



## The Leeds course in Clinical Nutrition

Wednesday 4 – Friday 6 September 2024

### Provisional Programme

#### **Wednesday 4 September 2024**

08:30 *Registration and coffee*

09:00 **Welcome and Introduction**

Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust

09:15 **Nutrition and risk – what can we do?**

Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust

09:50 **Estimating nutritional requirements**

Emma Noble, Senior Specialist Dietitian (Intestinal Failure & Colorectal Surgery)

Leeds Teaching Hospitals NHS Trust

10:30 *Coffee and company product display*

11:05 **Multidisciplinary Team Workshops**

**Assessing nutritional status**

A. Normal BMI

B. Obese

C. Very underweight

12:25 *Networking Lunch and company product display*

13:25 **Nutrition in IBD**

Dr Peter Mooney, Consultant Gastroenterologist (Nutrition), Clinical Lead for Gastroenterology

St James University Hospital, Leeds Teaching Hospitals NHS Trust

14:05 **Short bowel syndrome**

Dr Cathryn Preston, Consultant Gastroenterologist, Bradford Teaching Hospitals NHS Foundation Trust

14:50 *Tea and company product display*

15:20 **Ethics of feeding**

Dr Andrew Rochford, Consultant Gastroenterologist, Royal Free London Hospitals NHS Foundation Trust

16:00 **Nutrition and the liver patient**

Dr Charlie Millson, Consultant Gastroenterologist, York District Hospital

16:45 **Summary of day one**

Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust

17:00 End of day one

19:00 **Course dinner**

## **Thursday 5 September 2024**

- 09:00 **Practicalities of enteral feeding**  
Alison Young, Consultant Nutrition Nurse, Liverpool University NHS Foundation Trust
- Workshops**
- 09:40 Workshop session 1 (*4 groups – rotating*)
- A. **PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc**
  - B. **NGs, nasal bridles**
  - C. **Drugs via NG tubes**
  - D. **Jejunal feeding tubes**
- 10:25 *Coffee and company product display*
- 10:45 Workshop session 2
- 11:30 Workshop session 3
- 12:15 Workshop session 4
- 13:00 Networking Lunch and company product display
- 14:00 **Nutrition and eating disorders**  
Dr William Rhys Jones, Consultant Psychiatrist, Yorkshire Centre for Eating Disorders, Leeds
- 14:50 **Preventing the refeeding syndrome**  
Dr Jeremy Nightingale, Consultant Gastroenterologist, St Mark's Hospital, London North West Healthcare NHS Trust
- 15:30 *Tea and company product display*
- 15:50 **Nutrition and the surgical patient**  
Mr Dermot Burke, Consultant General and Colorectal Surgeon, Leeds Teaching Hospitals NHS Trust
- 16:30 **Summary of day two**  
Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust
- 16:45 End of day two

## **Friday 6 September 2024**

- 08:45 **Pharmacy and parenteral nutrition**  
Sarah Zeraschi, Consultant Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust
- 09:25 **Nutritional nightmares in gut-brain disorders**  
Peter Paine, Consultant Gastroenterologist, Northern Care Alliance NHS Foundation Trust
- 10:25 *Coffee*
- 10:45 **Obesity / bariatric surgery**  
Mary O'Kane, Consultant Dietitian (Adult Obesity), Leeds Teaching Hospitals NHS Trust
- 11:25 **Small bowel transplant**  
Dr Charlotte Rutter, Consultant Gastroenterologist, Cambridge University Hospitals NHS Foundation Trust
- 12:05 *Networking Lunch*
- Workshops (3 groups – rotating)**
- 13:00 Workshop Session 1
- A. **Short Bowel Syndrome**
  - B. **PN issues – working out requirements**
  - C. **Management of abnormal LFTs**
- 13:45 Workshop session 2
- 14:30 *Tea*
- 14:45 Workshop session 3
- 15:30 **Kullavanijaya International Guest Lecture**  
**Managing home parenteral nutrition**  
Antje Teubner, Associate Specialist Intestinal Failure  
Honorary Senior Lecturer University of Manchester, Northern Care Alliance NHS Foundation Trust
- 16:30 End of day three and course

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2024 course accreditations are currently being sought.

The 2023 Leeds Course in Clinical Nutrition (**code: 144367**) has been approved by the Federation of the **Royal Colleges of Physicians** of the United Kingdom for 17 category 1 (external) CPD credit(s).

The 2023 course has also been formally endorsed by **BAPEN**, the **British Dietetic Association (BDA)**, **British Society of Gastroenterology (BSG)** and the **National Nurses Nutrition Group (NNNG)**. BDA endorsement applies only to the educational content of the learning activity.

