

Let's have  
**#MAWconversations**

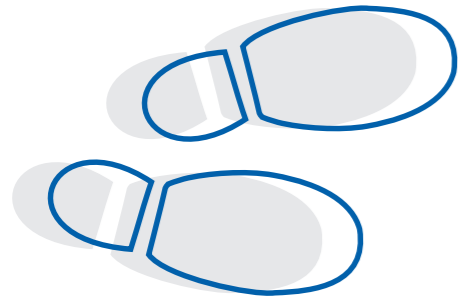


**Malnutrition Task Force**  
*Eating and drinking well in later life*



**UK MALNUTRITION  
AWARENESS  
WEEK**

**#UKMAW2020**



# MAW Selfies!



**Malnutrition Task Force**  
Eating and drinking well in later life

We want to see you getting involved on social media! We've designed the selfie template for you to print out, fill out and pose with!

**Step 1:** Download the selfie-card file here and print it out.

**Step 2:** Write in the blank space what you think there should be more conversations about when it comes to malnutrition and dehydration – or perhaps you want to share what you've been having **#MAWconversations** about recently.

**Step 3:** Take a selfie or get someone to take a photo of you holding your **#MAWconversations** suggestions.

**Step 4:** If you are posting on Instagram please tag us **@UKMalnutritionAwarenessWeek**. On Twitter please tag **@UKBAPEN** & **@MalnutritionTF**, and on Facebook tag **@UKBAPEN**. Use hashtags **#MAWconversations**, **#UKMAW2020** and **#MAW2020**



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