BAPEN

Putting patients at the centre of good nutritional care

2025 Annual Report



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Who we are

About BAPEN

Working to ensure every individual receives safe, timely and appropriate nutritional care in every care setting, every day.

The British Association for Parenteral and Enteral Nutrition (BAPEN) is a charitable association that brings together healthcare professionals, patients, carers and partner organisations from across the UK with a shared goal: improving nutritional care and tackling disease-related malnutrition.

By uniting expertise across disciplines and care settings, we raise awareness of malnutrition, champion best practice, and provide the education, resources and evidence needed to improve outcomes for patients and those at risk of malnutrition.

Our Vision

Every individual receives safe, timely and appropriate nutritional care in every care setting, every day.

To realise this vision, BAPEN works to:

- Earlier identification: Promoting effective nutritional screening and assessment so that malnutrition risk is recognised promptly, in particular the Malnutrition Universal Screening Tool ('MUST').
- Better care: Supporting timely, individualised treatment and more integrated nutritional care across settings.
- Knowledge into practice: Leading education in clinical nutrition by providing multidisciplinary healthcare professionals and future practitioners with the knowledge, training, guidance and practical resources needed to improve patient care.
- A stronger collective voice: Connecting professional expertise and patient experience to champion nutritional care and influence change.
- Evidence for progress: Generating and sharing evidence to strengthen policy, improve practice and support service development.

What We Do

BAPEN turns these priorities into action through nationally recognised screening tools, evidence-based guidance, educational resources and professional development. Our conferences, campaigns, research, policy engagement and specialist networks bring people together to share knowledge, support the implementation of best practice and strengthen the profile of nutritional care. We also provide information and resources for patients and carers, helping to ensure that nutritional care is understood, prioritised and embedded across health and social care.

Collaboration is at the heart of everything we do. We believe that good nutritional care should be everyone's responsibility. By bringing together patients, carers, healthcare professionals, commissioners, providers and policymakers, we work to ensure nutritional care is recognised as a fundamental part of high-quality healthcare.

President's Report



Dr Nick Thompson,
BAPEN President

A year of growth, collaboration and impact

As we reflect on 2025, it has been another ambitious and productive year for BAPEN. Across our community, we have continued to make progress in advancing nutritional care – strengthening our voice with policymakers, expanding opportunities for education and collaboration, and growing our membership to reflect the breadth and diversity of our multidisciplinary field.

A defining feature of the year has been the continued momentum behind our 2022–2027 strategy. With a clear focus on knowledge, reach and sustainability, we have built on strong foundations to further extend our influence and impact. Growth in membership – including new routes for students and additional professional groups – has not only strengthened our community, but also enhanced our ability to advocate for high-quality, patient-centred nutritional care across the UK.

Championing nutritional care at every level

Throughout 2025, BAPEN was actively engaged in influencing the national conversation on healthcare.

We signed formal memorandums of understanding with the British Society of Gastroenterology and the Nightingale Trust, and we continued strengthening public and professional awareness of good nutritional care, with a defining highlight of the year being the continued success of UK Malnutrition Awareness Week (UKMAW). Delivered in partnership with the Malnutrition Task Force, once again UKMAW provided a powerful platform to raise awareness of malnutrition and dehydration, bringing together healthcare professionals, organisations and the wider public to focus on a critical but often under-recognised area of care.

Central to this year's campaign was the message that "Every Contact Counts" – reinforcing the role that every interaction in health and social care settings can play in identifying individuals at risk. The campaign highlighted the importance of routine screening using tools such as 'MUST', as well as the need to ensure patients and carers are supported to recognise early warning signs and initiate important conversations. This work reflects BAPEN's broader commitment to not only advancing clinical excellence, but also ensuring that nutritional care is embedded across all points of contact, from hospitals and community care to wider public awareness.

Alongside this, BAPEN continued to strengthen its engagement with policymakers and system leaders across the UK. This has included direct engagement with ministers such as Mike Nesbitt, Northern Ireland Minister of Health and Richard Desir, Nursing Officer for the Welsh Government who joined us for the day at our conference in Newport. As part of this, BAPEN supported Alison Culkin and the British Dietetic Association (BDA) with their calls to extend independent prescribing rights to dietitians – an important step that would help reduce delays, improve patient access to timely care, and make better use of the expertise already within the workforce. As it stands, the current system can create unnecessary barriers, requiring dietitians to rely on others to authorise prescribing decisions they are already qualified to make, which can slow down care and add pressure to the system. We received a response from Zubir Ahmed, Parliamentary Under-Secretary of State for Health Innovation and Safety, and the BDA are continuing to campaign on the matter. Jane Fletcher, Emily Walters and Emma Parsons from BAPEN have all been much involved in producing new updated guidance of Effective Nutrition and Hydration for All from NHSE.

President's Report

We have also continued to build the evidence base needed to support long-term change. This year saw the publication of BAPEN's report on environmental sustainability in home enteral tube feeding – highlighting both the scale of environmental impact, including plastic waste, and the strong desire among healthcare professionals to adopt more sustainable practices. The report identifies clear opportunities to reduce waste, improve training, and drive innovation, supporting the NHS ambition to reach Net Zero while maintaining high-quality patient care.

Through all of this work, BAPEN continues to advocate for practical, system-level changes that will improve patient outcomes, support the workforce, and ensure nutritional care evolves in a way that is both clinically and environmentally sustainable.

Investing in learning, innovation and collaboration

Education has remained central to BAPEN's offer this year. The continued growth of initiatives such as BAPEN Connect: Clinical Nutrition Webinars has created accessible, high-quality opportunities for shared learning – supporting professionals across disciplines to stay up to date with best practice and hear from experts in the field. BIFA continues to be a fantastic source of Guidelines and Top tips, led by Jeremy Nightingale and Kirsten Farrer. Alongside this, we have expanded our educational portfolio through initiatives such as the Edgbaston Course, bringing multidisciplinary teams together to learn, collaborate and develop in a practical, team-based environment. We brought together 7 teams from across the UK for shared learning and team development. In addition, Alastair McKinlay, Co-Chair of Faculty has led with Ruksar Nishanth the development of a Mentoring programme – if you are interested in this and would like to join please do look at our website.

We have also continued to invest in research and innovation, including funding 6 projects to support the generation and application of new knowledge in clinical nutrition.

Conference highlights and future leadership

Our Annual Conference once again stood as a cornerstone of the BAPEN calendar, bringing colleagues from across the UK together to share research, exchange ideas and build lasting connections. We welcomed a strong turnout with more than 800 delegates to the ICC Wales, with a high calibre speaker programme spanning timely topics – from medication delivery in intestinal failure to the health economics of oral nutrition support. It was a particular highlight to award the BAPEN Roll of Honour Award to Linda Cantwell and Sue Green, recognising their exceptional contribution, alongside celebrating a number of other deserving award winners.

This year's Conference also marked an important moment for BAPEN's future leadership. During the meeting, I was delighted to announce Dr Jane Fletcher as BAPEN's next President Elect, following her appointment earlier in the year. Jane's appointment is an important milestone in our organisation's history: she will be both the first nurse and the first woman to hold this position. Throughout her career, Jane has shown an unwavering commitment to improving nutritional care, and I know BAPEN will greatly benefit from her leadership and wisdom in the years ahead.

Looking ahead

As we move forward, our focus remains on building on this momentum – continuing to grow our reach, strengthen our partnerships, and ensure that nutritional care is recognised as a fundamental pillar of health and wellbeing.

I would like to thank all BAPEN members, volunteers, partners and collaborators for their ongoing dedication and contribution. Together, we are making a real and lasting difference to patients across the UK.

Dr Nick Thompson,
BAPEN President

Treasurer's Report



Sarah Zeraschi,
BAPEN Honorary Treasurer

Treasurer's Report

Overview

BAPEN continues to deliver a strong financial performance in 2025, with total income rising slightly to £692,207 (2024: £678,058), driven mainly by renegotiated copyright income (£185,050 v's £177,580) and an increase in conference and event revenue (£323,038 vs £320,601) and a increase in membership (£11,269 v's £8,740). Expenditure increased to £670,720 (2024: £528,425), a cost increase due to the allocation of funds for various core group and specialist interest grouping funding. Spending on events increased, including activities such as the annual conference held in Wales, Edgbaston training course for hospital nutrition teams, clinical webinars & support for regional meetings.

This resulted in a surplus of £21,487 (surplus in 2024: £149,663), leaving unrestricted reserves to £1,079,769 at year-end which is above the charity's reserve policy. The balance sheet remains robust, with £1.154m in current assets (including £1.02m cash) and £133k debtors and creditors of £74,530. From the un-restricted funds, a designated fund has been put aside to cover Core Group and Specialist Interest Group funding totalling £101,273.

The charity continues to operate debt-free, with no employees, and with activities delivered through contractors. Overall, BAPEN strengthened its financial position in 2025 through prudent cost management and steady income streams, ensuring a healthy platform for continued charitable activities.

The current financial position is supporting BAPEN to meet its charitable aims. Core Group and Specialist Interest Group funding, and membership led quality improvement project and research awards were successfully allocated and BAPEN were able to use some of excess funds being held over and above the reserve's policy - £100 - £200k over the next 2/3 years. In addition, BAPEN is currently undergoing a tender process]for the completion of a report which is likely to cost in the region of £100k over the next 1-2 years.

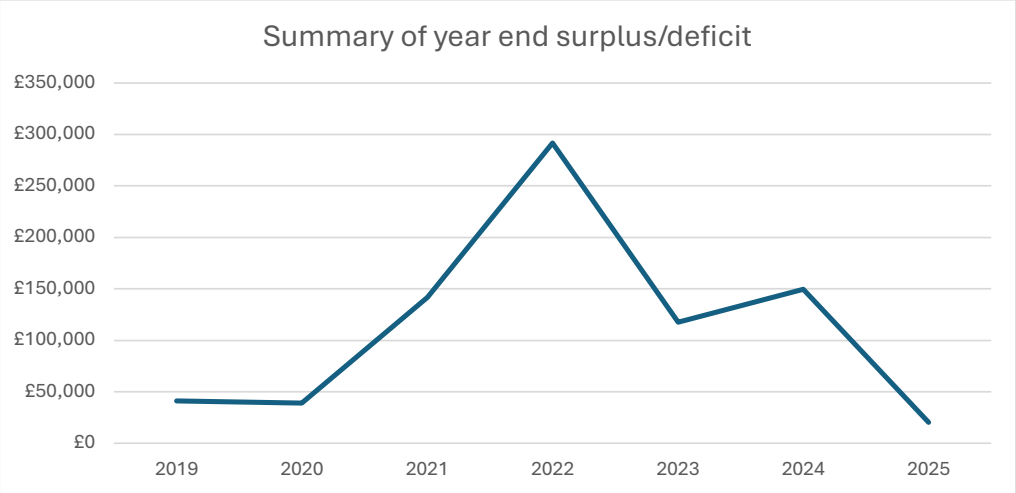


Figure 1a: Summary of year end surplus/deficit

Treasurer's Report

Income

The budget for 2025 projected an income of £587,411. Actual income totalled £691,018 and this largely came from annual conference and events and copyright.
Main industry income fell below the budget and work continues to maintain and protect this area of income. A review of the packages available to corporate members has been completed, and launched for 2026 with the additional aim of increasing collaboration between BAPEN and Industry.

Individual membership grew both in number of members and overall revenue and IF income came in broadly in line with expectation.

2026/2027 challenges include the renewal of the copyright licence which currently equates to c27% of total BAPEN revenue and the IF Register which generates c11% of total BAPEN revenue. In addition, works are underway for continued support from BAPEN sponsors.

BAPEN need to explore further revenue options heading into 2026/2027.

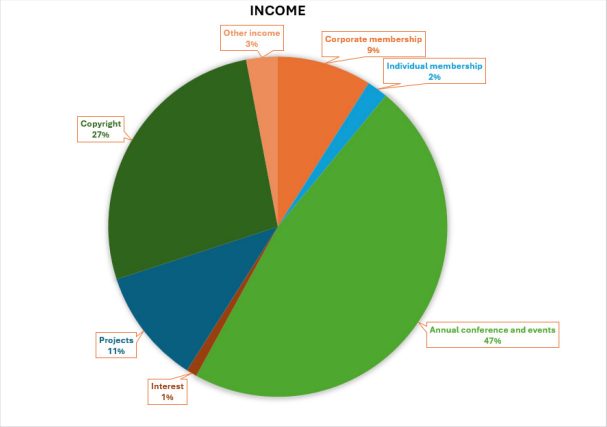


Figure 2: Source of Income 2025

Expenditure

The budget for 2025 projected expenditure of £687,494, with BAPEN ending up spending £670,720 Overall, costs were in line with the budget plan. BAPEN must now ensure that costs are well managed, and that the annual budgeting plan is followed. A review of the project and budget planning was begun in late 2025 in order to streamline the process and give additional support to project leads.

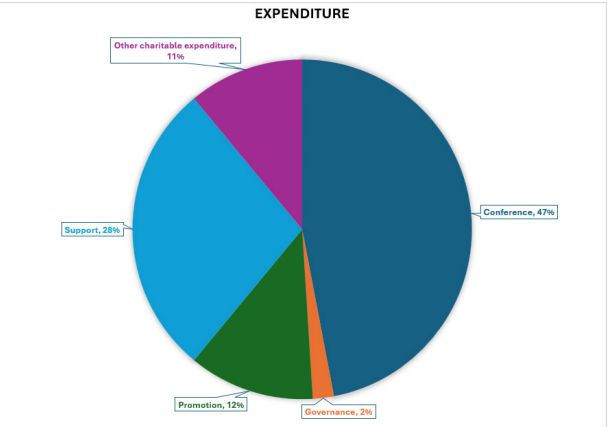


Figure 3: Source of Expenditure 2025

Treasurer's Report

Reserves

Reserves continue to be distributed across five direct access and notice accounts with banks or building societies protected by the FSCS. These are categorised as low-risk investments. In keeping with the reserves policy, the reserves will be spread among additional accounts. BAPEN is reviewing options for these funds to be spread further, still maintaining a low-risk approach but with a view of achieving a slightly more favourable return.

Reserves policy

The funds of the charity at the end of 2025 are £1,079,769 which is an increase of £21,487 compared to 2024. The charity sets a reserve policy that dictates that 12 months costs should be held in reserve.

The Reserves Policy was set at £460,000 for 2025. The Reserves Policy will require further review for 2026-2029 given the rising costs and the possibility that the one major licensing/ copyright contract is renewed annually & equates to a large % of total revenue. BAPEN has further committed to setting aside a designated fund of £101,273 for 2024 & 2025 grants issued.

Plan for 2025/26

Investment of charitable funds will take place in line with priorities identified in BAPEN's 5-year Strategy launched at the end of 2022.

It is noted that copyright licensing incomes, the largest generator of surplus/profit, are annual contracts and not a guaranteed income stream, but a renewal into 2024 provided continued confidence in BAPEN's finances. Future consideration of income generation has begun in 2025, as income from copyright licensing is anticipated to significantly reduce for 2026.

The secretariat fees will continue to be greater than the years leading up to 2022, but the service is invaluable to the effective operation of the charity. A review of services provided by the secretariat is underway, as the needs of the organisation and secretariat support available continues to evolve.

The BAPEN annual conference continues to deliver a more professional level of academic and educational learning opportunities, with improved facilities. This in turn has attracted further sponsorship opportunities and positive feedback from delegates. BAPEN will continue with this approach heading into 2026.

The Database management for the IF Registry has continued to pay for the ongoing costs and support provided by BAPEN and is a resource to NHS England that is highly valuable for managing Intestinal Failure services in England and requires suitable recompense for the value it holds. Due to the contract with the current registry provider coming to an end March 2026, negotiations are underway with NHS England and a new provider. Whilst income from this management is yet to be agreed, it has not been possible to predict impacts on budget post 2025, so a cautious approach is being adopted.

2024 saw the launch of agreed investment into the work of the Core and Specialist Interest Groups (proposed £100,000 over 2-3-years), and Grants for Quality Improvement Projects and Research by BAPEN's Members (again £100,000) over these 2-3-years. Projects supported by these grants have been ongoing, with outcomes reported at conference. BAPEN plans to review it's financial position in 2026 to determine if further grants will be allocated.

In 2025, BAPEN offered Coaching and Mentorship opportunities for BAPEN members. Investment has been made into a Mentoring platform, and applications have been approved for five members to be supported with coaching sponsorship. Feedback will be sought from participants, and pending the outcome, this initiative is something that BAPEN hopes will continue.

The Edgbaston Course was extremely well received & continues to encourage the development of Nutrition Support Teams, funded by BAPEN. A further course is planned for Spring 2026.

Thus, BAPEN is continuing to invest further in its charitable aims and objectives in accordance with the BAPEN Strategic Plan 2022-2027.

Membership Report

BAPEN Membership Membership Report



Dr. Charlotte Rutter,
BAPEN Honorary Secretary

Membership Report

BAPEN has had a period of strong and sustained membership growth. After holding steady at around 880 members between 2023 and 2024, **membership rose throughout 2025, from 899 in January to 1,397** in December, an increase of 55% in a single year.
Growth continued into 2026, reaching 1,664 members by the end of May. Membership has now almost doubled since May 2024.

Much of this growth has come from early-career professionals. Student membership has increased more than tenfold in under a year, from 18 to 190, with members drawn from more than 35 universities across the UK and Ireland. The University of Nottingham has the largest student cohort (32), followed by the Universities of Chester and Brighton (12 each) and London Metropolitan University (11). Medical trainee membership has also grown by around a third over the same period.

Membership is multidisciplinary. Outside the CORE Groups, nurses and allied health professionals form the largest category (202), followed by students (190), medical trainees (126) and doctors (90). Around 80% of members hold free membership, mainly through the CORE Groups. PENG is the largest route into BAPEN membership, with 765 of its 1,703 members (45%) also BAPEN members, up from 41% in March.

Members are spread across all four nations and every NHS region. London has the largest regional membership (205), followed by Surrey & Sussex, East Anglia, and Birmingham & the Black Country (all over 60 members each).

Education & Training



Dr Emma Parsons,
BAPEN Education Officer

Education & Training

2025 key objectives

- Continue to endorse a range of nutrition education events
- Deliver BAPEN education webinars.
- Contribute to the design and delivery of the Edgbaston Course
- Continue to deliver the Future Leaders symposium at BAPEN Conference and continue to explore ways to engage medical, nursing and AHP students in BAPEN activities
- Review and update e-learning resources (2025/2026)
- Continue to collaborate with Core Groups and Committees to ensure education needs are met. This includes quarterly Education committee meetings

2025 key outputs

- We continue to endorse a wide range of nutrition education events, which are well attended and receive positive feedback from attendees.
- During 2025, 6 BAPEN Clinical Nutrition connect webinars were delivered. Registrations for the webinars reached a maximum of 510 people / webinar. Attendance: total attendees n= 1627 (863 'live' attendees and 764 'on demand' attendees).
- The Edgbaston course was delivered in May 2025, with excellent attendee feedback – rated 4+ out of 5.
- The future leaders symposium was well received at BAPEN conference, with a growing number of 'student' abstracts being submitted.
- Review of e-learning was delayed in order to allow the internal review of MUST supporting documentation prior to e-learning updates.
- Regular, approximately quarterly Education committee meetings have taken place, to address webinar planning and other education priorities.

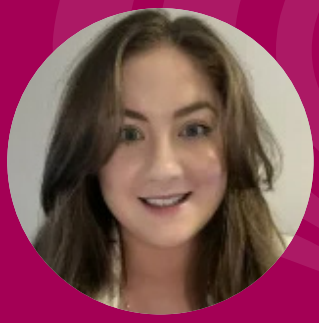
2026 objectives

- Continue to endorse a range of nutrition education events, including review of endorsement feedback and potential to increase endorsements.
- Deliver monthly BAPEN education webinars and change registration processes to simplify the process and expand registrations.
- Review and update the webinar feedback survey to include a focus on reflective practice.
- Contribute to the ongoing design and delivery of the Edgbaston Course
- Continue to deliver the Future Leaders symposium at BAPEN Conference
- Continue to explore ways to engage medical, nursing and AHP students in BAPEN activities and learning, including closer links with Universities.
- Develop a plan to review and update e-learning resources
- Continue to collaborate with Core Groups and Committees to ensure education needs are met. This includes quarterly Education committee meetings.
- Contribute to the design and delivery of a BAPEN/ESPEN education event in 2027.

Members

- Caroline Childs (Nutrition Society)
- Emily Clarke (BAPEN Medical)
- Ellie Coles (PENG & BAPEN Communications)
- Sarah Faloon (BAPEN Medical Trainees)
- Anna Julian (PENG)
- Eilidh McGowan (BAPEN Medical Trainees)
- Charlotte Rubio (NNNG)
- Nina Taherzadeh (BPNG)
- Amy Woods (BAPEN Medical Trainees)

PR, Communications & Marketing



Ellie Coles,
BAPEN Communications Officer

PR, Communications & Marketing

Strengthening BAPEN's voice through communication, connection and collaboration

In 2025, communications continued to play an important role in supporting BAPEN's strategic ambitions and strengthening its reach as a multidisciplinary membership organisation. Good communication is central to how BAPEN delivers impact: it helps connect members across professions, regions and specialisms; ensures important expertise is shared beyond individual committees or groups; and gives nutritional care a stronger, more consistent voice in national conversations about health and care. This has been particularly important as BAPEN has continued to build momentum behind its 2022–2027 strategy, with a focus on knowledge, reach and sustainability.

Across the year, communications activity focused on raising awareness of malnutrition and nutritional care, increasing BAPEN's visibility amongst members and external stakeholders, and positioning the organisation as a trusted source of practical guidance, clinical expertise and policy insight. Through integrated activity spanning media relations, social media, advocacy, website content, educational promotion and Government Affairs support, we have sought not only to communicate BAPEN's work, but to elevate the profile of nutritional care and ensure it remains part of wider conversations about healthcare policy, practice and patient outcomes.

A key priority has been ensuring BAPEN's communications reflect the breadth and strength of its community. As a membership organisation, BAPEN's influence is amplified when the expertise, experience and perspectives of its members are shared more widely. Throughout 2025, communications activity therefore focused on showcasing voices from across the multidisciplinary team – including doctors, nurses, dietitians, pharmacists, patients, Core Groups, Special Interest Groups and regional representatives. By bringing together these perspectives, we have sought to demonstrate the collective impact of nutritional care and strengthen BAPEN's ability to advocate for its importance at both a local and national level.

Building BAPEN's profile and influence

In 2025, BAPEN continued to strengthen its media and policy presence, supporting its role as a trusted voice in national discussions around malnutrition, nutritional care and workforce priorities. The launch of the BAPEN Newsroom and establishment of a multidisciplinary BAPEN Media Group have provided stronger foundations for proactive communications, helping to increase visibility for BAPEN's expertise and create new opportunities to engage with journalists, policymakers and external stakeholders.

Activity included the creation and maintenance of a targeted journalist list, proactive engagement with media contacts, a message-rich article in The Carer highlighting malnutrition prevalence in care homes, articles in the British Journal of Nursing on BAPEN's Conference, and an editorial opportunity with Dietetics Today. We also secured broad media visibility through Nick Thompson's interview with the Press Association, which generated a reported reach of 138.9 million unique monthly visits and was syndicated across outlets including *The Independent, the Express, MSN and Irish News*.

Alongside media engagement, BAPEN continued to support policy-focused communications.

PR, Communications & Marketing

This included engagement with policymakers and system leaders across England, Wales and Northern Ireland, as well as support for the British Dietetic Association's call to extend independent prescribing rights to dietitians. BAPEN also received a response from Zubir Ahmed, Parliamentary Under-Secretary of State at the Department of Health and Social Care, following correspondence on this issue. Communications support also included political landscape updates, covering developments such as NHS reforms, key personnel changes, the 10 Year Plan and the Autumn Budget.

BAPEN's digital profile continued to grow in both reach and engagement throughout 2025. Social media channels performed strongly, with an average engagement rate of 4.5% on X, a Facebook community of more than 6,000 followers, continued growth across Instagram through increased use of video and reel-based content, and the launch of a new Bluesky account in March 2025. Collectively, these platforms have helped BAPEN share expertise, showcase member activity and engage wider audiences in conversations about nutritional care. The site attracted more than 700,000 visits during the year, including over 400,000 visits to the 'MUST' Calculator alone. Engagement was particularly strong across practical tools and educational resources, with the 'MUST' Calculator, 'MUST' Toolkit and BAPEN's nutritional care guidance continuing to provide valuable support for clinical practice and decision-making.

Raising the profile of malnutrition nationally

UK Malnutrition Awareness Week (UKMAW) remained a defining communications moment in 2025, giving BAPEN and the Malnutrition Task Force a shared platform to raise awareness of malnutrition and dehydration among healthcare professionals and the public. The campaign focused on increasing understanding of the signs, risks and prevalence of malnutrition and dehydration, promoting personal and community action, championing the "Every Contact Counts" approach, driving engagement with trusted resources and delivering a shareable, multi-channel campaign optimised for digital platforms.

The campaign also saw more than 20 charities and organisations sharing online support, demonstrating how collective communications can extend the reach of important messages far beyond BAPEN's own channels. At a time when malnutrition remains under-recognised and under-prioritised, UKMAW demonstrates the power of partnership working and a shared voice. By bringing organisations, professionals and advocates together around common messages, the campaign continues to strengthen awareness of nutritional care and reinforce its importance across health and social care.

Strengthening our community through education and engagement

Education-focused communications also played an important role in supporting BAPEN's knowledge-sharing ambitions. BAPEN Connect: Clinical Nutrition Webinars were launched with promotional support, bespoke graphic design and the use of unique tracking links. Topics included Nutrition & IBD, GLP-1 injections and their side effects, Ethics & Nutrition, Nutrition Screening and Assessment, Malnutrition: Raising Awareness, and Reflections on 20 Years of BAPEN Conferences. The webinar series provided an accessible route for professionals to engage with expert content and supported BAPEN's wider ambition to create high-quality opportunities for multidisciplinary learning and collaboration.

Communications will remain central to BAPEN's ability to influence change. As awareness of malnutrition grows and health systems continue to face increasing pressures, it is more important than ever that nutritional care has a strong and visible voice. By connecting members, amplifying multidisciplinary expertise and creating opportunities for collaboration and advocacy, BAPEN can continue to champion better nutritional care across the UK. Together, our collective voice is far more powerful than any single one — helping ensure nutritional care is recognised, prioritised and embedded as a fundamental component of high-quality, patient-centred healthcare.

Ellie Coles
BAPEN Communications Officer

Faculty

The Faculty continued to provide senior, multidisciplinary advice to BAPEN Council, Executive and Trustees, and to support the delivery of BAPEN's strategic priorities.





Dr Alastair McKinlay, Co-Chair, Faculty,
Ailsa Brotherton, Co-Chair, Faculty

Faculty

Membership and succession planning

Faculty membership was reviewed, noting the maximum term of service and the need to maintain multi-disciplinary representation. During the year, 2 vacancies arose following the planned resignation of long-standing members at end of term; recommendations for new members have been sought via Council to support succession planning.

Mentoring and coaching

Faculty progressed the BAPEN mentoring programme, including endorsement of an online platform for mentor/mentee training and matching, and promotion to members. The mentoring programme was formally launched during Conference week in November 2025, and members of Faculty were encouraged to register as mentors. A Mentoring Lead was appointed to take day-to-day responsibility, supported by the Co-Chairs and a small oversight group. Responsibility for the coaching programme transferred from Faculty to the Executive, with coaching activity planned to be reviewed and evaluated.

Awards and recognition

Faculty reviewed the criteria and eligibility across BAPEN awards, including consideration of appropriate recognition for non-members and ensuring alignment of awards with BAPEN's aims. The Faculty continued to oversee nominations for the John Lennard-Jones medal and the Todorovic Micklewright Award, and discussed approaches to increase nominations and engagement, including simplified nomination/voting processes and improved timing of calls for nominations to align with Conference and abstracts timelines.

Horizon scanning

Faculty contributed to 'blue sky' discussions to highlight emerging issues for BAPEN, including topics for wider debate at Conference, and to support longer-term strategic planning. Priorities for the coming year include maintaining a balanced and active Faculty membership, continuing to embed the mentoring offer for members, and completing the ongoing review of awards and nomination processes to ensure they remain clear, fair and well understood across the Association.

Faculty Committee 2025

- Ailsa Brotherton Co-Chair
- Alastair McKinlay Co-Chair
- Wendy Ling Relph
- Pete Turner
- Carolyn Wheatley
- Tony Murphy
- Jeremy Nightingale
- Trevor Smith
- Tim Sizer
- Simon Gabe
- Tim Bowling
- Alison Young
- Barry Jones
- Mike Stroud



BAPEN Representatives

BAPEN Northern Ireland



Sarah-Jane Nelson,
Representative

BAPEN Representatives

2025 key outputs

- SJN presented at a Northern Ireland BDA meeting June 2025, which was attended by DOH AHP Lead Peter Burbridge for showcasing the almost 30 year history of Regional Intestinal Failure Service. She was also able to highlight the need for Nutrition Support Team's in each Trust as well as the benefits in prescribing for dietitians. The Minister for Health Mike Nesbitt was also met with on the same day and presentation shared and questions asked.
- Subsequent to this SJN was asked by DOH Northern Ireland to draft a questionnaire gathering information from all Trusts on existing Intestinal Failure and HPN services in Adults and Paediatrics as well as Nutrition Support Teams. This was sent out to all Trusts in Autumn 25. Ongoing conversations with Dept of Health Northern Ireland. The BAPEN UK Nutrition Team Workforce Survey can be facilitated by this data collection also.
- Northern Ireland BAPEN meeting planned for Autumn 26 – focusing on Enteral access– facilitated by SJN and led by BHSCT Nutrition Nurses – reach community and acute nurses and dietitians. Training needs to be identified for subsequent meetings – requests from one Trust already re IF/PN training as new NST appointment.
- Pete Turner has been part of a working group drafting a Refeeding Policy for Northern Ireland – medical colleagues are taking next steps to include Clinical Directors in primary care trusts and community pharmacy.

2026 objectives

- With support from BAPEN Regional Chair, set up a network of interested contacts across multidisciplines in Nutrition Support in Northern Ireland to address locally the issues raised above.
- Organise a NI BAPEN Study Day, with the objective to enhance knowledge and skills of healthcare professionals managing patients with various nutrition support modalities and share learning across the Region.
- Address the unmet need for Nutrition Support Teams in both adults and paediatrics.

Members

- Sarah-Jane Nelson, (Representative)
- Peter Turner, (Nutrition Support Dietitian, South Eastern Health and Social Care Trust)

BAPEN Scotland



Dr Francesca Moroni,
Representative

BAPEN Representatives

2025 key objectives

- Deliver of annual BAPEN Scotland conference (26/08/26)
  - Increased marginally registrations fees and sponsors fees
- Evaluate new venue for BAPEN Scotland annual conference (Aberdeen P&J live)
- Engage with IF registry
- Continue engagement with HIS and Scottish Government RE: fluid, food and nutrition standards and Complex Nutritional Standards

2025 key outputs

- Annual conference BAPEN Scotland
  - number of delegate comparable to prev years
  - number of sponsors limited by venue
  - profit made
- Booked P&J live for 2026 BAPEN annual conference
  - Expanded number of sponsors to 18
- Agree to contribute as stake holders in revision of fluid food and nutrition standards (led by HIS – work to start sept 2026)

2026 objectives

- BAPEN Scotland annual conference 2026 (KNOWLEDGE and REACH)
- HIS work (REACH and SUSTAINABILITY)
- IF registry

Other

This year we had interest gain from our paediatric colleagues and we are welcoming a new paeds rep as Dr Flynn will leave space to Vic Merrick, paediatric gastroenterologist in Edinburgh.

- We agreed not to have BAPEN Scotland meeting in 2027 to ensure participation to the ESPEN symposium which will be held in May.

Members

- Ben Shandro
- Margy Thomson
- John Todd
- Graeme Docherty
- Phil Stevens
- Chris Curran
- Diana Flynn

BAPEN Wales



Amelia Jukes,
Representative

BAPEN Representatives

2025 key objectives

- Multi-professional training and education
- NWJCC Intestinal Failure service specification and commissioning policy
- Establishment of monthly steering group meetings

2025 key outputs

Training and education - the CIFRC held its inaugural "All Wales Intestinal Failure & Rehabilitation Gastroenterology & Surgical study day" in January 2026. Over 40 delegates attended the event, including wider healthcare professionals. Additionally, regional gastroenterology SPR training was held in September 2025 focussing on complex nutrition topics and the challenges of intestinal failure as well as obesity medicine.

NWJCC Intestinal Failure service specification and commissioning policy – Extensive work alongside NWJCC has continued throughout 2025 to produce the first formalised IF service specification and commissioning policy documents. The aims of these documents are to align Welsh IF services with `that of other UK regions, ensure equity for patients across the UK.

Establishment of monthly steering group meetings – recently introduced primarily for departmental leads within the regional IF service to discuss service provision, policy updates and ore robust clinical governance oversight.
Annual BAPEN conference in Wales – there was a large attendance colleagues across Wales along with multiple abstract/ poster submissions from across Wales.

2026 objectives

- Ongoing education and training
- Ongoing IF service development and expansion
- Input into IF registry
- Sustainability – reusable syringes roll out in community

Other

- Service sustainability with recruitment into the regional IF service.

Members

- Kate Edwards, (Consultant Gastroenterologist, Clinical lead for Cardiff Intestinal Failure and Rehabilitation Centre)

Standing Committees

Intestinal Failure Registry (IFR)



Sarah-Jane Nelson,
Chair

Standing Committees

2025 key objectives

- Major change imminent due to change of provider. Streets Heaver have asked to withdraw provision for the Intestinal Failure Registry
- Tender to be launched April 2025 for new company – aiming interviews June 2025
- Streets Heaver to continue to provide service during transition period and to assist with transition
- The new tender will include provision for Paediatrics

2025 key outputs

Introduction

The British Artificial Nutrition Survey (BANS) was established in 1996 and consolidated work previously undertaken by the Salford HPN register and Enteral Nutrition Group (PENG) Home Enteral Tube Feeding (HETF) register BANS data has been influential in the development of nutritional services in the UK.

In 2019 NHS England and NHS Improvement commissioned BAPEN to collect data relating to intestinal failure and home parenteral nutrition. The registry provides important information about specialist activity and outcomes for patients managed in Intestinal Failure Units across UK hospitals. It enables a consistent national dataset to be collected on a secure database to facilitate improvements in quality and clinical outcomes for patients.

Purpose of the registry:

- A tool for NHS coding and tracking of clinical activity
- A registry of data to provide a mechanism for reimbursement of intestinal failure clinical activity
- Provides a quality outcomes tool producing a quality dashboard for intestinal failure specialist services

Recording and submitting the required data to the Intestinal Failure Registry is a mandated contractual obligation under the Schedule 6 of their NHS Standard Contract (Specialised Services, Acute), for all Providers delivering specialised Intestinal Failure services. NHS England's expectation is that providers will provide the required data.' NHSE and NHSI, December 2021.

There is currently no other mechanism to collate IF activities in the UK.

Members

- Sarah-Jane Nelson (BAPEN Clinically assisted Nutrition and Hydration Officer, BAPEN Executive, Chair Intestinal Failure Registry, NI BAPEN representative)
- Nicky Wyer (Intestinal Failure Registry Deputy Chair - Adults)
- Anthony Wiskin (Intestinal Failure Registry Deputy Chair - Paediatrics, BSPGHAN)
- Anje Teubner (Intestinal Failure Registry working group - Surgical Lead)
- Amelia Jukes (Intestinal Failure Registry working group - Wales
- Francesca Moroni (Intestinal Failure Registry working group - Scotland)
- Adult working Group – including a representative of each designated IF centre England
- Streets Heaver (Healthcare)

Intestinal Failure Registry (IFR)

Standing Committees

New Intestinal Failure Registry
In May 2025 BAPEN were approached by NHSE offering Data processing by NEC who are subcontracted to NHSE to provide a number of registries across NHS. These include National Joint Registry, POPSUI (mesh) register etc. This removed the need for BAPEN to Tender for a new providere which may have put BAPEN at financial risk.

To facilitate this redesign and transfer to new provider, a number of work streams have been ongoing with NEC and NHSE. This has involved up to 4 meetings per week with database developers, report developers and contacting arrangements. Collection of Intestinal Failure Registry data by Streets Heaver ceased in March 2026.

Nick Thompson presented at National IF Reference Centre meeting in January 2025

2026 objectives

IF registry (Adult and Paediatrics)

- New database provider NEC vis NHS Outcomes and Registries Programme
- The new registry will launch for adults (across all Four Nations) from 1 July. Full paediatric implementation will follow in September.
- BAPEN will oversee the continuing development and reporting requirements overtime to fulfil business and user needs.
- Quarterly Trust reports will be available from September and thereafter reporting output to requirements such as SSQD, will be fulfilled directly by the IFR.
- NHSE is managing the governance arrangements for 4 nation reporting. Many thanks to Francesca Moroni and Amelia Jukes who have been heavily involved along with Sarah-Jane Nelson to ensure IG arrangements.
- NHSE are supportive of BAPEN's preferential right to publish reports and research using the data ensuring equity of services and significant developments across the UK and to showcase Intestinal failure on a national and global stage.
- Continue IF working group for purposes of collaboration and development – Adult working group has been expanded to ensure representation across all designated IF centres
- Paediatrics will utilise existing networks via BSPGHAN for training and dissemination

Other

31st March 2026 saw the end of a more than 25 year partnership with Streets Heaver Healthcare. Many thanks to Ben Heaver, Geoff Cooke and previously Phil Scott-Townsend for their many years of service to the collection of artificial nutrition data across the United Kingdom.

Many thanks to Dr Trevor Smith for his many years of service to BANS and IF Registry and to his guidance and expertise (SJN).

Many thanks to Nicky Wyer, Nick Thompson (Current BAPEN president) and Tony Wiskin for carrying out a huge amount of work to launch the new IF Registry and for supporting Intestinal Failure Registry chair in 2025 (SJN).

Malnutrition Action Group (MAG)



Dr. Emily Walters,
Chair

Standing Committees

2025 key objectives

- Data collection (Knowledge)
  - To identify a MAG lead for this work stream
  - To work with BAPEN medical and BAPEN's Data Governance Group to create a BAPEN data repository
  - To work with BAPEN Council, Exec, Trustees and the Data Governance Group to agree guidance for data collection affiliated with BAPEN
  - To agree a data collection plan for MAG which will contribute to BAPEN's strategic aims
- To develop BAPEN understanding around UK enteral feeding practices (Knowledge)
  - To identify a MAG lead for this workstream
  - One adult survey around HETF with findings in a BAPEN report
  - One paediatric survey with findings in a BAPEN report
  - Collaboration with PENG and Sustainability Group to explore healthcare professional views around sustainability and HETF
- To create a network of interested organisations, groups, individuals who can support or contribute to MAG work (Reach)
  - To establish a formal patient link between MAG and PINNT
  - To establish links with relevant BDA specialist groups
  - To engage with BAPEN members and healthcare professionals through enquiries and discussions and identify those interested in specific workstreams

2025 key outputs

- MAG committee meeting held in February 2025 to plan the year ahead and discuss longer term priorities for MAG.
- Worked with the data governance committee, along with Council, Exec and Trustees to establish data collection needs and priorities.
- National surveys on HETF designed and delivered.
- National survey in collaboration with PENG and the sustainability group designed and delivered.
- Delivered MAW 2025 along with the nutritional care survey.
- Reviewed current themes within nutrition screening
- Sought advice and opinion from experts in malnutrition screening
- Explored Council views about 'MUST' and screening
- Engaged with groups who are finding it difficult to use 'MUST' or screen for malnutrition risk in their specialist area

2026 objectives

- **1. Data collection (Knowledge)**
  1.1. To continue to work with BAPEN medical and BAPEN's Data Governance Group to create a BAPEN data repository
  1.2. To work with BAPEN Council, Exec, Trustees and the Data Governance Group to agree guidance for data collection affiliated with BAPEN
  1.3. To continue to develop and agree a data collection plan for MAG which will contribute to BAPEN's strategic aims
- **2. To develop BAPEN understanding around UK nutritional care practices (Knowledge)**
  2.1. To identify a MAG lead for this workstream
  2.2. One organizational level survey and one ward/community level nutritional care delivery survey.
  2.3. One paediatric survey with findings in a BAPEN report
- **3. To create a network of interested organisations, groups, individuals who can support or contribute to MAG work (Reach)**
  3.1. To establish a formal patient link between MAG and PINNT
  3.2. To establish links with relevant BDA specialist groups
  3.3. To engage with BAPEN members and healthcare professionals through enquiries and discussions and identify those interested in specific workstreams
  3.4. To invite Council to contribute to activities / workstreams and seek opportunities for collaborations
- **4. UKMAW 2026 (Reach)**
  4.1. To work with Comms, BAPEN Council and other relevant stakeholders to develop a plan for UKMAW 2026
  4.2. To deliver UKMAW 2026 activities
  4.3. To report on UKMAW 2026 activities

Malnutrition Action Group (MAG)

Standing Committees

- **5. To improve support for 'hard to reach' and minority groups (Reach and Knowledge)**
  5.1. To collaborate with BAPEN practice-based learning supervisors to create projects which contribute to this objective, sharing findings with MAG / Council as appropriate.
  5.2. To identify and agree strategies/ workstreams which will help to improve access for such groups to relevant information in an appropriate format.
  5.3. To support Comms in developing patient focused section of the website.

- **6. To review 'MUST' and malnutrition screening (Reach and Knowledge)**
  6.1. To review current themes within the nutrition screening literature
  6.2. To identify a couple of (clinical) areas for collaboration and explore challenges and possible solutions during 2025/2026
  6.3. To agree with Council any future actions

Programmes Committee



Pete Turner,
Chair

Standing Committees

2025 key objectives

- Deliver of annual BAPEN Scotland conference (26/08/26)
  - Increased marginally registrations fees and sponsors fees
- Evaluate new venue for BAPEN Scotland annual conference (Aberdeen P&J live)
- Engage with IF registry
- Continue engagement with HIS and Scottish Government RE: fluid, food and nutrition standards and Complex Nutritional Standards

2025 key outputs

- Attracting numbers of over 800 attendees, the Conference offered delegates a varied programme of clinical and scientific symposia to meet the needs of a multidisciplinary audience of healthcare professionals working within the field of nutritional care.
- We delivered 12 parallel sessions, well as the Pennington and Keynote Lectures. These scientific sessions were also interspersed with our Nutrition Village sessions, as well as oral and poster presentations and three unopposed industry satellite symposia from Fresenius-Kabi, Abott and Nutricia,
- The Conference enabled us to share the latest cutting-edge and innovative practice with important practical take home messages and gave delegates the opportunity to network with colleagues and our industry partners in the exhibition.
- With our ongoing commitment to sustainability, delegates had access to an interactive conference app to review the programme and speakers' biographies, as well as being able to view a PDF of the abstract's posters and network with sponsors and colleagues throughout the Conference.
- Pete Turner gave the prestigious Pennington Lecture on 'Astounding Facts and Amazing Messages from 20 Years of the BAPEN Annual Conference' sharing his experiences of the last two decades of being chair of the Programmes Committee. Thank you Pete, for 20 years of great conferences as well as a really inspiring lecture.
- Niamh Rice, Nutritionist and Dietitian gave the year's Keynote Lecture on 'Health economics of oral nutrition support – how to convince the sceptics.'

2026 objectives

- To deliver an informative and enjoyable educational conference that meets BAPEN's strategic objectives of Knowledge, Reach and Sustainability to a multidisciplinary audience of healthcare professionals working within the field of disease related malnutrition.
- To achieve at least break-even costs through attracting a minimum of 600 delegates to the conference.
- To consider plans for BAPEN conference in Belfast in 2027.

Members

- Pete Turner (Programmes Committee Chair)
- Sarah Illingworth (Chair Elect)
- Nick Thompson (BAPEN President)
- Emma Parsons (Education Officer)
- Anne Holdaway (Faculty Representative)
- Sarah Faloon (BAPEN Trainees)
- Jeremy Nightingale (BIFA chair)
- Priya Mistry (BPNG)
- Ben Booth (NNNG)
- Jo Wakeling (NNNG/Nutrition Village)
- Rebekah Smith (PENG)
- Carolyn Wheatley (PINNT)
- Caroline Childs (Nutrition Society)
- Flora Kokowaro (Trainee)

Core Groups

British Pharmaceutical Nutrition Group (BPNG)



Priya Mistry,
Chair

Core Groups

2025 key objectives

1) Deliver education programme which includes, Fundamentals and Advanced face-to-face study days, and webinars.
2) Collaboration with other pharmacy professional organisations to delivery nutrition related nutrition to reach a wider pharmacy audience.
3) Support pharmacy profession specialising in nutrition support with development materials and resources.
4) Produce a BPNG Strategic plan to give direction to the executive committee and align future activities.

2025 key outputs

1) Education

a) Advanced course (Birmingham) May 2025. Introduced interactive sessions including physical examinations skills and workshop for stability testing for PN

b) Fundamentals course (Birmingham) Oct 2025. Again, introduced an afternoon of interactive sessions including case-based discussions and physical assessment skills.

c) Webinar July 25, The Green Prescription, Where Patient Care Meets Planetary Health

2) Collaboration

a) Clinical Pharmacy Congress (CPC) in May 2025 (London) and Nov 2025 (Manchester). BPNG had speakers at each event increasing awareness of pharmacy and nutrition/intestinal failure.

b) United Kingdom Clinical Pharmacy Association (UKCPA) collaborative webinar in September on Parenteral Nutrition in GI disorders

c) BPNG Webinar at BAPEN Conference (Newport, Nov 2025) on Medication delivery in Intestinal Failure was well attended and a great success.

d) Joint BPNG-Industry collaboration on safe prescribing in allergies and special diets in Dec 2025

e) BAPEN Position Statement on Electrolyte and Vitamin Replacement.

3) Resources

a) Revised PN filters position statement in Aug 25 with the added endorsement from BAPEN, NNNG and NPPG (National Paediatric Pharmacy Group).

b) Finalised Medusa IV Guidelines on Addaven, Nutrelt, Cernevit completed. Working on others.

4) Strategic Plan

Started a working group with members, exec members and steering panel members. Work started in summer 2025 and we now have a draft which we can hopefully share at the next steering panel meeting.

Other

- BPNG were proud to receive a Certificate of Recognition for the PINNT Tracy Hill Patient Champion Award 2025, for championing the cause of people on home artificial nutrition and going the extra mile.
- 2026 will see elections for a new Exec committee at the AGM in July 2026.

2026 objectives

1) Sustainability/ Reach

a) Lauch BPNG Strategic Plan.

b) Review Competency Framework for Pharmacy Profession in Nutrition support. Haven't been able to make progress this year.

c) Continue collaborative education events with other professional organisations to improve reach.

2) Knowledge

a) Continue to deliver education agenda, seeking more favourable locations to reduce costs and travel.

b) Complete Medusa IV monographs for micronutrients.

Members

- Pete Turner (Programmes Committee Chair)
- Priya Mistry (Chair)
- Venetia Simchowitz (Vice Chair)
- Kate Reilly (Secretary)
- Lucy Hutchinson (Treasurer)
- Nina Taherzadeh (Education Officer)
- Uchu Meade (Communications Officer)
- Marko Puzovic (Research and Development Officer)
- Rebecca White (Coordinating Officer - Communications)
- Graeme Doherty (Coordinating Officer - Communications)
- Amy Hill (Coordinating Officer - Education)
- Ruth Newton (Coordinating Officer - Education)
- Sarah Zeraschi (Professional Development Officer –Adults)
- Melody Chan (Professional Development Officer –Paediatrics)
- Anthony Murphy, Timothy Sizer, Gil Hardy (Faculty Members)

BAPEN Medical



Dr. Emily Clarke,
Chair

BAPEN Medical

Core Groups

2025 key objectives

- BSG / BAPEN Basic Nutrition Training Day.
- BAPEN Masterclass.
- BAPEN Medical symposium at conference.
- Ongoing establishment of Clinical research Group and aim to start first project within 2025.
- Contribute to Clinical Nutrition Webinars as these are brought into BAPEN.

2025 key outputs

- The second BSG / BAPEN Basic Nutrition Training Day held October 2025 – fully attended with extremely positive feedback.
- MASTERCLASS held – well attended and positive feedback received.
- BM conference symposium held - well attended and positive feedback received.
- BAPEN Clinical Research Group established and we are working with other BAPEN groups to select an appropriate data repository to facilitate this. Work is underway to set this up and once established the CRG can focus on starting the first project.
- BAPEN representative co-opted onto BSG training committee.

2026 objectives

- BSG / BAPEN basic Nutrition Training Day – planned for October 2026
- BAPEN Masterclass
- BAPEN Medical symposium at conference
- Ongoing establishment of Clinical research Group and aim to start first project within 2026

Members

- Emily Clarke (Chair)
- Richard Johnston (Treasurer)
- Antje Teubner (Secretary)
- Tim Ambrose (BSG Small bowel nutrition liaison)
- Clare Donnellan (Medical Education link / basic training day coordinator)
- Shameer Mehta (MAG rep, Clinical Research Group (CRG))
- Akash Metha (Surgical Education link)
- Suzanne Donnelly (Member)
- Suzanne MacKenzie (Member)
- Charis Kyriakides (Member)

British Society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN)



Dr. Akshay Batra,
Chair

Core Groups

2025 key objectives

- Intestinal failure registry – Awaiting new platform to go live for the paediatric entry
- BSPGHAN Taking part in Patient Safety Paediatric Leaders Network (PSPLN) for safe delivery of PN for children.
- **IFWIG projects**
  1. Transition for children with complex nutrition (led by Anna Piggot).
  2. Factitious and induced illness management protocol led by Leeds team to be shared with BSPGHAN once completed.
  3. Collecting data for children on PN with Small bowel bacterial overgrowth, neurodisability and perianastomotic ulcer and post lengthening procedures.
- Parenteral nutrition guidelines by BSPGHAN in progress
- Nutrition training for gastroenterology grid trainees – ongoing discussion with CSAC chair regarding nutrition curriculum
- **Educational events**
  1. UK JIRM meeting 2- 3 times per year.
  2. IF Networking Day with BAPEN annual meeting 9.11.2026

2025 key outputs

- IF registry to be active for paediatrics
- Patient Safety Paediatric Leaders Network- PN safety
- IFWIG ongoing support for projects
- PN guidelines led by BSPGHAN
- Updating Nutrition curriculum for Paediatric gastroenterology training
- Ongoing educational events

2026 objectives

- **Knowledge**
  PN guidelines by BSPGHAN, supporting IFWIG projects and educational events
- **Reach**
  Supporting IF registry for paediatric patients, ongoing educational events including
  1. UK JIRM meeting 2- 3 times per year next date this year to be allocated.
  2. Next IF Networking Day with BAPEN annual meeting 9.11.2026. 3. Monthly virtual teaching session organised by BSPGHAN.
- **Sustainability**
  1. Having a paediatric page in BAPEN for annual meeting attendance and submitting abstracts.
  2. Taking part in patient safety paediatric leaders' network.
  3. Updating the Nutrition curriculum for paediatric gastroenterology trainees

Other

- Working on next year plan for a paediatric symposium within the annual BAPEN meeting as well as an IF networking day. Will need support of BAPEN team to maximise attendance and advertise widely.

National Nurses Nutrition Group (NNNG)



Natalie Welsh,
Chair

Core Groups

2025 key objectives

- Encouragement of sharing best practice and improvement of professional interaction and communication between centres. Knowledge & Reach.
- Continued development of new opportunities and channels for education. Knowledge & Reach.
- Development of new relationships with other organisations and groups. Reach.
- Development of conference to appeal to wider audience of nurses working with clinical nutrition rather than just nurse specialists. Knowledge & Reach.

2025 key outputs

- Recruitment to vacant committee positions. Reach & Sustainability.
- Continued delivery of webinars made available to members and wider Healthcare Professional Audience. Knowledge & Reach.
- Committee provided increased support to the membership discussion forum, encouraging interaction amongst members sharing clinical expertise. Knowledge.
- Continued collaboration with British Journal of Nursing to create/publish the BJN Nutrition Supplement, 3 times per year, reduced BJN subscription cost to NNNG members. Knowledge & Reach.
- Increase to membership fee. Sustainability.
- Support of Nightingale Nutrition Nurse course. Knowledge & Reach.
- All committee meetings continue to be virtual. Sustainability.
- Collaborative working with DRIPP & NGSIG to improve patient safety. Knowledge & Reach.

2026 objectives

- Refresh Website to ensure relevant topics easily accessible to members. Knowledge & Reach.
- Review of new developments within Nutrition Nursing to ensure practice guidelines remain relevant and up to date. Knowledge.
- Review of conference to ensure relevance. Knowledge & Reach.
- Support of BJN/NNNG Nutrition supplement. Knowledge & Reach.
- Ongoing support of BJN Nurse of the Year Awards – Nutrition Nurse of the Year, encourage more submissions for nominations. Reach.

Other

- Continued support of DRIPP.
- Continued support of NGSIG.

Members

- Charlotte Rubio (Secretary)
- Sharlene Haywood (Treasurer)
- Sarah Brownlie (Media & Communications Officer)
- Ben Booth (BAPEN Conference Lead)
- Fleur Hartley
- Elizabeth Gibson
- Charlotte Vickers

Parenteral and Enteral Nutrition Specialist Group (PENG)



Linda Cantwell,
Chair

BDA The Association of UK Dietitians
Parenteral & Enteral Nutrition
Specialist Group

Core Groups

2025 key objectives

- Remain an expert forum for dietitians in oral, enteral and parenteral nutrition to share and employ best/ evidence-based practice (knowledge, reach and sustainability)
- Continue to deliver educational events (knowledge and sustainability)
- Continue to support BAPEN activities and be a voice for national issues pertaining to enteral and parenteral nutrition (Reach)
- Develop competency framework for dietitians in parenteral nutrition (knowledge & sustainability)
- Review and Update Blended Diet Practice Toolkit (completion April 2026) (knowledge & sustainability)
- Working together with BAPEN MAG, NHS England Sustainability Fellow – Sustainability SIG member to complete project to improve knowledge and capability to reduce waste and improve sustainability in home enteral feeding (sustainability)
- Represent BAPEN and PENG on NHSE Nutrition on Prescription Working Group (reach and sustainability)
- Improve PENG member access to their FREE BAPEN membership (Reach and sustainability)
- Prepare for PENG Pocket Guide to Clinical Nutrition 6th Edition to launch in 2026 (knowledge)
- Launch the first Annual Todorovic and Micklewright Award - This award will be to recognise an individual or team who have made an outstanding practical contribution to nutrition support through education, innovation or service improvement (knowledge)
- Launch LinkedIn Account (Reach)
- Continue to support awards for education and research. Increasing the ESPEN award to up to £1500

Members

- Linda Cantwell (Chair)
- Helen Beagan (Secretary)
- Dan Griffith (Treasurer)
- Anna Julian, Ellie Coles, (Education & Events)
- Long Li & Nicky Wyer (Research & Audit)
- Becky Smith (ePENlines - Communications Officer)
- Rhiannon Bullen (Social Media Officer)
- Kosta Eletheriadis (Website officer)
- Ailsa Kennedy, Sean White (HEF Lead)
- Lisa Gemmell- PN Lead
- Kirstine Farrer, Melanie Toon, Gemma Phillips (Ordinary members)
- Kira Lewis (Student Officer)
- Deniz Karpuzoglu (Dietetic Support Worker Member)
- Bruno Mafrici & Alison Culkin (Pocket Guides Editors)
- Alison Culkin (Clinical Updates & Course Lead)
- Kate Hall, Ellie Coles (BAPEN communications officer)
- Becky Smith (BAPEN Programme Committee Link)
- Kirstine Farrer (BAPEN BIFA link)
- Ellie Coles (BAPEN MAG link)
- Becky Smith (BAPEN BETA link)

Parenteral and Enteral Nutrition Specialist Group (PENG)

BDA The Association of UK Dietitians
Parenteral & Enteral Nutrition
Specialist Group

Core Groups

2025 key outputs

- Started extensive work to develop competency framework for dietitians in parenteral nutrition- by the end of 2025 major work completed and entering peer review and for launch in summer 2026 (knowledge & sustainability)
- In June 2025 work commenced on the update of the Blended Diet Practice Toolkit- including stakeholder engagement and literature review - work will continue in 2026 with projected completion autumn 2026.
- In collaboration with BAPEN's Malnutrition Action Group (MAG), the BAPEN Sustainability Specialist Interest Group, we received 147 responses to our HEF sustainability survey and report with the findings was published in November 2025
- Represent BAPEN and PENG on NHSE Nutrition on Prescription Working Group- however this work was put on hold in summer 2025 due to dissolution of NHSE (reach and sustainability)
- Established meetings between NHSE, DHSC, Nutricia and members of BDA specialist groups to highlight the impact the shortages in enteral feeding was and financial and clinical risks.
- Pocket guide to clinical nutrition 6th Edition- A review of all chapters of was started, this also included a systematic review of protein requirements and new chapter on high output stop- peer review and further editing to be undertaken in 2026.
- Initial findings of systematic review on protein requirements in adults were presented at BAPEN conference 2025.
- LinkedIn account launched in summer 2025 reaching 600 followers by the end of 2025
- We held 4 Webinars, ½ online study afternoon and Face to face study day

2026 objectives

- Remain an expert forum for dietitians in oral, enteral and parenteral nutrition to share and employ best/ evidence-based practice (knowledge, reach and sustainability)
- Launch PN competency framework for dietitians (knowledge & sustainability)
- Launch the update Blended Diet Practice Toolkit (knowledge & sustainability)
- Establish a stakeholder group of dietitians working in Enteral nutrition to commence work on Enteral Nutrition Competency Framework for dietitians. (Reach and sustainability)
- Survey dietitians to undertake scoping work to support EN competency development (Reach and sustainability)
- Complete review and editing for the 6th Edition of the Pocket Guide with an aim for launch at the end of 2026. (knowledge & sustainability)
- Continue to deliver educational events- webinars and study days (knowledge & sustainability)
- Continue to support BAPEN activities and be a voice for national issues pertaining to enteral and parenteral nutrition (Reach)
- Facilitate a PENG symposium at BAPEN conference (knowledge & sustainability)
- Continue to support awards for education and research. (Reach & sustainabilty)

Other

- Awarded BDA specialist group of the year: projects at BDA annual awards June 2025

Support & Advocacy for people on Home Artificial Nutrition (PINNT)



Carolyn Wheatley, MBE
Chair

PINNT
A SUPPORT GROUP FOR PEOPLE RECEIVING ARTIFICIAL NUTRITION

Core Groups

2025 key objectives

To expand on the activities of the previous years to provide support to individuals on Home Artificial Nutrition (HAN)

- To continuing to develop relationships with industry and healthcare professionals to ensure that the patient perspective (voice) is considered in decision making, planning and development of services and care
- Continue with the HAN Awareness Week, building on traditional events/activities and incorporating new ones to provide further engagement with external parties, patients and raising awareness
- Collaborate in research to provide information/ evidence to further patient care/experience
- Review and revise PINNT literature and produce new leaflets to meet the changing needs of life on HAN.
- Continue consultancy with industry and other bodies managing supply issues Collaborate with BAPEN Patient Network Development Group

2025 key outputs

- Continuation of PINNT Home Artificial Nutrition (HAN) week in August 2025.
- Promoting the Tracy Hill Patient Champion Award across the nutrition industry, healthcare professions, and PINNT members, as well as to anyone with a connect to HAN or people regarding HAN.
- Building on research into key areas of life for those on Home Artificial Nutrition, specifically the follow up to the first patient focussed sustainability project looking at the amount of waste which is generated from the use of HAN across the different treatment types. The expansion included collating of information those impacted would like to share with key stakeholders.
- Continued BAPEN collaboration furthering the work of the Patient Network Group, ensuring the patient voice is heard and resources are developed which will benefit those affected by HAN, such as the Quality Standards update.
- Continuing with the regular PINNT Zoom Get Together for patients, acknowledging that some individuals still like to have online interaction with others.

2026 objectives

- To expand on the activities of the previous years to provide support to individuals on Home Artificial Nutrition (HAN)
- To continuing to develop relationships with industry and healthcare professionals to ensure that the patient perspective (voice) is considered in decision making, planning and development of services and care
- Continue with the HAN Awareness Week, building on traditional events/activities and incorporating new ones to provide further engagement with external parties, patients and raising awareness
- Collaborate in research to provide information/evidence to further patient care/experience
- Review and revise PINNT literature and produce new leaflets to meet the changing needs of life on HAN.
- Continue consultancy with industry and other bodies managing supply issues
- Collaborate with BAPEN Patient Network Development Group

Members

- Steve Pearson-Brown (General Secretary)
- Debbie Phillips (Membership Secretary)
- Richard Shawyer-Clarke (Trustee)
- Sarah Bailey (EC member)
- Amy Martin (EC member)
- Kim Pett (EC member)
- Regional Ambassadors (Numerous)
- PINNT members (Numerous)

Special Interest Groups

British Intestinal Failure Alliance (BIFA)



Dr Jeremy Nightingale,
Chair

BIFA
British Intestinal Failure Alliance
Special Interest Group

Special Interest Groups

2025 key objectives

1) To continue Top tips articles and develop position statements/guidelines.
2) To contribute to the annual conference.
3) To review and update BIFA documents in a 4-year cycle.

2025 key outputs

Top Tips article in every edition of In Touch since March 2018 (32 published in total)

Cooper S, Nightingale J and the BIFA Committee. Acid-base problems in patients with intestinal failure. February 2025. www.BAPEN.org.uk/pdfs/bifa/bifa-top-tips-series-29.pdf

Speakman A, Farrer K, Meade U, Culkin A, Nightingale J and the BIFA Committee. The Use of Oral Rehydration Solutions for the Management of High Output Stomas and Fistulas. May 2025. www.BAPEN.org.uk/pdfs/bifa/bifa-top-tips-series-30.pdf

Kirk C, Wheatley C, Lal S and the BIFA Committee. Supporting Quality of Life in Adults on Home Parenteral Support. July 2025. www.BAPEN.org.uk/pdfs/bifa/bifa-top-tips-series-31.pdf

Nightingale J, Graham-Brown M, Speakman A, Farrer K, Mafrici B, Lal S and the BIFA Committee. Intestinal Failure and Chronic Kidney Disease. October 2025. www.BAPEN.org.uk/pdfs/bifa/bifa-top-tips-series-32.pdf

Guidelines and Recommendations

Wong T, Kavanagh G, Moseley M, Malhi H, Fletcher J and the BIFA Committee.
Guidelines for Transitioning Adolescent and Young Persons with Intestinal Failure into Adult Service. April 2025. www.BAPEN.org.uk/pdfs/bifa/guidelines-for-transitioning-adolescent-and-young-persons-with-intestinal-failure-into-adult-service.pdf

Members

- Jeremy Nightingale (Chair / Physician)
- Kirstine Farrer (Deputy Chair / Secretary / PENG / Dietitian)
- Phil Stevens (BIFA Scotland representation / Surgeon)
- Maeve Green / Carol Irwin (BIFA NI representation / Dietitians / joint post)
- Alex Speakman (Pharmacist and BIFA Wales representative)
- Nick Thompson (Current BAPEN President / BAPEN Medical)
- Trevor Smith (ex-BAPEN President / Physician)
- Simon Gabe (ex-BAPEN President / Physician / IF National Reference Centre Lead)
- Michael Glynn (Physician)
- Simon Lal (Physician / IF National Reference Centre Lead)
- Jeremy Woodward (Physician)
- Theodoric Wong (BSPGHAN / Paediatrician)
- Alison Young (NNNG / Nurse)
- Graeme Doherty (BPNG Specialist Clinical Pharmacist)
- Mia Small (HPN Network Chairman / BANS / Nurse)
- Carolyn Wheatley (Chair of PINNT / Patient)
- Nicky Wyer (PENG / Dietitian)
- Uchu Meade (BPNG / Pharmacist)
- Breege Kirkham (NNNG / Nurse)
- Sarah-Jane Nelson (Chair for the IF Registry)

British Intestinal Failure Alliance (BIFA)

BIFA
British Intestinal Failure Alliance
Special Interest Group

Special Interest Groups

Contribution to BAPEN annual conference 2025

Nutrition & fluid management in small bowel obstruction

Chairs: Jeremy Nightingale & Pete Turner
How much and what to give. Dileep N Lobo
Update of early parenteral nutrition in malnourished small bowel obstruction patients. Matthew Lee
Management of High Output Stomas and Fistulas. Alex Speakman

Dysfunctional gut – approaches to help feed go down

Chairs: Alison Young & Nick Thompson
A medical approach. Asma Fikree
A dietetic approach. Lee Martin
A psychological approach. Melanie Coxall

2026 objectives

1) Contribute to annual BAPEN meeting 2026
2 Sessions to be confirmed one with BAPEN Medical.

2) Position statements/guidelines
Total Distal feeding. Kirstine Farrer and Phil Stevens

Updates to be done
Gabe S, Willsmore J, Oke S, Nightingale J and the BIFA Committee. Detection and treatment of catheter-related thrombosis in patients receiving home parenteral support. January 2019.
Naghibi M, Woodward J, Neild P and the BIFA Committee. The British Intestinal Failure Alliance (BIFA) position statement palliative parenteral nutrition (HPN) for patients with malignancy. December 2020.

Mercer-Smith G, Kirk C, Gemmell L, Mountford C, Nightingale J, Thompson N and the BIFA Committee. British Intestinal Failure Alliance (BIFA) guidance haematological and biochemical monitoring of adult patients receiving home parenteral nutrition. January 2021.

Farrer K, Harrison S, Baker M, Batra A, Cooper S et al and the BIFA committee. British Intestinal Failure Alliance (BIFA) position statement advice during a shortage of intravenous micronutrients for patients receiving parenteral nutrition. October 2021.

3) New Top Tips to do
Cawley C, Small M, Young A, Kirkham B, Nightingale J and the BIFA Committee. Management of Home Parenteral Support Catheter Occlusion. February 2026.

Chidi- Emeniru ON, Borthwick L, Pepperrell S, Spencer D, Skladnikiewicz D, Pomfret S, Mistry P and the BIFA committee.
Prehabilitation in Type 2 Intestinal Failure.
Kirkham B, Cawley C, Small M, Young A, Nightingale J and the BIFA Committee
Management of Home Parenteral support catheter Fracture, Exit Site/tunnel Infection, partial removal and contamination.

Sheldon Cooper. Diabetes treatment on HPS.

4) Citation button for every BIFA publication.

5) Video
Make a video of setup, take down and dressing change based upon BIFA guidelines.

6) National IF Reference Centres meeting
This is planned for June 2026 in London. Jeremy Nightingale and Kirstine Farrer will present on the background and progress of BIFA.

7) Webinars
To organise 2 webinars in conjunction with Education Committee. One on type 1IF and one medication optimisation in the management of intestinal failure.

Other

BIFA is represented on the HPN framework, BAPEN council and Programs committee, and PINNT VTN.

British Enteral Therapy Alliance (BETA)





Laura Nicholson, Dr Sarah Durnan
Co-Chairs

BETASIG
British Enteral Therapy Alliance

Special Interest Groups

2025 key objectives

To establish a committee

2025 key outputs

Committee established with Co-Chairs and secretary being identified, bimonthly meetings set up over teams, terms of reference have been reviewed and sent to BAPEN for agreement, F2F meeting at BAPEN conference 2025.

2026 objectives

Face to face committee meeting at 2026 BAPEN conference in addition to bimonthly meetings over teams.

BETA Symposium, Rebekah Smith representing on conference planning.

Co-Chairs to undergo 121s with all committee members to build understanding and expectations.

Themes have been identified within committee- Transition of enterally fed patients (paediatrics to adult services), tube type / position decision making, what 'good' looks like for a home enteral feeding service, understanding incidence and management of tube feeding in the community, when not to initiate feeding in patients with functional and motility symptoms, understanding the use of unlicenced feeding tubes and how this impacts patient care.

To continue to work collaboratively with NG sig
Dedicated BETA page on BAPEN website
Communications- external comms to be published regarding BETA – CN magazine.

Members

- Claire Cambell (Secretary)
- Lee Martin
- Sharlene Haywood
- Caroline Goodger
- Faiz Kuchhai
- Elaine Trautner
- Linda Broomfield
- Suzy ole
- Rhiannon Birkett
- Rebekah Smith

Patient Network Group (PNG)



Carolyn Wheatley, MBE
Chair

PNGSIG
Patient Network Group

Special Interest Groups

2025 key objectives

- Grow our network
- Share the finding of our HETF data to invite conversation and look to seek support in dissemination future resources that may come from this key piece of work.

2025 key outputs

- Continued to engage with Patient Associations. Held patient groups event, plan to continue these but maintain open and ongoing engagement. Plan another event for January 2026.
- Shared the finding of our HETF data to invite conversation and look to seek support in dissemination future resources that may come from this key piece of work: https://www.BAPEN.org.uk/groups/BAPEN-special-interest-groups/patient-network-group/home-enteral-tube-support-services-report/
- Shared an infographic of the key findings of the report: Download an infographic of the key findings (PDF)
- Shared animation to share key findings of the report: https://youtu.be/_NkDzm5FBKI?si=bkwgwbt9_RV9SBSs

2026 objectives

- Publish 'Checklists' for Patients & Carers, Homecare Providers and Healthcare Professionals (following the publication of the report)
- Host patient groups event.
- Review dissemination of PNG SIG resources – share via our network.

Other

- Support BETA activities.

Members

- Trevor Smith (Secretary)
- Kate Hall (Member)
- Jane Fletcher (Member
- Lucy Hutchinson (Member)
- Fleur Hartley (Member)

Nasogastric Tube Special Interest Group (NGSIG)





Suzy Cole, Linda Broomfield
Co-Chairs

NGSIG
Nasogastric Special Interest Group

Special Interest Groups

2025 key objectives

- NHSE Never Event consultation currently in process.
- Novel techniques review continues. Considering whether BAPEN has the capacity to influence NHSE to develop guidance beyond pH and x-ray. Competency development for each technique being discussed.
- Continuing to work with NHS England re Radiographer development, role and e-learning nationally to interpret and act on NG Tube position via x-ray. Elearning package in the process of being finalised. Key Trusts to be pilot sites.
- Working with NNNG and NHSE regarding potential development of national guidance on education and competency for NG feeding tube insertion. This work is currently stalled due to the reorganisation of NHSE.

2025 key outputs

- Continuing to work with NHS England re Radiographer development, role and e-learning nationally to interpret and act on NG Tube position via x-ray. Elearning package in the process of being finalised. Key Trusts to be pilot sites.
- BAPEN NGSIG NG audit developed and available on the BAPEN website

2026 objectives

- A POD cast topic on CO2 monitoring and NG insertion safety (Reach and Knowledge)
- Update to the NGSIG position paper on NGT safety 2020 (Reach and Knowledge)
- Continue to develop the NG SIG web page
- Work with NGSIG membership to provide webinars, top tips and other educational materials to support safe practice in NG care

Members

- Mairi Pedersen (Secretary)
- Barry Jones
- Stephen Taylor
- Rosie Smyth
- Emma Sykes
- Gillian Roe
- Rebekah Smith
- Paula Young
- Charlotte Rubio
- Philippa Macelhinney-West

Sustainability Special Interest Group



Dr Ashley Bond,
Chair

Special Interest Groups

2025 key objectives

- Joining of BSG sustainability working group
- Joining of BSG small bowel and nutrition sub-committee
- From the above two points thus developing new links with the BSG
- Generation of Sustainability innovation award
- Completion and launch of enteral feeding toolkit
- Expansion of SIG membership
- Maintenance and expansion of the resource hub

2025 key outputs

- Delivery of sustainability symposium at BAPEN conference 2025
- Completion and publication of the Sustainability in HETF report
- Submission of funding application for the development of toolkit
- Expansion of membership
- Members of the SIG have been successful in publication of their own work in peer review journals

2026 objectives

- Completion and publication of the sustainability toolkit focusing upon enteral and parenteral feeding. This will support patients and health care professionals.
- Further expansion and development of the online resource hub.

Members

- Dr Andrew Rochford (Gastroenterologist)
- Laura Stevenson (Pharmacist)
- Hardip Malhi (Nurse)
- Amelia Jukes (Dietitian)
- Anita Kaur Sangera (Pharmacist)
- Louise Davey (Dietitian/Greener NHS Fellow)
- Riddhika Joshi (Pharmacist)



BAPEN

Putting patients at the centre of good nutritional care