provide an invaluable opportunity for healthcare professionals to deepen their knowledge of complex nutrition, share best practices, and engage in meaningful discussions with experts in the field. The focus will be on practical approaches to managing complex nutritional challenges, with an emphasis on multidisciplinary collaboration and evidence-based care. Given the success of previous study days and the strong interest from participants, the November event is expected to be well attended and highly impactful
- Collaborative projects in progress: HPN in severe neurodisability, Small intestinal bacterial overgrowth (SIBO) project, Ethical decision-making in surgical neonates (with BAPS)
- Finalise and publish in *Frontline Gastroenterology* the UK Parenteral nutrition guidelines
- Finalise and publish article regarding special diets commissioned to the WG by *Frontline Gastroenterology*
- Apply for BSPGHAN/GUTS UK grant for a project titled 'The Microbiome of Paediatric Intestinal Failure: A three-site feasibility pilot study'
- Develop the IF registry, including data about GLP2 use in another format (probably separated from adults) – in discussions.



NNNG

Natalie Welsh, Chair of National Nurses Nutrition Group



Committee:

- **Natalie Welsh** (Chair)
- **Charlotte Rubio** (Secretary)
- **Sharlene Hayward** (Treasurer)
- **Sarah Brownlie** (Media and Communications Officer)
- **Ben Booth** (BAPEN Conference Lead)
- **Suzy Cole** (Guidelines Lead & NG SIG Link)

2024 key objectives

- Knowledge & Reach – Encouragement of sharing best practice and improvement of professional interaction and communication between centres
- Knowledge – Continued development of education opportunities
- Reach – Development of new relationships with other organisations and groups
- Knowledge & Reach – Development of conference to appeal to wider audience of nurses working with clinical nutrition rather than just nurse specialists.

2024 key outputs

- Reach & Sustainability – Development of interactive map on members area of NNNG website to streamline communication between centres
- Knowledge & Reach – Continued delivery of webinars made available to members and wider healthcare professional audience
- Knowledge – Committee provided increased support to the membership discussion forum, encouraging interaction amongst members sharing clinical expertise
- Knowledge & Reach – Continued collaboration with *British Journal of Nursing* (BJN) to create/publish the BJN Nutrition Supplement, 3 times per year, reduced BJN subscription cost to NNNG members
- Knowledge & Reach – Support of Nightingale Nutrition Nurse course
- Sustainability – All committee meetings are now virtual
- Reach – Improvement of engagement with and support from co-opted members
- Knowledge & Reach – Collaborative working with DRIPP to improve patient safety
- Reach – Continued support of NGSIG (Nasogastric Special Interest Group), one of the Co-Chairs is an NNNG committee member.

2025 key objectives

- Knowledge & Reach – Refresh Website to ensure relevant topics easily accessible to members
- Knowledge – Review of new developments within nutrition nursing to ensure practice guidelines remain relevant and up to date
- Reach – Recruitment to vacant committee positions
- Knowledge & Reach – Review of conference to ensure relevance
- Knowledge & Reach – Support of BJN/NNNG Nutrition supplement
- Reach – Ongoing support of BJN Nurse of the Year Awards – Nutrition Nurse of the Year, encourage more submissions for nominations.

Other

- Ongoing support of NGSIG
- Continued support of DRIPP.



PENG

Linda Cantwell, Chair of PENG

2024 key objectives

- Remain an expert forum for dietitians in oral, enteral and parenteral nutrition to share and employ best/evidence-based practice
- Create a campaign to celebrate PENG 40th Anniversary
- Deliver a 2-day face-to-face educational event and evening birthday party social
- Provide regular educational webinars, including collaborations with other specialist groups and committees
- Request BAPEN programme & awards committee to establish an annual award/lecture in memory and recognition of the contributions of the late Vera Todorovic and Ann Micklewright to BAPEN
- Launch electronic version of PENG Pocket Guide 5th Edition Summer 2024
- Continue work on PENG Pocket Guide 6th Edition for 2025
- Work collaboratively with BAPEN groups, standing committees and SIGs to achieve shared objectives
- PENG to have a link member on each of BAPEN SIGs
- Create a PENG LinkedIn account to engage with other professionals
- Use X and Instagram to engage our membership, promote evidence-based nutrition support messages and attract new members
- Work with BAPEN Conference Programmes Committee to deliver a symposium at BAPEN Conference 2024
- Support dietitians new to research by promoting PENG Award for those who haven't won or presented at BAPEN Conference
- Support research and audit through the PENG Award, mentoring and bursaries for BDA Research Symposium
- Provide a £1000 bursary to support attendance and presentation of accepted abstract at ESPEN Congress
- Commence work on parenteral nutrition (PN) competencies for dietitians (enteral nutrition [EN] competencies to follow).

2024 key outputs

- Launch of Electronic version of PENG Pocket Guide to Clinical Nutrition 5th Edition – FREE to PENG members
- Educational events
 - Collaboration with seven BDA Specialist Groups and BAPEN MAG
 - 34 specialist speakers
 - Reached over 1000 registered delegates
 - Two-day study day – Nutrition support in pregnancy, Surgical oncology, Transition, Excellence in Nutrition Support Awards
 - 3 webinars – PENG and ESPEN Award winners, Eating disorders and Malnutrition awareness
 - Half day virtual study morning – Bariatric tourism & Nutrition support
- Support delivery of BAPEN Conference
 - PENG Symposium: EN in palliative care
 - Abstract reviewing
 - Chair posters
- Awards
 - PENG Award 3 x £500
 - › Christine McColgan (Ulster Hospital) *Getting to the Gut of the Problem – The impact of dietetics in a gastroenterology ambulatory hub*

Committee:

- **Linda Cantwell** (Chair)
- **Helen Beagan** (Secretary)
- **Dan Griffith** (Treasurer)
- **Rebekah Smith** (Communication Officer for ePENlines, also BAPEN Programmes Link & NG SIG Link Member)
- **Ellie Coles** (Events & Education Officer, also BAPEN MAG Member)
- **Anna Julian** (Events & Education Officer)
- **Nicky Wyer** (Research & Audit Officer)
- **Long Li** (Research & Audit Officer)
- **Ailsa Kennedy** (EN Lead – Sustainability SIG Link Member)
- **Sean White** (EN Lead)
- **Lisa Gemmell** (PN Lead)
- **Kirstin Farrer** (Ordinary Member – BAPEN BIFA Link)
- **Mel Baker** (Ordinary Member)
- **Alison Culkin** (PENG Clinical Update Course Leader – Pocket Guide Co-editor)
- **Bruno Mafri** (PENG Pocket Guide – Lead Editor)
- **Kostas Elefthriadis** (Website Officer)
- **Rhiannon Bullen** (Social Media Officer)
- **Deniz Karpuzoglu** (Dietetic Support Worker Officers)
- **Kira Lewis** (Student Member)
- **Jenny Towey** (Ordinary Member)
- **Hayley Williams** (stepped down March 2024)

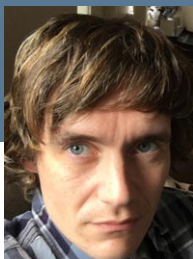
- › Kirstie Allan (NHS Lanarkshire) *Development of a Pilot Equation Using Mid-Upper-Arm Circumference for Estimating Energy Requirements in Place of Weight-Based Equations*
 - › Maria de los Angeles Garcia Alcaide (University Hospitals of Leicester) *Impact of Adult Complex Medicine Dietetic Service on Patient Clinical Outcomes*
- ESPEN Award 1 x £1000
 - › Nicola Vernon (St. Mark's Intestinal Rehabilitation) *Management of Pregnancy in Patients Requiring Home Parenteral Nutrition*
- BDA Research Symposium – Hosted Nutrition Support Stream
 - › Monique Smith – winner
- 40th Birthday Awards – New to highlight excellence nutrition across 4 pillars of professional practice – inspired by Vera Todorovic and Ann Micklewright
 - › Dr Sorrell Burden – Research & Overall Winner
 - › St Marks Intestinal rehabilitation team – Leadership
 - › PENG Clinical Update Course – Education
 - › Becca Murphy, Salisbury Dietetic Long Term Tube Feeding Team – Clinical
- Provide 3 free places on PENG Clinical Update Course – 3 x £900
- Secured 2 x business cases through BAPEN and BDA funding
 - Competencies for Dietitians in PN
 - Blended Diet Practice Toolkit Review and Update
- Responded to national issues – i.e. Pabrinex shortages, Guidance on thiamine replacement in patients at risk of refeeding syndrome
- Working with BAPEN to highlight national issues in relation to enteral feedings supplies
- In memory of, and to recognise contribution that Ann and Vera made nationally and internationally to increase identification, management and education of malnutrition an annual Todorovic and Micklewright Award was agreed.

2025 objectives

- Remain an expert forum for dietitians in oral, EN and PN to share and employ best/evidence-based practice (Knowledge, Reach & Sustainability)
- Continue to deliver educational events (Knowledge & Sustainability)
- Continue to support BAPEN activities and be a voice for national issues pertaining to EN and PN (Reach)
- Develop competency framework for dietitians in PN (Knowledge & Sustainability)
- Review and update Blended Diet Practice Toolkit (completion April 2026) (Knowledge & Sustainability)
- Working together with BAPEN MAG, NHS England (NHSE) Sustainability Fellow – Sustainability SIG member to complete project to improve knowledge and capability to reduce waste and improve sustainability in home enteral feeding (Sustainability)
- Represent BAPEN and PENG on NHSE Nutrition on Prescription Working Group (Reach & Sustainability)
- Improve PENG member access to their FREE BAPEN membership (Reach & Sustainability)
- Prepare for PENG Pocket Guide to Clinical Nutrition 6th Edition to launch in 2026 (Knowledge)
- Launch the first Annual Todorovic and Micklewright Award – This award will be to recognise an individual or team who have made an outstanding practical contribution to nutrition support through education, innovation or service improvement (Knowledge)
- Launch LinkedIn account (Reach)
- Continue to support awards for education and research. Increasing the ESPEN Award to up to £1500.

PENG Committee & member highlights

- Two dietitians, PENG members submitted the top scoring abstracts overall for BAPEN Conference 2024 and presented at the opening plenary session
- Kate Hall – Previous PENG chair was awarded the John Lennard Jones Medal by BAPEN Faculty
- Helen Beagan – Awarded CN 2024 Community Nutrition Professional of the Year
- Nicky Wyer – Awarded CN 2024 Clinical Nutrition Professional of the Year



PINNT

Steve Pearson-Brown, General Secretary



Committee:

- **Carolyn Wheatley** (Chair)
- **Steve Pearson-Brown** (General Secretary)
- **Debbie Phillips** (Membership Secretary)
- **Richard Shawyer-Clarke** (Trustee)
- **Colette Taylor** (EC member)
- **Gary Taylor** (EC member)
- **Sarah Bailey** (EC member)
- **Amy Martin** (EC member)
- **Regional Ambassadors** (numerous)
- **PINNT members** (numerous)

2024 key objectives

- To expand on the activities of the previous years to provide support to individuals on home artificial nutrition (HAN)
- To continuing to develop relationships with industry and healthcare professionals to ensure that the patient perspective (voice) is considered in decision making, planning and development of services and care
- Continue with the HAN Awareness Week, building on traditional events/activities and incorporating new ones to provide further engagement with external parties, patients and raising awareness
- Collaborate in research to provide information/evidence to further patient care/experience
- Review and revise PINNT literature and produce new leaflets to meet the changing needs of life on HAN
- Continue consultancy with industry and other bodies managing supply issues
- Collaborate with BAPEN Patient Network Group.

2024 key outputs

- Continuation of PINNT HAN Awareness week in August 2024
- Promoting the Tracy Hill Patient Champion Award across the nutrition industry, healthcare professions, and PINNT members, as well as to anyone with a connect to HAN or people regarding HAN
- Collaboration with partners to support research into key areas, particularly with the launch of the first patient focused sustainability project looking at the amount of waste that is generated from the use of HAN across the different treatment types
- Working with BAPEN to continue the work of the Patient Network Group, ensuring the patient voice is heard and resources are developed which will benefit those affected by HAN, such as the Quality Standards update
- Establishment of a regular PINNT Zoom get-together for patients, acknowledging that some individuals still like to have online interaction with others.

2025 key objectives

- To expand on the activities of the previous years to provide support to individuals on HAN
- To continuing to develop relationships with industry and healthcare professionals to ensure that the patient perspective (voice) is considered in decision making, planning and development of services and care
- Continue with the HAN Awareness Week, building on traditional events/activities and incorporating new ones to provide further engagement with external parties, patients and raising awareness
- Collaborate in research to provide information/evidence to further patient care/experience
- Review and revise PINNT literature and produce new leaflets to meet the changing needs of life on HAN
- Continue consultancy with industry and other bodies managing supply issues
- Collaborate with BAPEN Patient Network Group.

SPECIAL INTEREST GROUPS & ASSOCIATED GROUPS



BIFA

Jeremy Nightingale, Chair of British Intestinal Failure Alliance (BIFA)

2024 key objectives

1. To continue Top Tips articles and develop position statements/guidelines
2. To contribute to the Annual Conference
3. To review and update BIFA documents in a 4-year cycle.

2024 key outputs

• Top Tips articles

A Top Tips article was published in every edition of In Touch since March 2018 (28 published in total):

- Farrer K, Harrison S, Bond A, Teubner A, Speakman A, Nightingale J, Lal S and the BIFA Committee. Conception and Pregnancy in Chronic Intestinal Failure. February 2024: www.bapen.org.uk/pdfs/bifa/bifa-top-tips-series-25.pdf
- Gupta A and the BIFA Committee. Radiology in Intestinal Failure. May 2024: www.bapen.org.uk/pdfs/bifa/bifa-top-tips-series-26.pdf
- Speakman A, Edwards K, Conley T, Nightingale J, Forbes A and the BIFA Committee. The Management of Iron Deficiency in Intestinal Failure. August 2024: www.bapen.org.uk/pdfs/bifa/bifa-top-tips-series-27.pdf
- Mistry P, Leach H, Smith T, Nightingale J, Farrer K, Stevens P and the BIFA Committee. Management of Type 1 (short-term reversible) Intestinal failure. October 2024: www.bapen.org.uk/pdfs/bifa/bifa-top-tips-series-28.pdf

• Position statements

- Allan P, Nightingale J, Javaid K and the BIFA committee. BIFA Guidelines for the prevention and treatment of metabolic bone disease in patients with chronic intestinal failure. February 2024: www.bapen.org.uk/pdfs/bifa/guidelines-for-metabolic-bone-disease-in-if.pdf

• Updated position statements

- Nightingale J, Meade U, Leahy G and the BIFA committee. The use of cyclizine in patients receiving parenteral nutrition. First published April 2019 (updated February 2024): www.bapen.org.uk/pdfs/bifa/position-statements/position-statement-on-use-of-cyclizine-in-patients-receiving-pn-updated-march-24.pdf
- Nightingale J, Meade U and the BIFA committee. British Intestinal Failure Alliance (BIFA) Position Statement The use of high dose loperamide in patients with intestinal failure. April 2018 (updated March 2024): www.bapen.org.uk/pdfs/bifa/position-statements/use-of-high-dose-loperamide-in-patients-with-short-bowel-associated-intestinal-failure.pdf

• Updated guidelines

- Cawley C, Lal S, Nightingale J, Small M. Standardised Parenteral Support Catheter Guidelines. April 2018 (reviewed April 2024). www.bapen.org.uk/pdfs/bifa/standardised-parenteral-support-catheter-guidelines.pdf
- Lal S, Chadwick P, Nightingale J and the BIFA Committee. British Intestinal Failure Alliance (BIFA) Recommendations for Catheter Related Blood Stream Infections (CRBSI) Diagnosis. April 2018 (updated June 2024): www.bapen.org.uk/pdfs/bifa/recommendations-for-crbsi-diagnosis.pdf
- Lal S, Chadwick P, Nightingale J and the BIFA Committee. Management of Catheter Related Blood Stream Infections (CRBSIs). January 2019 (updated June 2024): www.bapen.org.uk/pdfs/bifa/recommendations-on-management-of-crbsi.pdf

Committee:

- **Jeremy Nightingale** (Chair and Physician)
- **Kirstine Farrer** (Deputy Chair, Secretary and Dietitian)
- **Phil Stevens** (Scotland, Surgeon)
- **Trevor Smith** (past BAPEN President, Physician)
- **Alex Speakman** (Wales, Pharmacist)
- **Simon Gabe** (Physician at IF Reference Centre)
- **Michael Glynn** (Physician)
- **Simon Lal** (Physician at IF Reference Centre)
- **Jeremy Woodward** (Physician)
- **Theodoric Wong** (Paediatrician, BSPGHAN)
- **Nicky Wyer** (PENG)
- **Ruth Newton** (BPNG)
- **Mia Small** (HPN network chairman, BANS, Nurse)
- **Carolyn Wheatley** (Chairman of PINNT, Patient)
- **Alison Young** (NNNG)
- **Carolyn Irwin** (N Ireland, Dietitian)
- **Maeve Green** (N Ireland, Dietitian)
- **Uchu Meade** (Pharmacist)
- **Graeme Doherty** (Pharmacist)

- **Videos**

Repair of a tunnelled CVC for PS infusion – Cathy Cawley and Kirsty Hall.

- **Contribution to BAPEN Annual Conference 2024**

Members contributed to 2 sessions – Severe intestinal failure timing is everything (mesenteric ischaemia, complex Crohn's disease and growth factors); another on the complications of home parenteral support (current incidence of complications, catheter-related blood stream infections and central vein thrombosis).

JN helps on Programmes Committee.

- **BIFA terms of reference completed.**

2025 objectives

1. **Contribute to annual BAPEN meeting 2025**

Two sessions to be confirmed.

2. **Position statements/guidelines to complete**

- a. Transition – Theo Wong

- b. Distal feeding – Kirstine Farrer

3. **Top Tips**

- a. Acid Base Balance in Intestinal Failure – Sheldon Cooper and Jeremy Nightingale

- b. Oral Rehydration Solutions for Jejunostomy Patients – Alex Speakman, Kirstine Farrer and Uchu Meade

- c. Diabetes Treatment on HPS – Sheldon Cooper.

4. **Video**

Make a video of setup, take down and dressing change based upon BIFA guidelines.

5. **National IF Reference Centres meeting in Jan 2025**

Jeremy Nightingale and Kirstine Farrer will present on the background and progress of BIFA.

Other representation

BIFA is represented on the HPN framework, BAPEN Council and Programmes Committee, and PINNT Virtual Nutrition Team.



NGSIG

Suzy Cole & Linda Broomfield,
NGSIG Co-Chairs

Committee:

- Suzy Cole (Co-Chair)
- Linda Broomfield (Co-Chair)
- Mairi Pedersen (Secretary)
- Barry Jones
- Stephen Taylor
- Rosie Smyth
- Emma Sykes
- Gillian Roe
- Rebekah Smith
- Paula Young
- Charlotte Rubio
- Philippa Macelhinney-West

2024 objectives

- NHS England (NHSE) Never Event consultation currently in process
- Novel techniques review continues. Considering whether BAPEN has the capacity to influence NHSE to develop guidance beyond pH and X-ray competency development for each technique being discussed
- Continuing to work with NHS England re Radiographer development, role and e-learning nationally to interpret and act on NG Tube position via X-ray. E-learning package in the process of being finalised. Key Trusts to be pilot sites
- Working with NNNG and NHSE regarding potential development of national guidance on education and competency for NG feeding tube insertion. This work is currently stalled due to the reorganisation of NHSE
- New Joint Chair of NGSIG appointed (Suzy Cole and Linda Broomfield).

2024 key outputs

- Continuing to work with NHS England re Radiographer development, role and e-learning nationally to interpret and act on NG Tube position via X-ray. E-learning package in the process of being finalised. Key Trusts to be pilot sites.

2025 key objectives

- A podcast topic on CO2 monitoring and NG insertion safety (Reach and Knowledge)
- Audit tool: Look towards having a nation audit tool for NG assessment, placement and care (Reach and Knowledge)
- Update to the NGSIG position paper on NGT safety 2020 (Reach and Knowledge)
- Continue to develop the NGSIG web page
- Work with NGSIG membership to provide webinars, top tips and other educational materials to support safe practice in NG care.

Patient Network Group (PNG)

Carolyn Wheatley, Chair

2024 key objectives

- Hold patient association/group event
- Finalise the HETF survey data
- Consider potential resources for the future.

2024 key outputs

- Patient event: Gave insight into how to provide information and what was important to patients and carers
- Accessibility to information is key to sharing.

2025 objectives

- Grow our network
- Share the finding of our HETF data to invite conversation and look to seek support in dissemination future resources that may come from this key piece of work.

Committee:

- Carolyn Wheatley (Chair)
- Trevor Smith (Secretary)
- Kate Hall (Member)
- Jane Fletcher (Member)
- Lucy Hutchinson (Member)
- Fleur Hartley (Member)



Sustainability SIG (SSIG)

Dr Ashley Bond, Consultant Gastroenterologist,
Salford Royal Foundation Trust

Committee:

- **Dr Ashley Bond** (Chair)
- **Dr Andrew Rochford** (Gastroenterologist)
- **Lauren Weston-Simons** (Industry)
- **Laura Stevenson** (Pharmacist)
- **Hardip Malhi** (Nurse)
- **Amelia Jukes** (Dietitian)
- **Anita Kaur Sangera** (Pharmacist)
- **Louise Davey** (Dietitian/
Greener NHS Fellow)

2024 key objectives

- Development of the working group and initiating the SIG; 2024 was the first year for the SIG and therefore we needed to establish the initial members and working relationship
- To develop and launch the resource hub website
- To collate and report success stories in order to promote similar work in other centres
- To develop a closer working relationship with BSG and the Small Bowel/Nutrition sub-committee
- To support the enhanced sustainability of the BAPEN Conference 2024 and beyond.

2024 key outputs

- Forming the SIG and its constituent members
- Inaugural meetings and development of primary work streams
- The Sustainability SIG resource hub and website
- Development of a toolkit aimed at improving the environmental impact of enteral tube feeding (currently in progress and development)
- Support and implementation of the plant-based options at BAPEN Conference 2024.

2025 key outputs

- Joining of BSG sustainability working group
- Joining of BSG small bowel and nutrition sub-committee
- From the above two points thus developing new links with the BSG
- Generation of Sustainability innovation award
- Completion and launch of enteral feeding toolkit
- Expansion of SIG membership
- Maintenance and expansion of the resource hub.



The Nutrition Society

Dr Caroline Childs, Associate Professor, University of Southampton

2024 key objectives

The Nutrition Society was established in 1941 and is one of the largest learned societies for nutrition in the world. Membership is open to anyone with an interest in nutrition science and with over 2,500 global members, the Society remains dedicated to delivering its original mission of: *'advancing the scientific study of nutrition and its application to human and animal health.'*

Towards this, our principal activities are:

- Dissemination of scientific information through its six internationally renowned journals and an annual programme of scientific meetings.
- Publishing six peer-reviewed nutrition textbooks, now translated into five languages.
- Providing training to nutrition professionals and members in face-to-face and online formats to support the community's requirements.
- Serving our members through the provision of travel grants, research grants, awards, access to the latest science and website forums for dissemination of science.
- Developing collaborations with nutrition societies and other scientific bodies around the world.
- Working with universities, parliamentarians, industry representatives, researchers, and other membership organisations, to create opportunities for networking and building relationships that strengthen research and collaboration within the field.

A key part of these strategic priorities includes supporting the healthcare sector and our BAPEN colleagues. It is my great privilege to continue support the relationship with BAPEN since the signing of the Memorandum of Understanding (MOU) in 2021 and to work to continue and develop relationships with medical practitioners through the Medical Working Group.

During 2024, below are the aspects of work The Nutrition Society achieved relevant to BAPEN colleagues:

- We were delighted to renew our MOU with BAPEN for another 3 years in October, confirming our commitment to supporting the medical community.
- Continue to support the development of our Special Interest Group (SIG – www.nutritionandsociety.org/themes-sigs). Of particular interest to BAPEN members will be the 'Nutrition, Physical Activity and Cancer' under our Nutrition in the treatment, management and prevention of disease Theme, 'Nutrition in Healthy ageing' under the Nutrition and optimum life course Theme, and the newly launched 'Interdisciplinary Nutrition: Fostering innovative thinking for future break throughs' SIG.
- The Nutrition Society Academy (<https://nutritionandsociety.academy/>) our unique subscription based e-learning and webinar platform open to all nutrition professionals continues to grow and develop new content, with diverse speakers and topics to ensure healthcare professionals can access the most relevant content.
- Awarded the Cuthbertson Award (www.nutritionandsociety.org/cuthbertson-award) in memory of Sir David Cuthbertson. The award recognises excellence in the field of clinical nutrition. In 2024, Dr Elena George, Deakin University, Australia, was recognised for her research entitled *'Accessible multimodal lifestyle interventions for people with fatty liver disease, bringing together diet, physical activity and sleep while considering sociocultural adaptations – Can we do it all?'*. After presenting her research at The Royal Society during The Nutrition Society Winter Conference, her research was published in the *Proceedings of the Nutrition Society* journal.
- The Nutrition Society had an exhibition stand at the 2024 BAPEN Annual Conference in Gateshead and I had the pleasure of chairing our symposium on 'Nutrition and the Brain'. My thanks go to the four excellent speakers, Dr Bethany Duffy, Professor Kieran Tuohy, Professor Anne Marie Minihiene and Dr Andrea Fairley. If you missed this session, the presentations have been made available via the BAPEN website.

- The Nutrition Society hosted an exhibition stand at the Association for the Study of Obesity Conference, and held our 4th annual cancer networking event in September. During the Society's inaugural Conference in Belfast in July, our Nutrition and healthy aging SIG hosted a symposium on optimum diets in older adults. Presented abstracts and speaker review papers will be published in the *Proceedings of the Nutrition Society* (www.cambridge.org/core/journals/proceedings-of-the-nutrition-society) in the coming months.

2025 objectives

The Nutrition Society is launching a new 3-year strategy in 2025. The second of 4 strategic priorities focuses on continuing to create partnerships that encourage interdisciplinary research and innovation. As part of this we will:

- Support ongoing mutual symposium exchanges between the Nutrition Society and BAPEN.
- Continue dialogue with BAPEN colleagues about other potential routes for collaborations through either joint, member-led meetings and/or All-Party Parliamentary Group (APPG – www.nutritionandsociety.org/nutrition-science-and-health-all-party-parliamentary-group) initiatives. Members can apply to host member-led meetings on the website: www.nutritionandsociety.org/bid-event.
- Continue to work with Emma Parsons, BAPEN Education Officer to identify any training and CPD requirements that the Nutrition Society Academy could also support.
- Continue to advocate for the needs of the BAPEN community via the Nutrition Society's Medical Working Group, chaired by Dr Hannah O'Hara, Clinical Lecturer at Queen's University Belfast, and in work together with Dr Oonagh Markey, The Nutrition Society Theme Lead (www.nutritionandsociety.org/theme-leaders) for Nutrition in the treatment, management and prevention of disease.



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